

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL HS Express Monday - ServingDate: 12/02/2024																			
Cheeseburger - TR1897 (1 ea.)	25	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	35	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	65	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Baby Carrots & Ranch - TR1627 (1/2 c.)	25	200.58	19.00	3.00	0.00	0.00	375.27	6.94	1.65	3.47	0.00(M)	1.00	0.59	46.46	7818.93	1.98	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	80	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Granny Smith Apple - TR1054 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	40	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
 Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Monday - ServingDate: 12/02/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL HS Express Monday - ServingDate: 12/02/2024																			
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	20	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2024 FALL HS Express Tuesday - ServingDate: 12/03/2024																			
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	40	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11(M)	0.00(M)
Celery & Bean Dip - TR1605 (1 pkg.)	20	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	80	125.15	4.17	0.52	0.00	0.00	146.01	20.86	2.09	0.00	(M)	2.09	0.38	0.00	104.30	3.75	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	40	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Monday - ServingDate: 12/02/2024	
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2024 FALL HS Express Tuesday - ServingDate: 12/03/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL HS Express Tuesday - ServingDate: 12/03/2024																			
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 FALL HS Express Wednesday - ServingDate: 12/04/2024																			
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	60	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	20	195.50	19.00	3.00	0.00	0.00	345.00	5.00	1.00	1.75	0.00(M)	2.25	0.35	51.50	283.50	40.50	0.00(M)	0.00(M)	0.00(M)
Sweet Potato Fries - TR1740 (3 oz.)	75	207.12	9.71	1.29	0.00	0.00	271.84	29.77	5.18	3.88	0.00	3.88	0.47	51.78	5825.15	0.00	0.00	0.00	0.00
Red Delicious Apple - TR1055 (1 ea.)	30	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

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Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Tuesday - ServingDate: 12/03/2024	
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2024 FALL HS Express Wednesday - ServingDate: 12/04/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	0.00(M)
Sweet Potato Fries - TR1740 (3 oz.)	0.00
Red Delicious Apple - TR1055 (1 ea.)	(M)

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2024 FALL HS Express Wednesday - ServingDate: 12/04/2024																				
Chilled Fruit Cocktail - TR1506 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	25	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Buffalo Ranch Sauce - TR1854 (1 ea.)	20	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00	
2024 FALL HS Express Thursday - ServingDate: 12/05/2024																				
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	30	691.90	48.25	12.18	0.00	236.10	991.31	27.48	2.00	2.00	1.00(M)	36.79	1.40	32.37	0.00	0.00	0.10(M)	840.61(M)	0.00(M)	
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	30	691.90	48.25	12.18	0.00	236.10	791.31	27.48	2.00	2.00	1.00	36.79	1.40	32.37	0.00	0.00	0.10	840.61	0.00	
Baby Carrots & Ranch - TR1627 (1/2 c.)	25	200.58	19.00	3.00	0.00	0.00	375.27	6.94	1.65	3.47	0.00(M)	1.00	0.59	46.46	7818.93	1.98	0.00(M)	0.00(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Wednesday - ServingDate: 12/04/2024	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2024 FALL HS Express Thursday - ServingDate: 12/05/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	0.00(M)
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	0.00
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL HS Express Thursday - ServingDate: 12/05/2024																			
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	75	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 FALL HS Express Friday - ServingDate: 12/06/2024																			
Cheeseburger - TR1897 (1 ea.)	30	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	25	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	25	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
 Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Thursday - ServingDate: 12/05/2024	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2024 FALL HS Express Friday - ServingDate: 12/06/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL HS Express Friday - ServingDate: 12/06/2024																				
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	50	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00	
Baby Carrots & Ranch - TR1627 (1/2 c.)	20	200.58	19.00	3.00	0.00	0.00	375.27	6.94	1.65	3.47	0.00(M)	1.00	0.59	46.46	7818.93	1.98	0.00(M)	0.00(M)	0.00(M)	
Celery & Bean Dip - TR1605 (1 pkg.)	10	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39 (M)	0.00(M)	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Wedge Fries - TR1529 (3 oz.)	75	125.15	4.17	0.52	0.00	0.00	146.01	20.86	2.09	0.00	(M)	2.09	0.38	0.00	104.30	3.75	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Buffalo Ranch Sauce - TR1854 (1 ea.)	5	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00	

