

## Sussex-Wantage Schools District Newsletter

November 15, 2024

#### Calendar of Events

#### **November**

11/07 - 11/08; **SCHOOL CLOSED**11/12;7pm SWPTO meeting Virtual
11/21;6pm SWBOE Mtg @SMS
11/22 - 11/26; Early dismissal Parent-Teacher Conferences
11/27;Early dismissal
11/28 - 11/29; **SCHOOL CLOSED** 

#### December

12/05; SMS Picture retakes 12/10; 7pm SWPTO meeting Virtual 12/19;6pm SWBOE Mtg @SMS 12/20; Early Dismissal 12/23 - 1/01 - SCHOOL CLOSED -WINTER BREAK

#### 2024-2025 School Calendar

The 12-month calendar is available to print on our website

12-month Calendar

Don't forget to check out our website www.swregional.org and Facebook

#### Please note the following dates:

- -November 22, 25 and 26 will be early dismissal days for parent-teacher conferences.
- -November 27 will be an early dismissal.
- -November 28 & 29 all district schools are closed for the Thanksgiving holiday.

\*Please note that there will not be any After care on planned early dismissal days. Before care will run as normal on those days.

#### Parent-teacher conferences will be held as follows:

Friday, November 22 - Afternoon 1:45 pm - 3:40 pm Monday, November 25 - Afternoon 1:45 pm - 3:40 pm Tuesday, November 26 - Evening 6:00 pm - 8:00 pm

#### SMS students of the month for November:

6th Grade- Richard Bednarz 7th Grade- Benjamin Moylan 8th Grade- Cole Johnson

These students will be recognized at our BOE meeting on Thursday, November 21st at 6:00 p.m.

## Preschool News

\*Flu Shots: All preschool students are required to have a flu shot before December 31st. Preschool students will not be allowed to return to school after the winter break. Please submit documentation to the school nurse, Ms. Warden.

mwarden@swregional.org

Preschool spots are available at First Impressions Early Learning Centers, just 8 miles from the Clifton E Lawrence school! It has two fully renovated classrooms with new furniture, toys, and supplies, and they are ready to help your children learn and grow. First Impressions has provided quality early childhood education for the last 20 years, including seven years working with local school districts. They are excited to be working with our district! They are conveniently located on Route 94. Their preschool program also offers a tuition-based before and aftercare program and the availability of holiday care. To enroll your child in an experienced early education program, for more information, or to schedule a tour, contact them at hamburgrte94admin@firstimpressionscenters.com or 973-823-1884.



### <u>Transportation</u> <u>Information</u>

Please remember that multiple bus assignments and bus passes are not permitted during any school year. Please be sure to notify the transportation department in writing of ANY changes to your child's bussing needs, i.e. daycare, babysitter, etc. sent to Sussex Wantage Transportation, 27 Bank St., Sussex, NJ 07461, emailed to jleggour@swregional.org



The 2024-2025 School Year Before and After Care registration is still open. However, space may be limited depending on enrollment. Drop off for Before Care is at the back of Wantage Elementary School and begins at 7:00 am. If your child is enrolled at Lawrence and/or Sussex Middle School, they will be shuttled over for the start of the school day. Similarly, students will be shuttled back to Wantage at the end of the day if your child is enrolled in After Care. Pick up is no later than 6:00 pm and is again at the back of Wantage Elementary School. Students must be signed in and/or signed out each day of attendance. Payment is due at the end of each week. If you have any questions, please email criker@swregional.org.

#### **District Notification System**

The district uses **Realtime Notification** as its primary means of communication for school closings, emergencies and general notifications. Parents/Guardians will need to update their contact information in the parent portal. Should you have any issue logging into your parent portal account please contact your child's school secretaries for assistance.





#### Click here to view school menus

All Families, now is the time to deposit funds for your child(ren)s breakfast and or lunch. Payments can be made online to **PaySchoolsCentral** or checks can be made payable to: Sussex-Wantage Regional SD Cafeteria Account and include your child(ren)'s name on the check.

