

ELECTION RESULTS: HOW ND VOTED AND WHO WON?

By The Titan Times Team

Minh Lai & Lubianca Gaitan

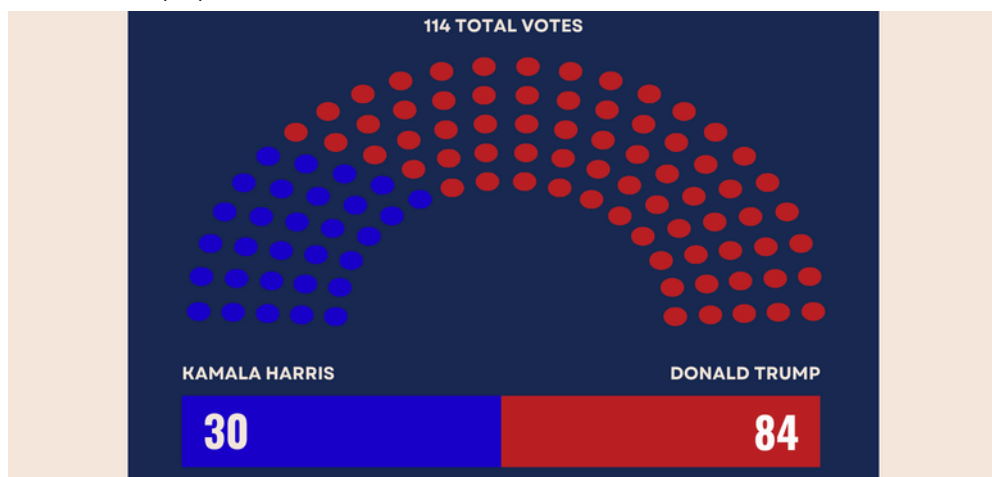
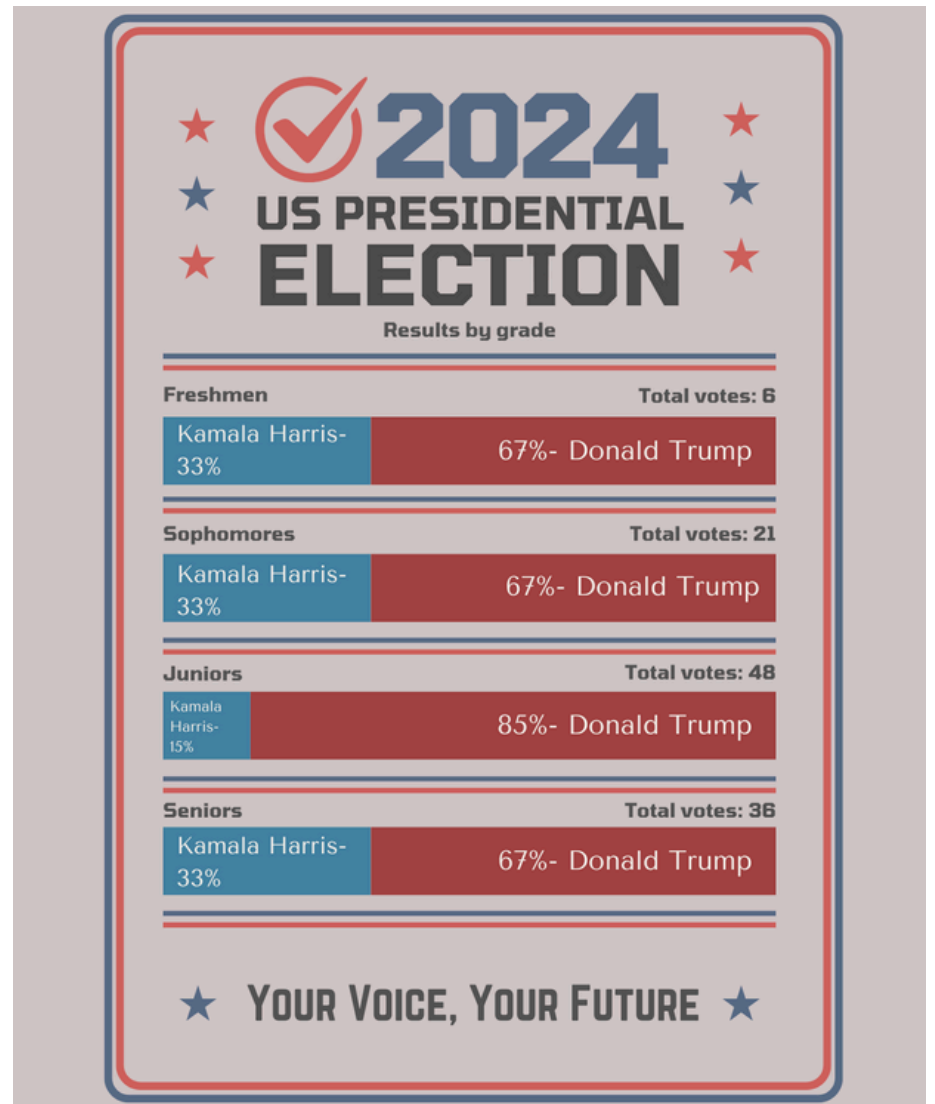
Every four years on November 5th, many Americans cast their ballots and watch the electoral system work its magic over the course of the next few days thereafter. As everyone knows, it is because of the presidential election—a time when voters and those who feel they are compelled to speak on political and socioeconomic matters are more fervent than ever.

