DECEMBER 2024 WING LAKE MENU

FREE Breakfast Delivered to classrooms when school starts FREE Lunch - 11:00am - 12:30am

248,341,5671

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Tender/Muffin Steamed Carrots	3 Pasta w/ Marinara and Meatballs & Garlic Knot	4 Chicken Patty Sandwich Baked Beans	5 Orange Chicken w/ Rice Served with WG rice, Asian Veggie Mix	6 Cheese Pizza With Broccoli
9 Waffles & Chicken w/ Sweet Potato Fries	10 Cheesy Fish Sandwich or Chicken Tenders w/ Steamed Veggies	11 Cheeseburger served with Vegetarian Baked Beans	12 Cheese Cavatappi served w/ Broccoli and Garlic Bread	13 Bosco Sticks w/ Marinara and Smile Potatoes
16 Grilled Cheese Sandwich Tomato Soup	17 Macaroni and Cheese served w/ Broccoli and Garlic Knot	18 Popcorn Chicken Bowl Mashed Potatoes, Corn and Gravy	19 All Beef Hot Dog w/ Vegetarian Baked Beans	20 Beef and Bean Chili Garlic Bread Sweet Potato Fries
23-31 HOL	PPy IDAY			

Bloomfield Hills Schools is providing

2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade

again this school year!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white or Chocolate milk

Chicken Tenders

All White Meat Lightly Breaded Chicken Strips served with a WG muffin

Pasta with Meatballs

Penne Pasta noodles tossed in Marinara sauce served with a Garlic Bread

Chicken Patty Sandwich

All White Meat Lightly Breaded Chicken Served on a WG Bun with Vegetarian Baked Beans

Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over WG rice with Asian mixed Veggies

Cheese Pizza

Whole Grain deep dish Cheese Pizza served with tender Broccoli

Waffle and Chix

Crisp, chicken Tender served with Sweet Belgium Waffle and Syrup cup and Sweet Potato Fries

Cheesy Fish Sandwich

Lightly Breaded Haddock Fillet topped w/ American Cheese, served with Steamed Veggies

Cheeseburger

Beef burger on a WG Bun topped with American cheese

Cheesy Cavatappi

Cavatappi noodles tossed in creamy white cheese sauce served with Steamed Broccoli a WG Muffin

Bosco Sticks Mozzarella cheese filled breadsticks served with Marinara Sauce and

Smile Potatoes

Option 2 Daily - Yogurt Plate

Creamy Yogurt Cup, Soft Pretzel, and Cheese dipping cup

ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND

CHOICE OF FRUITS AND VEGGIES

Grilled Cheese Sandwich

Crisp, cheesy toasted sandwich served with Tomato Soup

Macaroni and Cheese

Macaroni noodles tossed in creamy cheese sauce served with Steamed Broccoli a WG Roll

Popcorn Chicken Bowl

Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and Chicken Gravy

All Beef Hot Dog

All Beef Frank served on a WG Bun Served with Vegetarian Baked Beans

Beef and Bean Chili

Hearty Beef and Bean Chili served with soft buttery Garlic Bread and Sweet Potato Fries

FREE BREAKFAST

Monday - Breakfast Pizza Tuesday - Breakfast Bagel Wednesday - Pancakes Thursday - Breakfast Burrito Friday - Mini Waffles Plus Yogurt Plates Cereal & Cereal Bars Served with 100% Fruit Juice, Michigan Fruit and 1% White or Chocolate Milk

Join us in learning about Michigan Produce!

Seasonal Carrots, Blueberries, Apples, Salad Greens, Sweet Potatoes and Much More!



Gluten Free option available per medical requestpreorder required



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Vegetarian and Dairy Free options available - preorder n required

MENU SUBJECT TO CHANGE WITHOUT NOTICE This institution is an equal opportunity provider

