

# Owatonna Middle School

This institution is an equal opportunity provider

# DECEMBER 2024

## LUNCH MENU

### FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

**An alternative entree or boxed salad is also available for a reimbursable lunch.**

### COMPLETE MEAL

Students must choose at least 3 components, including ½ c fruit or vegetable, as part of a complete meal.

### MILK

Milk Choices: Skim or 1% White  
Single milk purchase is \$0.55 per carton.

### EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

### ADULT MEAL PRICES

Lunch: \$5.00

### ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8607 with special diet related inquiries.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOV 25 <b>Big Daddy's Pizza</b> Buttery Steamed Corn Mandarin Oranges Caesar Salad Fresh Fruits	NOV 26 <b>Orange Chicken w/ Brown Rice Pilaf</b> Steamed Broccoli Chilled Peaches Fresh Fruit Fresh Veggies	NOV 27 <b>NO SCHOOL</b>	NOV 28 <b>NO SCHOOL</b>	NOV 29 <b>NO SCHOOL</b>
2 <b>Bosco Sticks w/ Marinara Sauce</b> Glazed Carrots Pineapple Tidbits Fresh Fruits Fresh Veggies	3 <b>Walking Taco</b> Cheesy Refried Beans Chilled Peaches Fresh Fruits Fresh Veggies Jonny Pop	5 <b>Boneless Chicken Wings w/ Dinner Roll</b> Mashed Potatoes & Gravy Orange-Strawberry Mix Fresh Fruits Fresh Veggies	6 <b>Beef Chili w/ Homemade Cornbread</b> Buttery Steamed Corn Applesauce Fresh Fruits Fresh Veggies	7 <b>Hot Turkey-Ham &amp; Cheese Croissant Sandwich</b> Curly Fries Chilled Pears Fresh Fruits Fresh Veggies
9 <b>French Toast Sticks w/ Cheesy Omelet</b> Breakfast Potatoes Mandarin Oranges Fresh Fruits Fresh Veggies	10 <b>Penne Pasta w/ Chicken Alfredo &amp; Garlic Breadstick</b> Steamed Peas Chilled Peaches Fresh Fruits Fresh Veggies	11 <b>Corn Dog</b> Baked Beans Mixed Berries Fresh Fruits Fresh Veggies Fresh Baked Cookie	12 <b>Chili Mac Hotdish w/ Dinner Roll</b> Glazed Baby Carrots Baked Cinnamon Apples Fresh Fruits Fresh Veggies	13 <b>Original or Spicy Brd Chicken Sandwich</b> Straight Seasoned Fries Chilled Pears Italian Lettuce Salad Fresh Fruits
16 <b>Garlic Cheese Bread w/ Marinara Sauce</b> Roasted Green Beans Pineapple Tidbits Fresh Fruits Fresh Veggies	17 <b>Beef Nachos</b> Cheesy Refried Beans Chilled Peaches Fresh Fruits Fresh Veggies	18 <b>Chicken Tenders w/ Dinner Roll</b> Steamed California Blend Veggies Orange-Strawberry Mix Fresh Fruits Fresh Veggies	19 <b>Tater Tot Hotdish w/ Garlic Breadstick</b> Roasted Sweet Potatoes Applesauce Fresh Fruit Fresh Veggies	20 <b>Grilled Cheese Sandwich w/ Goldfish Crackers</b> Tomato Soup Chilled Pears Fresh Fruits Fresh Veggies