# Attachment C-1

# SAYREVILLE PUBLIC SCHOOLS

# NURSING SERVICES PLAN

2024-2025

•	Arleth Elementary School	Pages: 2-7
•	Eisenhower Elementary School	Pages: 8-13
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Signature/Date Superintendent/CSA:

Signature/Date District Physician:

#### **NURSING SERVICES PLAN**

#### ARLETH ELEMENTARY SCHOOL 2024-2025

# Description of Issue:

Arleth Elementary School, Sayreville, New Jersey provides the educational setting for a total population of 485 students. This number includes 420 regular education students as well as 65 special needs students with specific learning disabilities.

The formulation of the School Nursing Services Plan pursuant to NJAC 6A:30-1.4(a)9 provides the vehicle for the delivery of health services to our students by the professional, certified school nurse assigned to the building. The documented rationale for the school nursing services document is a collaborative effort of professional colleagues and the administrator responsible for district health services. It reflects the increasing medical services required by our students in order to attend a public school and exceeds the original educational mandate.

#### **Definition of Terms:**

On site plan system: designed to serve the student in school with services delivered on- site. Children and families have consistent access to those health and social services.

Certified School Nurse (CSN): a specialized practice of professional nursing requiring an understanding of both the educational and health care realms. Certification ensures that the school nurse possesses the core knowledge for competent practice beyond that provided by state license as an R.N.

Nursing Dependent: students needing skilled nursing for survival; frequently 1:1 (i.e. vent-dependent).

Medically Fragile: students having complex health care needs. Life threatening emergencies are quite possible and therefore these students require monitoring (i.e. seizure disorders).

Medically Complex: complex or unstable physical and/or emotional conditions that require daily treatments and monitoring. Life threatening events are unpredictable (i.e. asthma with an inhaler at school; behavioral disorders).

Health Concerns: occasional monitoring is required, but currently the physical and/or social emotional condition is uncomplicated.

Behaviorally Disabled: conduct disorders; learning disabilities; ADHD.

#### I. IDENTIFIED NEEDS WITHIN THE SCHOOL

Total school population for 2024-2025 is 485 students. All classes are graded, with students ranging in age from 5 to 10 years old. The grade levels represented are K-3. Communication between health professionals is by phone, fax, e-mail, and regular meetings. The certified school nurses reinforce one another in the event of any emergency.

Regular meetings of CSNs are planned as needed to discuss continuity of service, identification of needs, health planning, etc. A. Grade Levels K-3 B. General education enrollment 420 C. Number of students with severe medical involvement 129 1. Chronic illness, special health needs, procedures, medications (a) Asthma 24 (b) Cardiac Defect 2 (c) Hypertension 0 (d) Epi-pens (e) Inhalers (f) Nebulizers (g) Autism 53 (h) Communication Impaired 19

(i) Cognitive Impaired/Mild 10

(k) Other Health Impaired 23

(l) Specific Learning Disabled 16

(m) Diabetes Type 1 1- continuous monitoring by school nurse

(j) Multiple Disabled 1

(n) Cystic Fibrosis 0

(o) Sickle Cell Anemia 2

(q) Kidney/Bladder Issues 3

(r) Wheel Chair Dependent 0

(p) Seizure Disorder 7

- 2. Toileting Needs
- (a) Fx. Leg 0
- (b) Spina Bifida 0
- (c) Frequent Toileting 15
- 3. Daily Medication 1
- 4. PRN Medication- 2
- (a) Food Allergies 32
- (b) Bee Sting Anaphylaxis 1
- (c) Severe Seasonal Allergies 12
- (d) Kidney/Bladder Issues 0
- (e) Scoliosis 0
- (f) Seizure Disorder 7
- (g) Bladder/Renal Problems 3
- (h) Hearing Loss 2
- (i) Blood Glucose Monitoring 1
- (j) Metabolic Disorder 1
- (k) Valium for seizure 7
- 5. Number of IHCPs requiring your input 65
- 6. Number of 504s requiring your input 2
- 7. Number of Students Enrolled in Special Education 65
- 8. Number of students requiring your input at CST ANNUAL 1
- 9. Number of students requiring your input at
- I&RS meetings ANNUAL 0
- 10. Number of students requiring your input at

# Speech meetings ANNUAL 0

- 11. Number of pre-school students 0
- 12. Additional district programs housed in your

building: Springboard & Collaborative Program

13. Number of students transferring in/out of your

building (annually) 175 (reported from 10/17/23-10/17/24)

- 14. Teaching responsibilities
- (a) Student health classes: as requested by teacher
- (b) Staff trainings: bloodborne pathogens for staff: Heimlich maneuver; care

of ill and injured; Epipen training; additional topics as

needed.

- (c) CPR instruction of district staff delegates and on building code teams. Run code blue drill annually.
- 15. Multiple buildings N/A
- (a) Distance between schools N/A
- (b) Type of communication in place N/A
- 16. Other non-nursing tasks
- (a) Attendance responsibilities: receive phone calls and doctor notes from parents for student absence reporting. Document medical notes in OnCourse and SNAP. File notes into student medical file.
- (b) Process Home Instruction forms
- (c) Kindergarten Registration-Review registration documents of every incoming kindergarten student (133 for 24-25 school year) for full compliance with medical documentation requirements. Continually communicate with parents to receive all information before start of school year.
- (d) Additional committees and district responsibilities
- 1. Health/Family Living
- 2. Safety/Accident Reports

- 3. Student residency checks
- 4. School insurance collection
- 5. Bus duty
- II. STAFFING
- A. Nursing Responsibilities
- 1. Provide skilled nursing service for medically fragile students as indicated below.
- 2. Provide skilled nursing services for children with complex health-care needs as indicated below.
- 3. Preparation, administration and documentation of medications and treatments, including nebulizers.
- 4. Health counseling.
- 5. Development and implementation of Individualized Health Care Plans.
- 6. Monitoring and state reporting of immunization and tuberculin status.
- 7. Case management for students with special health care needs.
- 8. Monitoring for the presence of infectious diseases and use of public health precautions to prevent the spread of infestations and infections in the school setting.
- 9. Physical and mental health assessments and referrals for care.
- 10. Daily student and family outreach by telephone.
- 11. Interpretation of health care needs of students to school personnel and Child Study Team members.
- 12. Development and implementation of Emergency Health Care Plans and the daily provision of emergency care and first aid.
- 13. Oversee the process of reporting and documenting Workman's Compensation injuries.
- 14. Acting as a liaison for the school, parents and community health agencies.
- 15. Participating on student assessment teams such as intakes, child study and behavioral.
- 16. Collaborating with the school medical inspector on a regular basis.
- 17. Collaborating and assisting with visiting health agencies on student evaluations for Commission for the Blind and Visually Impaired and Dentistry for Persons with Disabilities.

- 18. Staff information resource.
- 19. Acts as a primary consultant on interpretation of medical evaluation and needs assessment.
- III. Certified School Nurse
- 1. Functions to the level of professional license as a licensed registered nurse and school nurse certification.
- 2. Fulfills the duties of the Registered Nurse cited in code
- (a) Duties permitted under professional license
- (b) CPR Certified
- (c) Conducts health screenings
- (d) Maintains student health records
- (e) Assesses and recommends students to be excluded for communicable disease
- (f) Recommends students to be excluded for inadequate immunizations
- 3. Fulfills the duties reserved to the CSN
- (a) May teach health classes
- (b) May be asked to develop curriculum
- (c) Conducts staff trainings
- (d) Selects and trains delegates to administer Epipen/glucagon
- (e) Delegates, directs and supervises school staff member performing a nursing task
- (f) Reviews, summarizes and transmits available health and medical information in preparation for CST meetings
- (g) Writes and updates annually (or more often) accommodation plans included in IHP required under Section 504 as required
- (h) Develops and implements the school health programs as per New Jersey Nurse Practice Act, ANA/NASN Standards of School Nursing, NJAC and the NJ Department of Education Health Services Guidelines
- 4. Substitute Registered Nurse
- (a) Assigned to substitute in the absence of the CSN
- (b) Duties permitted under professional license
- (c) Conducts health screenings
- (d) Maintains health records

#### DWIGHT D. EISENHOWER ELEMENTARY SCHOOL

# NURSING SERVICES PLAN 2024-2025

# Description of Issue:

The Dwight D. Eisenhower Elementary School, Sayreville, New Jersey provides the education setting for 407 regular education students as well as 59 special needs students with specific learning disabilities.

The formulation of the School Nursing Services Plan pursuant to NJAC 6A:30-1.4(a)9 provides the vehicle for the delivery of health services to our students by the professional, certified school nurse assigned to the building. The documented rationale for the school nursing services document is a collaborative effort of professional colleagues and the administrator responsible for district health services. It reflects the increasing medical services required by our students in order to attend a public school and exceeds the original educational mandate.

# Definition of Terms:

On site plan system: designed to serve the student in school with services delivered on-site. Children and families have consistent access to those health and social services.

<u>Certified School Nurse (CSN):</u> a specialized practice of professional nursing requiring an understanding of both the educational and health care realms. Certification ensures that the school nurse possesses the core knowledge for competent practice beyond that provided by state license as an R.N.

<u>Nursing Dependent:</u> students needing skilled nursing for survival; frequently 1:1 (i.e. vent-dependent).

<u>Medically Fragile:</u> students having complex health care needs. Life threatening emergencies are quite possible and therefore these students require monitoring (i.e. seizure disorders).

