

Cooking Class with Local Celebrity Chef Nikolaos Kapernaros from the Food Network's "Beat Bobby Flay" & "Chopped"



Monday, December 2nd 6:30pm - 7:45pm



\$40 per person.
Pre-registration is
required at the
Recreation Center and
space is limited.



Recent winner of Beat Bobby Flay and Harwood Heights resident, Chef Nikolaos will demonstrate how to plan, prepare, cook and present some of his famous dishes. Participants will interact, take recipe notes and taste test during the class.

Menu

Appetizer: Whipped Ricotta with lemon zest, fig marmalade, paprika crostini.
Salad: Seasonal greens, blueberries, shaved parmesan, house made croutons, almond fillets, cherry tomatoes & balsamic honey vinaigrette.
Entree: Shrimp "Mikrolimano" with Tomatoes, Feta, Ouzo, Cauliflower Puree.
Wine tasting

Harwood Heights Recreation Center 7300 W. Wilson Ave 708-867-7200