

# **ORRHS Guidance Newsletter**

# **Current Guidance Happenings**

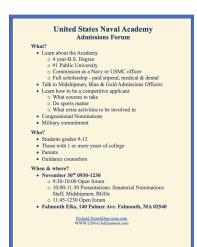
#### Seniors - Term 1 Grades and College

If you have already applied to college and want to have your Term 1 grades sent, please email your guidance counselor to let them know

#### MASS CPAs - Accounting Opportunities Experience - November 20th

Students, please email Mrs. Millette or <u>RSVP</u> if you are interested in learning more about **marketing**, **finances**, **and accounting** and want to attend the Accounting Opportunities Experience Presentation on **November 20th** during Bulldog Block.

#### United States Naval Admissions Event - November 30th



Interested in the United States Naval Academy? Attend the USNA Admissions Event on **November 30th** in Falmouth, MA. MIDSHIPMAN, Blue & Gold Officers, Congressional Staff, and more will be in attendance. This event is open to 9, 10, 11 and 12th grade high school students & parents.

- Learn about the Academy
- Talk to Midshipmen, Blue & Gold Admissions Officers
- Learn how to be a competitive applicant
- Congressional Nominations
- MIlitary Commitment

When & Where? November 30th from 9:30-12:30 at Falmouth Elks, 140 Palmer Ave. Falmouth, Ma 02540

# College Access Resources

**Federal Student Aid ID Reminder:** As high school seniors and their families wait for the <u>Federal Application for Federal Student Aid (FAFSA)</u> to be available on December 1, they should apply now for their <u>Federal Student Aid ID (FSA ID)</u> so that they will be ready when the application opens.

Other resources available to help students afford a college degree include:

- <u>MassEducate</u> provides free tuition and fees at the state's community colleges for all eligible Massachusetts students.
- MASSGrant Plus can provide significant discounts (up to free tuition and fees) at the state's four-year universities depending on family income.
- Eligible, non-U.S. citizens can apply for state financial aid through the <u>Massachusetts Application for State Financial Aid (MASFA)</u>.
- <u>Information about applying for financial aid</u>, including <u>links to information</u> and <u>one-on-one help</u>, is available online.

## Project 351 & Playbook Initiative Request for Holiday Help



This holiday season, the Project 351 and Playbook Initiative influencers are working to bring joy to local families in need. They are seeking donations of gift cards to help provide essentials and spread holiday cheer. Your generosity can make a meaningful difference in our community. Gift cards of any amount are greatly appreciated and can be sent to the main office. Please mark any donations as "P351 Holiday Help." Suggested locations include Market Basket, Walmart, Target, & Dicks Sporting Goods. Thank you for helping to make the season brighter for those in need!

#### Freshmen Meetings

Attention Freshman - The guidance counselors have been meeting with small freshmen groups to discuss the transition to high school and making the most of the high school experience. Meetings last approximately 30 minutes during directed study halls in the Guidance conference room. Please check EHall Pass for meeting times.

#### Community Service Learning Day - November 27th

We are excited to announce our first annual Community Service Learning Day to be held on November 27th. After attending classes in the morning, students will have a choice of community service activity to participate in for the last 75 minutes of the day. Activities range from learning CPR/First Aid, Campus Art Projects, Community Gardening, Creating Cards for Hospitalized Kids, Writing Letters to Soldiers, Gratitude Projects, Participating in a Walk/Runathon, Volunteering at Damien's pantry, Volunteering for Friends of Jack, Baking Pies for Thanksgiving Donations, Making Blankets for seniors/local shelters, volunteering at the elementary schools and more! Off campus activities will depart campus earlier and will be treated as a field trip.

Parents, if you have any service learning needs, please let us know in case we can help to accommodate them!

#### SAT Information

Are you planning on taking the SAT? Here are some important deadlines to remember:

Nov 22nd is the deadline to register for the Dec 7th test

Students register using their College Board accounts at <u>SAT College Board Registration</u>. Reminder: **Fee waivers are available in guidance for eligible students** - please see your counselor to learn more! Students, do you want study resources? Check out these <u>College Board Practice Resources</u>

# College Info Sessions in November

- November 20 <u>Suffolk University</u>
- November 20 Iona University
- November 21 UMass Dartmouth College of Visual and Performing Arts

Juniors and Seniors, sign up with your Bulldog Block mentor for College Info sessions this month!

#### Career of the Week

#### COMPUTER CAREER OF **NETWORK** THE WEEK **ARCHITECT** https://www.bls.gov/ooh/ JOB OUTLOOK & **HOW TO BECOME ONE** WHAT DO THEY DO? **SALARY** • CREATE PLANS AND LAYOUTS FOR DATA COMMUNICATION NETWORKS PROJECTED JOB COMPUTER NETWORK PRESENT DESIGNS TO MANAGEMENT, **ARCHITECTS TYPICALLY GROWTH 13% BETWEEN** CUSTOMERS, AND STAFF NEED A BACHELOR'S DEGREE 2023-2033 • DEPLOY PLANNED NETWORKS, TESTING IN A COMPUTER-RELATED TO ENSURE PROPER IMPLEMENTATION DOCUMENT PROCESSES FOR POSTERITY FIELD AND EXPERIENCE IN A **MEDIAN SALARY: UPGRADE HARDWARE, SUCH AS RELATED OCCUPATION, SUCH** ROUTERS OR ADAPTORS, AND \$129,840 AS NETWORK AND COMPUTER SOFTWARE, SUCH AS NETWORK DRIVERS, AS NEEDED TO SUPPORT SYSTEMS ADMINISTRATORS. COMPUTER NETWORKS • RESEARCH AND RECOMMEND NEW TECHNOLOGIES FOR NETWORK PERFORMANCE

### SEL Tip of the Week

Practice gratitude: As we approach Thanksgiving, take a moment to reflect on the people and experiences you're thankful for. Did you know that gratitude can boost your mood, strengthen your relationships, and improve your overall well-being? Try this: each day this week, write down three things you're grateful for - big or small. Share your gratitude with others, and watch how it spreads positivity around you!