

**St. Charles Parish  
Public Schools**

# December 2024 Middle School Menu

This institution is an equal opportunity provider.  
Menus are subject to change.

**With all meals:**

Low Fat White or Fat Free Flavored Milk

**Every day at Lunch**

Deli Sandwich

**Mon/Weds/Fri Special**

Fresh Hot Pizza

**Tuesday's Special**

(selection rotates weekly)

Chicken Sandwich

Totchos

**Thursday's Special**

Hamburger or Cheeseburger

**Daily Specials**



Christmas Holidays begin  
at the end of classes

**Friday, December 20**

Classes resume

**Monday, January 6**

**We'll see you in 2025!**

**Monday, December 2**

**Breakfast**

Grits / Yogurt Parfait  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Red Beans w/Steamed Rice  
Seasoned Mustard Greens  
Steamed Carrots  
Cornbread  
Diced Pears

**Tuesday, December 3**

**Breakfast**

Chicken Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Nachos w/Golden Queso  
Steamed Corn  
Refried Beans  
Nacho Salad Cup  
Apple Wedges

**Wednesday, December 4**

**Breakfast**

Cinnamon Roll  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Shepherd's Pie  
Green Beans  
Dinner Roll  
Banana  
Jell-O w/Topping

**Thursday, December 5**

**Breakfast**

Sausage Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Stewed Chicken w/Rice  
Carrot Soufflé  
Steamed Cabbage  
Strawberry Cup

**Friday, December 6**

**Breakfast**

Fresh Donut  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Southwest Pasta  
Refried Beans  
Garden Salad  
Fresh Orange Wedges

**Monday, December 9**

**Breakfast**

Pancake on a Stick  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Pork Chop  
Mashed Potatoes & Gravy  
Cal Blend Veggies  
Cinnamon Apple Slices

**Tuesday, December 10**

**Breakfast**

Chicken Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Fish Nuggets  
Macaroni & Cheese  
Green Beans  
Cucumber & Tomato Salad  
Diced Pears

**Wednesday, December 11**

**Breakfast**

Cinnamon Roll  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Chili, Fritos  
Garden Salad  
Steamed Corn  
Banana  
Cake or Fruit Crisp

**Thursday, December 12**

**Breakfast**

Sausage Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Jambalaya  
Broccoli Florets  
Steamed Carrots  
Pineapple Tidbits  
Dinner Roll

**Friday, December 13**

**Breakfast**

Scrambled Eggs w/Toast  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

General Tso Chicken  
Lo Mein Noodles  
Edamame  
Asian Salad  
Orange Wedge

**Monday, December 16**

**Breakfast**

Breakfast Pizza  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Chicken Tenders  
Waffles w/Syrup  
Green Beans  
Steamed Carrots  
Sliced Peaches

**Tuesday, December 17**

**Breakfast**

Chicken Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Orange Chicken  
Fried Rice  
Asian Chopped Salad  
Edamame Beans  
Tropical Fruit

**Wednesday, December 18**

**Breakfast**

Cinnamon Roll  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**

Turkey & Sausage Gumbo  
Steamed Rice  
Potato Salad  
Cucumber/Tomato Salad  
Banana

**Thursday, December 19**

**Breakfast**

Sausage Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Christmas Brunch**

Scrambled Eggs, Sausage  
Grits, Biscuit  
Potato Coins, Salsa  
Strawberry Kiwi Frozen Cup

**Friday, December 20**

**Breakfast**

Pop Tarts  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Early Dismissal**

**Lunch**

Bosco Sticks  
Marinara Sauce  
Green Beans  
Pineapple Tidbits