<u>Medically Complex:</u> complex or unstable physical and/or emotional conditions that require daily treatments and monitoring. Life threatening events are unpredictable (i.e. asthma with an inhaler at school; behavioral disorders).

<u>Health Concerns:</u> occasional monitoring is required, but currently the physical and/or social emotional condition is uncomplicated.

# I. IDENTIFIED NEEDS WITHIN THE SCHOOL

Total school population for 2024-2025 is 488 students. All classes are graded, with students ranging in age from 5 to 10 years old. The grade levels represented are K-3. There are 22 inclusion students, 32 pull out students and 5 self-contained students. Communication between health professionals is by phone, fax, e-mail, and regular meetings. The certified school nurses reinforce one another in the event of any emergency. Regular meetings of CSN's are planned as needed to discuss continuity of service, identification of needs, health planning, etc.

A.	Gr	ade Lev	els	K-3
B.	Ge	eneral ec	lucation enrollment	488
	1.	Numbe	er of students with severe medical involvement	00
	2.	Chroni	ic illness, special health needs, procedures, medications	
		a.	Asthma	41
			1. Students with inhalers	17
			2. Nebulizers	02
		b.	Febrile Seizure	01
			Seizure Disorder	01
		d.	Heart Murmurs/Congenital Heart Conditions	08
		e.	Hearing Loss/Hearing Aids	01
		f.	Genetic Disorder	03
		_	Seasonal/Not otherwise listed Allergies	36
			Endocrine Disorders	04
		i.	Musculoskeletal Disorders	01
		j.	Skin disorders/Eczema	09
			Autism	05
		1.	Communication Impaired	07
		m.	Other Health Impaired	25
		n.	Specific Learning Disabled	14
		О.		01
		p.	Gastric Reflux/Gastrointestinal Disorders	03
		-	Kidney/Bladder/Renal/Bathroom Privileges	05
		r.	Drug Allergies	14
		S.	Medication	0.0
			1. Daily	02
			2. Epi-Pens	11
			3. PRN (prev. listed inhalers/nebulizers not inc.)	19
			4. Rectal Valium (Diastat)	00
			5. Clonazepam	00
			6. Glucagon	00
		t.	Food Allergies (with 26 being nut)	46
		11.	Blood Dyscrasia	03

v.	Behaviorally Disabled	10
w.	Number of IHCPs requiring your input	34
X.	Number of 504s requiring your input	01
y.	Number of students enrolled in special educa	tion 71
z.	Number of students requiring your input at	
	CST Meetings	ANNUAL 03
aa.	Number of students requiring your input at	
	RTI meetings	ANNUAL 00

C. Number of pre-school students

00

- D. Additional district programs housed in your building
- Leading Edge
- E. Number of students transferring in/out of your building

(annually) 48/48 (2022/2023 school year-2023/2024 not available yet)

- F. Teaching responsibilities
  - 1. Student health classes: as requested by teacher
  - 2. Staff trainings: bloodborne pathogens for staff, Heimlich maneuver; care of ill and injured; training of Epi-pen and Glucagon administration; asthma education; additional topics as needed
- G. Multiple Buildings

N/A

1. Distance between schools

N/A

2. Type of Communication in place

N/A

- H. Other non-nursing tasks
  - 1. Attendance Responsibilities
  - 2. Process Home Instruction Forms
  - 3. Kindergarten Registration
  - 4. Additional Committees and district responsibilities
    - a. Health. Nutrition & Wellness Committee
    - b. Safety/Accident Reports
    - c. Emergency Management Team
    - d. Threat Assessment Team

#### II. STAFFING

# A. Nursing Responsibilities

- 1. Provide Skilled nursing service for medically fragile students as indicated below.
- 2. Provide skilled nursing services for children with complex health-care needs as indicated below.
- 3. Preparation, administration and documentation of medications and treatments, including nebulizers.
- 4. Health counseling.
- 5. Development and implementation of Individualized Health Care Plans.
- 6. Monitoring and state reporting of immunization and tuberculin status.
- 7. Management of students with special health care needs.
- 8. Monitoring for the presence of infectious diseases and use of public health

- 9. precautions to prevent the spread of infestations and infections in the school setting.
- 10. Physical and mental health assessments and referrals for care.

- 11. Daily student and family outreach by telephone.
- 12. Interpretation of health care needs of students to school personnel and Child Study Team Members.
- 13. Development and implementation of Emergency Health Care Plans and the daily provision of emergency care and first aid.
- 14. Oversee the process of reporting and documenting Workman's Compensation injuries.
- 15. Acting as a liaison for the school, parents and community health agencies.
- 16. Participating on student assessment teams such as intakes, child study and behavioral.
- 17. Collaborating with the school medical inspector on a regular basis.
- 18. Collaborating and assisting with visiting health agencies on student evaluations for Commission for the Blind and Visually Impaired and Dentistry for Persons with Disabilities.
- 19. Staff information resource.
- 20. Acts as a primary consultant on interpretation of medical evaluation and needs assessment.
- 21. Ensures that students unable to participate in physical education do not participate until a proper medical release is obtained and communicates this information to the physical education teacher and other staff.

#### B. Certified School Nurse

- 1. Functions to the level of profession license as a licensed registered nurse and school nurse certification.
  - (a) Fulfills the duties of the Registered Nurse cited in code
    - 1. Duties permitted under professional license/CPR Certified
    - 2. Conducts health screenings
    - 3. Maintains student health records
    - 4. Assesses and recommends students to be excluded for communicable disease
    - 5. Recommends students to be excluded for inadequate immunizations
  - (b) Fulfills the duties reserved to the CSN
    - 1. May teach health classes
    - 2. May be asked to develop curriculum
    - 3. Conducts staff trainings
    - 4. Selects and trains delegates to administer Epipen and Glucagon
    - 5. Delegates, directs and supervises school staff member performing delegation
    - 6. Reviews, summarizes and transmits available health and medical information in preparation for CST meetings
    - 7. Writes and updates annually (or more often) accommodation plans included in IHP required under Section 504, as required.
    - 8. Develops and implements the school health programs as per New Jersey Nurse Practice Act, ANA/NASN Standards of School Nursing, NJAC and the NJ Department of Education Health Services Guidelines.

# C. Substitute Registered Nurse

- 1. Assigned to substitute in the absence of the CSN
- 2. Duties permitted under professional license
- 3. Conducts health screenings
- 4. Maintains student health records

# HARRY S. TRUMAN ELEMENTARY SCHOOL NURSING SERVICES PLAN

#### 2024-2025

# <u>Description of Issue:</u>

The Harry S. Truman Elementary School, Sayreville, New Jersey provides the educational setting for 364 regular education students as well as 61 special needs students with specific learning disabilities, totaling 425 students.

The formulation of the School Nursing Services Plan pursuant to NJAC 6A:30-1.4(a)9 provides the vehicle for the delivery of health services to our students by the professional, certified school nurse assigned to the building. The documented rationale for the school nursing services document is a collaborative effort of professional colleagues and the administrator responsible for district health services. It reflects the increasing medical services required by our students in order to attend a public school and exceeds the original educational mandate.

#### Definition of Terms:

On site plan system: designed to serve the student in school with services delivered onsite. Children and families have consistent access to those health and social services.

<u>Certified School Nurse (CSN):</u> a specialized practice of professional nursing requiring an understanding of both the educational and health care realms. Certification ensures that the school nurse possesses the core knowledge for competent practice beyond that provided by state license as an R.N.

<u>Nursing Dependent:</u> students needing skilled nursing for survival; frequently 1:1 (i.e. vent-dependent).

<u>Medically Fragile:</u> students having complex health care needs. Life threatening emergencies are quite possible and therefore these students require monitoring (i.e. seizure disorders).

Medically Complex: complex or unstable physical and/or emotional conditions that require daily treatments and monitoring. Life threatening events are unpredictable (i.e. asthma with an inhaler at school; behavioral disorders).

Health Concerns: occasional monitoring is required, but currently the physical and/or social emotional condition is uncomplicated.

Behaviorally Disabled: conduct disorders; learning disabilities; ADHD.

# I. IDENTIFIED NEEDS WITHIN THE SCHOOL

Total school population for 2019-2020 is 469 students. All classes are graded, with students ranging in age from 5 to 10 years old. The grade levels represented are K-3. Communication between health professionals is by phone, fax, e-mail, and regular meetings. The certified school nurses reinforce one another in the event of any emergency. Regular meetings of CSNs are planned as needed to discuss continuity of service, identification of needs, health planning, etc.