Indeed, if there is any time to chime in on politics—especially in regards to domestic matters—the month of November would be the most relevant and consequential moment. November is the time the majority of voters cast in their votes for who they believe would best represent their interests and when said votes are being counted by staffers. Additionally, it is the decisive moment for the final two candidates who hope to at least secure the popular vote. It is no

wonder that, at this point, the fieriest rhetoric and diatribes are exchanged between opposing sides through media or speeches. As polarizing and messy as it all may seem, every election season eventually ends with a clear winner.

Donald Trump currently stands as the president-elect of the United States. According to the Associated Press, 312 of the 538 electors voted in favor of Trump, and while votes are still being counted, he has won a majority percentage of around 50.1% as of November 19th.

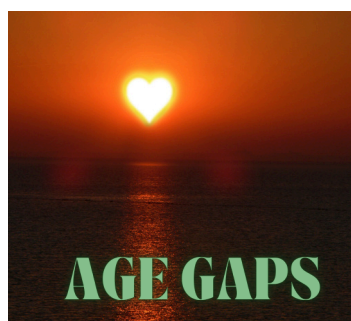
Now, let's delve into how our own community of Notre Dame voted! Starting off with our freshmen, only 6 voted, with 4 votes going to Trump and 2 votes to Harris. There was a slight increase with our sophomores; there were a total of 21 votes, with 14 going to Trump and 7 going to Harris. There was a significant increase in the number of junior participants, showing just



how patriotic this bunch of kids are. In total, there were 48 votes, with 41 going to Trump and the remaining seven going to Harris. Thirty-six seniors voted, with Trump coming out on top with 24 votes and Harris with 12. Only three teachers voted, but 2 out of those three voted for Harris, leaving Trump with the final one. Overall, 114 people participated in

our mock election, with Trump surpassing 84 votes and beating Harris, who only had 30 votes. Our Notre Dame colors may be green and gold, but the community votes red in the majority. Now, we pray all goes well with our new president, and may God bless America!

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Celebrating All Saints Day with Liturgy

By Elyza Lansang

Senior, writer

On November 1st, Notre Dame students and faculty came together as a family to celebrate an All Saint's Day Liturgy Mass. On this special day, Catholics from around the world are obligated to go to Mass to commemorate all the Saints of the Church. All Saints' Day is a solemnity to honor all the martyrs, the Saints, and the Confessors who once traveled on this Earth. Notre Dame held a Mass in the gym and was led by students in Peer Ministry. Mr. Avila and Mr. Johnson wanted to revive an old Notre Dame tradition where students aid. Father Paul by dressing the altar. The dressing of the altar signifies that this is the Lord's table at which all God's people joyously meet to be refreshed with divine food, namely, the body and blood that Christ sacrificed for us. The Eucharist is so powerful as it is the only food that many Saints, like St. Catherine of Siena lived on alone!



Photo from Google

The Mass was celebrated by none other than our school chaplain, Father Paul! The school choir sang beautifully to provide heavenly music for all students and staff attending. Peer Ministry students were chosen to help participate in the Mass by doing the First and Second Readings. Father Paul gave us an inspiring homily to share the deeper messages of Christ from the readings.

What is a Saint?

