Heath & Wellness Discounts and Programs

As a Minnesota Advantage Health Plan member, you have access to discounts. These discounts are on top of the insurance benefits that you have through the medical plan for public employees. HealthPartners and Blue Cross and Blue Shield of Minnesota both partner with a variety of health and wellness organizations to provide discount programs and services that help you save money. Log into your medical plan account to access these discounts.

Blue Cross Blue365® is the Blue Cross program that helps members stay healthier for a well-balanced lifestyle. Check out the wellness discount marketplace at **www.bluecrossmn.com/peip.** **Gym discounts starting at $19/mo.!

HealthPartners Healthy Discounts℠ is available for HealthPartners members and gives members access to big savings. Getting discounts is easy. Simply show your HealthPartners' member ID card at the retailer to receive your discounts. You can review the discounts for each retailer by logging on at **www.healthpartners.com/peip**.

These programs include a gym membership discount at participating providers. Get additional information by logging on to your plan's website.

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Online Clinics – Using the services of online clinics is a cost effective way to take care of routine ailments such as colds, flus, allergies, rashes and skin conditions, ear / eye / sinus infections, etc. **There is no copay required** to obtain care from an online clinic (after deductible if you are enrolled in HSA).

www.Virtuwell.com (BCBS, HealthPartners)

virtuwell VIRTUWELL: 24/7 online clinic that can treat over 60 common conditions. Accepts HP and BCBS insurances!

www.DoctorOnDemand.com (BCBS, HealthPartners)

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Convenience Clinics - Convenience clinics are available in many areas and provide a convenient and cost effective alternative when used for simple illnesses, tests, and vaccinations. Appointments are not required.

There is no copay required for Convenience Clinic visits (after deductible if you are enrolled in HSA).

To find network convenience clinics in your area, visit your health insurance carrier website and use the provider search tool –or call the customer service number on the back of your ID card.

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CVS Caremark – Pharmacy Tips

CVS Caremark is the pharmacy benefit manager for all PEIP plans. CVS Caremark has a very extensive network of pharmacies in MN and nationally. *(You do not need to use a CVS Retail Pharmacy.)* The Pharmacy Locator tool, the Formulary Pricing tool, along with a description of the pharmacy benefits in your Plan Document are available online at www.innovomn.com.

Prescriptions are for a 30 day supply for 1 copayment **OR** 90 day supply for 2 copayments at most pharmacies. (After deductible for HSA) Mail Order is also available for maintenance medications: 90 day supply for 2 copayments

Certain preventive over-the-counter products are **at no cost** with a prescription, such as:

- ✓ Aspirin: Adults age ≥50
- ✓ Aspirin: Pregnant Women high risk for pre-eclampsia
- ✓ Bowel Preparation: Screening for Colorectal Cancer ≥50
- ✓ Folic Acid: Women ≤55
- ✓ Immunizations: Children and Adult
- ✓ Low-Dose Statins: Adults age 40-75
- ✓ Oral fluoride: Children age 5 and under
- ✓ Woman Preventive Services: contraceptives
- ✓ Tobacco Cessation Products: Rx and OTC, with prescription

Note: For more detailed information regarding your benefits, see your Summary of Benefits Document online at www.innovomn.com.

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Member Self-Serve – Carrier Customer Service Online or by Phone

PEIP members can change primary care clinics, order replacement ID cards, check claims, look up providers, ask coverage questions and obtain access to their carriers' tools, resources and discounts. Just call or log on:

HealthPartners M-F 7:00am – 7:00pm
800-883-2177 ~ www.healthpartners.com

BCBS M-F 7:00am – 8:00pm
866-286-2948 ~ www.bluecrossmn.com

CVS Caremark 24 hrs/ 7 days
844-205-8475 ~ www.caremark.com
Specialty Pharmacy – 800-237-2767
Fax – 800-323-2445

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