

# December 2024 | Intermediate Breakfast



## Announcements:

Our unit priced breakfast consists of 3 or more food components, at least one must be a fruit or vegetable

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits, Vegetables  
Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at [www.schoolcafe.com](http://www.schoolcafe.com)

Households must reapply every year to maintain free or reduced price meals if eligible



**TOMBALL**  
INDEPENDENT SCHOOL DISTRICT  
Not just a district, a destination.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>New</b> Pancake Sausage Wrap or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	<b>3</b> <b>New</b> Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	<b>4</b> <b>New</b> Breakfast Sausage Pizza Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	<b>5</b> <b>New</b> Belgian Waffle Sticks or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	<b>6</b> Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
<b>9</b> <b>New</b> Pancake Sausage Wrap or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	<b>10</b> <b>New</b> Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	<b>11</b> <b>New</b> Breakfast Sausage Pizza Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	<b>12</b> <b>New</b> Belgian Waffle Sticks or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	<b>13</b> Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
<b>16</b> <b>New</b> Pancake Sausage Wrap or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	<b>17</b> <b>New</b> Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	<b>18</b> <b>New</b> Breakfast Sausage Pizza Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	<b>19</b> <b>New</b> Belgian Waffle Sticks or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	<b>20</b> Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
<b>23</b> <b>Winter Break</b>	<b>24</b> <b>Winter Break</b>	<b>25</b> <b>Winter Break</b>	<b>26</b> <b>Winter Break</b>	<b>27</b> <b>Winter Break</b>
<b>30</b> 1% White Milk and Fat-Free Chocolate Milk are offered daily.	<b>31</b> Student Breakfast: \$1.50 Adult Breakfast: \$3.10	  <p><b>Pomegranates</b> Season in Texas: October - December Did you know? Pomegranate trees can live for over 200 years</p>		

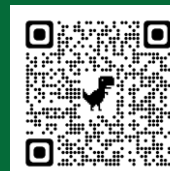


Menus are Subject to Change

Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)

TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 6/6/2024

National School Lunch Program

# December 2024 | Intermediate Lunch



## Announcements:

Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits, Vegetables  
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at [www.schoolcafe.com](http://www.schoolcafe.com)

Households must reapply every year to maintain free or reduced price meals if eligible



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Breakfast for Lunch: Pancakes, Eggs, Sausage or Fruit & Yogurt Plate Hashbrowns & Juice, Fruits & Milk	<b>3</b> Cheese Enchiladas or Chicken Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk	<b>4</b> Mac & Cheese or Chicken Nuggets or Fruit & Yogurt Plate Tomato Soup, Fruits Vegetables, Milk	<b>5</b> 6 Inch Round Pizza or Baja Fish Sticks or Chicken Popper Salad Vegetables, Fruits Milk	<b>6</b> Cheeseburger or Turkey Hot Dog or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!
<b>9</b> Penne Pasta & Meatballs with Marinara or Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits, Milk	<b>10</b> Bean & Cheese Pupusa or Crispy Chicken Tacos or Chicken Popper Salad Vegetables, Fruits Milk	<b>11</b> Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	<b>12</b> 6 Inch Round Pizza or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	<b>13</b> Cheeseburger or Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!
<b>16</b> Breakfast for Lunch: Pancakes, Eggs, Sausage or Fruit & Yogurt Plate Hashbrowns & Juice, Fruits & Milk	<b>17</b> Cheese Enchiladas or Chicken Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk	<b>18</b> <b>Holiday Meal!</b> <b>Turkey &amp; Gravy &amp; Roll</b> <b>Stuffing, Green Beans,</b> <b>Mashed Potatoes</b> <b>Fruit, Milk</b> <b>and a Special Treat!</b>	<b>19</b> 6 Inch Round Pizza or Baja Fish Sticks or Chicken Popper Salad Vegetables, Fruits Milk	<b>20</b> <b>Early Release!</b> Pizza Pocket Vegetables, Fruits Milk
<b>23</b>  <b>Winter Break</b>	<b>24</b>  <b>Winter Break</b>	<b>25</b>  <b>Winter Break</b>	<b>26</b>  <b>Winter Break</b>	<b>27</b>  <b>Winter Break</b>
<b>30</b>  1% White Milk and Fat-Free Chocolate Milk are offered daily.	<b>31</b>  Student Lunch: \$2.75 Adult Lunch: \$4.60	  <p><b>Pomegranates</b> Season in Texas: October - December Did you know? Pomegranate trees can live for over 200 years</p>		

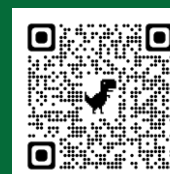


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Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	<b>3</b> Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	<b>4</b> Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	<b>5</b> Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	<b>6</b> Cheeseburger or Fruit & Yogurt Plate Vegetables, Fruits Milk
<b>9</b> Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	<b>10</b> Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	<b>11</b> Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	<b>12</b> Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	<b>13</b> Cheeseburger or Fruit & Yogurt Plate Vegetables, Fruits Milk
<b>16</b> Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	<b>17</b> Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	<b>18</b> Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	<b>19</b> Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	<b>20</b> <b>Early Release</b>
<b>23</b> <b>Winter Break</b>	<b>24</b> <b>Winter Break</b>	<b>25</b> <b>Winter Break</b>	<b>26</b> <b>Winter Break</b>	<b>27</b> <b>Winter Break</b>
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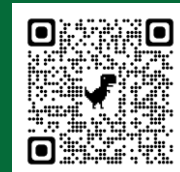


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