A Saint is a title given to an individual who surrendered their life to the Lord and served Him until their death. These recognized Saints made it their mission to love Christ with their whole heart, mind, body, and soul and to fulfill the will of the Father. Saints are role models for all Catholics on what it looks like to truly put all your trust in the

Lord and strive to do His will. Catholics around the world have been given a special gift from God where we can go to Saints asking them to go to Jesus on our behalf with an intention. This is called, intercession. We can ask for Saints intercession whenever we have a problem, need wisdom, or even help us grow closer to Jesus. The Saints stories are so important because they were sinners too and they understand the trials and tribulations we have to go through. On this special day, we celebrate all the Saints, people like you and me who fought to finish the race. All Saints in Heaven, pray for us!



Photo from Google

If the grades don't touch, should you?

By Jude Cramer

Junior, Entertainment editor

In high school, there's a well-known saying: "If the grades don't touch, neither do you." This basically means that if there's a gap between your grades — for example, if one person is a sophomore and the other is a senior — you shouldn't be dating or even "touching" each other. I think this rule makes sense in most cases, but ultimately, it depends more on age than grade. For example, if a freshman and junior are only a year apart in age, I believe it's acceptable. Personally, I don't think your grade defines your level of social maturity. However, I don't think that a senior should have any business being around a freshman. To explore this topic more, I went around and asked some of our own students what they thought.

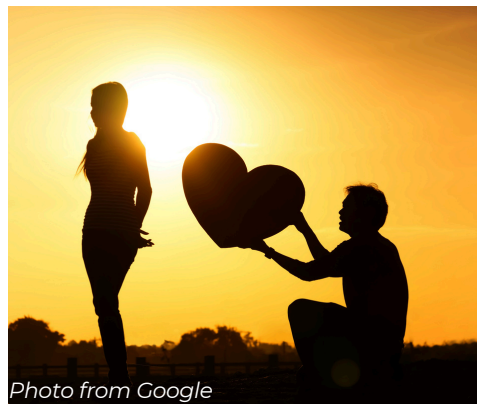


Photo from Google

William DeGennaro (9)

"Ummm, well I should be a sophomore... I say its age, it shouldn't be over a two year age difference."

Xavier Felix (11)

"I think if the grades don't touch they shouldn't. Because the maturity level of each grade is different, a ratty freshman can't date like an old senior."

Douglas Cube (10)

"I think that love is love and as long the intentions are right it's ok."

Marie Becker (11)

"That's not true, because they can talk on the same level (like maturity), it could work."

Gael Campos (11)

"Obviously, I don't think a senior with those kinds of intentions should be anywhere near a sophomore, but I don't necessarily believe it has anything to do with maturity, given that it varies per individual, not grade level. You could have an incredibly intelligent, well-rounded sophomore and the dumbest, most naive senior ever, but you would probably still not think it's right. It's more in relation to the fact that you have two individuals in completely different stages of their life. I mean, just think back to yourself 3 months ago. You're probably just as mature as you were then, but would you really even want to be friends with yourself?"

Brooklyn Davis (9)

"Like, I don't think there is anything wrong with it if you're on the same maturity level and if you are only two years apart, then it's ok. As long as nothing sus is going on."

Eva Martinez (11)

"It depends, like if you're the same age it doesn't matter to me."

Ethan Lansang (12)

"Honestly, I think it's fine if it's mutual. Just don't date in high school because you don't need to."

Mr. Marin

"I think they can, some kids might be more mature for their age and vice versa."

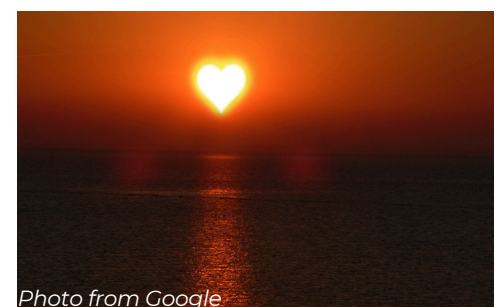
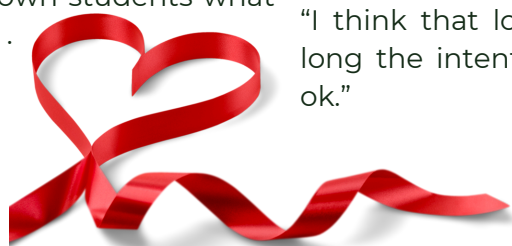


