

**FREE BREAKFAST  
and LUNCH for ALL  
STUDENTS!!!!**



**Gateway Unified School District**

**Mt. Lakes High School**

SERVING FIVE STAR MEALS



**Adult Lunch \$5.75**  
**Adult Breakfast \$4.25**  
**Milk \$ .50**

**STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH**  
(IE. PROTEIN, GRAIN, VEGETABLE, FRUIT, MILK)

AN ENTREE\* ITEM MAY ENCOMPASS 2 COMPONENTS  
(IE. PROTEIN/GRAIN)

**STUDENTS MUST TAKE 1/2 CUP OF FRUIT OR VEGETABLE AT THE  
MINIMUM; MORE IS ALLOWED AND BOTH ARE ALLOWED**



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SANDWICH (ALL ABOVE ARE LIMITED QUANTITIES) HOT &amp; SPICY CHICKEN TENDERS HONEY SRIRACHA TENDERS, STEAMED CARROTS</p>	<p><b>3</b></p> <p>BIG DADDY'S PIZZA CHOICES BURRITO (LOS CABOS CHOICE S) CORN DOG SUBS (ALL ABOVE ARE LIMITED QUANTITIES) SOFT TACO (BEEF) SPANISH RICE</p>	<p><b>4</b></p> <p>BIG DADDY'S PRIMO PIZZA BURRITO (LOS CABOS CHOICE S) CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) CHEESEBURGER W/ BUN TOT S</p>	<p><b>5</b></p> <p>BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG DELI SUBS (ALL ABOVE QUANTITIES ARE LIMITED) LA SAGNA ROLLS, Green Beans</p>	<p><b>6</b></p> <p>BIG DADDY'S PIZZA BURRITO CHOICES CORN DOG (ABOVE AVAIL. LIMITED QUANTITIES) EDAMAME KUNG PAO CHICKEN OR EGG ROLL(WG) SEA SOND RICE</p>
<p><b>9</b></p> <p>BIG DADDY'S PIZZA CHOICES BURRITO (LOS CABOS EXTREME) CORN DOG (ALL ABOVE ARE LIMITED QUANTITIES) NASHVILLE HOT CHICKEN NUGGETS NASHVILLE HOT TENDERS STEAMED CARROTS</p>	<p><b>10</b></p> <p>BIG DADDY'S PIZZA CHOICES BURRITO (LOS CABOS CHOICE S) CORN DOG SUBS (ALL ABOVE ARE LIMITED QUANTITIES) SUPER NACHOS (BEEF) SPANISH RICE</p>	<p><b>11</b></p> <p>BIG DADDY'S PIZZA CHOICES BURRITO (LOS CABOS CHOICES) CORN DOG SUBS (ALL ABOVE ARE LIMITED QUANTITIES) SUB SANDWICH SUN CHIP S</p>	<p><b>12</b></p> <p>BIG DADDY'S PRIMO PIZZA BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) SALISBURY STEAK w/MA SHED POTATOES &amp; ROLLS</p>	<p><b>13</b></p> <p>BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUBS (ALL ABOVE ARE LIMITED QUANTITIES) ORANGE C HICKEN OR EGG ROLL S BROWN RICE</p>
<p><b>16</b></p> <p>BIG DADDY'S PIZZA CHOICES BURRITO (Los Cabos Choices) CORN DOG SUB SANDWICH (ALL ABOVE ARE LIMITED QUANTITIES) SPICY CHICKEN SAND. STEAMED BROCCOLI</p>	<p><b>17</b></p> <p>BIG DADDY'S PRIMO PIZZA BURRITO CHOICES CORN DOG SUB SANDWICH (ALL ABOVE ARE LIMITED QUANTITIES) CHICKEN FAJITA SPANISH RICE</p>	<p><b>18</b></p> <p>BIG DADDY'S PIZZA CHOICE S BURRITO (LOS CABOS CHOICES) CORN DOG SUB SANDWICH (ALL ABOVE ARE LIMITED QUANTITIES) HOT DOG ON A BUN; CRINKLE CUT FRIES</p>	<p><b>19</b></p> <p>BIG DADDY'S PIZZA CHOICES BURRITO CHOICES (LOS CABO S) CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) TURKEY W/MA SHED POTATOES, GRAVY, DINNER ROLLS</p>	

**LUNCH INCLUDES FRESH FRUIT (CANNED MAY BE AVAILABLE)**

**FRESH SALAD AND/OR FRESH VEGETABLES**

CHILLED 1% WHITE MILK AND NONFAT CHOCOLATE MILK & OTHER FLAVORS ARE  
SEASONAL (no high fructose corn syrup in chocolate milk)  
ALL MENU'S SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY



NUTRITIONAL INFORMATION AVAILABLE FROM

PLEASE COME AND JOIN US FOR A NUTRITIOUS, HEALTHY BREAKFAST AND LUNCH! WE  
PROUDLY SERVE FRANZ BREAD ITEMS THAT ARE WHOLE WHEAT AND WHOLE GRAIN  
WE ALSO PROUDLY SERVE PRODUCER'S MILK AND DAIRY ITEMS