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL

Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Friday - ServingDate: 12/06/2024	
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL HS Express Monday - ServingDate: 12/09/2024																			
Cheeseburger - TR1897 (1 ea.)	25	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	35	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	65	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Baby Carrots & Ranch - TR1627 (1/2 c.)	25	200.58	19.00	3.00	0.00	0.00	375.27	6.94	1.65	3.47	0.00(M)	1.00	0.59	46.46	7818.93	1.98	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	80	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Granny Smith Apple - TR1054 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	40	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
 Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Monday - ServingDate: 12/09/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL HS Express Monday - ServingDate: 12/09/2024																				
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Buffalo Ranch Sauce - TR1854 (1 ea.)	20	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00	
2024 FALL HS Express Tuesday - ServingDate: 12/10/2024																				
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	40	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11(M)	0.00(M)	
Celery & Bean Dip - TR1605 (1 pkg.)	20	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39(M)	0.00(M)	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Wedge Fries - TR1529 (3 oz.)	80	125.15	4.17	0.52	0.00	0.00	146.01	20.86	2.09	0.00	(M)	2.09	0.38	0.00	104.30	3.75	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	40	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
 Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Monday - ServingDate: 12/09/2024	
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2024 FALL HS Express Tuesday - ServingDate: 12/10/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL HS Express Tuesday - ServingDate: 12/10/2024																				
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2024 FALL HS Express Wednesday - ServingDate: 12/11/2024																				
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	60	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	20	195.50	19.00	3.00	0.00	0.00	345.00	5.00	1.00	1.75	0.00(M)	2.25	0.35	51.50	283.50	40.50	0.00(M)	0.00(M)	0.00(M)	
Sweet Potato Fries - TR1740 (3 oz.)	75	207.12	9.71	1.29	0.00	0.00	271.84	29.77	5.18	3.88	0.00	3.88	0.47	51.78	5825.15	0.00	0.00	0.00	0.00	
Red Delicious Apple - TR1055 (1 ea.)	30	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Tuesday - ServingDate: 12/10/2024	
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2024 FALL HS Express Wednesday - ServingDate: 12/11/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	0.00(M)
Sweet Potato Fries - TR1740 (3 oz.)	0.00
Red Delicious Apple - TR1055 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL HS Express Wednesday - ServingDate: 12/11/2024																				
Chilled Fruit Cocktail - TR1506 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	25	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Buffalo Ranch Sauce - TR1854 (1 ea.)	20	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00	
2024 FALL HS Express Thursday - ServingDate: 12/12/2024																				
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	30	691.90	48.25	12.18	0.00	236.10	991.31	27.48	2.00	2.00	1.00(M)	36.79	1.40	32.37	0.00	0.00	0.10(M)	840.61(M)	0.00(M)	
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	30	691.90	48.25	12.18	0.00	236.10	791.31	27.48	2.00	2.00	1.00	36.79	1.40	32.37	0.00	0.00	0.10	840.61	0.00	
Baby Carrots & Ranch - TR1627 (1/2 c.)	25	200.58	19.00	3.00	0.00	0.00	375.27	6.94	1.65	3.47	0.00(M)	1.00	0.59	46.46	7818.93	1.98	0.00(M)	0.00(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
 Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Wednesday - ServingDate: 12/11/2024	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2024 FALL HS Express Thursday - ServingDate: 12/12/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	0.00(M)
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	0.00
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL HS Express Thursday - ServingDate: 12/12/2024																			
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	75	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 FALL HS Express Friday - ServingDate: 12/13/2024																			
Cheeseburger - TR1897 (1 ea.)	30	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	25	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	25	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
 Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Thursday - ServingDate: 12/12/2024	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2024 FALL HS Express Friday - ServingDate: 12/13/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL HS Express Friday - ServingDate: 12/13/2024																				
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	50	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00	
Baby Carrots & Ranch - TR1627 (1/2 c.)	20	200.58	19.00	3.00	0.00	0.00	375.27	6.94	1.65	3.47	0.00(M)	1.00	0.59	46.46	7818.93	1.98	0.00(M)	0.00(M)	0.00(M)	
Celery & Bean Dip - TR1605 (1 pkg.)	10	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39 (M)	0.00(M)	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Wedge Fries - TR1529 (3 oz.)	75	125.15	4.17	0.52	0.00	0.00	146.01	20.86	2.09	0.00	(M)	2.09	0.38	0.00	104.30	3.75	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Buffalo Ranch Sauce - TR1854 (1 ea.)	5	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00	

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
 Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Friday - ServingDate: 12/13/2024	
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL HS Express Monday - ServingDate: 12/16/2024																				
Cheeseburger - TR1897 (1 ea.)	25	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	35	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	65	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00	
Baby Carrots & Ranch - TR1627 (1/2 c.)	25	200.58	19.00	3.00	0.00	0.00	375.27	6.94	1.65	3.47	0.00(M)	1.00	0.59	46.46	7818.93	1.98	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Crinkle Cut Fries - TR1527 (3 oz.)	80	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Granny Smith Apple - TR1054 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	40	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
 Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Monday - ServingDate: 12/16/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Generated on: 11/21/2024 9:06:43 AM by Kevin White

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL HS Express Monday - ServingDate: 12/16/2024																			
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	20	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2024 FALL HS Express Tuesday - ServingDate: 12/17/2024																			
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	40	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11(M)	0.00(M)
Celery & Bean Dip - TR1605 (1 pkg.)	20	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	80	125.15	4.17	0.52	0.00	0.00	146.01	20.86	2.09	0.00	(M)	2.09	0.38	0.00	104.30	3.75	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	40	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
 Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Monday - ServingDate: 12/16/2024	
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2024 FALL HS Express Tuesday - ServingDate: 12/17/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL HS Express Tuesday - ServingDate: 12/17/2024																				
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2024 FALL HS Express Wednesday - ServingDate: 12/18/2024																				
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	60	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	20	195.50	19.00	3.00	0.00	0.00	345.00	5.00	1.00	1.75	0.00(M)	2.25	0.35	51.50	283.50	40.50	0.00(M)	0.00(M)	0.00(M)	
Sweet Potato Fries - TR1740 (3 oz.)	75	207.12	9.71	1.29	0.00	0.00	271.84	29.77	5.18	3.88	0.00	3.88	0.47	51.78	5825.15	0.00	0.00	0.00	0.00	
Red Delicious Apple - TR1055 (1 ea.)	30	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Tuesday - ServingDate: 12/17/2024	
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2024 FALL HS Express Wednesday - ServingDate: 12/18/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	0.00(M)
Sweet Potato Fries - TR1740 (3 oz.)	0.00
Red Delicious Apple - TR1055 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL HS Express Wednesday - ServingDate: 12/18/2024																				
Chilled Fruit Cocktail - TR1506 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	25	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Buffalo Ranch Sauce - TR1854 (1 ea.)	20	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00	

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: High School
Menu Line: Express Line
Serving Group: 9-12
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - December, 2024

Site: ALL
 Date: 12/01/2024 - 12/31/2024

Item Name (Serving Size)	Ash (g)
2024 FALL HS Express Wednesday - ServingDate: 12/18/2024	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00