



Junior Journal

Date: 11/15/24

**Contact Mrs. Singleton, A-C High School Jr./Sr.Counselor
msingleton@amanda.k12.oh.us**

Schedule a Meeting with Mrs. Singleton: [Student Request for School Counseling Request Form](#)

***IMPORTANT ANNOUNCEMENTS**

*Be sure to check your email at least once per day for important news from Mrs. Singleton, Ms. Feliciano, Mr. Dennis & Mrs. Strope (Class Advisor).

Thanksgiving Break, Nov. 27-29 *No School

OHIO NORTHERN UNIVERSITY®

Interested in Majoring in Music or Music Education? Check out Ohio Northern University's Music Visit Day on Dec. 6. [Register Here](#)



ACT/SAT

Upcoming Test Dates (National)

Test Date	Regular Registration Deadline Late Fee Applies After This Date	Late Registration Deadline
September 14, 2024	August 9	August 25
October 26, 2024	September 20	October 7
December 14, 2024	November 8	November 22
February 8, 2025	January 3	January 20

ACT Test Prep (free resources)

Onsite ACT Tutoring Options:

<https://www.actreview.com/>

Online:

<https://www.act.org/content/act/en/products-and-services/the-act/test-preparation/free-act-test-prep.html>

<https://www.act.org/content/act/en/products-and-services/the-act/test-preparation.html>

<https://www.princetonreview.com/college/act-tutoring-course>

- [ACT Fee Waiver Eligibility](#), *see Mrs. Singleton if you qualify
- [ACT Registration](#)
- [ACT Superscore Explained](#)
- [SAT Practice](#)
- [SAT Registration](#)
- [What's on the SAT?](#)

Career & Trade Programs

- [Building a Resume While in High School](#)
- [Building Trades Apprenticeship Requirements](#)
- [Career One Stop, Career Search](#)
- [Choosing a Career: Free Virtual Event](#) * register here
- [College Board Career Exploration](#)
- [Eastland-Fairfield Post-Graduation Career Programs](#)

A screenshot of a webpage titled "PRE-APPRENTICESHIP PROGRAMS". The page features a dark blue header with the title in white. Below the header, there is a grid of six white rectangular buttons with rounded corners, each containing the name of a pre-apprenticeship program. The programs are arranged in two columns and three rows.

PRE-APPRENTICESHIP PROGRAMS	
Carpentry Pre-Apprenticeship	Electrical Pre-Apprenticeship
HVAC Pre-Apprenticeship	Industrial Technology Pre-Apprenticeship
Phlebotomy Certification Program	Water Wastewater Management Pre-Apprenticeship

Interested in pursuing a trade listed above? Email Mrs. Singleton about pre-apprenticeship programs that you can complete your senior year, get paid for on-the-job training, and enter the field with a job upon graduation.



CCP

- Be sure to send me your spring registrations!
- Are you wondering if your CCP credit(s) will transfer to a specific college?

Use this free tool to check: [Transferology](#)

College-Bound Athletes

- [NCAA Guide for the College-Bound Athlete](#)
- [NCAA Registration Checklist](#)

College Preview Opportunities

- [Ole Miss Leadership Institute Pre-College Program](#) *see Mrs. Singleton by Nov. 22
- [The College Tour Video Series: Real Campuses, Real Students via Video Tours](#)



[Ohio State Visit Events](#)

College Preview Opportunities (cont.)



[Florida State University](#) *in-person and virtual visits through

Dec. 9

Graduation

- [Unlock Your Future: Graduation Requirements Explained](#)

Internships & Job Shadowing

- [Internships Opportunity for Students Pursuing Behavioral & Mental Health Degrees](#)
- [Job Shadowing/Internships](#): School breaks and weekends are a great time to request a job shadowing experience with someone in a field of interest. Reach out to an individual or organization to make an arrangement and experience the job or career of your dreams before you make plans to pursue an education or training.

PE Waivers

- If you qualify for a PE waiver from school-sanctioned athletics or marching band, be sure to mark the appropriate box in Final Forms or complete this [PE Waiver](#).

Scholarships, Grants & Awards

[Avoiding Scholarship Scams](#)

Self-Care

Go leaf peeping



Cook and bake with pumpkins



Wear cozy clothes



autumn self care



Drink hot beverages




Light a spicy candle



Start an indoor hobby





Text: **4hope**
to- 741741

Crisis Text Line

24/7 support available

Crisis Text Line: text "HOME" to 741741

Nationwide Children's Youth Hotline: 1-614-722-1800

Teen Hotline: 1-614-294-3300

Sexual Assault Hotline: 1-800-656-4673

Safe Schools Tip Line: Call or text 1-844-723-3764

Suicide Lifeline: 1-800-273-8255 or 1-614-221-5445

Lancaster Police Department: 740-687-6680

Sheriff's Department: 740-652-7900



Transcripts

- Be sure to request ALL transcripts through **PARCHMENT**. You can have your records sent anywhere you like, simply by completing the form. You can also request to see your transcript by selecting "Self-View" at any time. Just be sure to refresh it if you want the most recent records.

Volunteer Opportunities

- The Village of Amanda is seeking volunteers. Call the village office at 740-969-4771 and ask for Mayor Char Fisher. This opportunity can count toward community service hours.

Check with the following organizations who might also need your help:

A Community Cares (A-C Local)
Chelsea's Christmas for Kids
Foundation Dinners

Fairfield Medical Center
Fairhope Hospice
Humane Society

- Google Form to Document Volunteer Hours: https://docs.google.com/forms/d/e/1FAIpQLSddOLsa2Y4GnXtZBXKzfnCwoNFYBW0mBCGt3AIDb3bH_v-RMw/viewform