A.	Grade Levels	K-3
B.	General education enrollment	364
C.	Number of students with severe medical involvement	61
	1. Chronic illness, special health needs, procedure	s, medications
	(a) Asthma	30
	(b) Allergies/Other	37
	(c) Medication Allergy	18
	(d) Epi-pen	05
	Inhalers	07
	(e) Inhaler with Spacers	02
	(f) Autism	08
	(g) Communication/ Speech Impaired	08
	(h) Specific Learning Disability	13
	(i) Multiple Disabilities	01
	(j) Other Health Impaired	17
	(k) ADHD	14
	(l) Celiac Disease	01

(a) Nurse Assigned	01
(b) Miscellaneous	00
(c) Frequent toileting	02

3.	Daily Medication	02
1.	PRN Medication	12
	(a) Food Allergies	38
	(b) Anaphylaxis	00
	(c) Severe seasonal allergies	37
	(d) Kidney	02
	(e) Sickle Cell Anemia	02
	(f) Seizure Disorder	02
	(g) Bladder/Bowel/Renal problems	02
	(h) Leukemia	01
	(i) Hydronephrosis	02
	(j) Blood Glucose monitoring	00
	(k) Cardiovascular Disorder	04
	(1) Epitaxis	02
	(m)Irritable Bowel Syndrome	00
	(n) Ostomy	01
	(o) Unicameral Bone Cyst	00
	(p) Neurofibromatosis Type 1	00
	(q) Sickle Cell Trait	01
	(r) Anemia (Iron Deficient)	01
	(s) Heart Murmur	02
	(t) Eczema	02
	(u) Migraines	02
	(v) GAG Reflex	02
	(w) Anxiety	02
5.	Number of IHCPs requiring your input	69 Est
ó.	Number of 504s requiring your input	02 Est
7	Number of students enrolled in special education	61

8. Number of students requiring your input at

CST meetings
ANNUAL
00
9. Number of students requiring your input at

RTI meetings
ANNUAL
00
10. Number of students requiring your input at

Speech meetings
ANNUAL
05

11. Number of pre-school students

- 12. Additional district programs housed in your building: **Leading Edge**
- 13. Number of students transferring in/out of your building: (ANNUALLY)75/159

00

# D. Teaching responsibilities

- (a) Student Health Education: as requested by teacher.
- (b) Staff trainings: bloodborne pathogens for staff; Heimlich maneuver; care of ill and injured; Epipen training; additional topic as needed.
- (c) Code Blue Team. Designated and Train certified staff.
- (d) CPR Certified; for additional support as needed.

# E. Multiple Buildings

(a) Distance between schools

- N/A
- (b) Type of communication in place
- N/A

# F. Other Non-nursing Tasks

- (a) Attendance responsibilities
- (b) Process Home Instruction forms
- (c) Kindergarten Registration
- (d) Additional Committees and District Responsibilities
  - 1. Health/Family Living
  - 2. Safety/Accident Reports
  - 3. Student Residency Checks
  - 4. School Insurance Collection
  - 5. Bus Duty (Trips)
  - 6. Health Committee

# G. Staffing

# 1. Nursing Responsibilities

- (a) Provide skilled nursing service for medically fragile students as indicated below.
- (b) Provide skilled nursing service for children with complex health-care needs as indicated below.
- (c) Preparation, administration and documentation of medications and treatments, including nebulizers.

- (d) Health counseling.
- (e) Development and implementation of Individualized Health Care Plans.
- (f) Monitoring and state reporting of immunization and tuberculin status.
- (g) Case management for students with special health care needs.
- (h)Monitoring for the presence of infectious diseases and use of public health precautions to prevent the spread of infestations and infections in the school setting.
- (i) Physical and mental health assessments and referrals for care.
- (j) Daily student and family outreach by telephone.
- (k)Interpretation of health care needs of students to school personnel and Child Study Team members.
- (l) Development and implementation of Emergency Health Care Plans and the daily provision of emergency care and first aid.
- (m)Oversee the process of reporting and documenting Workman's Compensation injuries.
- (n) Acting as a liaison for the school, parents and community health agencies.
- (o)Participating on student assessment teams such as intakes, childstudy and behavioral.
- (p)Collaborating with the school medical inspector on a regular basis.
- (q)Collaborating and assisting with visiting health agencies on student evaluations for Commission for the Blind and Visually Impaired and Dentistry for Persons with Disabilities.
- (r) Staff information resource.
- (s) Acts as a primary consultant on interpretation of medical evaluation and needs assessment.

#### H. Certified School Nurse

- (a) Functions to the level of professional license as a licensed registered nurse and school nurse certification
- (b) Fulfills the duties of the Registered Nurse NJ State Certified
- I. Duties permitted under professional license
  - 1. CPR Certified

- 2. Conducts health screenings
- 3. Maintains student health records
- 4. Assesses and recommends students to be excluded for communicable disease
- 5. Recommends students to be excluded for inadequate immunizations
- J. Fulfills the duties reserved to the CSN
  - 1. May educate health classes

# WILSON ELEMENTARY SCHOOL NURSING SERVICES PLAN

#### 2024-2025

# Description of Issue:

The Wilson Elementary School, Sayreville, New Jersey provides the educational setting for 352 regular education students as well as 37 special needs students with specific learning disabilities.

The formulation of the School Nursing Services Plan pursuant to N.J.A.C. 6A:30-1.4(a) 9 provides the vehicle for the delivery of health services to our students by the professional, certified school nurse assigned to the building. The documented rationale for the school nursing services document is a collaborative effort of professional colleagues and the administrator responsible for district health services. It reflects the increasing medical services required by our students to attend a public school and exceeds the original educational mandate.

# Definition of Terms:

On site plan system: designed to serve the student in school with services delivered onsite. Children and families have consistent access to those health and social services.

<u>Certified School Nurse (CSN):</u> a specialized practice of professional nursing requiring an understanding of both the educational and health care realms. Certification ensures that the school nurse possesses the core knowledge for competent practice beyond that provided by state license as an R.N.

<u>Nursing Dependent:</u> students needing skilled nursing for survival; frequently 1:1 (i.e. vent-dependent).

<u>Medically Fragile:</u> students having complex health care needs. Life threatening emergencies are quite possible and therefore these students require monitoring (i.e. seizure disorders).

<u>Medically Complex</u>: complex or unstable physical and/or emotional conditions that require daily treatments and monitoring. Life threatening events are unpredictable (i.e. asthma with an inhaler at school; behavioral disorders).

<u>Health Concerns:</u> occasional monitoring is required, but currently the physical and/or social emotional condition is uncomplicated.

Behaviorally Disabled: conduct disorders; learning disabilities; ADHD.

#### A. IDENTIFIED NEEDS WITHIN THE SCHOOL

The total school population for 2023-2024 is 389 students. All classes are graded, with students ranging in age from 3 to 10 years old. The grade levels represented are PK-3.

Resource/special education population is 37 students.

Communication between health professionals is by phone, fax, e-mail, and regular meetings. The certified school nurses reinforce one another in the event of any emergency. Regular meetings of CSNs are planned as needed to discuss continuity of service, identification of needs, health planning, etc.

- A. Grade Levels: PK-3
- B. General education enrollment: 352
- C. Number of students with severe medical involvement: 71
  - Chronic illness, special health needs, procedures, medications
    - (a) Asthma: 28
    - (b) Inhalers PRN: 23
    - (c) Nebulizer PRN: 3
    - (d) Seizure Disorder: 2
    - (e) Severe Food Allergy Epi-pen: 14
    - (f) Behavioral disorders requiring medication: 0
    - (g) Diabetic insulin: 0
    - (h) Blood Disorder: 4
    - (i) Anxiety Disorder: 1
    - (j) Familial Mediterranean Fever: 1
    - (k) Eczema: 3

- (l) Reactive Airway Disease: 1
- (m) Sickle Cell/Sickle Cell Trait: 2
- (n) Heart Conditions: 7
- (o) Autism: 2
- (p) Vision Impairment: 10
- (q) Seasonal Allergies: 20
- (r) Food Allergies: 22 (10 nut allergies)
- (s) Hearing Impairment:1
- D. Number of IHCPs requiring your input: 71
- E. Number of 504s requiring your input: 7
- F. Number of students enrolled in special education
  - 1. Number of students requiring your input at CST meetings:

#### ANNUAL 10

2. Number of students requiring your input at Student Assistance Team meetings:

**ANNUA** 

#### **L** 10

- G. Number of pre-school students: 30
- H. Additional district programs housed in your building: Leading Edge
- I. Number of students transferring in/out of your building (annually): 25/27
- J. Teaching responsibilities
  - 1. Student health classes 0
    - \_
  - 2. Staff trainings: 5
    - (a) Heimlich maneuver
    - (b) Bloodborne pathogens
    - (c) CPR
    - (d) Asthma
    - (e) Epi-Pen
- K. Multiple buildings: N/A
  - 1. Distance between schools: N/A
  - 2. Type of communication in place: N/A
- L. Other non-nursing tasks
  - 1. Attendance responsibilities including calling absentees
  - 2. Registration of new students
  - 3. Maintaining residency lists
  - 4. Maintaining pick-up restriction list

#### M. STAFFING

- (a) Nursing Responsibilities
  - 1. Provide skilled nursing service for

- medically fragile students as indicated below.
- 2. Provide skilled nursing services for children with complex healthcare needs as indicated below.
- 3. Preparation, administration and documentation of medications and treatments, including nebulizers.
- 4. Health counseling.
- 5. Development and implementation of Individualized Health Care Plans.
- 6. Monitoring and state reporting of immunization and tuberculin status.
- 7. Case management for students with special health care needs.
- 8. Monitoring the presence of infectious diseases and use of public health precautions to prevent the spread of infestations and infections in the school setting.
- 9. Physical and mental health assessments and referrals for care.
- 10. Daily student and family outreach by telephone.
- 11. Interpretation of health care needs of students to school personnel and Child Study Team members.
- 12. Development and implementation of Emergency Health Care Plans and the daily provision of emergency care and first aid.
- 13. Oversee the process of reporting and documenting Workman's Compensation injuries.
- 14. Acting as a liaison for the school, parents and community health agencies.
- 15. Participating in student assessment teams such as intakes, child study and behavioral.
- 16. Collaborating with the school medical inspector on a regular basis.
- 17. Collaborating and assisting with visiting health agencies on student evaluations for Commission for the Blind and Visually Impaired and Dentistry for Persons with Disabilities.
- 18. Staff information resource.
- 19. Acts as a primary consultant on interpretation of medical evaluation and needs assessment.

