

MEDICAL BENEFITS

Welcome to the Stark County Schools COG open enrollment period for 2025. The following information is designed to keep you informed so you can make the best benefit decision for you and/or your family.

November is Open Enrollment - you can choose to:

1. For those of you who live in an area where the AultCare network is available, you have the choice of Medical Mutual SuperMed or AultCare for your medical insurance carrier. AultCare is typically available in Stark County and the five surrounding counties.
2. Add eligible dependents that are not currently on your plan.
3. Add coverage if you currently don't carry coverage and are eligible for coverage.
4. Enroll in a Flexible Spending Account (informational materials will be in a separate document). You don't have to carry insurance to carry Flexible Spending.

Starting with Open Enrollment for 2025, Stark County Schools COG is requiring that everyone go into Plansource and enroll or waive coverage. This will need to be done each year moving forward. You will also be enrolling in Flexible Spending Accounts (FSA) in PlanSource starting with 2025.

Below you will find an overview of the benefits for your review.

PLEASE NOTE – THE DEDUCTIBLE AND OUT-OF-POCKET AMOUNTS ARE CHANGING FOR 2025. LISTED BELOW ARE THE NEW AMOUNTS EFFECTIVE JANUARY 1, 2025.

DEDUCTIBLES - \$350/person \$700/family

Once you have met your deductible, claims will be paid at 90% (as long as you are in-network). Prescription claims do NOT go toward this deductible. You pay 20% for prescriptions all the time, they are not subject to the deductible.

OUT-OF-POCKET (OOP) - \$1,050/person \$2,100/family

After your deductible is met you will pay 10% for medical claims. This 10% automatically goes toward your OOP max. The 20% or 30% you pay for prescriptions also goes toward this OOP max. When the combination of the 10% you pay for medical claims and the 20% or 30% you pay for prescriptions meets the OOP max listed above, all claims (medical and prescription) are covered at 100% for the remainder of the calendar year (as long as you are in-network).

NON-EMERGENCY USE OF THE EMERGENCY ROOM

The Plan imposes a copay for members who use the Emergency Room for non-emergency issues. Copay for non-emergency use of the ER will be incurred even after a member meets their deductible and coinsurance limits. Members should utilize alternative treatment options such as Doctor's Office, Urgent Care, Convenience Clinics, Telehealth Services, and Nurse Lines for services that are not limb or life threatening. If you seek care and/or advice from one of the above and they recommend you go to the ER, there will not be a copay imposed.

All Non-Emergency usage of the Emergency Room - Eff. 7/01/2023 - \$250 Copay

A Symptom Reference Chart is located at the end of this document for you to look at when determining where to go for service.

DEPENDENTS

Dependents can be covered under the medical, dental, and vision plans until the end of the month they reach age 26. They do not have to be a student, they can be married or have a job that offers insurance. As long as they are your child, they can be covered.

PREVENTIVE CARE

The plan covers many eligible preventive care services. Remember preventive care services are covered at 100% with no deductible. Preventive visits should be an important part of your continued wellness plan. Routine covered services include but are not limited to:

Routine Physical Exam- adults and children – one per calendar year

Prostate Screening – one per calendar year

Adult and Child Immunizations

Routine Mammogram – one per calendar year

Pap Test – one per calendar year

Well Child Care (including immunizations)

Colon Cancer Screening (beginning at age 45)

Bone Density Testing

Prenatal Services, Breast Feeding Counseling and rental of equipment, Lactation Classes

Eye Exam under medical plan for dependents up to 21 years old. Need to see in-network Optometrist or Ophthalmologist.

SPOUSE/DEPENDENT COVERAGE

If you were hired after June 30, 2015 and your spouse is eligible for insurance through their own employer, they will be required to take their employer's insurance as primary. There are two ways your spouse can be on your insurance and not take their own employer's insurance: 1) They are required to pay 40% or more of the cost of the single premium of their employer's plan or 2) they are ONLY offered a High Deductible Health Plan with a HSA. If your spouse is required to be primary on their employer's plan, you can cover them as secondary on your

plan unless they have a HSA that will continue to be contributed to. Under HSA rules, you cannot be secondary on our plan if that is the case.

You can carry your children as primary on your plan, regardless if your spouse has to carry their own insurance.

