



2025 PEIP Wellness Highlights

Innovo Benefits Administration
7805 Telegraph Road, Suite 110
Bloomington, MN 55438
(952) 746-3101 or (800) 829-5601

For plan information: www.innovomn.com

PEIP Wellness Care

Preventive Care – 100% coverage age 6 to adult

- ✚ Preventive medical evaluations
- ✚ Routine medical or gynecological exams
- ✚ Routine cancer screenings
- ✚ Lab and diagnostic imaging
- ✚ Standard immunizations and vaccinations
- ✚ Routine hearing and eye exams
- ✚ Prenatal and postnatal care

Well Child Care – 100% coverage, infant to age 6



- ✚ Pediatric Preventive services
- ✚ Developmental assessments
- ✚ Routine child immunizations (from birth to age 18)

OMADA® – *Do Healthy Your Way*

Omada is an online program that guides you through modest lifestyle changes to reduce the risk of type 2 diabetes. Learn if you or your family members enrolled in PEIP are at risk by taking a one minute online health test and see if you qualify: www.omadahealth.com/peip.

If you qualify, the Omada program is available **at no cost** to you. You will receive

- ◇ Full time health coach
- ◇ Wireless smart scale
- ◇ Digital pedometer
- ◇ Online peer group support
- ◇ Interactive weekly lessons/challenges



Flu and COVID Vaccinations

PEIP covers flu and COVID vaccinations under the preventive benefit at 100%. Participants can go to their primary care clinic or network urgent care facilities for shots. Members can also check with their carrier for additional network convenience sites available to PEIP participants.



So you want to quit smoking, *Go For It!*

QuitPartner services are available through ClearWay Minnesota to all Minnesotans at 1-888-354-PLAN (7526). This help line will assist members in finding smoking cessation information and counseling. Anyone can call.



BCBS offers support to members 18 years of age or older, including those who use smokeless tobacco products. Call toll free at **1-888-662-BLUE (2583)** to get started.

HealthPartners offers PEIP members A Call To Change - Partners in Quitting®. For information or to register, call 952- 883-7800 or 1-800-311-1052.

Tip: Smoking cessation drugs are covered with a prescription from a physician. All FDA-approved medications prescribed for tobacco cessation have \$0 copay – including drug equivalents such as Zyban, Chantix and Nicoderm CQ.

Personal Online Health Account

It is no secret that technology has become a part of our everyday lives, and e-health opportunities are no exception. Take charge of your healthcare and stay informed by registering for an online account with your network carrier. You will have access to your personal plan and claim information, order or print ID cards, and access to a whole host of personalized tools, resources and health information. Here's what you may find:

- ✚ Access to claims and service dates, EOBs
- ✚ Track deductible and out of pocket maximums
- ✚ Review Certificate of Coverage – covered benefits
- ✚ Provider Search / Fitness Center Members
- ✚ Access to personalized health resources & tools
- ✚ Member management – view, print, order ID cards
- ✚ Special Lifestyle Programs & Discounts

To register – You will need your member ID number. Go to your carrier website, and follow the prompts to register.

Health & Wellness Discounts and Programs

As a Minnesota Advantage Health Plan member, you have access to discounts. These discounts are on top of the insurance benefits that you have through the medical plan for public employees. HealthPartners and Blue Cross and Blue Shield of Minnesota both partner with a variety of health and wellness organizations to provide discount programs and services that help you save money. Log into your medical plan account to access these discounts.

Blue Cross Blue365® is the Blue Cross program that helps members stay healthier for a well-balanced lifestyle. Check out the wellness discount marketplace at www.bluecrossmn.com/peip. **Gym discounts starting at \$19/mo.!

HealthPartners Healthy DiscountsSM is available for HealthPartners members and gives members access to big savings. Getting discounts is easy. Simply show your HealthPartners' member ID card at the retailer to receive your discounts. You can review the discounts for each retailer by logging on at www.healthpartners.com/peip.

These programs include a gym membership discount at participating providers. Get additional information by logging on to your plan's website.



Online Clinics – Using the services of

online clinics is a cost effective way to take care of routine ailments such as colds, flu, allergies, rashes and skin conditions, ear / eye / sinus infections, etc. **There is no copay required** to obtain care from an online clinic (after deductible if you are enrolled in HSA).

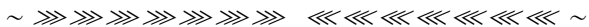


www.Virtuwell.com (BCBS, HealthPartners)



VIRTUWELL: 24/7 online clinic that can treat over 60 common conditions. Accepts HP and BCBS insurances!

www.DoctorOnDemand.com (BCBS, HealthPartners)



Convenience Clinics - Convenience clinics are available in many areas and provide a convenient and cost effective alternative when used for simple illnesses, tests, and vaccinations. Appointments are not required.

There is no copay required for Convenience Clinic visits (after deductible if you are enrolled in HSA).

To find network convenience clinics in your area, visit your health insurance carrier website and use the provider search tool –or call the customer service number on the back of your ID card.



CVS Caremark – Pharmacy Tips

CVS Caremark is the pharmacy benefit manager for all PEIP plans. CVS Caremark has a very extensive network of pharmacies in MN and nationally. (You do not need to use a CVS Retail Pharmacy.) The Pharmacy Locator tool, the Formulary Pricing tool, along with a description of the pharmacy benefits in your Plan Document are available online at www.innovomn.com.

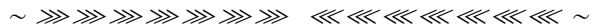


Prescriptions are for a 30 day supply for 1 copayment **OR** 90 day supply for 2 copayments at most pharmacies. (After deductible for HSA) Mail Order is also available for maintenance medications: 90 day supply for 2 copayments

Certain preventive over-the-counter products are **at no cost** with a prescription, such as:

- ✓ Aspirin: Adults age ≥50
- ✓ Aspirin: Pregnant Women high risk for pre-eclampsia
- ✓ Bowel Preparation: Screening for Colorectal Cancer ≥50
- ✓ Folic Acid: Women ≤55
- ✓ Immunizations: Children and Adult
- ✓ Low-Dose Statins: Adults age 40-75
- ✓ Oral fluoride: Children age 5 and under
- ✓ Woman Preventive Services: contraceptives
- ✓ Tobacco Cessation Products: Rx and OTC, with prescription

Note: For more detailed information regarding your benefits, see your Summary of Benefits Document online at www.innovomn.com.



Member Self-Serve – Carrier Customer Service Online or by Phone

PEIP members can change primary care clinics, order replacement ID cards, check claims, look up providers, ask coverage questions and obtain access to their carriers' tools, resources and discounts. Just call or log on:

HealthPartners M-F 7:00am – 7:00pm
800-883-2177 ~ www.healthpartners.com

BCBS M-F 7:00am – 8:00pm
866-286-2948 ~ www.bluecrossmn.com

CVS Caremark 24 hrs/ 7 days
844-205-8475 ~ www.caremark.com
Specialty Pharmacy – 800-237-2767
Fax – 800-323-2445