#### N. Certified School Nurse

- (a) Functions to the level of professional license as a licensed registered nurse and school nurse certification
- (b) Fulfills the duties of the Registered Nurse cited in code
  - 1. Duties permitted under professional license
  - 2. CPR Certified
  - 3. Conducts health screenings
  - 4. Maintains student health records
  - 5. Assesses and recommends students to be excluded for communicable disease
  - 6. Recommends students to be excluded for inadequate immunizations
- (c) Fulfills the duties reserved to the CSN
  - 1. May teach health classes
  - 2. May be asked to

# develop curriculum

- 3. Conducts staff training
- 4. Selects and trains delegates to administer Epi

Delegates, directs and supervises school staff member

performing a nursing task

- 5. Reviews, summarizes and transmits available health and medical information in preparation for CST meetings
- 6. Writes and updates annually (or more often) accommodation plans included in IHP required under Section 504 as required
- 7. Develops and implements the school health program as per New Jersey Nurse Practice Act, ANA/NASN Standards of School Nursing, N.J.A.C. and the NJ Department of Education Health Services Guidelines
- (d) Substitute Registered Nurse
  - 1. Assigned to substitute in the

# SAMSEL UPPER ELEMENTARY SCHOOL – PROJECT BEFORE PRESCHOOL NURSING SERVICES PLAN 2024-2025

#### **Description of Issues**

The Samsel Upper Elementary School is a school of 874 students housing grades 4<sup>th</sup> through 5<sup>th</sup>. The Samsel Upper Elementary School in Sayreville, New Jersey provides the educational setting for 666 regular education students as well as 208 special needs students, of whom 30 receive 504 accommodations.

The formulation of the School Nursing Services Plan pursuant to NJAC 6A:30-1.4(a)9 provides the vehicle for the delivery of health services to our students by the professional, certified school nurse assigned to the building. The documented rationale for the school nursing services document is a collaborative effort of professional colleagues and the administrator responsible for district health services. It reflects the increasing medical services required by our students in order to attend a public school and exceeds the original educational mandate.

#### Definition of Terms:

On site plan system: designed to serve the student in school with services delivered onsite. Children and families have consistent access to those health and social services.

<u>Certified School Nurse:</u> (CSN) a specialized practice of professional nursing requiring an understanding of both the educational and health care realms. Certification ensures that the school nurse possesses the core knowledge for competent practice beyond that provided by state license as an R.N.

Registered Nurse: to assist CSN in the daily routine of office and health care realm.

Possesses the core knowledge for competent practice provided by state license.

<u>Nursing Dependent</u>: students needing skilled nursing for survival: frequently 1:1 (vent – dependent)

<u>Medically Fragile:</u> students having complex health care needs. Life threatening emergencies are quite possible and therefore these students require monitoring (i.e. ventilator seizure disorders).

<u>Medically Complex:</u> complex or unstable physical and/or emotional conditions that require daily treatments and monitoring. Life threatening events are unpredictable (i.e. asthma with an inhaler at school; behavioral disorders).

<u>Health Concerns:</u> occasional monitoring is required, but currently the physical and/or social emotional condition is uncomplicated.

Behaviorally Disabled: conduct disorders; learning disabilities; ADHD.

A. IDENTIFIED NEEDS WITHIN THE SCHOOL

a.

The total school population for 2024-2025 is 874 students. All classes are graded, with students ranging in age from 9-11 years old. The grade levels represented are 4-5. There are 30 students that are classified in self-contained classrooms. There are also 208 special education students. Communication between health professionals is by phone, fax, e-mail, and regular meetings. The certified school nurses reinforce one another in the event of any emergency. Regular meetings of CSN's are planned as needed to discuss continuity of service, identification of needs, health planning, etc.

Grade Levels 4-5

Glade Levels 4-3		
General education enrollment	874	
Number of students with medical involvement		
i. Chronic illness, special health needs, procedures, medications		
(a) Diabetes/Hypoglycemia	0	
(b) Asthma	60	
(c) Severe Allergy/require EpiPen/Benadryl	17	
(d) Allergies (not requiring EpiPen)	90	
(e) Seizure Disorder	11	
(f) Diagnosed Migraine	0	
(g) Scoliosis (requiring brace)	0	
(h) Cardiac Conditions/Circulatory (all)	7	
(i) ADD/ADHD/PDD	6	
(j) Multi- disabled	2	
(k) Cancer	0	
	General education enrollment  Number of students with medical involvement  i. Chronic illness, special health needs, procedur  (a) Diabetes/Hypoglycemia (b) Asthma (c) Severe Allergy/require EpiPen/Benadryl (d) Allergies (not requiring EpiPen) (e) Seizure Disorder (f) Diagnosed Migraine (g) Scoliosis (requiring brace)  (h) Cardiac Conditions/Circulatory (all) (i) ADD/ADHD/PDD (j) Multi- disabled	

	(I) Marfan Syndrome (m)Mental/Social Disorders (n) Spinal Bifida (o) Eye Disorders (p) Obesity (severe) (q) Hearing disorder (r) Cerebral Palsy (s) Kidney disorder (t) JRA/joint disorders (u) Hypertension/Hypotension (v) IBS/Crohn/bowel disorders (w) Lupus (x) Prader-Willi Syndrome (y) Hyperthyroid Syndrome/endocrine	0 1 0 3 6 3 0 5 0 0 0 0
ii.	Medications: (a) inhaler (b) Tylenol/Advil (c) Epi-pen/AviQ (d) Depakote (e) Insulin (f) Benadryl (g) Glucagon (h) Behavioral Medications (I) Diastat/Valtoco	17 0 17 0 0 11 0 1 4
iii.	Screenings/Procedures:	
	(a) Nebulizer	0
	(b) Glucose Monitoring	0
	(c) FM systems	3
	(d) BP Screenings	874
	(e) Vision screenings	426
	(f) Scoliosis screenings	448
	(g) Audio screening	as needed
iv.	Number of IHCPs requiring your input	42
٧.	Number of 504s requiring your input	30
vi.	Number of students enrolled in special ed	. 208
vii.	Number of students requiring your input	at CST 30
viii	. Number of students requiring your input	

student assistance team meetings ANNUAL 30

Ix. Number of students transferring in/out

of your building (annually)

66/52

- x. Teaching responsibilities:
  - (a) Student health classes
- xii. Staff trainings:
  - (a) Bloodborne Pathogen
  - (b) Heimlich Procedure
  - (c) Asthma in school
  - (d) Diabetes signs/symptoms
  - (e) Glucagon Training
  - (f) EpiPen Delegate
  - (g) Code Blue
  - (h) Seizures
- xiii. Other non-nursing task:
  - (a) Process Home Instruction forms
  - (b) Health & Safety Committee
  - (c) I&RS Committee
  - (d Child Study Team Committee
  - (e) Process applications for Kiddie Keep well Camp
  - (f) Organize CPR certifications

xiv. Staffing

A. Nursing Responsibilities

- Provide skilled nursing service for medically fragile students as indicated above.
   (IE a student on a ventilator requires a one-to-one nurse in addition to Regular staffing.)
- 2. Provide skilled nursing services for children with complex healthcare needs as Indicated above. (IE a student on a ventilator will require a one-to-one nurse in addition to regular support staff.
- 3. Preparation, administration and documentation of medications and treatments, including nebulizers
- Health counseling.
- 5. Development and implementation of Individualized Health Care Plans.

- 6. Monitoring and state reporting of immunization and tuberculin status.
- 7. Case management for students with special health care needs.
- 8. Monitoring for the presence of infectious diseases and use of public health precautions to prevent the spread of infestations and infections in the school setting.
- 9. Physical and mental health assessments and referrals for care.
- 10. Daily student and family outreach by telephone.
- 11. Interpretation of health care needs of students to school personnel and Child Study Team members.
- 12. Development and implementation of Emergency Health Care Plans and the daily provision of emergency care and first aid.
- 13. Oversee the process of reporting and documenting Workman's Compensation for injuries.
- 14. Acting as a liaison for the school, parents and community health agencies.
- 15. Participating on student assessment teams such as intakes, child study And behavioral.
- 16. Collaborating with the school medical inspector on a regular basis.
- 17. Collaborating and assisting with visiting health agencies on student evaluations for Commission for the Blind and Visually Impaired and Dentistry for Person with Disabilities.
  - xv. Staff information resource.
    - (a) Acts as primary consultant on interpretation of medical evaluation and needs assessment.
  - xvi. Certified School Nurse
  - 1. Functions to the level of professional license as a licensed registered nurse and school nurse certification.
- 2. Fulfills the duties of the Registered Nurse cited in code
  - (a) Duties permitted under professional license
  - (b) CPR Certified
  - (c) Conducts health screenings
  - (d) Maintains student health records
  - (e) Assesses and recommends students to be excluded for communicable disease
  - (f) Recommends students to be excluded for inadequate immunizations
  - (g) Update health care plans annually as needed
- 3. Fulfills the duties reserved to the CSN May teach health classes

- (a) May be asked to develop curriculum
- (b) Conducts staff trainings
- (c Selects and trains delegates to administer EpiPen
- (d) Delegates, directs and supervises school staff member performing a nursing task
- (e) Reviews, summarizes and transmits available health and medical information in preparation for CST in preparation for CST meetings
- (f) Writes & updates annually (or more often) accommodation plans included in IHP required under Section 504 as required.
- (g) Develops and implements the school health programs as per NJ Nurse Practice Act. ANA/NASN Standards of School Nursing, NJAC and the NJ Dept. of Health Services Guidelines.