PROGRAMS AND SERVICES

This is also a good time to familiarize yourself with the programs and services available through Medical Mutual and AultCare. These programs are voluntary and are designed to support and educate our members. These are just some of the services available to you through the plans.

| <i>MEDICAL MUTUAL</i> | <i>AULTCARE</i> |
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| <p><u>Weight Watchers Reimbursement</u> Receive up to \$150 of the registration fees per calendar year. For information, call 866-204-2878</p> | <p><u>Aultman WeightManagement</u> Receive a 30% discount on the initial screening at Aultman Weight Mgmt. and Free access to any Aultman Fitness Facility</p> |
| <p><u>Smoking Cessation</u> Four- to eight-week supply of nicotine replacement therapy at no out-of-pocket expense. For information, call 866-845-7702</p> | <p><u>Tobacco Cessation</u> 5 week free “Give it up” program at Aultman Hospital. For information, call 330-363-7848 or go to www.aultman.org</p> |
| <p><u>Nurse Line</u> You can call a nurse 24/7 for medical advice – 888-912-0636</p> | <p><u>Nurse Line</u> You can call a nurse 24/7 for medical advice – 866-422-9603 or 330-363-7620</p> |
| <p><u>Hearing Aids</u> Beltone offers up to a 20% discount on all hearing aid models. Simply show your ID card at a participating Beltone location (found at Beltone.com) or call 800-235-8663</p> | <p><u>Education & Support Services</u></p> <ul style="list-style-type: none"> - Health Talks – Community educational sessions on a variety of topics |
| <p><u>MedMutual.Com Online Services</u></p> <ul style="list-style-type: none"> - Locate SuperMed Plus network providers - Log onto <i>My Health Plan</i> to: <ul style="list-style-type: none"> • Review claims status • Order ID cards • Take a Health Assessment • Health Resource Center | <p><u>AultCare.Com Online Services</u></p> <ul style="list-style-type: none"> - Locate AultCare network providers - Log onto <i>Manage My Account</i> <ul style="list-style-type: none"> • Review claims history • Access Explanantion of Benefits • Order ID Cards • Download Forms - Access to HealthFinder.gov |
| <p><u>Disease Management Programs</u> Help with managing the follow conditions: Asthma <u>Chronic Obstructive Pulmonary Disease</u> Congestive Heart Failure Coronary Artery Disease Diabetes</p> | <p><u>Disease Management Programs</u> Help with managing the follow conditions: <u>Chronic Obstructive Pulmonary Disease</u> Congestive Heart Failure Diabetes Mental Health Complex Medical Conditions</p> |

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| Call 800-861-4826, Option 2, to enroll in a program | |
| <p><u>Fitness Discounts</u> Membership discounts at various fitness centers including Curves, Anytime Fitness, FitWorks Fitness Centers and Snap Fitness</p> | <p><u>Weight Management Discount</u> If you join the Aultman Weight Management Program, you get a 30% Discount. Insurance does not cover the program, but if you join as an AultCare member, you would get this discount.</p> |
| <p><u>TeleMedicine</u> You can have an online appointment with a Cleveland Clinic physician for non-emergency issues.</p> | <p><u>AultmanNow</u> You can have an online appointment with a U.S. board certified physician for non-emergency issues.</p> |
| <p><u>My Care Compare</u> Access to cost comparison tool to find estimates for medical services like lab work, x-rays, MRI, etc.</p> | <p><u>Medical Cost Estimator</u> This tool can help compare the cost of a certain procedure with different providers.</p> |
| <p><u>Urgent Care Facilities</u> Urgent care visits and Minute Clinic visits are covered under the plan just like regular office visits.</p> | <p><u>Urgent Care Facilities</u> Urgent care visits and Minute Clinic visits are covered under the plan just like regular office visits.</p> |

MOBILE APPS

Both AultCare and Medical Mutual have mobile apps. You can download your insurance card to the mobile app, check claims, obtain eligibility information, look at the provider directory, as well as deductible and out of pocket information.

PRESCRIPTION BENEFITS

In order to ensure that the Prescription Drug Benefit remains cost-effective and also to maximize drug manufacturers' assistance programs, effective January 1, 2024, the following changes were enacted:

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| Generics | Remain at 20% Coinsurance |
| Preferred Brands | Remain at 20% Coinsurance, if medically necessary |
| Non-Preferred Brands | Increase to 30% Coinsurance, if medically necessary |

If you are currently taking a Non-Preferred Brand Drug, you will receive a tier change letter from CVS Caremark. You will be provided with the option to change to a Preferred Brand or Generic Drug. If you choose to continue with a Non-Preferred Brand Drug, you will pay 30% Coinsurance. Your out-of-pocket maximums will still apply.