Directions for adding money via PaySchoolsCentral can be found on the district website.



### **Health News**

## **Comprehensive Health and Physical Education Opt-Out Letter**

As you may be aware, the New Jersey Commissioner of Education revised and updated the New Jersey State Learning Standards in Comprehensive Health and Physical Education provided by the New Jersey Department of Education. These standards are based on research making clear that receiving age-appropriate information about health education is essential for students' physical and emotional well-being. We acknowledge that parents/guardians are the primary educators for their child/children and we are committed to partnering with families as we educate students in the knowledge and skills they need in order to lead a healthy, active life.

Parents/guardians have the option of excluding their child from any portion of health/family life education/sex education instruction pursuant to N.J.S.A. 18A: 35-4.7 if it is in conflict with their conscience, morals, or religiously held beliefs. If this is the case, please fill out this exclusion form and send it to your child's health education teacher. Students who are excused will be assigned to a separate classroom for the duration of those identified portions of the lessons/units.

2024-25 Opt Out Letter (1).pdf

### **Health News**

### Free Community Dietitian

#### Weis Markets (Newton and Franklin)

Kimberly Varner, RD | 973-442-5539 Kimberly.varner@weismarkets.com 1-on-1 counseling, store tours, and group presentations. Call for appointment.

### Food Resource Map

Find food pantries, free markets, soup kitchens, and service agencies near you. Go to: bit.ly/sussex-food-map

Or use the camera on your smartphone to scan the QR code below.



### County Trail Map

Sussex County hikes and places to be active outside!

www.sussex.nj.us/documents/tourism/ sussexcountytrailmap.pdf

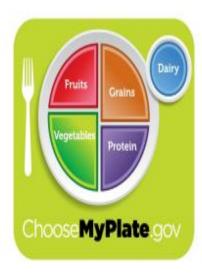
#### NJ-2-1-1

Whether struggling with a personal challenge or recovering from a natural disaster, NJ 2-1-1 provides connections to services. Statewide service is free, confidential, multilingual and is always open.

Dial 2-1-1

Text your zip code to 898-211

Or chat online www.nj211.org



Provided by the Child Health Crisis Workgroup of North Jersey Health Collaborative. For more brochures contact jselitto@zufallhealth.org



## Sussex County Healthy Children Resource List



## **Health News**

### Free Nutrition and Physical Activity Education

#### SNAP-Ed 973-891-3421

Offers educational classes to teach you how to make healthy food choices on a limited budget. It also shows you how to incorporate physical activity into your lifestyle.

#### Sussex County YMCA

15 Wits End Rd, Hardyston NJ 07419 | 973-209-9622

Free Membership offered to 6th, 7th, and 8th grade students to support and encourage youth to live healthy lifestyles. Other Health and Wellness Programs available.

#### Fairview Lake YMCA Camps

1035 Fairview Lake Rd, Stillwater, NJ 07875 973-383-9282

Summer Camps, Family Programs, Environmental Education, and Weekend Programs.



#### Medical Resources

#### Newton Medical Center

175 High St, Newton, NJ 07860 | 973-383-2121 Diabetes & Nutrition Center 973-579-8341

#### Morristown Medical Center

Goryeb Kid-Fit Program- 973-971-8824 55 Madison Ave. Morristown, NJ 07960

#### Hackettstown Medical Center

651 Willow Grove St, Hackettstown NJ 07840 908-852-5100

Nutrition Dutpatient Services 908-441-1482

#### Sussex County Office of Public Health Nursing

Free well child clinics for uninsured children 0-5 years old. 201 Wheatsworth Rd, Hamburg NJ 07419 973-579-0570 ext. 1211

