

Thursday's Jan 23 - Feb 27, 2025

Indoor Lacrosse Clinic Fee: \$50 - Includes Reversible Pinnie (\$40 if player has pinnie from past clinic)

This clinic is for first time players, as well as for experienced players who want to improve their skills. Our goal is to create an instructional environment where players will compete in individual



drills, small group activities and non-contact games. Players will need a lacrosse stick, helmet & gloves. Equipment may be borrowed and requests can be made on the registration form.

When & Where: 6-7:30pm Thur Jan 23-Feb 27 at JMC 252 Clayton Avenue, Frankford, DE 19945

<u>Sign up & Payment:</u> Players can sign up via the google registration form & pay by credit card when visiting our Community Education webpage at the following link:

https://www.irsd.net/community/adult-community-education/class-listings-winterspring-2025

If you are choosing to pay by check instead of credit card, please mail checks payable to "IRSD Community Education" (with license # and phone # written on the check) to IRSD Community Education Attn: Matt Schifano 31 Hosier St. Selbyville, DE 19975.



Clinic run by IRHS Lacrosse Coaches

Our coaches have extensive coaching and playing experiences including high school, junior college, and university. Additional varsity players will also be providing assistance with the clinic.

Email: matthew.schifano@irsd.k12.de.us

Website: irsd.net/community/adult-community-education

Location: 31 Hosier Street, Selbyville, DE, USA

Phone: <u>302-436-1000</u>