

December 2024 | Pre-K Breakfast



Announcements:

Our unit priced breakfast consists of 3 food components placed on the student's tray

Required Daily Breakfast Food Components:
Whole Grain
Fruit
Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible



TOMBALL
INDEPENDENT SCHOOL DISTRICT
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Monday	Tuesday	Wednesday	Thursday	Friday
2 Mini-Pancakes 100% fruit juice Low-Fat White Milk	3 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	4 New Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	5 Mini-Waffle 100% fruit juice Low-Fat White Milk	6 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
9 Mini-Pancakes 100% fruit juice Low-Fat White Milk	10 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	11 New Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	12 Mini-Waffle 100% fruit juice Low-Fat White Milk	13 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
16 Mini-Pancakes 100% fruit juice Low-Fat White Milk	17 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	18 New Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	19 Mini-Waffle 100% fruit juice Low-Fat White Milk	20 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break	27 Winter Break
30 1% White Milk offered daily.	31 Student Breakfast: \$1.50 Adult Breakfast: \$3.10	  <p>Pomegranates Season in Texas: October - December Did you know? Pomegranate trees can live for over 200 years</p>		

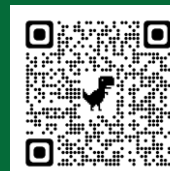


Menus are Subject to Change

Food and Nutrition Division
www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 6/6/2024
National School Lunch Program

December 2024 | Pre-K Lunch



Announcements:

Our unit priced lunch consists of all 5 food components placed on the student's tray

Required 5 Food Components at Lunch:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible



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Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast for Lunch! Pancakes, Sausage & Scrambled Eggs Hash Browns, Fruit Milk	3 Soft Taco Vegetables, Fruits Milk	4 Chicken Nuggets Vegetables, Fruits Breadstick & Milk	5 Fish Sticks Vegetables, Fruits Milk	6 Cheeseburger Vegetables, Fruits Milk
9 Cheese Stuffed Breadstick Vegetables, Fruits Milk	10 Bean & Cheese Pupusa Vegetables, Fruits Milk	11 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	12 6 Inch Round Pizza Vegetables, Fruits Milk	13 Chicken Sandwich Vegetables, Fruits Milk
16 Breakfast for Lunch! Pancakes, Sausage & Scrambled Eggs Hash Browns, Fruit Milk	17 Soft Taco Vegetables, Fruits Milk	18 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	19 Fish Sticks Vegetables, Fruits Milk	20 Early Release! Pizza Pocket Vegetables, Fruits Milk
23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break	27 Winter Break
30 1% White Milk offered daily.	31 Student Lunch: \$2.50 Adult Lunch: \$4.60	  <p>Pomegranates Season in Texas: October - December Did you know? Pomegranate trees can live for over 200 years</p>		

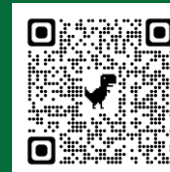


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