

OAKMONT WEEKLY STUDENT BULLETIN

November 18th, 2024 - November 22nd, 2024

THIS WEEK AT OAKMONT



MINGA



Headline News: It's Kindness Week! All week earn reward and team spirit points by showing your spirit, answering daily Minga challenges and participating in events! Knutson's class is starting the week in the lead in our Canned Food Drive Competition. Remember the first period class with the most donations wins donuts.

- 11/18 Dream of Kindness PJ Day, @ lunch Chalk it Up in the quad, Post the Challenge in Minga and get a Cookie for your Compliment & the Heart Hunt begins!
- 11/19 Double the Kindness Twin Day, @ lunch Cans for Grams, donate a non-perishable food item at lunch and send a Kindness Gram to a Friend, earn points by answering the Minga Challenge with your Twin.
- **Canned food drive competition will continue through Thursday!**

Just a Heads up!

- **11/20 Red Ribbon Day, Say no to drugs and yes to Kindness, wear red. @ lunch get your free kindness bracelet and join in the rocking time by painting a kindness rock.**
- **11/21 Last Day to donate in your first period. First period class with the most donations wins donuts on Friday 11/22 . Team Kindness, wear your favorite team Jersey. Get clips first period , @ lunch join us for a Kindness Cocoa Cup and take a selfie with your kindness clips**
- **11/22 Rally Day! Wear your OHS Spirit Gear. @ lunch show us your heart and get a treat. first 5 to turn theirs in to Student Services during the week get s golden ticket they can redeem at lunch**
- **Have a safe and Thankful Holiday week!**

Check Minga for all event and club meeting details!

<https://www.rjuhsd.us/oakmont>


CLUBS

BEST BUDDIES



NOVEMBER 20TH@ LUNCH
 LOCATION: TOP OF THE QUAD BY THE GYM
 COME FOR FUN, GAMES AND FRIENDSHIP!

Latino Student Union is back!

Come to room 404 during one lunch on Wednesdays for fun, games, and culture!
 ¡Vamos!
 All are welcome!



Build Code Compete

Beginners welcome.
 Show up to P-1 to joint

- Wed. before school
- Wed. one-lunch
- Tues. after school
- Any 2nd lunch

Join Oakmont Robotics!
 Robotics meets in P-1 before school on Wednesday, one lunch on Wednesday, after school on Tuesday, and any 2nd lunch.

OAKMONT PARENTS CLUB

OPC

Parent Lead, Students First, Community Driven
 \$35 to join, Help up make a difference learn more at:
www.oakmontparentsclub.com



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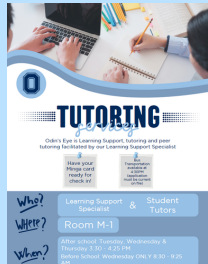
TAX DEDUCTIBLE! REDUCED GAME DAY TICKET PRICE




ODIN'S EYE

ODIN'S EYE ROOM M-1

AFTERSCHOOL - TUESDAY, WEDNESDAYS & THURSDAYS 3:30PM-4:45PM
 WEDNESDAYS ONLY 8:30AM-9:25AM



TUTORING

Who? Learning Support & Student Tutors
 Where? Room M-1
 When? After School: Tuesdays, Wednesdays & Thursdays 3:30 - 4:45 PM
 Before School: Wednesdays 8:30 - 9:25 AM

PROGRAM AND PATHWAYS INFORMATION NIGHT

Our Programs and Pathways night is coming up on:
 November 20th @ 6:00 PM.

This gives students and their families an opportunity to learn about the programs and pathways that Oakmont offers. It is for current 9th and 10th graders.

See the attached flyer for more information.



Oakmont HS
 PROGRAM AND PATHWAYS INFORMATION NIGHT

November 20, 2024

6:00 PM

Oakmont High School Theater

Come learn about our CTE Pathways (Media, Graphic Design, Construction, Culinary, Health Academy), Performing Arts, IB Program and AP Classes



Oakmont High School

- Arts, Media, and Entertainment
- Building and Construction Trades
- Health Science and Medical Technology
- Hospitality, Tourism, and Recreation

PE

There are two new PE Electives to help keep students active and healthy year round.

1. Elective PE ~ Perfect for students who like to play! 1-2 week units that are student choice! What do you want to play? Badminton, Team Handball, or Basketball? Let's play! How about Tennis, Floor Hockey, Kan Jam, or Corn Hole? Let's play!
2. Group Fitness ~ Perfect for athletes conditioning for their sport AND anyone else who wants to be fit. Want to get into better shape and have fun doing it? Do you get bored doing the same old thing? Do you have personal fitness goals but not enough motivation, time or knowledge to achieve them? If you answered yes to any of those questions we have just the class for you!

The GROUP FITNESS class features yoga, Pilates, weight training, Zumba, cross-fit, Tabata, kickboxing, mindfulness and more. Group Fitness will set you up for success and lifelong fitness.

