

# HealthyStudent Days

by Goodside Health

# Yearly Check-Up Now at School!

Sign-up today at [gsh.co/healthystudent](https://gsh.co/healthystudent)

Select your **State,**  
**School District &**  
**Preferred Language**

Are you registered  
for SchoolMed?  
Select 'Yes' or 'No'

Fill out the forms  
and **tell us about**  
**your student**

**Your student is ready**  
for their yearly check-up  
& sports physical!

## What is a Yearly Check-Up?

A yearly check-up includes checking their physical development, overall health, screening for chronic diseases, and a state-required sports physical!

*Don't miss out on this opportunity to check your child's health!*

## The Benefits of Getting Your Annual Preventative Visit on Campus:



Can't find the time to go to the doctor's office? Our providers will come to you.



At the same time, your student can complete their state-required sports physical!



Help prevent chronic conditions and learn how to live a healthy lifestyle.



Signing up for a yearly check-up gives you access to SchoolMed during the school year.

TURN THE PAGE OVER AND SEE WHAT TO EXPECT AT YOUR YEARLY CHECK-UP



## How Much Will My Yearly Check-Up & Sports Physical Cost?

Most health plans, including Medicaid and CHIP plans, cover the full cost for one (1) annual check-up and sports physical per year. Families without insurance are offered a cash-pay rate. For questions about cost, call (682) 312-6781.

LEARN MORE & SIGN-UP



# Here's What You and Your Student Can Expect at a Yearly Check-Up



**First, we'll review your student's health history**



**We will measure height, weight & more**



**Let's check your student's vision**



**Sit down for a hearing screening**



**Receive a head-to-toe physical exam**



**Check for signs of depression**



**Access referrals to additional care if needed**



**Get a state-required sports physical**



**Last, take home educational handouts for a healthy lifestyle**

*Yearly check-ups from Goodside Health meet the Texas Health and Human Services Commission's Health Steps program standards. Learn more at [www.txhealthsteps.com](http://www.txhealthsteps.com).*

**Reserve your student's spot today!**

Follow us @goodsidehealth!    

SCAN THE QR CODE OR VISIT  
[gsh.co/healthystudent](http://gsh.co/healthystudent)

