



Cook County Sheriff Thomas J. Dart
in partnership with Norwood Park Township
is hosting a

SELF-DEFENSE AND SAFETY CLASS

LED BY CERTIFIED POLICE ACADEMY INSTRUCTORS



DECEMBER

11

Norwood Park Township
7833 W Lawrence Ave,
Norridge, IL, 60706
12:30 PM



Class size is limited to the first 25 people who sign up
Must be 17 or older

Possible discussion topics include:

- Carjackings
- Home Invasion
- Sexual Assault
- Street Robberies
- Violence in a Public Space

Please wear comfortable clothing and gym shoes.
Please leave all jewelry and valuables at home.

Signup with Norwood Park Township
708-453-0861
info@norwoodpark.com