#### **Zufall Health Centers**

Newton Medical/Dental 973-862-6650 238 Spring St Suite A, Newton NJ 07860

Hackettstown Medical/Dental 908-452-5366 Doctor's Park, 117 Seber Rd Bldg 5, Hackettstown NJ 07840

> Dover Medical 973-328-3344 18 W Blackwell St. Dover NJ 07801

Dover Dental 973-328-3344 17 S Warren St. Dover NJ 07801

#### Private Practices

#### Vernon Center for Nutrition and Wellness

Franklin: 973-827-1733 Ramsey: 201-825-3001

#### www.vernonnutritioncenter.com/index.php

Nutrition counseling on portion control, healthy snacking, emotional eating and increasing physical activity.

#### Websites

#### American Academy of Pediatrics Healthy Children

https://www.healthychildren.org/English/Pages/ default.aspx

Children's health and safety articles and videos.

#### Alliance for A Healthier Generation

Empowering kids to develop lifelong healthy habits by ensuring the environments that surround them provide and promote good health.

https://www.healthiergeneration.org/

#### Healthy Kids, Healthy Future

www.healthykidshealthyfuture.org/resources-forparents/

Information on how to inspire healthy habits.

#### National Heart, Lung, and Blood Institute "We Can!" Program

www.nhlbi.nih.gov/health/educational/wecan/index.htm Helpful information and resources including tips, worksheets, and tools to help families eat right, get active, and reduce screen time.

## Upcoming School Events



## You are invited to: "Ready, Set, Read!" Family READING Night at WES Grades 3-5

When: February 4, 2025 Time: 6:00-7:00 p.m.

Where: Wantage School Auditorium

You must register to attend. Registration ends on: 1/17/25 Please scan the QR code to sign up!





### You are invited to: Family MATH Night at WES Grades 3-5

When: February 20, 2025 Time: 6:00-7:00 ρ.m.

Where: Wantage School Auditorium

You must register to attend. Registration ends on: 1/31/25 Please scan the QR code to sign up!





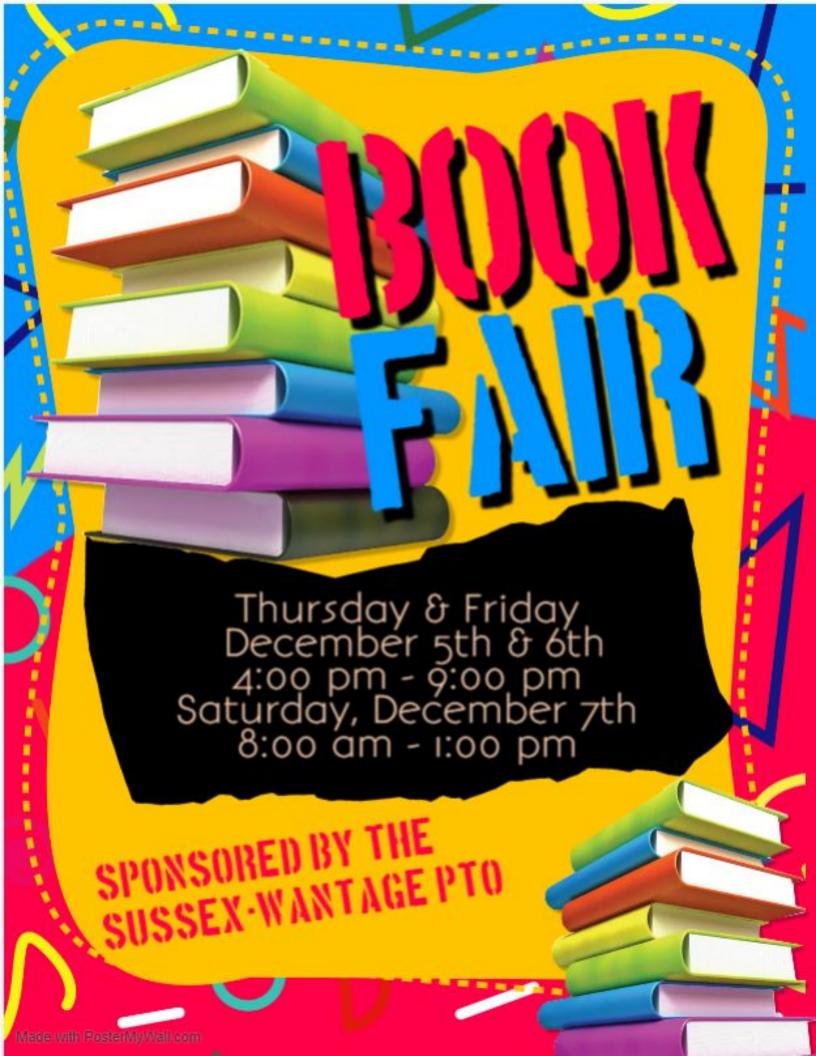
Sussex-Wantage PTO Membership is now open for the 2024-25 school year!

