



DECEMBER/JANUARY 2024 DYSPHAGIA MENU

2024-2025 Meal Prices:

Paid Elementary Breakfast: \$1.00 // Paid Elementary Lunch: \$2.25

Paid Secondary Breakfast: \$1.25 // Paid Secondary Lunch: \$2.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Holiday Meal Yogurt Applesauce</p> <p>Cheese Enchiladas Seasoned Black Beans Green Beans Canned Peaches</p>	<p>3 Chicken Biscuit w/ Gravy Pureed Cream of Wheat Applesauce Juice Milk Spaghetti Glazed Carrots Green Beans Canned Pears</p>	<p>4 French Toast w/ Fruit Compote Pureed Fruit & Yogurt Applesauce Juice Milk Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler</p>	<p>5 Chicken Biscuit w/ Gravy Pureed Cream of Wheat Applesauce Juice Milk</p> <p>Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler</p>	<p>6 Blueberry Muffin w/ Fruit Compote Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>
<p>9 Oatmeal w/ Fruit Compote Applesauce Juice Milk</p> <p>Beef & Cheese Nachos Seasoned Black Beans Cauliflower Sliced Peaches</p>	<p>10 Chicken & Waffles Applesauce Juice Milk</p> <p>Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Green Beans Spiced Applesauce</p>	<p>11 Cinnamon Roll w/ Sausage Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler</p>	<p>12 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk</p> <p>Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail</p>	<p>13 Pancakes & Sausage Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges</p>
<p>16 Fruit & Yogurt Parfait Applesauce Juice Milk</p> <p>Cheese Enchiladas Seasoned Black Beans Green Beans Canned Peaches</p>	<p>17 Chicken Biscuit w/ Gravy Pureed Cream of Wheat Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Green Beans Canned Pears</p>	<p>18 French Toast w/ Fruit Compote Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler</p>	<p>19 Chicken Biscuit w/ Gravy Pureed Cream of Wheat Applesauce Juice Milk</p> <p>Holiday Meal Green Beans Mashed Potatoes w/ Gravy Sliced Peaches</p>	<p>20 Blueberry Muffin w/ Fruit Compote Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>
<p>23 NO SCHOOL</p>	<p>24 NO SCHOOL</p>	<p>25 NO SCHOOL</p>	<p>26 NO SCHOOL</p>	<p>27 NO SCHOOL</p>
<p>30 NO SCHOOL</p>	<p>31 NO SCHOOL</p>	<p>1 NO SCHOOL</p>	<p>2 NO SCHOOL</p>	<p>3 NO SCHOOL</p>

<p>6</p> <p>NO SCHOOL</p>	<p>7 Holiday Meal Yogurt Applesauce</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>	<p>8 French Toast w/ Fruit Compote Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler</p>	<p>9 Chicken Biscuit w/ Gravy Pureed Cream of Wheat Applesauce Juice Milk</p> <p>Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail</p>	<p>10 Blueberry Muffin w/ Fruit Compote Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges</p>
<p>13 Oatmeal w/ Fruit Compote Applesauce Juice Milk</p> <p>Cheese Enchiladas Seasoned Black Beans Green Beans Canned Peaches</p>	<p>14 Chicken & Waffles Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Green Beans Canned Pears</p>	<p>15 Cinnamon Roll w/ Sausage Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler</p>	<p>16 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk</p> <p>Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler</p>	<p>17 Pancakes & Sausage Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>
<p>20</p> <p>NO SCHOOL</p>	<p>21 Holiday Meal Yogurt Applesauce</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>	<p>22 French Toast w/ Fruit Compote Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler</p>	<p>23 Chicken Biscuit w/ Gravy Pureed Cream of Wheat Applesauce Juice Milk</p> <p>Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail</p>	<p>24 Blueberry Muffin w/ Fruit Compote Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges</p>
<p>27 Oatmeal w/ Fruit Compote Applesauce Juice Milk</p> <p>Cheese Enchiladas Seasoned Black Beans Green Beans Canned Peaches</p>	<p>28 Chicken & Waffles Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Green Beans Canned Pears</p>	<p>29 Cinnamon Roll w/ Sausage Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler</p>	<p>30 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk</p> <p>Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler</p>	<p>31 Pancakes & Sausage Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>

All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.

****All meals come with a choice of 1% white milk or fat free chocolate milk****

*****Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk*****

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***Menus are subject to change without notice due to price and availability of food*provider.**