

2024-25 SPSL Gymnastics Schedule

	SPSL	SSC
GYMNASTICS	Emerald Ridge Olympia Puyallup Rogers Sumner Bonney Lake	Capital North Thurston SD

First Practice: November 11, 2024
Minimum Required Practice Days: 15
50% Rule Date: 12/30/2024
Regular Season Contest Limit: 10 + Jamboree
Starting Time (unless otherwise noted): 7:00 PM
Commissioner: Jesse Kase
Preseason Meeting: Zoom TBD
Postseason Meeting: Zoom TBD

Week 1 (12/6)			Week 2 (12/13)			Week 3 (1/10)		
RHS	at	Sumner	Puyallup	at	Olympia	RHS	at	ER
NTSD			Capital			Olympia		
ER			NTSD					
Bonney Lake	at	Capital	Sumner	at	Bonney Lake	Bonney Lake	at	Capital
Olympia			ER			Sumner		
Puyallup			RHS			NTSD		
Week 4 (1/17)			Week 5 (1/24)			Week 6 (1/31)		
Capital	at	RHS	Sumner	at	Olympia	Bonney Lake	at	Puyallup
Sumner			NTSD			Capital		
ER								
Bonney Lake	at	Olympia	RHS	at	ER	Olympia	at	NTSD
Puyallup			Puyallup			ER		
NTSD			Bonney Lake			RHS		

4A Sub-District Meet: (TBD) (TH 2/6) (ER/RHS, PHS, OLY, SUM, BL)
 2A/3A/4A District Meet: TBD (Feb. 13-15) @ (NPSL Site?)
 2A/3A/4A State Meet: Friday-Saturday, February 20/21/22, 2025 @ Sammamish High School

Meet Locations

Emerald Ridge: Rogers HS Olympia: Olympia Ascend Puyallup: Rogers HS Rogers: Rogers HS Sumner: Sumner Ascend	Bonney Lake: Sumner Ascend Capital: Olympia Ascend North Thurston SD: Black Hills Gymnastics
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