

Resources/ Private Practice Therapists in Central Vermont

Anne Adams, MA, LADC 479-0050; Steppingstone Counseling, 8 S. Main St., Ste. B, Barre
*Substance Abuse, Adolescents and family. All issues.

Jennifer Auletta MA, LCMHC, DTR 279-5809; 172 N. Main St., Barre
*Expressive Arts psychotherapist.

Gretchen Baumgardner, LICSW 272-2267; 58 College St., Montpelier
*Medicaid; All issues.

Julie Bradshaw MSW, LADC 479-0050; Steppingstone Counseling, 8 S. Main St., Barre
*Substance Abuse, Adolescents and family. All issues.

Jennifer Calder, LICSW 223-7364; 250 Main St., Ste. 101, Montpelier
*Most insurance, Medicaid
*5+ year old children, individual adults, parenting, families, depression, suicide, anxiety, attachment, cognitive-behavioral.

Bruce Chalmer, PhD 860-6671; 27 Rye Circle, S., Burlington
*Narrative Therapy, Children and families

Jill Creswell 223-6946; 162 Elm St., Montpelier
*All insurances; Works with trauma, depression, anxiety, all ages but not younger than 5, parenting work.

Tina Desmarais 223-1177; 100 State St., Ste. 223, Montpelier
*Medicaid only; Women, adolescents, eating disorders, cutting, parenting teens, trauma, depression, anxiety, individual or family - not both. Equine Therapy, traditional psychotherapy.

Claire Dumas, PsyD 223-0275; 79 Main St., Ste. 10, Montpelier

Billy Fink 454-8336; Plainfield Health Center
229-4015; Resolution Programs, 17 Court St., Montpelier
*All insurances; under 18 years; wide range of issues and boys with sexualized behaviors.

Howard Hood 485-4161; Green Mountain Family Practice, Northfield
*Substance abuse and mental health, adolescents, adults.

Jayne Israel, LCMHC 223-2022; 19 Court St., Montpelier
*Mid-older adolescents, adults, mother/daughter issues, life transitions, divorce, relationships.

Susan Jacobs, MA, LCMHC, LADC 249-2973; 25 S. Pleasant St., Randolph
*All insurances; all ages; wide range of issues. Mental health and substance abuse.

Jane Kast, MA 229-6148; 2 Spring St., Montpelier
*Most insurance; Adolescents/children, individual and family work.

Resources/Private Practice Therapists in Central Vermont

- Kammy Kelton, LCMHC** 244-7937; 55 S. Main St., Waterbury
*Children, adolescents, families, individual. Anxiety, depression, trauma, ADHD.
- Judith Lotspiech, LICSW** 449-4296; 65 S. Main St., Ste. 3, Waterbury
*Families, adolescents, children, couples, individual, trauma, depression, anxiety, ADHD, substance abuse.
- Ray Lowe** 223-7111; 153 State St., Montpelier
*No children; Dream work, couples, individuals.
- Tracy Loysen, PhD** 223-0180; 79 Main St., Montpelier
*Children all ages.
- Joan McMahon** 479-0050; Steppingstone Counseling, 8 South Main St., Ste. B, Barre
- Steve Moorhead, MS, LCMHC** 229-4760; 641 Comstock Rd., Berlin
*Children
- Sarah Norton, LCMHC** 454-8550; 3 Pitkin Court, Montpelier
*Anxiety, fears, depression, relationship issues. Adults.
- Erin Palmer, LCMHC, NCC, MEd** 778-9554; 17 East Street, Northfield
*Teens, Specializing in mood disorders, substance abuse and addiction, eating disorders and general life stress.
- Meg Pehle** 236-8190; 322 Herbert Rd., Williamstown
*Children and adolescents.
- Heather Pierce** 225-5810; Central Vermont Primary Care, Berlin
*Most insurance, Medicaid; Works with late adolescent 16-18, adults, depression, anxiety, single incident PTSD, cognitive-behavioral therapist.
- Barry Rufenacht, MSW, LCSW** 223-8952; 641 Comstock Rd., Berlin
*Narrative Therapy, Substance Abuse
- Tim Sargent, LCMHC** 229-2611; 54 E. State Street, Montpelier
*All insurance, limited Medicaid; Older adolescents and adults; anger, impulse control, depression, anxiety, behavior, individual or family-not both.

Resources/Private Practice Therapists in Central Vermont

- Ron Sarquiz, LCMHC** 229-1120; 25 E. State St., Montpelier
*Few children, mostly adolescents and adults, DBT with individuals and groups.
- Linda Schultz, LCMHC** 229-0110; 162 Elm St., Montpelier
*All insurance; Jungian, play therapy, depression, trauma, school problems, divorce, developmental, children, adolescents, adult women.
- Chris Steller** 223-3867; 8737 Country Rd., Calais, 229-9151 WCYSB
*All insurance, no Magellan; Psychodynamic, attachment disorder, children and families.
- Heidi Thompson** 245-3666; 162 Elm St., Montpelier
*All insurance, adolescents, anxiety, depression, eating disorders, families, divorce and relationship issues. Works Monday-Thursday 9-3:30pm.
- Kate Vandenberg** 223-7364; 250 Main Street, Montpelier
*A few teens, adults, couples.
- Miriam Voran, PhD** 223-0180; 79 Main St., Montpelier
- Richard Witte, PhD** 223-0180; 79 Main St., Montpelier
- Ivy Zeller, MA** 279-5832; 153 State Street, Montpelier
*Most insurances; all ages, all issues.

Other Resources

- AA.....**www.aavt.org.... 229-5100
- Alateen & Alanon...**www.vermontalanonateen.org 1-866-972-5266
- Circle formerly Battered Women's Services and Shelter** 1-877-543-9498
- Central Vermont Home Health Care and Hospice** 223-1878
Virginia Fry, Bereavement Coordinator
- Central Vermont New Directions** 223-4949
- Central Vermont Substance Abuse Services** 223-4156; 100 Hospitality Dr., Berlin
*Wide range of services.
- Clara Martin Center** 728-4466; 11 Main St., Randolph
*Wide range of services and programs; community mental health agency.
- Deer Creek Psychological Associates** 785-2903
*Psychological and neurological services for children, adults, and families.
- Family Psychiatry Associates, 77 Vine Street, Barre**
Dr. Rose Ehret/Dr. Koo: Psychiatrists 479-0014
*Child and Adolescent Psychiatry; Adult Psychiatry; Psychopharmacology
- Friends of Recovery** 1-800-769-2798, 229-6103
- NA/Narcotics Anonymous** 773-5575
- New Directions for Barre** 479-7378
- Parent to Parent of Vermont** 802-764-5290 or 1-800-764-5290
- The Family Center of Washington County** 262-3292; Montpelier
*Child Care Support Services, Early Childhood Programs, Family Support Services
- Valley Vista** 222-5201
- Washington County Mental Health Services, Inc.** 229-0591
*Wide range of services and programs; community mental health agency.
- Washington County Youth Service Bureau** 229-9151
*Wide range of services and programs.