Photo from Google



Basketball Beginnings

By Doug Cube

Sophomore, Spotlight Editor

On Monday, November 18th, the Notre Dame Titans began their winter season with the first Boys' Basketball game. This non-league game, against Irvine school, Tarbut v Torah, allowed for our boys team to start off their season and get a taste of playing. Despite the loss of both JV and Varsity, the team stays strong. JV Coach, Mr. Marin says "I feel good, and I think we are going to keep improving as the season goes on. That first game, was a good practice run with a different team, really allowed the guys to experience a harder challenge than they're used to."



Photo by NDHS Media

As the season progresses, the players plan to work harder, Gerson Estrada saying, "that's tough" in response to the final varsity score, knowing that the coaches will push him harder throughout the rest of the winter season.



Photo by NDHS Media

"We have a good group of guys" Mr. Marin continued, "as long as we continue to work together as a team, the rest of the season should go well, and I can see us making it far."

Other players still stay motivated after the devastating defeat, freshman and varsity player Jaxon Coduti says "muy bueno" in response to the games score, believing that the loss will motivate them further on during the season.

Boys basketball continues on Wednesday November 20th, in a home game against Norco High School; JV starting at 5:30pm and Varsity starting at 7:00pm. As the season continues we wish both to boys and girls, JV and Varsity, team good luck as they start their seasons.



Photo by NDHS Media

World Champions: LA Dodgers

By Alan Baltazar

Freshman, sportswriter

Two teams qualified for the MLB world championship, those being the Dodgers and the Yankees. Both teams had stands of fans waiting to see the eventual winner. This was a season of record-breaking plays and lots of drama. In game one of the World Series, the game was set at 0-0 throughout the first four innings. However, the first run was earned by Will Smith hitting a fly ball to score the runner on third. The game moved into extra innings as the Dodgers taking the win. Games 2-3 also ended with a swift dodger victory, with Freddy Freeman hitting walk-off home runs and two grand slams through the three games. However, the fourth game had a turn of events, with the Yankees beating the dodgers in an 11-4 victory. They are the first team since the Cincinnati Reds in 1970 to force a fifth game. They avoided being swept from the tournament,



Photo from Google

giving them another chance at victory.

The final game between the Yankees and the dodgers was a real edge of your seat game. Aaron Judge hit a quick two-run homer, with Jazz Chisholm hitting a solo homer shortly after. It appeared as if the Yankees were going to continue their streak to win. however Freddie Freeman hit a two-run single. Hernandez followed with two more runs, tying the game. During the eighth inning, the dodgers took the lead and finished the game as the champions. Freddie Freeman was awarded MVP for his record-breaking home runs. What a series of games! Let us see who will take home the victory next year.

Tips for Athletes Trying to Keep Warm in the Cold Fall and Winter Months

By Gael Campos

Junior, Sports editor

As the leaves change colors and you start noticing the morning dew on your family car frozen over, there's likely one thought occupying your mind on the way to school: "How am I supposed to excel athletically in these conditions?" It's a perfectly valid concern to have, especially since most struggle to even function properly in temperatures below 75°F, let alone excel at tossing a ball over a net in a pool or performing a flawless routine. Here are a few tips that might save you time—and from hypothermia—this season.

In cold conditions, muscles are stiffer and more prone to injury. Ergo, it is necessary to invest in proper warm-up and cool-down routines, which will help to raise your core body temperature and promote recovery, respectively. Prioritizing rest and other recovery methods is also essential to reversing the toll cold weather can



Photo from Google

take on your body. Making sure to get enough sleep, incorporating restorative exercises such as yoga, and using tools like foam rollers to ease muscle tension are great ways to help accomplish this.

Finally, having a good mindset is so vital to ensuring your goals are manifested. Embracing challenge and visualizing success can make all the difference in pushing through discomfort because the reality is that staying positive is already half the battle. Happy Fall Season, Titans! Don't forget to enjoy the cold; you'll miss it in the summer.

Scholar Spotlight

By Dana Clark
Junior, writer

As said by Mr. Nolte, "what is your God moment?" Notably, Mr. Nolte is Notre Dame's theology teacher for both the sophomore and senior classes. His lectures include a diverse range of content that all lie under Catholicism, while still giving a great extent of insight on the world, God and our connections to those two. To go more into depth of his classes, specifically his theology II; I got the opportunity to get input on the environment of his classes in terms of his students, also known as: scholars!

