



Montgomery County Secondary Breakfast

DEC

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

Egg & Cheese Bagel Sandwich
Strawberry Banana Parfait
Pillsbury Frudel

3

Pancakes w/ Syrup
Blueberry Patch Parfait
Banana Chocolate Chunk Benefit Bar

4

Chicken Biscuit Sandwich
Berry Banana Smoothie
Mini French Toast

5

Egg & Cheese English Muffin Sandwich
Blueberry Patch Parfait
WG Cocoa Bread Slice

6

Sausage Biscuit Sandwich
Strawberry Banana Parfait
Fresh Baked Cinnamon Roll

Available Daily: Assorted Fruit Options, 100% Fruit Juice, Assorted Cereal, Muffin, String Cheese, Yogurt, Low-Fat Milk

9

Dutch Waffle w/ Syrup
Berry Patch Smoothie
Pillsbury Frudel

10

Chicken Biscuit Sandwich
Strawberry Banana Parfait
Banana Chocolate Benefit Bar

11

Pancakes w/ Syrup
Strawberry Banana Parfait
Soft Wheat Bagel w/ Light Cream Cheese

12

Egg & Cheese English Muffin Sandwich
Banana Berry Smoothie
Mini French Toast

13

Sausage Biscuit Sandwich
Blueberry Patch Parfait
WG Cocoa Bread Slice

Available Daily: Assorted Fruit Options, 100% Fruit Juice, Assorted Cereal, Muffin, String Cheese, Yogurt, Low-Fat Milk

16

French Toast Sticks w/ Syrup
Double Berry Parfait
Oatmeal Chocolate Chip Round

17

Chicken Biscuit Sandwich
Berry Patch Smoothie
Banana Bread Slice

18

Egg & Cheese Bagel Sandwich
Double Berry Parfait
Mini Pancakes

19

Sausage Biscuit Sandwich
Orange Smoothie
Pillsbury Frudel

20

Egg & Cheese English Muffin
Just Peachy Parfait
WG Donut

Available Daily: Assorted Fruit Options, 100% Fruit Juice, Assorted Cereal, Muffin, String Cheese, Yogurt, Low-Fat Milk

23

NO SCHOOL

24

NO SCHOOL

25

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

Available Daily: Assorted Fruit Options, 100% Fruit Juice, Assorted Cereal, Muffin, String Cheese, Yogurt, Low-Fat Milk

30

NO SCHOOL

31

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

Breakfast Meal Definition: 1 bread/grain item with an additional bread/grain item OR meat/meat alternative, along with up to 1 cup of fruit/veggie and low-fat milk. Meals must include at least 3 components and 1 must be a fruit or vegetable.

This institution is an equal opportunity provider.