## Morristown High School



# Cheerleading Clinic

<u>June 18 - 20, 21st</u>

(please note- there will be NO clinic on the 19th as the district is closed)

### Frelinghuysen Middle School 10 Jane Way

Time

9:00am – 12:00pm (Registration is at 8:45am) Showcase will take place Day 3, 11:30am

> Clinic Director: Chrissy Chase & Cynthia Perez MHS Cheerleading Coaches

#### **CLINIC INFORMATION**

Grade: 2024-2025 1 – 8<sup>th</sup> Grade Fee: \$120 Basic skills taught: Cheers, Chants, Dances and Jumps What to bring: Water Bottle and Nut-Free Snack What to wear: Shorts, t-shirt, socks, athletic sneakers. Long hair must be in a ponytail.

#### **REGISTRATION MUST BE RECEIVED BY 5/22 TO GUARANTEE A TSHIRT**

visit www.MorristownCheerleading.com to register

#### Cheer Clinic Includes:

**Grade Bonding** - By working together in their grade levels the cheerleaders will learn how to work together and communicate as they learn cheers and routines. During the week the cheerleaders will partake in friendly competitions to win prizes.

Safe and Secure Camp Environment The major emphasis of our staff is to provide an indoor camp setting that is very safe and secure with excellent adult supervision as well as first aid-trained staff. Good common sense is applied to any situation that may occur with the health, safety and well being of every camper as the forefront of our philosophy.

**Private Coaching** - Your own MHS Varsity Instructor will be assigned to your group at registration. This one-on-one attention lets you achieve new performance heights throughout the week.

**Fun** - The emphasis is on providing a relaxed atmosphere where the cheerleaders can really enjoy themselves while learning new skills and routines.