

October 2024

"Excellence is the Expectation"

Monday

Holiday **7**

14
 Steak Fingers, Baked M1045
 Chef Salad M3500
 Mixed Vegetables M5795
 Mashed Potatoes & Gravy
 Fruit Juice, Frozen Cup M6650
 Milk, FF Choc 1/2 pt.Bo MS1700
 Milk, LF White 1/2 pt,BoMS1708
 Croutons,.5 Gram Packet M7110

Tuesday

1
 Chicken R Parmesan Pasta M3105
 Chef Salad M3500
 Roll, Whole Wheat Pur2oz M7140
 California Vegetables M5785
 Chocolate Pudding M7640
 Milk, LF White 1/2 pt,BoMS1708
 Milk, FF Choc 1/2 pt.Bo MS1700
 Croutons,.5 Gram Packet M7110

Holiday **8**

15
 Sloppy Joe on WW Bun M4085
 Tuna Salad w/ Crackers M3595
 Potato Rounds, Baked M6095
 Baked Beans, Spice Blend M5540
 Chilled Peach Slices M6815
 Milk, FF Choc 1/2 pt.Bo MS1700
 Milk, LF White 1/2 pt,BoMS1708

Wednesday

2
 Mexican Pizza M2010
 Chef Salad M3500
 Potato Rounds, Baked M6095
 Mexicali Corn M6005
 Chilled Mandarin Oranges M6795
 Milk, LF White 1/2 pt,BoMS1708
 Milk, FF Choc 1/2 pt.Bo MS1700
 Croutons,.5 Gram Packet M7110

Holiday **9**

16
 Pizza, Stuffed Crust M2040
 Chef Salad M3500
 Fried Crinkle Cut Fries M6115
 California Vegetables M5785
 Chilled Blushing Pears M6845
 Milk, LF White 1/2 pt,BoMS1708
 Milk, FF Choc 1/2 pt.Bo MS1700
 Croutons,.5 Gram Packet M7110

Thursday

3
 Spaghetti & Meat Sauce M1115.2
 Tuna Salad Sandwich M4065
 Whole Wheat Rolls MS1353
 Green Beans, Canned, MS1036
 Fruit Juice, Frozen Cup M6650
 Milk, LF White 1/2 pt,BoMS1708
 Milk, FF Choc 1/2 pt.Bo MS1700

10
 Chicken Spaghetti WGR M3085
 Chef Salad M3500
 Whole Wheat Rolls MS1353
 Green Peas, Canned M6035
 Tropical Fruit M6745
 Milk, LF White 1/2 pt,BoMS1708
 Milk, FF Choc 1/2 pt.Bo MS1700
 Croutons,.5 Gram Packet M7110

17
 Red Beans & Rice/Sausage M2555
 Chef Salad, Elementary M3505
 Turnip Greens, Southern M5640
 Cornbread 2 WG M7055
 Fresh Fruit Bowl Variety M6715
 Milk, FF Choc 1/2 pint PF M120
 Milk, LF White 1/2 pt, PF M110
 Saltine Crackers, ENR,CR M7020

Friday

4
 Ham & Cheese on Bun M4185
 Tuna Salad w/ Crackers M3595
 Chips, Ranch Doritos
 Fuitable Plus Vegetable Juice
 Fresh Fruit Bowl Variety M6715
 Milk, LF White 1/2 pt,BoMS1708
 Milk, FF Choc 1/2 pt.Bo MS1700
 Croutons,.5 Gram Packet M7110

11
 Corn Dog M4075
 Tuna Salad on Croissant M4285
 Spicy Potato Wedges
 Veg Juice, 4 oz. Asst. M6190
 Rosey Applesauce M6565
 Milk, FF Choc 1/2 pt.Bo MS1700
 Milk, LF White 1/2 pt,BoMS1708
 Croutons,.5 Gram Packet M7110
 Giant Graham Goldfish Cookies

18
 Hot Dog WG M4230
 Tuna Salad on Croissant M4285
 Glazed Carrots M5865
 Potato Rounds, Baked M6095
 Pineapple Tidbits M6890
 Milk, FF Choc 1/2 pt.Bo MS1700
 Milk, LF White 1/2 pt,BoMS1708
 Cookies, Snack, Bag M7565

21

Cheeseburger 2 oz Patty M
4100
Tuna Salad w/ Crackers M3
595
Crinkle Cut Fries Baked M6
110
Baked Beans, Spice Blend
M5540
Tropical Fruit M6745
Milk, LF White 1/2 pt, PF M
110
Milk, FF Choc 1/2 pt.Bo MS
1700
Trimnings for Sandwich M
8290

22

Beef -A- Roni M1165.2
Chef Salad, Elementary M3
505
Toast, Garlic WW M7115
Corn on Cob, 3 in.USDA, M
C1024
Fresh Apple M6510
Milk, LF White 1/2 pt,BoMS
1708
Milk, FF Choc 1/2 pt.Bo MS
1700
Croutons,.5 Gram Packet
M7110

23

Chicken Nuggets Baked M
3170
Tuna Salad w/ Crackers M3
595
Macaroni and Cheese M70
30
Black-Eyed Peas Dry M551
5
Tropical Fruit M6745
Milk, LF White 1/2 pt,BoMS
1708
Milk, FF Choc 1/2 pt.Bo MS
1700
Sauce, Variety, Dipping M8
175

24

Shepherd's Pie, MC174
Chef Salad M3500
Whole Wheat Rolls MS135
3
Green Peas, Canned M603
5
Fruit Juice, Frozen Cup M6
650
Milk, LF White 1/2 pt, PF M
110
Milk, FF Choc 1/2 pt.Bo MS
1700
Croutons,.5 Gram Packet
M7110

25

Ham & Cheese on Bun M4
185
Tuna Salad w/ Crackers M3
595
Chips, Ranch Doritos
Fruitable Plus Vegetable Ju
ice
Fresh Fruit Bowl Variety M6
715
Milk, LF White 1/2 pt,BoMS
1708
Milk, FF Choc 1/2 pt.Bo MS
1700
Croutons,.5 Gram Packet
M7110

28

Hamburger Steak w/GvyU
M1015.1
Tuna Salad w/ Crackers M3
595
Turnip Greens, Southern M
5640
Rice, Brown M7090
Chilled Peach Slices M681
5
Milk, LF White 1/2 pt, PF M
110
Milk, FF Choc 1/2 pt.Bo MS
1700

29

Nachos Grande M1075
Tuna Salad on Croissant M
4285
Mexicali Corn M6005
Chilled Pears Diced M6850
Milk, LF White 1/2 pt,BoMS
1708
Milk, FF Choc 1/2 pt.Bo MS
1700
Sauce, Taco. PC M8205
Sour Cream PC M8115

30

Mexican Pizza M2010
Chef Salad M3500
Potato Rounds, Baked M60
95
Fruitable Plus Vegetable Ju
ice
Chilled Mandarin Oranges
M6795
Milk, LF White 1/2 pt,BoMS
1708
Milk, FF Choc 1/2 pt.Bo MS
1700
Croutons,.5 Gram Packet
M7110

31

Chicken Spaghetti WGR M
3085
Chef Salad M3500
Whole Wheat Rolls MS135
3
Green Beans, Canned, MS
1036
Tropical Fruit M6745
Milk, LF White 1/2 pt,BoMS
1708
Milk, FF Choc 1/2 pt.Bo MS
1700
Croutons,.5 Gram Packet
M7110

Only 1% low-fat and fat-free milk choices are offered.

Menus are subject to change due to the availability of food.

This institution is an equal opportunity provider.

Sep 18, 2024