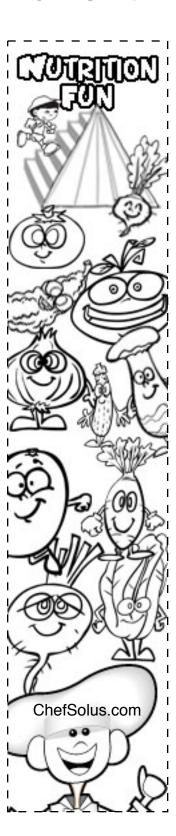
Chef Solus' Nutrition is Fun Bookmarks







Visit www.ChefSolus.com for free printable worksheets for kids, nutrition education games, puzzles, activities and more!

Chef Solus' Nutrition is Fun Bookmarks

Cute nutrition oriented bookmarks for kids to use during reading time.

Supplies:

Construction paper

Colored Crayons

Scissors

Glue or Paste

Hole puncher

Yarn

Instructions:

Print the sheet with the bookmarks.

If black and white, decorate the bookmarks with your favorite colors.

Cut out the bookmarks on the dotted lines

Cut out a rectangular shape from construction paper is larger than the bookmark

Paste the colored bookmark to the construction paper

Punch a hole at the top of bookmark

Thread a piece of yarn about 5-6 inches long through the hole and tie a knot