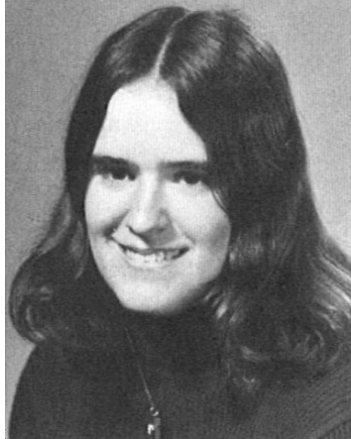


Valorie Nappo Barron  
Class of 2010



Valorie Nappo Baron, Class of 2010, was a three-sport athlete at Clarence High School. She competed in soccer, basketball, and softball. Valorie is the daughter of Steve and Nancy Schaefer Nappo, both excellent athletes at Clarence. Nancy is a member of the Class of 2006 Clarence Athletic Wall of Fame. Valorie was a two-year starter for the varsity soccer team. She was a standout at center defense and helped her team to a Section VI Championship. In the winter, Valorie was a three-year starter for the varsity basketball team. While competing in basketball, she earned ECIC First Team honors.

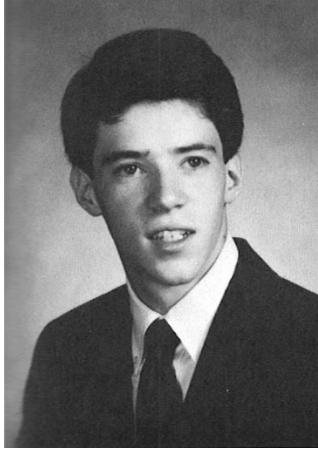
Varsity softball was where Valorie excelled and made her greatest impact on Clarence sports. She was a four-year starter at first base. Her teams became State Finalists two times. At the end of her career, Valorie set school records for most hits in a season, most hits in a career, most hits in a single season, hitting batting average, most doubles in a season, and most home runs in a season. Her four-year batting average was .400 and she achieved ECIC First Team and All-WNY First Team honors. Valorie was named to the National Fastpitch Coaches Association (NFSA) second team. Valorie earned Clarence's Female Athlete of the Year. Upon graduation, Valorie continued her academic and athletic career at Canisius College, where she was a four-year starter and received All Metro Atlantic Athletic Conference (MAAC) academic and athletic honors.



Dale Fiegl Binggeli  
Class of 1975



Dale Fiegl Binggeli, Class of 1975, competed in five sports throughout her time at Clarence High School. As a child, Dale had many opportunities to be in gyms as her father, Charles Fiegl, was a Physical Education teacher at Clarence. Charles Fiegl was inducted into the Clarence Athletic Wall of Fame in 2020. When the new Junior High was built, Dale was one of the very first people to swim in the new pool. Sports were introduced to her at a young age, but there were no interscholastic games or meets at these levels for girls. The move up to high school was a turning event for Dale. More sports were introduced, and she had to learn all of the skills and basics of the different sports. All of sports for girls then were considered honor teams. Then in June of 1972, Title IX was passed which evened the field for girls and athletics. Equipment, facilities, and coaching were now being offered. Dale attributes her success to those teachers who supported her and Title IX including Alice Bachman, Shirley Schottin, Joyce Miller, Andrea Tack, Joan Printup, and Jack Hesslink. During her high school career, Dale played field hockey, basketball, and track for four years. She competed in volleyball for three years, and swimming for two years. In her senior year, Dale competed in the first New York State Girls Track Meet which was held at West Point. Dale was also a member of the Girls' Varsity Club. Her accomplishments led her to be honored as the Clarence High School Female Athlete of the Year.



Michael Garrett  
Class of 1987

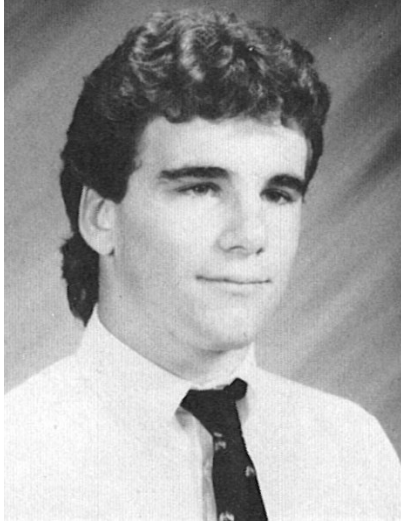


Michael Garrett, Class of 1987, was a three-sport athlete at Clarence High School. He competed in cross-country, indoor track and track and field. Michael is the brother of Dan Garrett. Dan is a member of the Class of 2005 Clarence Athletic Wall of Fame. He remembers his running career started early when his mother told him and his siblings to “run around the block” as they “needed to get tired out.”

Michael ran cross-country in the fall and his teams were undefeated in ECIC competition and became Section VI Champions in 1986. He was a top 5 finisher in every Invite with victories earned at two of them. Michael was an ECIC Class B Sectional Champion. He competed in two New York State Cross-Country Championships leading the team to a 4<sup>th</sup> place finish as well as an individual 4<sup>th</sup> place finish during his senior year.

In the winter, Michael ran indoor track where he competed in the 3200- and 1600-meter runs. He placed 2<sup>nd</sup> at the Section VI Championships for both events and was a State Qualifier. Michael was a member of the 4 x 800 relay team that ran 8:00.9 which was the Section VI record at the time. He also was a member of the 1985 WNY Indoor record setting Distance Medley Relay.