# xvii. Registered Nurse

- (a) Assigned to assist the CSN with daily activities as stated above.
- (b) Duties permitted under professional registered license
- (c) Conducts health screenings
- (d) Maintains student health records

# xviii. Substitute Registered Nurse

- (a) Assigned to substitute in the absence of the CSN
- (b) Duties permitted under professional license
- (c) Conducts health screenings
- (d) Maintains student health records

# SAYREVILLE MIDDLE SCHOOL NURSING SERVICES PLAN 2024-2025

#### **Description of Issue:**

The Sayreville Middle School, Parlin, New Jersey provides the educational setting for 1291 students including 221 classified students and 64 students receiving accommodations under 504.

The formulation of the School Nursing Services Plan pursuant to N.J.A.C. 6A:30-1.4(a) 9 provides the vehicle for the delivery of health services to our students by the professional, certified school nurse assigned to the building. The documented rationale for the school nursing services document is a collaborative effort of professional colleagues and the administrator responsible for district health services. It reflects the increasing medical services required by our students in order to attend a public school and exceeds the original educational mandate.

#### Definition of Terms:

On site plan system: designed to serve the student in school with services delivered onsite. Children and families have consistent access to those health and social services.

<u>Certified School Nurse (CSN):</u> a specialized practice of professional nursing requiring an understanding of both the educational and health care realms. Certification ensures that the school nurse possesses the core knowledge for competent practice beyond that provided by state license as an R.N.

<u>Nursing Dependent:</u> students needing skilled nursing for survival; frequently 1:1 (i.e. vent-dependent).

<u>Medically Fragile:</u> students having complex health care needs. Life threatening emergencies are quite possible and therefore these students require monitoring (i.e. seizure disorders).

<u>Medically Complex</u>: complex or unstable physical and/or emotional conditions that require daily treatments and monitoring. Life threatening events are unpredictable (i.e. asthma with an inhaler at school; behavioral disorders).

<u>Health Concerns:</u> occasional monitoring is required, but currently the physical and/or social emotional condition is uncomplicated.

Behaviorally Disabled: conduct disorders; learning disabilities; ADHD.

#### I. IDENTIFIED NEEDS WITHIN THE SCHOOL

The total school population for 2023-2024 is 1334 students. As of September 2023, all classes are graded, with students ranging in age from 10 to 15 years old. The grade levels represented are 6-8. Of the 237 classified students, 183 receive services at the middle school. An additional 61 students receive services under 504. Communication between health professionals is by phone, fax, e-mail, and regular meetings. The certified school nurses reinforce one another in the event of any emergency. Regular meetings of CSNs are planned as needed to discuss continuity of service, identification of needs, health planning, etc.

A. Grade Levels	6-8
B. General education enrollment	
<ul> <li>II. 6th grade: 431, 7<sup>th</sup> grade: 420, 8<sup>th</sup> grade: 440</li> <li>A. Number of students with severe medical involvement</li> </ul>	133
B. Total number of students with a documented medical	
concern.	417
Chronic illness, special health needs, procedures, medications  1. Asthma	101
2. Seizure Disorder	22
3. Sickle Cell Disease/trait	3
4. Allergies	238
5. Food	96
6. Bee/insect	4
7. Environmental	73
8. Drug	65
9. In Office Medication	4
10. Diabetes	9
11. Cardiac Disorders	6

12. Mental Health Disorders	6	
13. Migraine Headaches	12	
14. Hearing Impaired	4	
15. Renal Disease/GU	7	
16. ADD/ADHD	15	
17. Severe eczema	5	
18. Bleeding Disorder	1	
19. ENT Disorders	10	
20. Metabolic Disorder	1	
21. Ophthalmological disorders	14	
22. Cancer/inc. remission	0	
23. Genetic Disorder	2	
24. Anemia	0	
25. Down's Syndrome	2	
26. Neurological Disorder	1	
27. Hx TBI/concussion	10	
28. Reproductive Disorder	0	
29. Multiple Disabled		
30. Autism spectrum disorders	10	
31. Auditory/sensory processing disorder		4
32. Gastrointestinal Disorder	10	
33. Respiratory Disorder	3	
34. Musculoskeletal Disorder	2	
35. Scoliosis	3	
36. Skin Disorder	3	
37. Visual impairment	3	
38. Epstein Barr	1	
39. Tic disorder/Tourette's Syndrome	2	
40. Eating Disorder	1	
41. PRN medication	9	
42. Endocrine Disorder	2	
43. Charcol-Marie-Tooth Disease	1	
44. Anxiety	4	

- \*Information updated as additional documentation is received.
- 1. Number of IHCPs requiring your input **260**
- 2. Number of 504s requiring your input **8**
- 3. Parent notification of students requiring additional health Information;
  - (a) New Entrants
  - (b) Immunizations
  - (c) Asthma Action plans
  - (d) Epi pen orders/other med orders
  - (e) Chronic III and other medical concerns listed on Oncourse or sport physicals
  - (f) Diabetic care orders
  - (g) Parents are contacted via phone and/or letter at the start of the 24/25 school year and throughout year as needed
- 4. Sports Physicals and Health Histories reviewed and charted: 524 sport physicals and sport physical updates were processed at the middle school in 2023/2024. As of October 2024, 169 sport physicals and updates have been processed for the 24/25 school year.
- 5. Evaluate students suspected of being under the influence.
- 6. Accompany students to ER as needed.
- 7. Administer all required Mantoux TB test to students entering the district in all grades.
- 8. Coordinate Code Blue Response Team. (total members currently at 9 for 2024-2025 school year)
- 9. Instruct faculty in the recognition and treatment of anaphylaxis in previously non diagnosed students. –Next training for 24-25 school year TBA.

- 10. Provide additional staff in-services as mandated by NJ State Law.
- 11. Review scheduled trip lists in order to provide chaperoning staff with relevant health information concerning students attending.
- 12. Verify all medication orders with the prescribing provider, including asthma treatment plans, allergy action plans, diabetic orders and general medication orders.
- 13. Review, record and file all medical notes submitted.
- 14. Process and submit requests for home instruction.

Additionally, see **50-100 students** daily for evaluation of illness/injury of a temporary nature. Each student visit is charted in Oncourse per district policy.

The middle school nurses also provide heath information to faculty on an as needed basis, as well as care for any injured or ill staff. This includes the bus compound staff.

- D. Number of students enrolled in special education 221 (per CST)
  - 1. Number of students requiring your input at CST meetings Annual 1 as of today 10/24
  - 2. Number of students requiring your input at I & RS meetings Annual 0 in 24/25 school year
- E. Additional district programs housed in your building: None at present
- F. Number of students transferring in/out of your building

# through 10/21/24 - 69

Note: 1 new entrants are provisional status and need to be monitored for compliance with immunization regulations.

## G. Teaching responsibilities

- 1. Student health classes: provide instruction on teacher's request.
- 2. Staff training: blood borne pathogens for teachers, administrators and additional faculty; Heimlich maneuver; care of ill and injured students; asthma, diabetes, allergies, concussions, seizures and additional topics as needed.
- 3. Training of epinephrine & glucagon delegates.

#### H. Other non-nursing tasks

- 1. Attendance responsibilities: Process Home Instruction forms Annual
  - 3 as of 11/2023
- 2. Review and chart all doctor's notes on OnCourse.
- 3. Consult with attendance office with regard to

#### attendance/appeals.

- 4. Additional committees and district responsibilities
- 5. I & RS

#### III. STAFFING

#### A. Nursing Responsibilities

- 1. Provide skilled nursing service for medically fragile students as indicated below.
- 2. Provide skilled nursing services for children with complex health-care needs as indicated below.
- 3. Preparation, administration and documentation of medications and treatments, including nebulizers.
- 4. Health counseling.
- 5. Development and implementation of Individualized Health

Care Plans.

- 6. Monitoring and state reporting of immunization and tuberculin status.
- 7. Case management for students with special health care needs.
- 8. Monitoring the presence of infectious diseases and use of public health precautions to prevent the spread of infestations and infections in the school setting.
- 9. Physical and mental health assessments and referrals for care.
- 10. Daily student and family outreach by telephone.
- 11. Interpretation of health care needs of students to school personnel and Child Study Team members.
- 12. Development and implementation of Emergency Health Care Plans and the daily provision of emergency care and first aid.
- 13. Oversee the process of reporting and documenting Workman's Compensation injuries.
- 14. Acting as a liaison for the school, parents and community health agencies.
- 15. Participating on student assessment teams such as intakes, child study and behavioral.
- 16. Collaborating with the school medical inspector on a regular basis.
- 17. Collaborating and assisting with visiting health agencies on student evaluations for Commission for the Blind and Visually Impaired and Dentistry for Persons with Disabilities.
- 18. Staff information resource.

- 19. Acts as a primary consultant on interpretation of medical evaluation and needs assessment.
- 20. Reviews sports physicals and health histories, submit to trainer for approval by school doctor and chart on A45.
- 21. Cover nursing position in other schools when no substitute is available.
- 22. Implement compliance with immunization requirements for Middle School students.