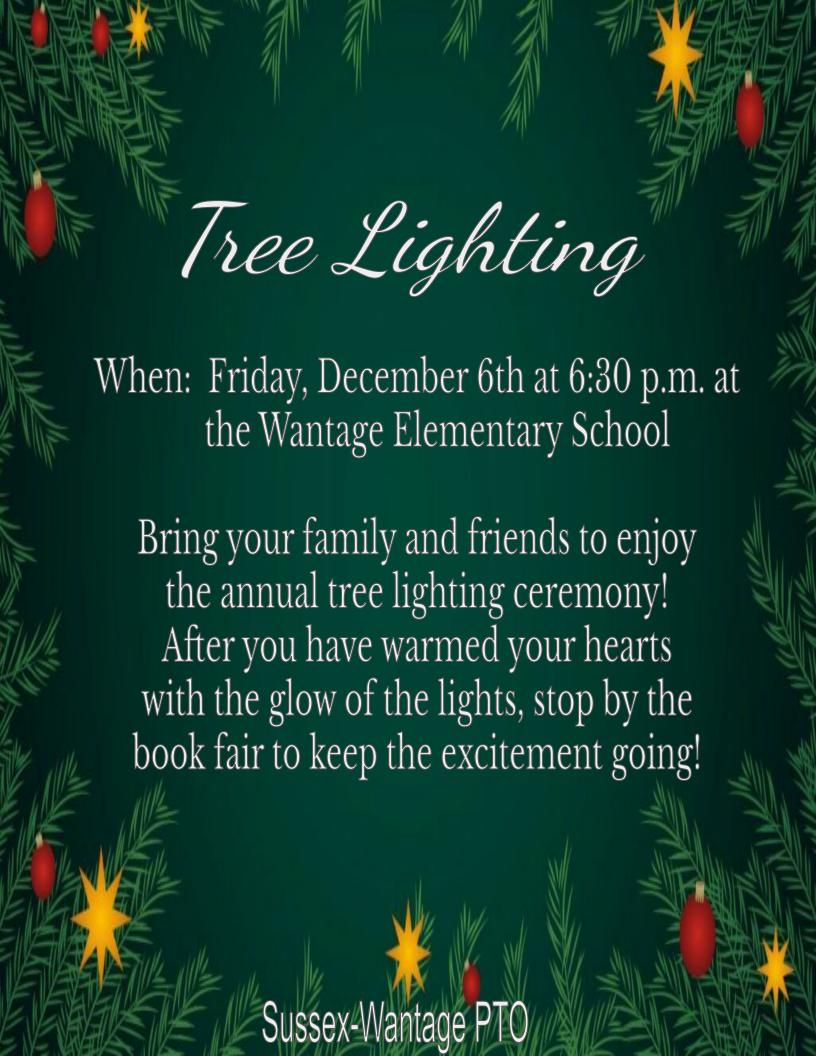
Your \$5 membership fee per family goes a long way in helping us provide our schools with amazing programs and materials. Your dues are considered a show of support for the organization's efforts and no other commitments are required.

