

BREAKFAST MENU

Frankfort-Schuyler
Jr./Sr. High School

Breakfast is Free | Menu is subject to change | For more information, contact hdussault@oneida-boces.org

DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Snackin' Waffle	3 Whole Grain Pancakes	4 Whole Grain Bagel with Cream Cheese	5 Breakfast Pizza	6 Assorted Whole Grain Muffins & Yogurt
9 Mini Cinni	10 Yogurt Parfait	11 Apple Frudel	12 Breakfast Sandwich	13 Nature Valley Oatmeal Round
16 Zee Zee Bar	17 Homemade Blueberry Muffin or Muffin Bar & Yogurt	18 Snackin' Waffle	19 Whole Grain Bagel with Cream Cheese	20 Mini Cinni
23 	24 	25 	26 	27 
30 	31 	Winter Break -		
No School!				



Available Daily

- Yogurt
- Assorted Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice-Cold New York State Milk

OHM BOCES Food Service is an Equal Opportunity Employer.



LUNCH MENU

Frankfort-Schuyler Jr./Sr. High School

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DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Crispy Chicken or Chicken Parm Sandwich Broccoli	3 Nachos & Queso ★Corn	4 Italian Dunkers with Dipping Sauce ★Green Beans	5 Dip N' Sip Grilled Cheese Sandwich & Tomato Soup ★Maple Glazed Carrots	6 Pizza Party! Cheesy Cheese or Chicken, Bacon & Ranch Pizza Fresh Green Salad
9 Homestyle Plain or Garlic Parm Chicken Tenders Goldfish Crackers Broccoli	10 Taco Tuesday Beef Tacos Lettuce, Tomato & Cheese Cup ★Corn	11 Max Pizza Sticks ★Green Beans	12 Brunch for Lunch! French Toast Sticks Breakfast Sausage Golden Hashbrown	13 Pizza Party! Cheesy Cheese or Pepperoni Pizza Fresh Green Salad
16 Boneless Plain or Teriyaki Chicken Bltes Dinner Roll Broccoli	17 Chili with Tortilla Chips ★Corn ★Miss Mila's Cookie	18 Mozzarella Sticks with Dipping Sauce ★Rainbow Carrots	19 Picnic in December Plain or Cheeseburger Tater Tots Oreo Whip	20 Pizza Party! Cheesy Cheese or Buffalo Chicken Pizza Fresh Green Salad
23 ❄️	24 ❄️	25 ❄️	26 ❄️	27 ❄️
30 ❄️	31 ❄️	No School!		

NEW!  Available Daily
Salad Bar – Featuring a variety of self-serve fruit, vegetable & protein options

- Party Plates
- Fresh Subs and Wraps
- Assorted Fresh Fruit
- Vegetable Cruncher Cups
- Variety of Fresh Fruit & Juice
- Ice Cold New York State Milk

Local Items this Month

- Milk, Yogurt, Meatballs, Corn, Green Beans, Rainbow Carrots, **Potatoes, Miss Mila's Cookie**

★Local items are indicated with a star on the menu

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