#### B. Certified School Nurse

- 1. Functions to the level of professional license as a licensed registered nurse and school nurse certification
  - (a) Fulfills the duties of the Registered Nurse cited in code
    - i. Duties permitted under professional license
    - ii. CPR/AED Certified
    - iii. Conducts health screenings:
      Height & Weight grades 6
      through 8 BP
      grades 6 through 8 Scoliosis
      grades 7 Vision
      grade 6 & 8 Hearing
      grade 7 Record on A 4&5

Notify parents of results outside range

- iv. Maintains student health records
- v. Assesses and recommends students to be excluded for communicable disease
- vi. Recommends students to be excluded for inadequate immunizations
- (b) Fulfills the duties reserved to the CSN

- i. May teach health classes
- ii. May be asked to develop curriculum
- iii. Conducts staff trainings
- iv. Selects and trains delegates to administer Epinephrine
- v. Selects and trains delegates to administer glucagon.
- vi. Delegates, directs and supervises school staff member performing a nursing task
- vii. Reviews, summarizes and transmits available health and medical information in preparation for CST meetings
- viii. Writes & updates annually (or more often) accommodation plans included in IHP required under Section 504 as required
- ix. Develops and implements the school
  healthprograms as per New Jersey Nurse
  Practice Act, ANA/NASN
  Standards of School Nursing,
  N.J.A.C. and the NJ Department of Education Health
  Services Guidelines.

## C. Substitute Registered Nurse

- 1. Assigned to substitute in the absence of the CSN
- 2. Duties permitted under professional license
- 3. Conducts health screenings
- 4. Maintains student health records

## SAYREVILLE PUBLIC SCHOOLS

## SAYREVILLE WAR MEMORIAL HIGH SCHOOL NURSING SERVICES PLAN 2024-2025

#### Description of Issue:

The Sayreville War Memorial High School, Sayreville, New Jersey provides the educational setting for 1764 students including 278 classified students and 77 students receiving accommodations under 504.

The formulation of the School Nursing Services Plan pursuant to N.J.A.C. 6A:30-1.4(a) 9 provides the vehicle for the delivery of health services to our students by the professional, certified school nurse assigned to the building. The documented rationale for the school nursing services document is a collaborative effort of professional colleagues and the administrator responsible for district health services. It reflects the increasing medical services required by our students in order to attend a public school and exceeds the original educational mandate.

#### Definition of Terms:

On site plan system: designed to serve the student in school with services delivered on- site. Children and families have consistent access to those health and social services.

<u>Certified School Nurse (CSN):</u> a specialized practice of professional nursing requiring an understanding of both the educational and health care realms. Certification ensures that the school nurse possesses the core knowledge for competent practice beyond that provided by state license as an R.N.

Nursing Dependent: students needing skilled nursing for survival; frequently 1:1

<u>Medically Fragile:</u> students having complex health care needs. Life threatening emergencies are quite possible and therefore these students require monitoring (i.e. seizure disorders).

<u>Medically Complex:</u> complex or unstable physical and/or emotional conditions that require daily treatments and monitoring. Life threatening events are unpredictable (i.e. asthma with an inhaler at school; behavioral disorders).

<u>Health Concerns:</u> occasional monitoring is required, but currently the physical and/or social emotional condition is uncomplicated.

Behaviorally Disabled: conduct disorders; learning disabilities; ADHD.

#### I. IDENTIFIED NEEDS WITHIN THE SCHOOL

Total school population for 2024-2025 is 1764 students. As of October 2024, all classes are graded, with students ranging in age from 13 to 20 years old. The grade levels represented are 9-12. Of the 278 classified students, 278 receive services at the high school. An additional 77 student receive services under 504. Communication between health professionals is by phone, fax, e-mail, parent square and regular meetings. The certified school nurses reinforce one another in the event of any emergency. Regular meetings of CSNs are planned as needed to discuss continuity of service, identification of needs, health planning, etc.

A.	Grade Levels	9-12
B.	General education enrollment	1764
C.	Nursing Dependent Students	15
D.	Medically Fragile Students	342
E.	Medically Complex students	342
F.	Total number of students with a documented medical concern	454

1. Chronic illness, special health needs, procedures, medications

## (a) Respiratory Disorders: 152

i. Asthma: 148

#### (b) Neurological Disorders: 36

i. Seizure Disorder: 15

ii. Migraine Headache: 15

iii. Hx. Concussions: 6

iv. Chiari malformation:1

#### (c) Allergies: 190

i. Food: 106

ii. Bee/Insect: 3

iii. Environmental: 67

iv. Medication: 34

v. Latex: 1

(d)Hematol	logic Disorders: 6
j	i. Sickle Cell Disease/Trait: 2
j	ii. Anemia: 4
(e) Audiolog	gy Concerns: 8
j	i. Hearing Impaired: 8
(f) Ophthal	mologic Concerns: 8
j	i. Color Blind: 1
j	ii. Legally Blind: 2
	iii. Convergence Insufficiency: 1
(g) Endocri	ne Disorders: 14
j	i. Diabetes: 10
	ii. Hypothyroidism: 1
j	iii. Growth Hormone Deficiency: 1
(h)Cardiac	Disorders: 11
	i. Hypertension: 2
	ii. Wolf Parkinson White Syndrome: 1
	iii. Heart Murmur: 5
i	iv. Sick Sinus Syndrome: 1
	v. Tetralogy of Fallot: 1
	vi. Vasovagal Syncope: 3
	vii. SVT: 1
	viii. Orthostatic Hypotension: 1
(i) GI Disor	ders: 16
i	i. Pancreatic Insufficiency: 1
	ii. Irritable Bowel Syndrome: 2
	iii. Ulcerative Colitis: 2
	iv. Crohn's Disease: 1
	v. Lactose Intolerant: 5
	vi. Acid Reflux: 3
	vii. Intestinal Malrotation: 0
	viii. Gallstones: 1
	ix. Gluten intolerance: 1
(j) GU Diso	
_	i. Caudal Regressive Syndrome: 1
	ii. One Kidney: 1
	iii. Kidney Disorder: 3
	nune/Skin Disorders: 12
	i. Lymphatic Malformation: 1
	ii. Alopecia: 1
	iii. Eczema: 8
	iv. IgG Deficiency: 1
	v. Hidradenitis Suppurativa: 0
	vi. Vitiligo: 1
(I) Musculo	skeletal Disorders: 58

i.	Spina	Bifida:	2
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ii. Scoliosis: 8

iii. Spinal Fusion Surgery: 1

iv. Blount's Disease: 0

v. Osgood-Schlatter disease: 1

vi. Pectus Exctavatum: 1

vii. Hypermobility syndrome: 3

viii. Hypertonia: 2

ix. Orthopedic Injuries: 41

## (m) Cancer History: 4

i. Leukemia: 4

## (n)Tic Disorder/Tourette's: 1

i. Tic Disorder: 1

## (o)Mental Health Disorders: 36

i. Selective Mutism: 2

ii. Anxiety: 16

iii. ADD/ADHD: 23

iv. Depression: 3

## (p)Multiple Disabilities: 88

i. Autism: 42

ii. Down Syndrome: 2

iii. Intellectual Disability: 8

iv. Emotional Regulation Impairment: 11

v. Communication Impairment: 16

vi. Multiple Disability: 9

## (q)Medications: 19 (not including allergy, asthma, or seizure meds)

i. Daily Medications: 9

ii. PRN Medications: 10

<sup>\*</sup>Information updated as additional documentation is received.

1.	Number of IHCPs re	equiring your	input: 334

2. Number of 504s requiring your input: 50

3. Parent notification of student requiring additional health information:

a. New Entrants

b. Immunizations

c. Asthma Action Plans

d. Epi Pen Orders/Other Med Orders

e. Chronic Illness and other medical concerns listed on On-Course or Sports Physicals

f. Diabetic Care Orders

g. Parents are contacted via phone and/or letter at the start of the school year and throughout the year as needed

4. Sports Physical and Health Histories

a. Approximately 700 sports physicals were processed at the high school in 2022-2023

- b. In addition, health history updates for students participating in multiple sports are reviewed, charted, and filed as needed
- 5. Evaluate students suspected of being under the influence
- 6. Accompany students to ER as needed
- 7. Coordinate Code Blue Response Team
- 8. Instruct faculty in the recognition and treatment of anaphylaxis in previously non-diagnosed students. Provide Epi-pen training to faculty members.
- 9. Provide additional staff in-services as mandated by NJ State Law
- 10. Review scheduled trip lists in order to provide chaperoning staff with relevant health information concerning students attending
- 11. Attend field trips with MD students twice per month, sometimes more frequently.
- 12. Verify all medication orders with prescribing provider, including asthma treatment plans, allergy action plans, diabetic orders, and general medication orders as needed
- 13. Review, record, and file all medical notes submitted
- 14. Process and submit requests for home instruction

Additionally, see 60-100 students daily for evaluation of illness/injury of a temporary nature. Each student visit is charted in SNAP.

The high school nurses also provide heath information to faculty on an as needed basis, as well as care for any injured or ill staff. This includes the bus compound staff.