Michael ran track in the spring; he competed in multiple state meets and was a member of the 1987 Distance Medley Relay record holding team with a time of 10:27.8 Upon graduation, Michael went on to an incredible career at Division I Yale University.



Ryan Hammersmith  
Class of 1992



Ryan Hammersmith, Class of 1992, was a two-sport athlete at Clarence High School. Ryan moved to Clarence the summer before his freshman year and quickly made his mark in both football and wrestling.

In the fall, Ryan competed in football. He wore #64 and was a three-year varsity starter. As a right guard and defensive end, he quickly earned the nickname "Hammer." A tenacious blocker and defender, he helped his team reach Rich Stadium for the Section VI playoff game as a junior. Ryan continued his excellence into his senior year where his accomplishments and performance earned him All-Western New York First Team honors.

Wrestling though is where Ryan excelled and made his most impact on Clarence sports. He made a significant impact on the wrestling team from his freshman year, helping the team to achieve the #1 ranking in Western New York. Over four years as a varsity starter in the 177-pound weight class, he recorded 116 wins and only 22 losses. He was a two-time Section VI Champion, a three-time ECIC Champion, and a New York State Championship Runner-up. Ryan also competed at the Empire State Games and became a two-time champion.

He culminated his high school career by being named Clarence High School's Male Athlete of the Year.

Ryan's athletic excellence continued as he was awarded an athletic scholarship to Lehigh University, where he wrestled for two years.



Molly McCarthy Malone  
Class of 2002



Molly McCarthy Malone, Class of 2002, was a two-sport athlete at Clarence High School. She competed in field hockey and softball while being an honor student.

In the fall Molly competed in field hockey earning two varsity letters. Molly though left her mark on the softball field where she made her greatest impact on Clarence Athletics. She is recognized as one of the greatest pitchers in Clarence history. She made the varsity team as a freshman and earned a starting position as a pitcher which at the time was a first. When not on the mound she could be found in left or right field and was always in the hitting lineup.

As a sophomore Molly and her team won a Section VI Championship and she helped guide her team to the New York State Championships. She ended her season with 12 wins and 4 losses with 122 strikeouts.

Molly's career pitching record comprised 39 wins, 410 strikeouts, and 434 total innings pitched. Her career earned run average was 0.53.

Molly received many accolades including being named Most Valuable Player for four years, All-ECIC First Team and All-WNY First Team honors for three years. She was named ECIC Player of the Year as well as All-State.

Upon graduation Molly received an Athletic Scholarship to Gannon University in 2002. She went on to receive a second Athletic Scholarship in 2004 to play softball at St. Bonaventure University.





Sydney Cerza Miknis  
Class of 2016



Sydney Cerza Miknis, Class of 2016, was a three-sport athlete at Clarence High School. She competed in soccer, basketball, and lacrosse. Amazingly, she was a five-year starter on the soccer and lacrosse teams. Sydney is the daughter of Drew and Jodi Barillari Cerza. Jodi is a member of the Class of 2015 Clarence Athletic Wall of Fame.

In the fall, Sydney competed in soccer. She is Clarence's all-time leading scorer with 114 goals and 45 assists. Her accolades are too numerous to list, but her highlights include three-time All-WNY First Teams, four-time ECIC First Teams, two-time All-State First Teams, two-time United Soccer Coaches All-Region First Teams, All-WNY Player of the Year, leading the team in scoring all five years that she competed, and a White Letter Award. Sydney competed in basketball in the winter. She earned three varsity letters for her efforts.

In the spring, Sydney competed in lacrosse. She is Clarence's all-time leading scorer with 259 goals. Her accolades include All-WNY First Team in 2016, All-WNY Second Team '13 - '15, four-time ECIC First Teams, two-time All-Metro Teams, and All-Bee First Team. Sydney earned the White Letter for her efforts.

Sydney earned the Clarence Bee Athlete of the Year and the Clarence High School's Female Athlete of the Year at the conclusion of her senior year. Upon graduation Sydney received a Division I Scholarship from St. Bonaventure University for soccer.



Tori Nappo Ticco  
Class of 2012



Tori Nappo Ticco, Class of 2012, was a three-sport athlete at Clarence High School. She competed in soccer, basketball, and softball. Tori is the daughter of Steve and Nancy Schaeffer Nappo, both excellent athletes at Clarence. Nancy is a member of the Class of 2006 Clarence Athletic Wall of Fame.

Tori was a four-year starter for the varsity soccer team as a center midfielder. She led her teams to two Section VI Championships. For her efforts Tori was named to the ECIC First Team.

In the winter, Tori was a four-year starting point guard for the varsity basketball team. She earned ECIC First Team honors in her junior and senior year. Tori set a school record with nine three-pointers in a game and had thirty-nine points. For her efforts, Tori was named to the All-Bee First Team, earned MVP honors twice, and earned the White Letter.

Tori excelled at softball as a four-year starter as both a pitcher and center fielder. She led her team to Clarence's first NYS Championship during her senior season where she homered in every one of her sectional playoff games including a fifth inning home run to lead her team to a victory in the State final. Tori earned many accolades and set multiple school records. She was a two-time All-WNY selection, a first team All-NYS selection and a first team NFCA region selection.

Tori earned Clarence's Female Athlete of the Year in both her junior and senior year.