Starting off, Diego Escobar is recognized as one of the students who has fun while learning. Mr. Nolte expressed his delight of how just when he seems to not be listening or paying attention, Diego surprises him with a well thought out insight in according to the class discussion. Keep up the great work and fun attitude! Next,



Photo by Lubianca Gaitan



Photo by Lubianca Gaitan

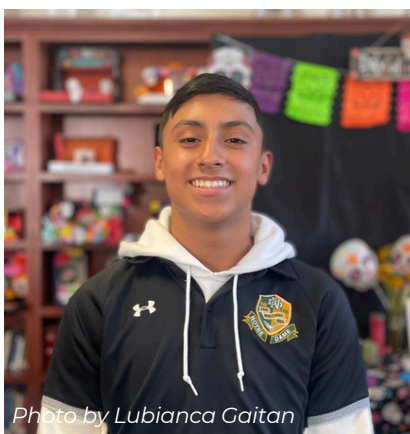


Photo by Lubianca Gaitan

Samuel Olivier is acknowledged for his actions of listening intently to what others are saying. In addition, his skill of pulling together the perfect summation of what's being discussed in a clear and understandable manner. Well done, Sam! As

a concluding remark, Sydney Cramer is the 'scholar who asks questions'. She is appreciated for not being shy about asking why something is the way it is or if things can be seen from different perspectives. Another quote by Mr. Nolte: "in the world of academia, great thinkers are born from the questions they ask." A round of applause to you guys from the Titan Times; the perfect summation of what's being discussed in a clear and understandable work as Thanksgiving break is not too far away, Titans!

New Raisin' Canes Opening Down the Street

By Doug Cube
Sophomore, Spotlight Editor

Let's be honest; we've all seen it. Just a short drive or walk down the street, is a brand-new Raisin' Canes being built on the corner of Central and Magnolia. With its large Riverside mural facing the street, the new fast food establishment has been the latest talk around school. With the news of its opening on Tuesday November 19th, the students here at Notre Dame have expressed excitement for this new afterschool grubbing location. Here's what some students have said:

William Degenero(9):
"It's pretty awesome, I'm very excited."

Daphne Egizi (11):
"I am beyond excited. I will be grubbing every single day after school!"

Mr. V:
"It's not the same as when the new Chick-fil-A opened in 2019."



Photo by Google

Natalie Romero (12)
"I love Canes, and I'm ready to eat after practices."

Anonymous
"I think that all of us are going to be broke once it opens up"

Joshua Avila (11)
"There's a Raising Canes opening?"

Hannah Nocon (9)
"Raising canes, more like raising pounds"

As we can see, the students here at Notre Dame are very excited about the opening of the brand-new Raising Canes. As we come to the day of its grand opening, I can expect that I will see a lot of you guys there. Happy Grubbing Titans!



A Day in the Life of Mr. V

By Lubianca Gaitan
Senior, Editor-in-Chief



Photo by Aiden Allen

Many of you know Mr. V, whether from taking his class, being part of one of the water sports teams, or simply seeing him at almost every school game. But how much do we really know Mr. V? We see him all the time, but what would an average day look like in his shoes? We had that same question and took matters into our own hands to find out, so you don't have to.

Here is what an average day in the life of Mr. V is like, straight from Mr. V:

1. "I wake up
2. Get ready for school
3. Pray the rosary on my way to school
4. Go to morning Mass in the chapel
5. Teaching for the day
 - a. I teach periods 1-6
 - b. 7th is my prep period, which is perfect since I am usually gone for a game
 - c. I teach four different classes
 - i. Intro to STEM
 - ii. Statistics
 - iii. Honors Algebra II
 - iv. AP Statistics
6. After teaching, I like to spend time in the adoration chapel or the chapel at school.
7. If there is a game at school, I usually go and support
8. Then, I go home and have any leftovers.
9. Usually get work done or watch film from the water polo game we just played.
10. Finally, rest."

Well, it seems that the average day in Mr. V's life is very busy. I'm not sure I would be able to do that every day. May God continue to bless our great teacher and coach and give him the energy to persevere through the day, the week, and the school year.