Students enrolled in special education: 278

- 1. Number of students requiring your input at CST meetings annually
  - a. 2024-2025: 14
- 2. Number of students requiring your input at I&RS meetings annually
  - a. 2024-2025: 0

Students transferring into your building in 2024-2025

- 1. Transferred in: 127 students
- 2. Transferred out: 32 students
- 3. At this time, 9 new entrants are provisional and need to be monitored for compliance with immunization regulations

#### Teaching responsibilities

- 1. Student health classes: provide instruction on teacher's request
- 2. Staff training:
  - a. Blood Borne Pathogens
  - b. Heimlich maneuver
  - c. Care of ill and injured students
  - d. Asthma
  - e. Diabetes
  - f. Allergies
  - g. Concussions
  - h. Seizure First Aid
  - i. Training of epinephrine & glucagon delegates

## j. Additional topics as needed

## Other Non-Nursing Tasks

- 1. Attendance responsibilities:
  - a. Process home instruction forms: 8 for 2024-2025 school year
  - b. Consult with attendance office regarding attendance appeals
  - c. Copy & send health records upon receipt of record request form from other districts

#### Nursing Responsibilities

- 1. Provide skilled nursing service for medically fragile students as indicated below
- 2. Provide skilled nursing services for children with complex healthcare needs as indicated below
- 3. Preparation, administration, and documentation of medications and treatments, including nebulizers
- 4. Health counseling
- 5. Development and implementation of Individualized Health Care Plans
- 6. Monitoring and state reporting of immunization and tuberculin status
- 7. Case management for students with special health care needs
- 8. Monitoring for the presence of infectious disease and use of public health precautions to prevent the spread of infestations and infection in the school setting
- 9. Physical and mental health assessment and referrals for care
- 10. Daily student and family outreach by telephone
- 11. Interpretation of health care needs of students to school personnel and child study team members
- 12. Development and implementation of emergency health care plans and the daily provision of emergency care and first aid
- 13. Oversee the process of reporting and documentation of Workman's Compensation injuries
- 14. Acting as a liaison for the school, parents, and community health agencies
- 15. Participating on student assessment teams such as intakes, child study, and behavioral
- 16. Collaborating with the school medical inspector on a regular basis
- 17. Collaborating and assisting with visiting health agencies on student evaluations for commission for the Blind and Visually Impaired and Dentistry for Persons with Disabilities
- 18. Staff information resources
- 19. Acts as a primary consultant on interpretation of medical evaluation and needs assessment
- 20. Reviews sports physical and health histories, submit to trainer for approval by school doctor and chart on A-45s
- 21. Cover nursing position in other schools when no substitute is available

22. Implement compliance with immunization requirements for High School students

#### Certified School Nurse

- 1. Functions to the level of professional license as a licensed registered nurse and school nurse certification
  - a. Fulfills the duties of the registered nurse cited in code
    - i. Duties permitted under professional license
    - ii. CPR/AED certified
    - iii. Conducts health screenings
      - 1. Height & Weight grades 9-12
      - 2. Blood pressure grades 9-12
      - 3. Scoliosis grades 9 and 11
      - 4. Vision grade 10
      - 5. Hearing grade 11
      - 6. Record screenings on A-45 and notify parents of results that are outside range
    - iv. Maintains student health records
    - v. Assess and recommend students to be excluded for communicable disease
    - vi. Recommends students to be excluded for inadequate immunizations
  - b. Fulfills the duties reserved to the CSN
    - i. May teach health classes
    - ii. May be asked to develop curriculum
    - iii. Conduct staff training
    - iv. Selects and trains delegates to administer Epinephrine
    - v. Selects and trains delegates to administer glucagon
    - vi. Delegates, directs, and supervises school staff members performing a nursing task
    - vii. Reviews, summarizes, and transmits available health and medical information in preparation for CST meetings
    - viii. Writes & updates annually (or more often) accommodation plans included in IHP required under Section 504 as required
    - ix. Develops and implements the school health programs as per New Jersey Nurse Practice Act, ANA/NASN
    - x. Maintains student health records

## Substitute Registered Nurse

- 1. Assigned to substitute in the absence of the CSN
- 2. Duties permitted under professional license
- 3. Conducts health screenings
- 4. Maintains student health records

#### SAYREVILLE PUBLIC SCHOOLS

#### CHEESEQUAKE SCHOOL PROJECT BEFORE

## NURSING SERVICES PLAN 2024-2025

## **Description of Issue:**

The Cheesequake School, Matawan, New Jersey provides the education setting for 214 general education students as well as 41 special needs students with specific learning disabilities. This number fluctuates as Early Intervention students start after the age of three as well as individuals moving in and out of the district.

The formulation of the School Nursing Services Plan pursuant to NJAC 6A:30-1.4(a)9 provides the vehicle for the delivery of health services to our students by the professional, certified school nurse assigned to the building. The documented rationale for the school nursing services document is a collaborative effort of professional colleagues and the administrator responsible for district health services. It reflects the increasing medical services required by our students in order to attend a public school and exceeds the original educational mandate.

#### Definition of Terms:

On site plan system: designed to serve the student in school with services delivered on-site. Children and families have consistent access to those health and social services.

<u>Certified School Nurse (CSN):</u> a specialized practice of professional nursing requiring an understanding of both the educational and health care realms. Certification ensures that the school nurse possesses the core knowledge for competent practice beyond that provided by state license as an R.N.

<u>Nursing Dependent:</u> students needing skilled nursing for survival; frequently 1:1 (i.e. vent-dependent).

<u>Medically Fragile:</u> students having complex health care needs. Life threatening emergencies are quite possible and therefore these students require monitoring (i.e. seizure disorders).

<u>Medically Complex:</u> complex or unstable physical and/or emotional conditions that require daily treatments and monitoring. Life threatening events are unpredictable (i.e. asthma with an inhaler at school; behavioral disorders).

<u>Health Concerns:</u> occasional monitoring is required, but currently the physical and/or social emotional condition is uncomplicated.

#### III. IDENTIFIED NEEDS WITHIN THE SCHOOL

Total school population for 2024-2025 is 255 students. All classes are graded, with students ranging in age from 3 to 5 years old. The grade levels represented are Pre-K3 and Pre-K4. There are 0 inclusion students and 0 pull out students as we have general education and self-contained due to developmental mile markers as part of the Preschool Grant. Communication between health professionals is by phone, fax, e-mail, and regular meetings. The certified school nurses reinforce one another in the event of any emergency. Regular meetings of CSNs are planned as needed to discuss continuity of service, identification of needs, health planning, etc.

A.	Gr	ade Lev	rels	Pre-K
B.	General education enrollment			214
	1. Number of students with severe medical involvement			13
	2. Chronic illness, special health needs, procedures, medications			
		a.	Asthma	04
			1. Students with inhalers	03
			2. Nebulizers	01
		b.	Febrile Seizure	00
		c.	Seizure Disorder	01
		d.	Heart Murmurs	02
		e.	Hearing Loss/BAHA Bone Anchored	01
		f.	Vision Issues	02
			1. Esotropia	00
		g.	Seasonal/Not otherwise listed Allergies	20
			1. Severe Seasonal Allergies	12
		h.	Mosquito Bite Anaphylaxis	00
		i.	Cystic Fibrosis	00
		j.	Celiac Disease	00
		k.	Autism	38
		1.	Communication Impaired	18
		m.	Other Health Impaired	15
		n.	Specific Learning Disabled	41
		о.	Sickle Cell Trait	03
		p.	Gastric Reflux	02
		q.	Kidney/Bladder/Renal/Bathroom Privileges	00
		r.	Cleft Lip and palate repair	00
		S.	Medication	
			1. Daily	00
			2. Epi-Pens	04
			3. PRN (prev. listed inhalers/nebulizers not inc.)	01
			4. Rectal Valium (Diastat)	01
			5. Clonazepam	00

	6. Glucagon	01
t.	Food Allergies (with 04 being nut)	5
u.	Diabetes	00
v.	Emotionally Disturbed	00
w.	Number of IHCPs requiring your input	8
X.	Number of 504s requiring your input	00
y.	Number of students enrolled in special educate	tion 41
z.	Number of students requiring your input at	
	CST Meetings	ANNUAL 00
aa.	Number of students requiring your input at	
	RTI meetings	ANNUAL 01

I. Number of pre-school students

255

- J. Additional district programs housed in your building
- Leading Edge
- K. Number of students transferring in/out of your building

(annually) 11 into and 25 out (2023-2024 school year - 2024/2025 not available yet)

- L. Teaching responsibilities
  - 1. Student health classes: as requested by teacher
  - 2. Staff trainings: bloodborne pathogens for staff, Heimlich maneuver; care of ill and injured; training of Epi-pen and Glucagon administration; asthma education; additional topics as needed

#### M. Multiple Buildings

N/A

1. Distance between schools

N/A

2. Type of Communication in place

N/A

#### N. Other non-nursing tasks

- 1. Attendance Responsibilities
- 2. Process Home Instruction Forms
- 3. Kindergarten Registration
- 4. Additional Committees and district responsibilities
  - a. Health, Nutrition & Wellness Committee
  - b. Safety/Accident Reports
  - c. Emergency Management Team

#### IV. STAFFING

## A. Nursing Responsibilities

- i. Provide Skilled nursing service for medically fragile students as indicated below.
- ii. Provide skilled nursing services for children with complex health-care needs as indicated below.
- iii. Preparation, administration and documentation of medications and treatments, including nebulizers.
- iv. Health counseling.
- v. Development and implementation of Individualized Health Care Plans.
- vi. Monitoring and state reporting of immunization status.

- vii. Management of students with special health care needs.
- viii. Monitoring for the presence of infectious diseases and use of public health precautions to prevent the spread of infestations and infections in the school setting.
  - ix. Physical and mental health assessments and referrals for care.
  - x. Daily student and family outreach by telephone.
  - xi. Interpretation of health care needs of students to school personnel and Child Study Team Members.
- xii. Development and implementation of Emergency Health Care Plans and the daily provision of emergency care and first aid.
- xiii. Oversee the process of reporting and documenting Workman's Compensation injuries.
- xiv. Acting as a liaison for the school, parents and community health agencies.
- xv. Participating on student assessment teams such as intakes, child study and behavioral.
- xvi. Collaborating with the school medical inspector on a regular basis.
- xvii. Collaborating and assisting with visiting health agencies on student evaluations for Commission for the Blind and Visually Impaired and Dentistry for Persons with Disabilities.
- xviii. Staff information resource.
- xix. Acts as a primary consultant on interpretation of medical evaluation and needs assessment.
- xx. Insures that students unable to participate in physical education do not participate until a proper medical release is obtained and communicates this information to the physical education teacher and other staff.

