



MOOD BOOST



Chartwells School Dining Services: Rochester Elementary Schools Lunch Menu December 2024

A full student lunch includes a choice of entrée supplying protein and grain, 3/4 cup vegetable side dishes, 1/2 cup fruit side dish, and milk.

Milk choices include 1% white and 1% chocolate.



Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Waffles with Syrup Turkey Sausage Links Crispy Tater Tots Fruit & Veggie Bar	3 Nachos with Queso Blanco & Taco Meat (Turkey) Seasoned Pinto Beans Fruit & Veggie Bar	4 WG Boneless Chicken Wings Buffalo Ranch on Side Fluffy Breadstick Seasoned Corn Fruit & Veggie Bar	5 WG Grilled Cheese Sandwich* Seasoned Broccoli Fruit & Veggie Bar	6 WG Classic Cheese Pizza Seasoned Carrots Fruit & Veggie Bar
9 WG Pancakes with Syrup Scrambled Eggs Emoji Baked Fries Fruit & Veggie Bar	10 Build Your Own Taco (Beef) with Shredded Cheddar Seasoned Black Beans Fruit & Veggie Bar	11 No School	12 WG Pizza Crunchers with Dipping Sauce Seasoned Green Beans Fruit & Veggie Bar	13 WG Classic Cheese Pizza Seasoned Broccoli Fruit & Veggie Bar
16 WG Waffles with Syrup Turkey Sausage Links Crispy Tater Tots Fruit & Veggie Bar	17 Nachos with Queso Blanco & Taco Meat (Turkey) Seasoned Pinto Beans Fruit & Veggie Bar	18 WG Popcorn Chicken w/ Mashed Potatoes & Gravy Fluffy Breadstick Seasoned Corn Fruit & Veggie Bar	19 Chicken Meatballs with Marinara on Rotini Seasoned Broccoli Fruit & Veggie Bar	20 WG Classic Cheese Pizza Seasoned Peas Fruit & Veggie Bar
23 No School	24 No School	25 No School	26 No School	27 No School
30 No School	31 No School			
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk):				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
B. Turkey, Cheese, & Lettuce on WG Hoagie Roll*	B. Yogurt Parfait with Strawberries & WG Granola	B. Turkey, Cheese, & Lettuce on WG Hoagie Roll*	B. Yogurt Parfait with Strawberries & WG Granola	B. Turkey, Cheese, & Lettuce on WG Hoagie Roll*
C. WG Chicken Nuggets with WG Breadstick	C. Hot Dog (Beef) on WG Bun*	C. WG Boscós with Pizza Dipping Sauce	C. Cheeseburger on WG Bun*	C. WG Chicken Patty on WG Bun*

A student must select 1/2 cup of fruit or vegetable to make a complete meal or a la carte pricing is applied.

Questions? Please call the Food Service Office 248-726-4602

This institution is an equal opportunity employer.

*Hamburger Buns, Hot Dog Buns, Hoagie Rolls, and Sliced Bread Contain Wheat, Soy, & Sesame



This month's food focus is: Spice It Up
Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.



Meet the Moodies!



This Month's Fruit and Vegetable Bar Featured Selections: Apples, Oranges, Celery and Carrots Available Every Day

Monday	Tuesday	Wednesday	Thursday	Friday
December 2nd-December 6th				
Fresh Baby Carrots	Salsa	Chilled Mandarin Oranges	Fresh Cut Seasonal Fruit	Fresh Banana
Craisins	Raisins	Chilled Peas	Tossed Romaine Salad	SideKick (100% Fruit Juice)
Grape Tomatoes	Chopped Romaine	Chilled Mixed Fruit	Fresh Strawberries	Sugar Snap Peas
Orange Juice	Rosy Applesauce	Fresh Celery Sticks	Cucumber Coins	Tossed Romaine Salad
December 9th-December 13th				
Broccoli Florets	Salsa		Tossed Romaine Salad	Cucumber Coins
Cinnamon Banana	Peaches		Fresh Strawberries	SideKick (100% Fruit Juice)
Grape Tomatoes	Chopped Romaine		Chilled Green Peas	Chilled Pineapple
Apple Juice	Fresh Apple		Fresh Cut Seasonal Fruit	Tossed Romaine Salad
December 16th-December 20th				
Orange Juice	Salsa	Fresh Oranges	Fresh Strawberries	Fresh Banana
Craisins	Chilled Applesauce	Chilled Mandarin Oranges	Sugar Snap Peas	SideKick (100% Fruit Juice)
Broccoli Florets	Chopped Romaine	Red Pepper Strips	Fresh Cut Seasonal Fruit	Cucumber Coins
Grape Tomatoes	Raisins	Chilled Peaches	Tossed Romaine Salad	Tossed Romaine Salad
December 23rd-December 27th				
December 30th-December 31st				