Sign up via the paper forms that will be coming home with your child or online at:

https://forms.zohopublic.com/sussexwantagepto/form/SussexWantagePTOMembershipSignUpPAID/formperma/SfOKSGp9fi06 oL5M-AzXJ9MQd g-kwKxOwj1lc0iYc











#### NEW THIS YEAR! 🎄



Get a head start on your holiday shopping with some amazing personalized ornaments! Shop at https://moesornaments.com and be sure to use FUNDRAISER code SWPTO.



🤶 Happy Shopping! 🧟





## PTO News

Charleston Wrap orders can still be placed through 12/1 for holiday delivery, with credit benefitting our organization.

Register as a participant at <a href="https://www.registercw.com">www.registercw.com</a> with Organization ID 23576



## REGISTER. SHARE. SHOP. SUPPORT OUR FUNDRAISER

Check-off your holiday gift list today and help our important cause.

From holiday to hostess to corporate gifts and more,
our online store has something for every occasion – even if it's just for you!

**Our Organization ID:** 

<u>23576</u>





#### **#1 REGISTER**

Register participant at www.registercw.com to access our handy invitation tools in the Participant Portal.
Very important!

#### #2 SHARE

Invite friends and family to support! SHARE a link to the sale using the TEXT & EMAIL invitation tools. Don't forget to share on SOCIAL MEDIA, too!

#### #3 SHOP

Go online to **SHOP** and help us reach our GOAL today! With over 2,500 gift ideas there is something for everyone, including you!



# SUSSEX WANTAGE YOUTH BASKETBALL

### **Divisions & Programs**

Skills & Drills (K-1st) Coed Jan to Mar - \$85

2nd-8th Grade Girls & Boys Teams Dec to Mar - \$155

Coaches, Volunteers and Sponsors are needed!

### **Important Dates**

- •11/11: Registration Ends
- •11/18-11/22: Evaluations
- •12/2: Practices Start
- 1/2: Sponsor Night
- •1/4: First Games (2nd-8th)
- •2/8: Youth Sports Day
- 3/15: Last Game

## Register at www.swyouthsports.org Registration Closes on 11/11







Scan the QR Code to Register

Sussex County and Warren County elementary, middle and high school students are challenged to a competition for a cause!



Area schools are collecting donations of new, unwrapped gifts and gift cards for children of all ages to be distributed to local families in need through the Season of Hope Toy Shop.

The competition will take place October 25 through December 6.

#### HOW IT WORKS

Project Self-Sufficiency staff will collect donations from all participating schools. Then, our elves will tally the donations from each school. The winning school will claim the **Stuff the Stocking trophy** from the 2023 winner Reverend George A. Brown Memorial School.



#### PLEASE NOTE -

Only NEW, UNWRAPPED items will be accepted.

There is a great need for **Gift Card donations**, which are an option for those who want to contribute but don't want to shop.



Bringing Holiday Toys to Sussex & Warren County Children in Need

For more information go to www.projectselfsufficiency.org or call (973) 940-3500.



FRIDAY, NOVEMBER 15, 2024

@ SUSSEX FIRE HOUSE (25 LOOMIS AVE. SUSSEX, NJ)

DOORS OPEN @ 5:30 PM CALLING STARTS AT 7:00 PM 10 ROUNDS OF REGULAR BINGO WITH A \$250 CASH PRIZE EACH

GRAND PRIZE ROUND WITH A \$500 CASH PRIZE®

50/50 ROUND WITH A CASH PRIZE OF 1/2 THE TAKES

\* MULTIPLE BINGOS IN ANY GAME SPLIT CASH PRIZE

\* \* PLUS\* \*

REGULAR 50/50 RAFFLE, TRAY/BASKET RAFFLES, BRITHDAY BOARD, PLINKO, LUCKY BINGO BALL DRAWING & DOOR PRIZES
Your paragraph text

