

**JUMP! DUCK! KICK!  
DISCIPLINE! CONFIDENCE! FUN!**



# **KARATE-X**

**EXTRACURRICULAR MARTIAL ARTS PROGRAMS**



## **CHESTNUT HILL ACADEMY**

*Classes Begin January 6<sup>th</sup>!*

Join Karate-X this year for awesome classes that are disciplined, challenging and fun! Students will learn and practice Karate skills with punching bags, breaking boards, blocking drills, kicking targets and more! Karate-X has been teaching in the Puget Sound for 20 years, with a Martial Arts program specifically designed for preschool and elementary students. Our professional instructors know how to motivate kids while building self-confidence and discipline. Belt rank testing is held at the end of each session, giving students goals to aim for and recognition of their accomplishments. Thousands of kids have enjoyed Karate-X classes, and yours will too!

**WINTER SESSION: Jan 6,13,27 Feb 3,10,24 Mar 3,10 (no class Jan 20 and Feb 17)**

**MONDAYS K- 5<sup>th</sup> Grade 3:45-4:45pm**

\$273 Returning Students (includes \$45 belt test fee)

\$340 New Students (includes \$45 belt test fee & \$65 uniform/registration fee)

*\*please register as new or returning student\**

**Register online at:**

[karate-x.com/registercha](http://karate-x.com/registercha)

**CLASSES FILL QUICKLY! REGISTER TODAY!**