#### b. Certified School Nurse

- i. Functions to the level of profession license as a licensed registered nurse and school nurse certification.
- 2. Fulfills the duties of the Registered Nurse cited in code
- a. Duties permitted under professional license CPR Certified
- b. Conducts health screenings
- c. Maintains student health records
- d. Assesses and recommends students to be excluded for communicable disease
- e. Recommends students to be excluded for inadequate immunizations
  - 3. Fulfills the duties reserved to the CSN
- a. May teach health classes
- b. May be asked to develop curriculum
- c. Conducts staff trainings
- d. Selects and trains delegates to administer EpiPen and Glucagon
- e. Delegates, directs and supervises school staff member performing delegation
- f. Reviews, summarizes and transmits available health and medical information in preparation for CST meetings
- g. Writes and updates annually (or more often) accommodation plans included in IHP required under Section 504, as required.

- h. Develops and implements the school health programs as per New Jersey Nurse Practice Act, ANA/NASN Standards of School Nursing, NJAC and the NJ Department of Education Health Services Guidelines.
- i. Substitute Registered Nurse
  - i. Assigned to substitute in the absence of the CSN
  - ii. Duties permitted under professional license
  - iii. Conducts health screenings
- **j.** Maintains student health records

#### SAYREVILLE PUBLIC SCHOOLS

#### JESSE SELOVER PRESCHOOL

## NURSING SERVICES PLAN 2024-2025

#### **Description of Issue:**

The Selover Preschool, South Amboy, New Jersey provides the education setting for 172 regular education students as well as 51 special needs students with specific learning disabilities.

The formulation of the School Nursing Services Plan pursuant to NJAC 6A:30-1.4(a)9 provides the vehicle for the delivery of health services to our students by the professional, certified school nurse assigned to the building. The documented rationale for the school nursing services document is a collaborative effort of professional colleagues and the administrator responsible for district health services. It reflects the increasing medical services required by our students in order to attend a public school and exceeds the original educational mandate.

#### Definition of Terms:

On site plan system: designed to serve the student in school with services delivered on-site. Children and families have consistent access to those health and social services.

<u>Certified School Nurse (CSN):</u> a specialized practice of professional nursing requiring an understanding of both the educational and health care realms. Certification ensures that the school nurse possesses the core knowledge for competent practice beyond that provided by state license as an R.N.

<u>Nursing Dependent:</u> students needing skilled nursing for survival; frequently 1:1 (i.e. vent-dependent).

<u>Medically Fragile:</u> students having complex health care needs. Life threatening emergencies are quite possible and therefore these students require monitoring (i.e. seizure disorders).

<u>Medically Complex</u>: complex or unstable physical and/or emotional conditions that require daily treatments and monitoring. Life threatening events are unpredictable (i.e. asthma with an inhaler at school; behavioral disorders).

<u>Health Concerns:</u> occasional monitoring is required, but currently the physical and/or social emotional condition is uncomplicated.

## I. IDENTIFIED NEEDS WITHIN THE SCHOOL

Total school population for 2021-2022 is 209 students. All classes are graded, with students ranging in age from 3 to 5 years old. The grade levels represented are Pre-K3 and Pre-K4. There are 22 inclusion students and 18 pull out students. Communication between health professionals is by phone, fax, e-mail, and regular meetings. The certified school nurses reinforce one another in the event of any emergency. Regular meetings of CSN's are planned as needed to discuss continuity of service, identification of needs, health planning, etc.

A.	Grade Lev	Pre-K		
B.	General education enrollment			
	1. Numb	1. Number of students with severe medical involvement		
	2. Chron	ic illness, special health needs, procedures, medications		
	a.	Asthma	10	
		1. Students with inhalers	04	
		2. Nebulizers	06	
		Febrile Seizure	01	
	c.	Seizure Disorder	02	
	d.	Heart Murmurs	00	
	e.	Hearing Loss/BAHA Bone Anchored	01	
	f.	Vision Issues	00	
		1. Esotropia	00	
	g.	Seasonal/Not otherwise listed Allergies	13	
		<ol> <li>Severe Seasonal Allergies</li> </ol>	02	
	h.	Mosquito Bite Anaphylaxis	00	
	i.	Cystic Fibrosis	00	
	j.	Celiac Disease	00	
	k.	Autism	12	
	1.	Communication Impaired	10	
	m.	Other Health Impaired	09	
	n.	Specific Learning Disabled	43	
	0.	Sickle Cell Trait	00	
	p.	Gastric Reflux	00	
	q.	Kidney/Bladder/Renal/Bathroom Priviliges	00	
	r.	Cleft Lip and palate repair	00	
	S.	Medication		
		1. Daily	00	
		2. Epi-Pens	07	
		3. PRN (prev. listed inhalers/nebulizers not inc.)	01	
		4. Rectal Valium (Diastat)	01	
		5. Clonazepam	00	
		6. Glucagon	00	
	t.	Food Allergies (with 11 being nut)	28	
	u.	Diabetes	00	

v.	Emotionally Disturbed	00
w.	Number of IHCPs requiring your input	00
X.	Number of 504s requiring your input	00
y.	Number of students enrolled in special education	43

z. Number of students requiring your input at CST Meetings ANNUAL 03

aa. Number of students requiring your input at RTI meetings

ANNUAL 00

C. Number of pre-school students

243

D. Additional district programs housed in your building

Leading Edge

E. Number of students transferring in/out of your building

(annually) 9/209 (2021/2022 school year-2022/2023 not available yet)

- F. Teaching responsibilities
  - 1. Student health classes: as requested by teacher
  - 2. Staff trainings: bloodborne pathogens for staff, Heimlich maneuver; care of ill and injured; training of Epi-pen and Glucagon administration; asthma education; additional topics as needed

G. Multiple Buildings

N/A

1. Distance between schools

N/A

2. Type of Communication in place

N/A

## H. Other non-nursing tasks

- 1. Attendance Responsibilities
- 2. Process Home Instruction Forms
- 3. Kindergarten Registration
- 4. Additional Committees and district responsibilities
  - a. Health, Nutrition & Wellness Committee
  - b. Safety/Accident Reports
  - c. Emergency Management Team

#### II. STAFFING

## A. Nursing Responsibilities

- 1. Provide Skilled nursing service for medically fragile students as indicated below.
- 2. Provide skilled nursing services for children with complex health-care needs as indicated below.
- 3. Preparation, administration and documentation of medications and treatments, including nebulizers.
- 4. Health counseling.
- 5. Development and implementation of Individualized Health Care Plans.
- 6. Monitoring and state reporting of immunization and tuberculin status.
- 7. Management of students with special health care needs.
- 8. Monitoring for the presence of infectious diseases and use of public health precautions to prevent the spread of infestations and infections in the school setting.
- 9. Physical and mental health assessments and referrals for care.
- 10. Daily student and family outreach by telephone.
- 11. Interpretation of health care needs of students to school personnel and Child Study Team Members.
- 12. Development and implementation of Emergency Health Care Plans and the daily provision of emergency care and first aid.

- 13. Oversee the process of reporting and documenting Workman's Compensation injuries.
- 14. Acting as a liaison for the school, parents and community health agencies.

- 15. Participating on student assessment teams such as intakes, child study and behavioral.
- 16. Collaborating with the school medical inspector on a regular basis.
- 17. Collaborating and assisting with visiting health agencies on student evaluations for Commission for the Blind and Visually Impaired and Dentistry for Persons with Disabilities.
- 18. Staff information resource.
- 19. Acts as a primary consultant on interpretation of medical evaluation and needs assessment.
- 20. Insures that students unable to participate in physical education do not participate until a proper medical release is obtained and communicates this information to the physical education teacher and other staff.

#### B. Certified School Nurse

- 1. Functions to the level of profession license as a licensed registered nurse and school nurse certification.
  - (a) Fulfills the duties of the Registered Nurse cited in code
    - 1. Duties permitted under professional licenseCPR Certified
    - 2. Conducts health screenings
    - 3. Maintains student health records
    - 4. Assesses and recommends students to be excluded for communicable disease
    - 5. Recommends students to be excluded for inadequate immunizations
  - (b) Fulfills the duties reserved to the CSN
    - 1. May teach health classes
    - 2. May be asked to develop curriculum
    - 3. Conducts staff trainings
    - 4. Selects and trains delegates to administer Epipen and Glucagon
    - 5. Delegates, directs and supervises school staff member performing delegation
    - 6. Reviews, summarizes and transmits available health and medical information in preparation for CST meetings
    - 7. Writes and updates annually (or more often) accommodation plans included in IHP required under Section 504, as required.
    - 8. Develops and implements the school health programs as per New Jersey Nurse Practice Act, ANA/NASN Standards of School Nursing, NJAC and the NJ Department of Education Health Services Guidelines.

- C. Substitute Registered Nurse
  - 1. Assigned to substitute in the absence of the CSN
  - 2. Duties permitted under professional license
  - 3. Conducts health screenings

Maintains student health records