ATHLETES OF THE WEEK!



Jerrell Reyes -

Jerrell stepped up and ran one of his best races of the season this past Saturday at the SJS Subsections Championships. Jerrell helped lead Oakmont's Varsity Boys to qualify for this week's SJS Section Finals in Folsom.

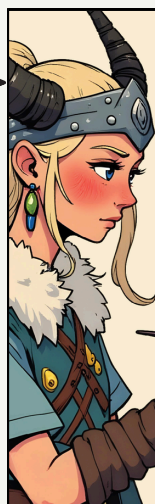
Quin Duran-

Rushed for over 200 yards in playoff victory over Dixon



ART SHOW

**MONDAY, DECEMBER 2
THROUGH
FRIDAY, DECEMBER 6**



Come check out the Oakmont High School **VISUAL ARTS DEPARTMENT ART SHOW!**

- WHAT? Drawing, painting, ceramics, and graphic design
WHEN? DECEMBER 2 - 6, before and after school and during both lunches
WHERE? The library foyer
WHO? All Fall 2024 Visual Arts department students...and YOU!

Come support your friends and vote in the Student Choice competition!
This is a juried show. Ribbons will be awarded on Thursday, December 5.

Come check out the Oakmont High School Visual Arts Department art show! Taking place in the library foyer, the show is a collection of drawings, paintings, ceramics, and graphic design by this semester's art students. The show is running from **Monday, December 2 through Friday, December 6** and is available before and after school as well as during both lunches.

Come support your friends and vote in the Student Choice competition.

This is a juried show.

Ribbons will be awarded on Thursday, December 5, so come back to see who won!

College & Career Center



Location: near the Library
Mrs. Headrick - kheadrick@rjuhsd.us
Hours: 7:30 a.m. - 4:00 p.m.

ALL CCC EVENTS IN ONE PLACE!

If you want to plug in to all CCC events, then stay in the know with this CCC Event Schedule. Go to this schedule often to get updated information and to sign up for college/career presentations. Now there's no excuse why you missed your favorite college presentation or job/college fair!

Go to <https://www.rjuhsd.us/Page/11892> and "bookmark" it or scan the QR code for quick access.



24/25 College & Career Events

OHS and Outside Events

Day	Date	Time	Event	Info Link / Sign Up	Type	Location
Mon.	11/18	Intervention - 9:53 AM	Sacramento State University	Sign Up	Workshop	OHS Library
Wed.	11/20	12:45 PM to 2:00 PM	Sierra College Office Hours	Sign Up	Office Help	OHS College & Career Cen...
Wed.	11/20	6:00 PM to 7:00 PM	Sierra College Online Info Session	Register here	Zoom Meeting	Sierra College
Wed.	12/4	One Lunch - 12:08 PM	Warrior Wednesday (Military)	Info Link	Information Table	OHS Quad
Wed.	12/4	12:45 PM to 2:00 PM	Sierra College Office Hours	Sign Up	Office Help	OHS College & Career Cen...
Thurs.	12/5	6:00 PM to 8:00 PM	CSAC Financial Aid Workshop for Seniors	Sign Up	Workshop	OHS Library
Thurs.	12/12	2nd Lunch (F) - 12:5...	Sac Academy -Recording School	Sign Up	Presentation	OHS College & Career Cen...
Wed.	1/29	6:00 PM to 8:00 PM	Financial Aid Night hosted by Sierra College	Sign Up	Workshop	OHS Library

THIS WEEK

Monday



SACRAMENTO STATE

**COLLEGE
APP HELP**

Tuesday

**COLLEGE
APP HELP**

Wednesday

**COLLEGE
APP HELP**

SIERRA COLLEGE

Thursday

**COLLEGE
APP HELP**

Friday

**RALLY
DAY!**

College & Career Center



Location: near the Library
Mrs. Headrick - kheadrick@rjuhsd.us
Hours: 7:30 a.m. - 4:00 p.m.

College App Workshop



SACRAMENTO STATE

Seniors and Early Grads



Sacramento State University admissions representative will be providing an application workshop for seniors and early grads.

Monday, Nov. 18th
1st Period Intervention, 9:53AM
OHS Library

BRING YOUR CHROME BOOKS



Scan the QR to sign up and receive a pass.



Sierra College Office Hours at OHS

Sierra College is coming to Oakmont to answer your questions and help you register for college. If you would like to receive a pass to attend one of these office visits, please sign up.

Wed. 11/20 12:45 PM to 02:00 PM
Wed. 12/04 12:45 PM to 02:00 PM

Sign up at

<https://www.rjuhsd.us/Page/11892>

COLLEGE APP HELP

If you need help applying to a college, or have questions, join the Counselors in the CCC during one or more of the dates below.

During Intervention:

Mon. 11/18
Tue. 11/19
Thu. 11/21
Fri. 11/22



Before School (8:30 - 9:30 AM):

Wed. 11/13
Wed. 11/20