Les Misérables

By Nichless Calderon & Doug Cube

Sophomores, Writer & Editor

On November 7th, 8th, and 9th the Notre Dame Theatre Guild produced its first show of the season: “**Les Misérables**”. The show, inspired by the 1832 novel by Victor Hugo, follows the life of a convict named Jean Valjean who was released from prison on parole after 19 years for stealing bread. Struggling to return to society, he is transformed by an act of kindness from a bishop and breaks his parole to begin a new life. Valjean becomes a wealthy factory owner and mayor, but his past catches up to him in the form of the relentless Inspector Javert, who vows to bring him to justice. Meanwhile, Fantine, a former factory worker who was unjustly fired for having a child and no husband, becomes a prostitute to take care of her child and dies due to tuberculosis, and on her deathbed, Jean Valjean promises to take care of her daughter Cosette.

He rescues her from her abusive guardians, the Thendardiers, and after many years, Cosette is now grown up and falls in love with a handsome gentleman named Marius Pontmercy, a Revolutionary. He helps Jean Valjean join the revolution alongside a fellow young gentleman named Enjolras. We won't spoil the ending, but most of you should know what happened if you attended the amazing play put on by our very own Theatre Guild.

If you had the opportunity to attend, consider yourself lucky. Each night was nearly sold out! Mrs. Hawley had the blessing of directing this amazing production while also carrying a blessing, making this her final gift to us before going on maternity leave. Now, let's not forget the hard work that all the students put into this to make it happen, from stage managers and tech moving props around stage in 30 seconds or less, to the meticulously timed spotlights, to

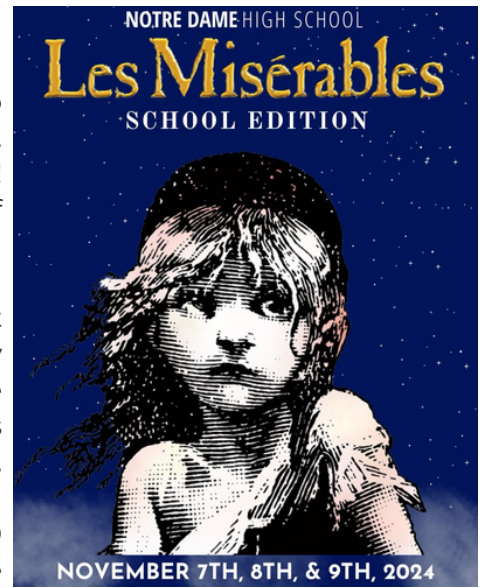


Photo by Joshua Avila

everyone who had a role in the great ensemble. Everyone played an important role in bringing to life the story of Les Misérables, a production that allows us to relate in our faith, especially the role we play in each other's lives. This story, as many in life, tells the story of “miserable” times and the hope for a brighter future.

So, to the Notre Dame Theatre Guild, we say bravo and look forward to the next time they take the stage

No Thanksgiving music?

By Matthew Baculo
Senior, Music writer

Hey Titans, it's almost time for thanksgiving! November 28th is just about 2 weeks away! Have you ever noticed though that despite Thanksgiving being a popular holiday just like Halloween and Christmas, there doesn't seem to be any popular or distinct music about Thanksgiving. Now, why is this? Well, while the explanation as to why thanksgiving music isn't popularized is not certain. There are some very probable/likely reasons starting with:

“Thanksgiving’s theme may not be easy to incorporate into a catchy song

The holiday of Thanksgiving centers around giving thanks and dinner with friends and family alike. While it may seem like the theme could have



numerous songs that center around dinner with family and friends or about a Turkey; modern artists may not be motivated or inspired to make songs around these topics.

Thanksgiving is simply just less eventful or less memorable than other holidays

Holidays such as Christmas and Halloween seem to have more interesting/memorable events such as Santa, Jesus Christ's birthday, or trick or treating, that make them more favorable than dinner and a turkey that pops up when thinking of Thanksgiving.

Overall

While Thanksgiving is a widely celebrated holiday, it still is not interesting enough for artists to make a song about.



When the Saints Come Marching In

By Nichless Calderon
Sophomore, writer

We don't have to wait for them to come marching in, they are here at ND! Wednesday November 20th will be your last chance to check out the relics in the Learning Commons. There are ten relics on display for all to see. One of the relics represent **Saint Junipero Serra** (shown below) who founded the first seven missions here in California before his death and he walked from what is now present day Montarary to present day Mexico City to advocate Catholicism through out parts of the Americas and Mexico. P.S. He had really bad knees too.



