

Upland Unified School District

Pre-School/TK Lunch Menu

December



served daily

Fresh Fruit & Vegetable Options Vary Daily

Local Driftwood Dairy California Milk 1% White Milk or Non-Fat White Milk and Lactaid milk is offered upon Request



Day	Monday	Tuesday	Wednesday	Thursday
<p>Week 1 Dates 12/2-12/5 12/16-12/19</p>	<p>Goldfish, Jacks BBQ Bites & Strawberry Go-gurt Fruit Option (1/4 cup) Vegetable Option (1/4 cup) Milk (1% or FF)</p>	<p>Turkey & Cheese Kit Fruit juice Option (1/4 cup) Vegetable Option (1/4 cup) Milk (1% or FF)</p>	<p>Dick and Jane Graham Crackers, Yogurt & Cheese Cubes Fruit Option (1/4 cup) Vegetable Option (1/4 cup) Milk (1% or FF)</p>	<p>Mini Chocolate Chip Muffin, Turkey Stick & String Cheese Fruit Option (1/4 cup) Vegetable Option (1/4 cup) Milk (1% or FF)</p>
<p>Week 2 Dates 12/9-12/12</p>	<p>Cereal Cup Option (1 ounce serving) Jacks BBQ Bites & Strawberry Go-gurt Fruit Option (1/4 cup) Vegetable Option (1/4 cup) Milk (1% or FF)</p>	<p>Turkey Ham and Cheese Sandwich on Brioche Roll Fruit juice Option (1/4 cup) Vegetable Option (1/4 cup) Milk (1% or FF)</p>	<p>Tiger Graham Crackers, Yogurt & Cheese Cubes Fruit Option (1/4 cup) Vegetable Option (1/4 cup) Milk (1% or FF)</p>	<p>Mini Blueberry Muffin, Turkey Stick & String Cheese Fruit Option (1/4 cup) Vegetable Option (1/4 cup) Milk (1% or FF)</p>



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*Menu subject to change *This institution is an equal opportunity provider and employer*