To see the list of medications that are on the Preferred Brand Formulary (Specialty medications included), go to caremark.com, sign in, and look at the black bar at the top under Plan & Benefits. Scroll down to Covered Drug Lists and look for Performance Drug List for Clients with Advance Control Specialty Formulary.

REMEMBER – Generic medications are still required if they are available. If you cannot take a generic medication, a letter of medical necessity from the provider will be required.

SPECIALTY MEDICATIONS

If you are prescribed a Specialty Medication, you will be contacted by CVS Caremark and/or The PrudentRX Solution. The PrudentRX Solution will assist you in obtaining copay assistance from drug manufacturers to reduce your cost share for eligible medications to \$-0-. You must register for the copay assistance program through PrudentRX to receive this benefit. Eligible members who fail to enroll in an available copay assistance program or who opt out of the PrudentRX Solution will be responsible for the full 30% coinsurance on specialty medications that are eligible for the PrudentRX Solution.

If a medication is not eligible for The PrudentRX Solution, the member will continue to pay the 20% coinsurance.

DENTAL BENEFITS

As a Stark County Schools member, you have the freedom to choose any dentist you wish. You have the *option* to receive covered dental services from a dentist who participates in the Superior Dental Care Network (SDC). Choosing to receive dental services from a SDC provider protects you from balance bills (the difference between the amount billed by the provider and the amount allowed by Medical Mutual). SDC providers agree to accept Medical Mutual's payment and not bill for the balance.

If you want to look up eligible dentists in the SDC network, go to www.medmutual.com and click on Find a Provider, you can search without logging in. Then click on Leave Site. Next follow the prompts as shown. Choose Superior Dental Care (SDC) Dental Plan and then continue. You will be able to search by dentist's name, location (as in what city you want to look at) or dental specialty.

Coverage Information

Check-Ups – 2 per calendar year (they do not need to be six months apart) Paid at 100%

Deductible - \$25/person and \$75/family

Basic and Major Services – Paid at 80% of usual and customary charges after deductible

Annual Maximum - \$3,000 is the maximum paid for dental claims per person per year

Orthodontics – Lifetime Maximum of \$2,000 per person, any age

VISION BENEFITS

Under the plan, you don't have to choose a vision care provider from a network, you can go to any provider you choose. Since we do not use a network for Vision coverage, the provider may require that you pay expenses up front and then you file a claim for reimbursement. If you are filing the claim, please attach any paperwork you received from the provider with the claim form. The provider can file a claim, but they are not required to.

Dependents are covered until the end of the month they turn 26.

Coverage Information

- Vision Exam – Covered at 100% every 12 months – has to be at least 12 months between exams.
- Lenses – 1 pair of lenses every 12 months – has to be at least 12 months between the purchase of lenses
 - Single Vision Lenses - \$75 per pair
 - Bifocal Lenses - \$100 per pair
 - Trifocal Lenses - \$125 per pair
 - Lenticular Lenses - \$200 per pair
- \$170 toward frames every 24 months – has to be at least 24 months between purchases.

If you purchase lenses and/or frames, you will not be able to purchase Contract Lenses under the plan in the same year. You either get glasses or contact lenses each year.

Please have provider bill the lenses as either single, bifocal or trifocal, NOT progressive lenses. Since our plan pays different amounts for different lenses, Medical Mutual needs to know exactly what the lenses are.

- Contact Lenses – you get \$150 every 12 months (has to be at least 12 months between) towards the cost of contact lenses. If you purchase contacts, glasses will not be covered in the same year. You get one or the other each year.
- Medically Necessary Contact Lenses - \$400 per pair. Eligible for Medically Necessary Contacts are:
 - Lenses that are necessary after cataract surgery;
 - Visual acuity cannot be corrected to 20/70 in either eye with other lenses, but can be corrected to at least 20/70 in either eye with contact lenses, or;
 - The lenses are necessary for the treatment of anisometropia for keratoconus.

**As always, please feel free to contact us with your questions or for help with insurance issues.
We can be reached at:**

**Kim Sanford, Stark County ESC – 330-492-8136, ext. 1356 or kim.sanford@starkesc.org or
Betty Tyler, Stark County ESC – 330-492-8136, ext. 1390 or betty.tyler@starkesc.org**