Photo by Lubianca Gaitan

The relic above is the relic of **Saint Thérèse of Lisieux**, the youngest saint who died at the age of 24. She didn't write great theological visitations or scriptures like **Saint Thomas of Aquinas and Saint Augustine**, but her testimony was simpler, “being divine in daily life was doing each & everything no matter how small or seemingly insignificant, do it with great love.” This line from one of her writings calls us to give it our all in even the little things in life that we overlook sometimes. If you wish to learn more about the saints, then please come to the Learning Commons by Wednesday, November 20th.



Photo by Lubianca Gaitan

Off-Campus Adventures

By Lubianca Gaitan
Senior, Editor-in-Chief

In case you didn't know, once you reach your senior year and have completed most of your required classes, you'll likely have some free periods, and many seniors choose to use this time for an Off-Campus period. This can be either 1st or 7th period, meaning they can either sleep in a little bit more or they can leave school early. Originally, this was intended for students to be able to leave school early and head on over to their after-school jobs. Now, it is mostly just free time to enjoy after a long day of classes, or an opportunity to make up for those lost hours of sleep due to studying, or being honest here, doing anything else but schoolwork.

Now, let's look into what it is that seniors like to do during their off campus:

Senior Adrian Bin shares "Go home or hangout with friends, usually at their house or the mills. I don't really hangout around here." Another Senior, Justin Martinez, also shared where he likes to go during his off campus after school, "I like to go eat at the plaza with friends. Whatever we feel like, to be honest." Seems there is a pattern of hanging out with friends during this time of Off Campus.



Photo by Ellison Tolenti

Here are what some other seniors like to do during their Off Campus. Julian Rodriguez has his first period as his Off Campus, and he shares "I wake up a little later and me and my friends meet at the school and then we head to the donut shop." Most students have their 7th period off, so here is another who shares what she does "I either wait at Starbucks or go home before I have to come back to school for Campus" - Natalia Gomez, 12.



Photo from Google

Here's another senior and what he likes to do during his off campus adventures: "Eat. I love eating. Normally, I go to the plaza or Wingstop. Or drive around sometimes. Or just go home," shares Ellison Tolenti. Alex Alvarado shared with us, "I like to go eat. Go get food. I usually go to the plaza or somewhere else." Finally, our last seniors that gave us a little bit of insight of what they like to do during their Off Campus were Natalie Romero and Milo Zreik, who shared "Go home" and "hang around here with friends."

Well, seems many seniors like to just hang around school and go eat. Long way from the original intention of Off Campus. I'm sure many underclassmen still look forward to having that free time. If you get the opportunity to have an off campus, be sure and take it. You never know when you need a break.

America Through The Eyes of a Foreign Exchange Student

By Sydney Cramer
Sophomore, Hot Topics Editor

For Marie Becker, a foreign exchange student from Germany, spending a year at our high school with has been an eye-opening experience. From cultural shocks to forming friendships, she has gained new perspectives on both American life and her own. Marie decided to become a foreign exchange student because of her dream to experience life in the U.S. "I always dreamed of living in the States just because it's such a different life here, and I loved seeing it in the movies." She chose Notre Dame to fulfill that dream, and when she first arrived, her first impressions were how vast everything seemed. "I thought everything was so big-cars, highways, food portions. I never finished an American meal!" Living in a new culture has made Marie reflect on her own. "I notice

that I am now much more aware of how beautiful some things are, which I did not pay attention to before. I think back to my home in Germany and am so happy for everything I have there." Adjusting to life abroad hasn't been easy, according to Ms. Becker. "The biggest challenge was definitely the language barrier at first. I felt unsure about speaking English in some situations but over time, I got more confident." Among her most memorable experiences are our football games and school dances. "The best experiences for me were the football games and the school dances. We don't have that in Germany, which is why I enjoy this so much," she says. Building relationships with her host family & local community has been a key part of her adventure. "I've become very close with my host family, and they're life my best friends. I also

made some great friends who I love, and I'm glad to have them." Marie's exchange journey at ND had already helped her grow into a more confident girl boss and this experience will continue to shape her future. "Just be yourself in whatever you do! If you're unsure about becoming an exchange student, JUST DO IT! It will be the best experience of your life!"



