

Human Growth & Development

4th & 5th grade

Description: Fourth and fifth grade students in South Washington County Schools will receive age-appropriate instruction from both classroom teachers and licensed school nurses on human growth and development concepts. Students will build on their foundational knowledge of body systems from grades K-3 to further learn about the reproductive system. The goal of human growth and development lessons at the elementary level is to provide clear and accurate information that is age-appropriate about body systems and the changes that occur during human growth and development.

Resources: Elementary Flash Curriculum, Kids Health, and Discovery Education

Standards: Elementary human growth and development curriculum is based on the [2022 National Sex Education Standards](#)

- **Standard PD.5.AI.1:** Identify credible sources of information about puberty and personal hygiene.
- **Standard PD.5.AI.2:** Identify trusted adults, including parents, caregivers, and health care professionals, whom students can ask questions about puberty and adolescent health.
- **Standard AP.5.CC.1:** Recall the human reproductive systems, including the external and internal body parts and their functions, and that there are natural variations in human bodies.
- **Standard PD.5.CC.1:** Explain the physical, social, and emotional changes that occur during puberty and adolescence and how the onset and progression of puberty can vary.
- **Standard PD.5.CC.2:** Describe how puberty prepares human bodies for the potential to reproduce and that some healthy people have conditions that impact the ability to reproduce.
- **Standard PD.5.CC.3:** Explain common human sexual development and the role of hormones.
- **Standard PD.5.GS.1:** Make a plan for maintaining personal hygiene during puberty.

Trimester 2:	Standards
Introduction (Teachers)	PD.5.AI.1 PD.5.AI.2
Reproductive System (Nurses)	AP.5.CC.1

Trimester 3:	Standards
Puberty (Nurses)	PD.5.CC.1 PD.5.CC.2 PD.5.CC.3 PD.5.GS.1