## Hawk Spirit: Mind, Body & Heart









	MIND (THINKER)	BODY (SAFE)	HEART (CARING)
Assembly	Listen with your whole body	Sit criss-cross, facing forward  Keep voices off unless called upon  Hands and feet to self	Show appreciation (silent cheer or gentle applause)
Eating Areas	Use inside voices Follow directions Focus on your meal	Keep your personal space Stay seated until dismissed	Leave no trace Use please and thank you
Learning Areas	Follow directions the first time  Focus on completing tasks	Stay seated until excused Raise your hands to speak Hands and feet to self	Use kind words Listen when others are talking
Play Areas	Eat only in eating areas Take care of, and return equipment	Travel safely on the blacktop and play structures Running and tag only on the grass.	Leave no trace Play fairly (judge decides, accept it) Include and invite others to play
Restrooms	Use inside voices Focus on task	Keep your personal space Wash your hands	Leave no trace Respect privacy
Walk Zones	Voices are quiet (silent near learning environments)	Face forward in line Stay with class Walking feet and hands to self	Listen for directions