Weekly Question:

What is your favorite holiday?



"Halloween by far" -Ella Sulis, 12



"Thanksgiving because of the food"- Joseph Sonsoma, 11



"Christmas, no doubt about it." - Nichless Calderon, 10



"Christmas since it's near my birthday". Genevieve Belleza, 9



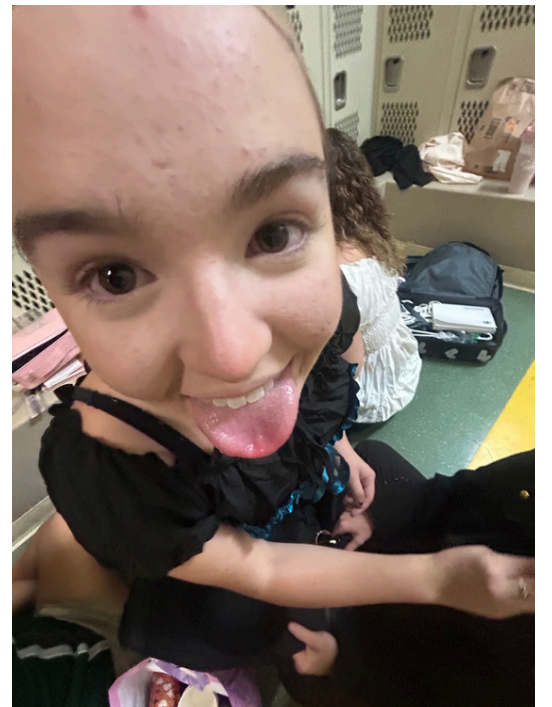
"Christmas and the Tridium because it's our main Catholic holidays" - Mr. Avila, Theology

Unpopular Opinon, but...

"Crumbl lowkey sucks. Like, don't get me wrong, I love a sweet treat here and there. But every time I eat it I feel like I just ate an entire buckets worth of Halloween candy." - Anonymously submitted by a senior

Submit your unpopular opinion

Behind the Scenes



People Featured:

Mr. Johnson, Jared Rodriguez (12), Ellison Tolenti (12), Joey Barron (9), Sebastian Trujillo (11), Marek Crane (10), Tawny Haluskey (11), Joseph Huelskamp (11), Nichless Calderon (10), Lubianca Gaitan (12), Ryan-Emily Kimble (10), Roman Nunez (10), Sydney Cramer (10), Shea McCann (11), Daphne Egizi (11), Katarina Vesral (12), Elyza Lansang (12), Mr. Avila, Diego Gonzalez (12)

Submit your own pictures online!

Advice Archives

Q: I like a guy, but we have been friends for a while, and I think he only sees me as a friend. I'm also 90% sure he likes another girl, but I love spending time with him and I feel like he could maybe like me. I don't know what to do. Help!

A: Well, this does sound like a tough spot to be in, but you're not alone feeling this way for your friend and it's somewhat common to have romantic emotions towards friends and but you should test the waters and gently start having deeper conversations (Ex: His interests, hobbies, siblings, what he does in his free time) and you should observe his behavior, the way he talks and his body language, if he's open or closed around the people he's around and since you two are friends then you got the easy part done. Good luck to you!

Q: I want to work on myself as a person and improve my overall wellbeing with things such as self-care, but I'm not sure where to begin. I try looking at videos but there is so much that I'm not sure where to start. What should I do?

A: You should focus on what needs the most attention like emotional, physical, mental health, relationships, and eating habits. You should also start journaling about your day, what you want to improve, and what brings you joy or stress. Start setting Goals, but be realistic don't just jump for the highest star you see. Have a Simple Routine like meditation and Yoga. Wishing you the best of luck.

Submit your requests online!
(It's completely anonymous)

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Editor-in-Chief

Lubianca Gaitan

Moderator

Mrs. Arguelles

Editors

Jude Cramer

Gael Campos

Minh Lai

Sydney Cramer

Doug Cube

Staff Writers

Elyza Lansang

Matthew Baculo

Sebastian Bou Harb

Sonny Dominguez

Dana Clark

Alan Baltazar

Nichless Calderon

Sofia Navarro

Social Media

Doug Cube

Photography

Lubianca Gaitan

Xitllali Ortiz

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