

Peanut-Free Snack List

Chips

Pringles, Giant Eagle Potato Chips, any variety of pretzels, any variety Lays brand items (Fritos, Doritos, Cheetos, Ruffles...etc), Tostitos, Bugles

Cookies

Original or Double Stuffed Oreos, Uh-Oh Oreos, Mini Oreos, Teddy Grahams original or sandwich style, Barnum Animal Crackers, Stauffer Animal Crackers, Nabisco Vanilla Wafers, Original or Mini Chips Ahoy (blue package only), any style Graham Crackers, Honey Maid Graham Sticks, Rice Krispy Treats (original), any flavor Pop Tarts, Betty Crocker Dunkaroos

Crackers

Ritz, Ritz Chips, Club, any Saltines, Cheez-Its, Triscuits, Wheat Thins, Toasteds, Goldfish (except graham)

Candy

Starburst, Skittles, Swedish Fish (original brand only), Tootsie Rolls/Pops, any plain lollipops, plain Hershey bars, Hershey Kisses (plain and caramel), Sweet Tarts, Life Savers, Smarties, bubble gum, Nerds, Peppermint Patties, Whoppers, Milk Duds, Twizzlers, Airheads, Laffy Taffy

Fruit Snacks

Gushers, Fruit by the Foot, Fruit Roll-Ups, Betty Crocker Character Fruit Snacks, Giant Eagle brand fruit snacks

****Fruit snacks made by Brach's are NOT SAFE**

Cereal Bars

Kellogg's Fruit Loop, Cocoa Puff, Frosted Flake Bars, NutriGrain Bars, Rice Krispy Brand Kazaam Crunch Bars, Quaker Fruit/Oatmeal Bars, Special K Bars

Miscellaneous

Krispy Kreme Doughnuts, Hostess (Donuts, Twinkies, HoHos, Mini Chocolate Chip and Blueberry muffins, cupcakes, Ding Dongs, Suzy-Q's), Jell-O, Jell-O Pudding cups, Jell-O Smoothie cups, Trix Yogurt, Danimals Yogurt, Go-gurt Drinkable Yogurt

Peanut-Free Snack List (continued)

Items that often contain tree nuts and/or peanuts:

Baked goods	Marzipan	Nougat
Candy	Granola/Granola Bars	Trail Mix
Chocolate	Ice cream products	Frozen cookie dough
Chili	Chinese food	Brownie mixes

Plus...Peanut Butter-less Snack Ideas:

Plain Yogurt mixed with fruit	Oatmeal Cookies	Any fresh fruit
Fruit Cups (canned in juice)	Vegetables and dip	String cheese
Juice boxes	Carrot muffins	Milk puddings
Blueberry muffins	Half bagel & cheese	Cereal/pretzel mix

FOODS/INGREDIENTS TO AVOID

These products either contain peanuts, are ingredients made from peanuts or foods which have been known to contain peanuts or peanut ingredients:

Peanuts	Peanut Protein	Hydrolyzed peanut protein
Peanut butter	Peanut flour	Peanut oil
Mandelona nuts	Peanut meal	Ground nuts
Peanut sauce	Mixed nuts	Goober nuts or peas
Satay sauce	Beer nuts	Vegetable/almond paste
Arachis oil	Candy/chocolate	Baked goods/desserts
Crackers	Cereals	Chinese or Thai food
Potato chips	Frozen desserts	Soups
Gravies	Stew	Hamburgers

Vegetable protein, plant protein, hydrolyzed vegetable protein could contain peanut (unless another source, such as corn, is identified)

Vegetable oil, hydrogenated vegetable oil, vegetable shortening

Note: Mandelona nuts are peanuts which have been de-flavored, re-flavored, pressed and sold as almonds, walnuts or other nuts. (Brand name: Nu-Nuts)