

# DECEMBER 2024

## BREAKFAST



**\*Menu subject to substitution.**  
**\*Milk served with all meals.**  
**\*This institution is an equal opportunity provider.**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### MONDAY

Muffin 2  
Cheese stick  
Fruit  
Juice

Cereal Bar 9  
Yogurt  
Fruit  
Juice

Breakfast Pastry 16  
Fruit  
Juice

23  
**NO SCHOOL**

30  
**NO SCHOOL**

### TUESDAY

French Toast Sticks 3  
Sausage  
Fruit  
Juice

Breakfast Pizza 10  
Fruit  
Juice

Waffles 17  
Sausage  
Fruit  
Juice

24  
**NO SCHOOL**

31  
**NO SCHOOL**

### WEDNESDAY

Breakfast Pastry 4  
Fruit  
Juice

Pancake stick 11  
Tri Tator  
Fruit  
Juice

Banana Bread 18  
Yogurt  
Fruit  
Juice

25  
**NO SCHOOL**



### THURSDAY

Pancakes 5  
Sausage  
Fruit  
Juice

Donuts 12  
Fruit  
Juice

Muffin 19  
Cheese stick  
Fruit  
Juice

26  
**NO SCHOOL**

### FRIDAY

Biscuits & Gravy 6  
Fruit  
Juice

Cinnamon Roll 13  
Egg Bites  
Fruit  
Juice

Biscuits & Gravy 20  
Fruit  
Juice

27  
**NO SCHOOL**