

## December 2024 Allergen Free Breakfast and Lunch Menu

Allergen Free Standard Breakfast: 2 Rice Chex Cereals, served with choice of fruit, juice and type of milk if appropriate.

December 2

Lunch: Beef Nachos with Baked Tostito Scoops, Pinto Beans, Baby Carrots, Sliced Peaches, Milk/Soy milk

December 3

Lunch: Orange Chicken Bowl, Mixed Vegetables, Tossed Salad with Vinaigrette, Applesauce Pouch, Milk/Soy milk

December 4

Lunch: Chickpea Pasta, Green Beans, Baby Carrots, Applesauce Pouch, Milk/Soy milk

December 5

Lunch: Hamburger on Gluten Free Bun, Green Beans, Baby Carrots, Grapes, Milk/Soy milk

December 6

Lunch: Chicken Bowl, Mixed Vegetables, Tossed Salad with Vinaigrette, Apple Slices, Milk/Soy milk

December 9

Lunch: Frito Pie, Whole Kernel Corn, Baby Carrots, Applesauce Pouch, Milk/Soy milk

December 10

Lunch: BBQ Chicken Bowl, Green Beans, Tossed Salad with Vinaigrette, Orange Smiles, Milk/Soy milk

December 11

Lunch: Black Beans and Rice with Baked Tostito Scoops Bowl, Baby Carrots, Whole Kernel Corn, Fresh Pineapple Chunks, Milk/Soy milk

December 12

Lunch: Beef Hot Dog on Gluten Free Bun, Mixed Vegetables, Baby Carrots, Applesauce Pouch, Milk/Soymilk

December 13

Lunch: Chicken Tender, Green Beans, Apple Slices, Milk/Soymilk

December 16

Lunch: Beef Nachos with Baked Tostito Scoops, Pinto Beans, Baby Carrots, Sliced Peaches, Milk/Soymilk

December 17

Lunch: Orange Chicken Bowl, Mixed Vegetables, Tossed Salad with Vinaigrette, Applesauce Pouch, Milk/Soymilk

December 18

Lunch: Chickpea Pasta, Green Beans, Baby Carrots, Applesauce Pouch, Milk/Soymilk

December 19

Lunch: Holiday Meal, Green Beans, Sliced Peaches, Tossed Salad with Vinaigrette, Milk/Soymilk

December 20

Lunch: Chicken Bowl, Mixed Vegetables, Tossed Salad with Vinaigrette, Apple Slices, Milk/Soymilk