LIMITED TO 250 PEOPLE

PRE-SALE ADMISSION BUNDLES \$50 PER PERSON

IO ROUNDS (6 GAME CARDS) OF REGULAR PRIZE BINGO

I SHEET (4 GAME CARDS) FOR GRAND PRIZE ROUND

BINGO DAUBER \* I DOOR PRIZE TICKET \* RESERVED SEAT

PRESALE CUTOFF IS NOVEMBER II

Admission may be avalable at door providing the event does not sell out by presale cut off date.

ADDITIONAL BINGO BOARDS WILL BE AVAILABLE FOR PURCHASE AT THE EVENT

All purchases the night of the event are CASH ONLY

Admission may be purchased online or by mail To purchase online scan the QR code on the right or visit https://tinyurl.com/bigbucksbingo

you can change or bypass the Zeffy fee by choosing "other" in the dropdown box at checkout"

For More Information text 862-266-1312 or email SFDAUX69@gmail.com



O Alcohol is

\*\*Checks must be received by November 11 and should be sent to S.F.D. Auxiliary, 25 Loomis Ave, Sussex, NJ 07461 If paying by cash or check, you must contact Karolee via text or email (above) before sending payment to hold your space. Space is first come, first served.



# FALL

# BAZAAR

CRAFTS, BAKED GOODS, LUNCH (including Thanksgiving Dinner), GRANNY'S ATTIC

November 23rd 9am – 3pm

FRANKFORD PLAINS UNITED METHODIST
CHURCH
99 PLAINS ROAD, AUGUSTA
1 MILE NORTH OF FAIRGROUNDS





NAMES AND ADDRESS OF TAXABLE PARTY OF TAXABLE PARTY.

CHET PURTICER RUN

by Santa on his Firetruck





Santa Dedressy Core 2005

### Sunday, December 8, 2024

9 am to 7, pm

(Delivery times will vary throughout the day with the first stop at Pam, end time will vary depending on number of participants and their locations)

For a \$5 donation per recipient, our fire truck will arrive street-side in the Sussex area with lights and sirens. After the truck comes to a complete stop, each child is encouraged to come to the fire truck to receive his/her gift from Santa (or a firefighter). Photo opportunities are encouraged.

To be involved bring a \$5 donation/child, a pre-erapped gift(s) for each child (clearly labeled with the child's name and the delivery address) to the Sussex Firehouse on: For further questions, please contact our committee, 973-919-5380 or 201-679-4916.

#### Sign-up/Gift Drop-off

- Tues 11/28 8:30-7pm
- Sat. 12/2 11-1:00pm
- Fri. 12/8 6-8:00pm
- Sun. 12/10 11-1:00pm

For further questions, please contact our committee, 973-919-5350 or 501-679-4916

P.S. Annual Toy Drive: The department has also partnered with Offshore Marine in its Stuff the Soar' event in support of Project Self-Sufficiency's annual Holiday Toy Drive. We are a drop spot for new, unwrapped toy donations. Donations of gift wrap, ribbons, gift begs and boxes, and stocking stuffers are also welcome. Our collection will be delivered to Offshore Marine on December 7, 2014.

All monetary proceeds benefit Sussex Fire Department.

## FALL Word Search



ACORN

APPLE

AUTUMN

CHESTNUTS

CHILLY

CIDER

COBWEB

FALL

FOOTBALL

GOURD

HALLOWEEN

HARVEST

LXXJUKZCCCRJW

HAY BALE

HAYRIDE

LEAVES

MAIZE

NOVEMBER

NUTS

OCTOBER

PUMPKIN

QUILT

RAKE

SCARECROW

G

SEPTEMBER

SLEET

THANKSGIVING

DIRECTIONS:

Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.