



# HELP DESK

Your Health is Our Priority!

## Your confidential resource for any medication-related questions!



Will these two medications interact?



Is this side-effect normal?



How should I store my pills while traveling?

Tria Health® is a no cost benefit offered through your Greenbush Health Trust health insurance. Pharmacists are available on-call to help ensure your medications are safe, effective, and affordable.

**CALL 913.322.8456 TODAY!**

Monday - Thursday | 8am - 9pm CST

Friday | 8am - 7pm CST

Saturday | 9am - 5pm CST

tria   
HEALTH®

# EXPERT DIABETES MANAGEMENT SERVICES: TAKE CONTROL TODAY!



## DIABETES EXPERTS

Tria Health's® pharmacists are Certified Diabetes Care and Education Specialists (CDCES).



## FREE METER & SUPPLIES

Active participants with diabetes will have access to a FREE blood glucose meter and testing supplies.



## TREND TRACKING

Blood glucose readings on your patient portal dashboard will help you and your pharmacist identify trends.

## ABOUT US

Tria Health is a free benefit available through your health insurance. With Tria Health, you can have a confidential consultation with a pharmacist over the phone. Your pharmacist can:

- Make sure your medications work.
- Ensure your diabetes is well managed.
- Help you save money.
- Answer any health questions.
- Coordinate care with your doctor(s).

## GETTING STARTED



### ONLINE

[www.triahealth.com/schedule](http://www.triahealth.com/schedule)



### OVER THE PHONE

913.322.8456

We understand that not everyone may be aware of our services, so we are actively reaching out to potential patients via phone, email, and mail.



smarter. medication. management.

## Expert Pharmacist Advice is a Phone Call Away!

Tria Health is a free and confidential benefit available for employees and/or dependents on Greenbush Health Trust's health insurance. Tria Health's pharmacists can help:

- Make sure your medications are working as intended.
- Help you save money - Tria saves patients an average \$250 per year!<sup>1</sup>
- Answer any questions you have about your health.
- Coordinate care with your doctor(s) - Over 95% of recommendations made by Tria Health were accepted by an individual's physician.<sup>1</sup>



## Who Should Participate?

Tria Health is recommended for members who have any of the following conditions:

- Asthma/COPD
- Heart Disease
- High Cholesterol
- Migraines
- Diabetes
- High Blood Pressure
- Mental Health
- Osteoporosis

## Savings for Your Health and Your Wallet!

### Save Money on Your Medications

By participating, active members will receive:

- Free generics on qualifying medications
- Reduced costs on select brand medications

### Free Diabetes Meter & Testing Supplies

Active participants with diabetes will have access to a FREE blood glucose meter and testing supplies.

You also have access to a digital dashboard to help you better understand your diabetes & share readings with your care team.

### Tria's Help Desk is Ready to Assist You

The help desk is available for employees and/or dependents on the health insurance. Pharmacists are available on-call to help ensure your medications are safe, effective, and affordable.

Monday - Thursday | 8am - 9pm CST  
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Saturday | 9am - 5pm CST



# Ready to Get Started?

Call 913.322.8456 or Visit [www.triahealth.com](http://www.triahealth.com)



<sup>1</sup> Tria Health BOB & Patient Satisfaction Survey

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My consult with Tria Health was **amazing!** I learned that some of my medications were being affected by my daily OTC supplement. Now I know how to adjust it so that I can get the **max benefit from both products!** Nice to speak to someone who wasn't just knowledgeable but who **genuinely cared.** Thank you!

- Richard

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*Active participants will receive free generics and reduced costs on select brand medications used to treat targeted chronic conditions.*



This could be **YOU.**  
Ready to get started?

Call **913.322.8456** or  
Visit **[www.triahealth.com](http://www.triahealth.com)**

