

What You Should Know About Anaphylaxis

Anaphylaxis is a serious allergic reaction that is rapid in onset and may cause death. It is a condition caused by an IgE-mediated reaction



What are the common causes of anaphylaxis?

Allergy & Asthma Resources for Professionals

Common causes of anaphylaxis include:

- **Food:** such as peanuts, tree nuts, milk, fish and shellfish (although any food can cause a reaction)
- **Medication**
- **Insect stings:** such as yellow jackets, honeybees, wasps, hornets and fire ants
- **Latex:** natural rubber products such as condoms or latex gloves

Typical Symptoms of a Severe Allergic Reaction

SKIN	GASTROINTESTINAL	RESPIRATORY	CARDIOVASCULAR
Hives	Cramps	Itchy, watery eyes	Drop in blood pressure
Swelling	Nausea	Runny nose	Fainting
Itchy, red rash	Vomiting	Stuffy nose	Shock
Eczema flare	Diarrhea	Sneezing	
		Coughing	
		Itching or swelling of lips, tongue, or throat	
		Change in voice	
		Difficulty swallowing	
		Tightness of chest	
		Wheezing	
		Shortness of breath	
		Repetitive throat clearing	

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