



# EASY & DELICIOUS SCHOOL MEALS

## Powering the potential of every student is our passion

At Aramark Student Nutrition, we believe that nutrient-packed, delicious meals fuel students for success. Our teams work tirelessly to ensure that students have access to fresh, craveable meals through creative recipes, conveniently served. Seasonal menus feature special promotions and partnerships with trusted brands to provide an ever-changing selection of exciting meals. We are looking forward to serving each and every student throughout the upcoming school year!



## Meet your Aramark Student Nutrition Team:

### 2024-25 Meal Prices:

#### Breakfast

Elementary:

Middle:

High:

Adults:

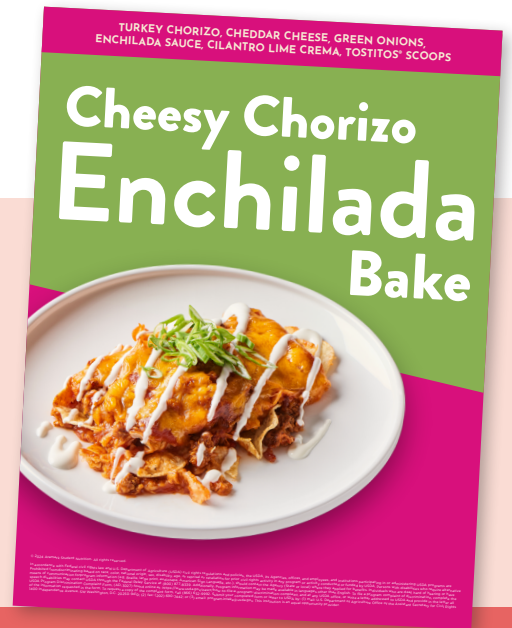
#### Lunch

Elementary:

Middle:

High:

Adults:



**Apply for free & reduced meals today!**

Your family may be eligible for free or reduced meals. Unless your child is directly certified by the state for free meals, an application must be completed each year. Applying is free, easy and confidential. Visit this website to complete your application:

## What's Cooking?

Bookmark this page for quick access to breakfast and lunch menus: <https://www.tcsc.k12.in.us/food-services>

## My family qualified for free/reduced-priced meals last year. Do I need to do anything for this school year?

Yes, a new application must be submitted each year (unless your child is directly certified by the state). To apply immediately, visit

## Can I pay for my child's lunch online?



## What forms of payment are accepted?

Payment may be made by cash, check or

## Where can I find menus?

You can access the breakfast and lunch menu at

## What does a full meal include?

**Breakfast menus** offer a variety of entrees, fruit and milk selections daily. A student must take at least ½-cup fruit and two other items to make a meal.

**Lunch menus** include entrée choices ranging from hot feature items, grill favorites, vegetarian offerings, pizza, and more. School meals are delicious and nutritious, providing protein and grains, along with milk, fresh fruits and vegetables. To ensure balanced nutrition, students must take at least 1/2 cup of fruit OR vegetable plus two other foods (selecting from protein, grains, milk, fruit and vegetable) for a reimbursable meal when a choice is offered.

## Will Student Nutrition accommodate my child's food allergy?

Food options are available that are made without the top nine allergens (wheat, egg, milk, soy, fish, shellfish, peanuts, tree nuts, sesame) and gluten. If your child requires dietary accommodation in the cafeteria, please fill out our special diet form at this link:

## Is breakfast available for my child?

Breakfast is available at all schools. Check with your school's website for serving times.

## What happens if my child forgets his or her lunch?

It is our goal to provide nutritious, balanced meals to our students so that they may remain focused throughout the school day. In the event a student's account has insufficient funds to pay for the meal, the account is charged. To view our charge policy, please visit

For questions about the Student Nutrition program:  
Please contact us at