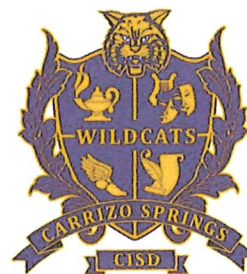


Carrizo Springs Consolidated Independent School District  
452 Hwy 85 East  
Carrizo Springs, TX 78834  
Telephone: 830-876-3503



School Health Advisory Committee  
SHAC

Friday, September 27, 2024  
Carrizo Springs Consolidated Independent School District  
Parent Engagement Room  
452 Hwy 85 East  
Carrizo Springs, TX 78834

***SHAC INFORMATION***

The SHAC is a committee composed of school employees, parents, and various members of the local business community. The primary goal of the SHAC is to increase student and community awareness of choosing a healthy lifestyle by establishing healthy behaviors and making smart choices to improve overall health and quality of life. This goal centers around the 8 components of coordinated school health as mandated by the state of Texas. Members of the public are encouraged to review the agenda before attending the meeting.

This meeting site is wheelchair accessible. Auxiliary aids and services are available upon request (interpreters for the deaf must be requested 24 hours prior to the meeting) by calling (830) 876-3503 x 1152.

**MISSION STATEMENT**

CSCISD will provide every child a quality education in a safe environment.

**INFORMATION REGARDING**  
**C.S.C.I.S.D. SCHOOL HEALTH ADVISORY (SHAC) MEETINGS**

**POSTINGS/OPEN MEMBER COMMENT/CITIZENS TO BE HEARD: (IF APPLICABLE)**  
Members of the public will have the opportunity to address the SHAC during this section on any Agenda item or any subject within its jurisdiction. Each speaker should sign in on the Public Comment Sheet available at the SHAC Meeting. Speakers should limit their comments to three (3 minutes). If any member deems it necessary, the committee may limit both the number of speakers and the time allotted to each speaker upon motion and a second by any other members. Anyone desiring to speak during the public portion may do so provided such comments are not abusive and/or harassing and the individual places their name upon the sign-in sheet made available prior to the start of each meeting having a public comment portion. Under the law, the SHAC may only act on items specifically listed on the Agenda. Subject matter presented which is not a part of the agenda will be referred to the appropriate department for review and subsequent action. Therefore, the SHAC may not take formal action on any request made during the Public Comment period (Citizens to be Heard) which are not on the agenda, but can refer



such requests to school staff for review if appropriate. You must complete the sign-up form(s) five (5) minutes before the meeting is scheduled to begin.

Darian Alvarado

SHAC Chairperson, CSHS Health & Biology Teacher

Posted at 452 Hwy 85 East at 4:00 p.m. on Monday, September 23, 2024.

School Health Advisory Committee (SHAC)

Agenda

Friday, September 27, 2024

452 Hwy 85 East

Carrizo Springs, Texas 78834

1. Call meeting to order
2. Public Forum
3. Discussion and approve SHAC Minutes of Meeting held on May 14, 2024
4. CSCISD Student Nutrition Director Karen Marroquin
  - a. Wellness Local Policy
    - i. Wellness Plan
    - ii. Wellness Guidelines
  - b. Food Allergies
    - i. Medical Individual Plan in place
    - ii. Where can we get a copy of the individual plan
  - c. Smart Snacks
    - i. Exemption Days – Six (6) per campus per year. These dates will need to be established by the campus Principal/Administration
5. CSCISD SHAC Chairperson – Darian Alvarado
  - a. Sexual Education Program – HB 1525. 87<sup>th</sup> Session
    - i. “Big Decisions”
6. Adjournment