



What Can I Do To Prepare For Kindergarten?



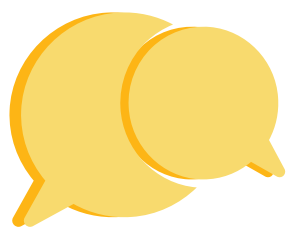
**Community
Action
Partnership**



Maximize Love, Manage Stress

Babies and toddlers thrive when their world feels loving, safe, and predictable.

Respond with smiles, words, and touch to help them see, hear, and feel your love. You will help them develop a sense of security and self-control.



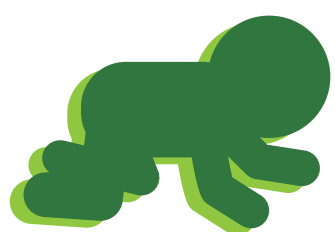
Talk, Sing, and Point

Babies learn language from the moment they are born. Respond to their sounds, and later, their words. Connect with eye contact and a loving tone of voice, while pointing to help them know what you are talking about.



Count, Group, and Compare

Every child's brain is wired for math. Talk about numbers, shapes, patterns, and comparisons as you go about your routines together. Watch your child learn to love math.



Explore Through Movement and Play

Babies are like scientists who love making discoveries. Watch to see what interests your child, then encourage their curiosity and help them learn when they play and explore.



Read and Discuss Stories


Reading turns kids into confident thinkers. Make books a regular part of your relationship from the very beginning. With infants, point at the pictures and speak with excitement. With toddlers, just make it fun.



**Listening to my family and friends
read books to me every day is the best
way to get ready for school.**

My family and caregivers can use these cards to create learning opportunities at home, at the park, at the store, and other places throughout the day.



A colorful illustration of a room. In the center is a whiteboard with a blue border. To the left is a yellow armchair with a small yellow ottoman and a potted plant. To the right is a wooden coat rack with a yellow coat and a red bag. A door is on the far right. The floor is light pink with a grid pattern. The walls are white with colorful decorations like a rainbow and red checkmarks. The text on the whiteboard is:

I can do 2 tasks when asked, like

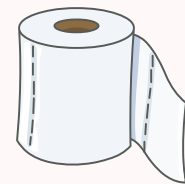
1. Putting my shoes by the door AND
2. Hanging up my coat

* (yellow asterisk)

I can take care of myself. I can do things like...



- Feed myself



- Go to the bathroom, and clean myself

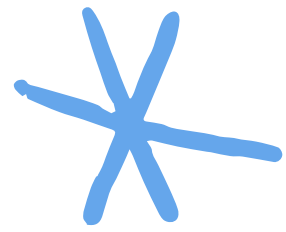


- Wash my hands

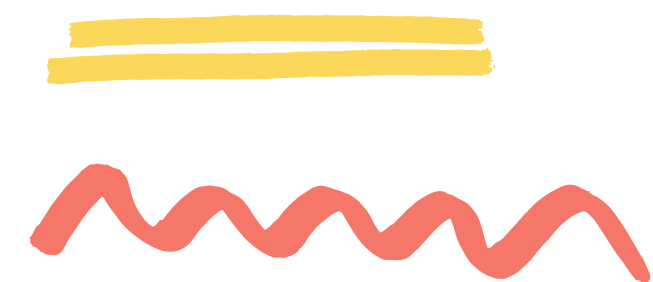


- Get dressed myself and put on my jacket





My Name is _____



I can write my name AND say all of the letters in my name!



I can say how I feel, and I understand when my friends feel...



Happy



Sad



Worried



Scared



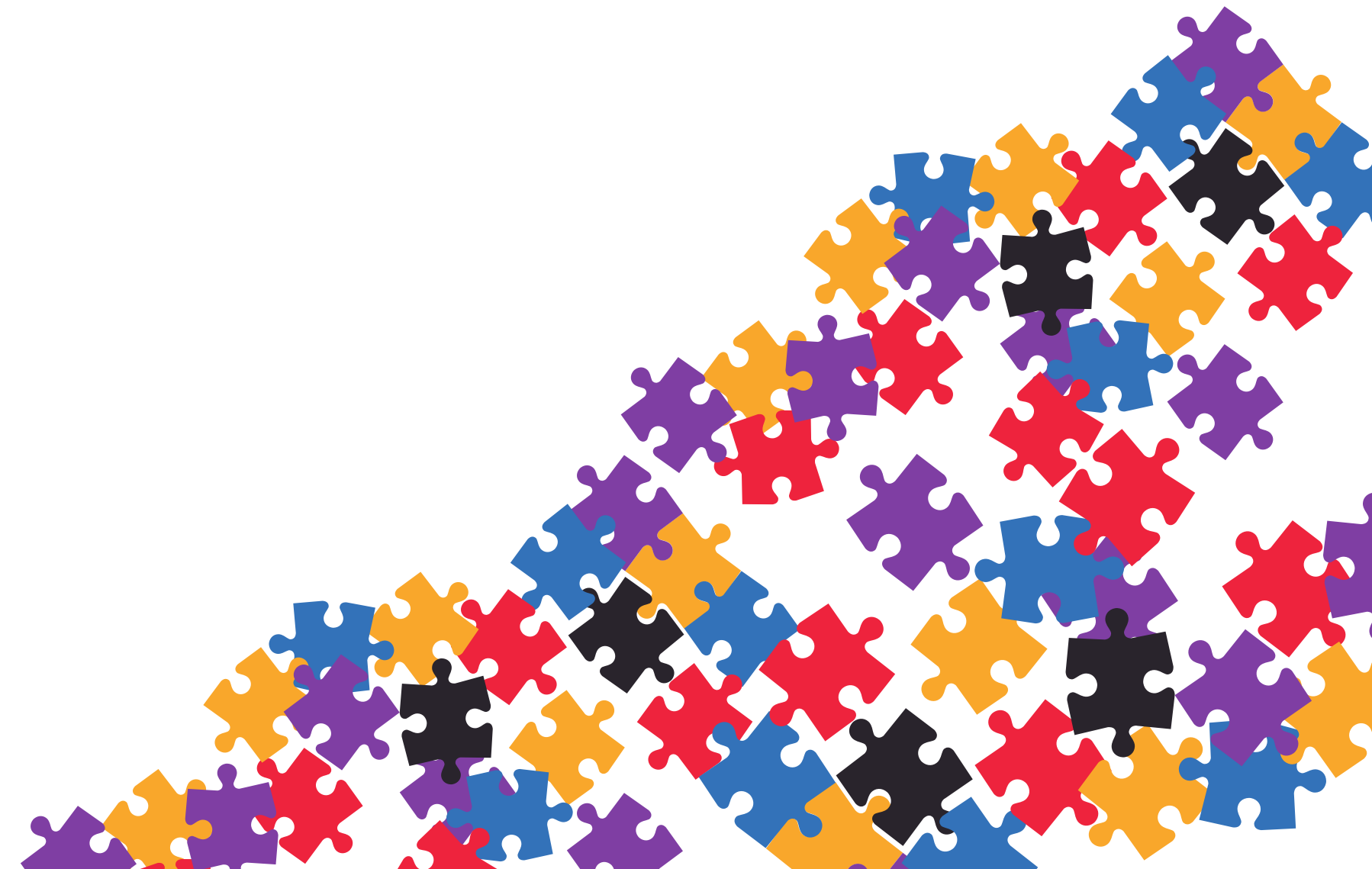
Angry



Surprised



I can focus and work on a puzzle or activity until I am finished.



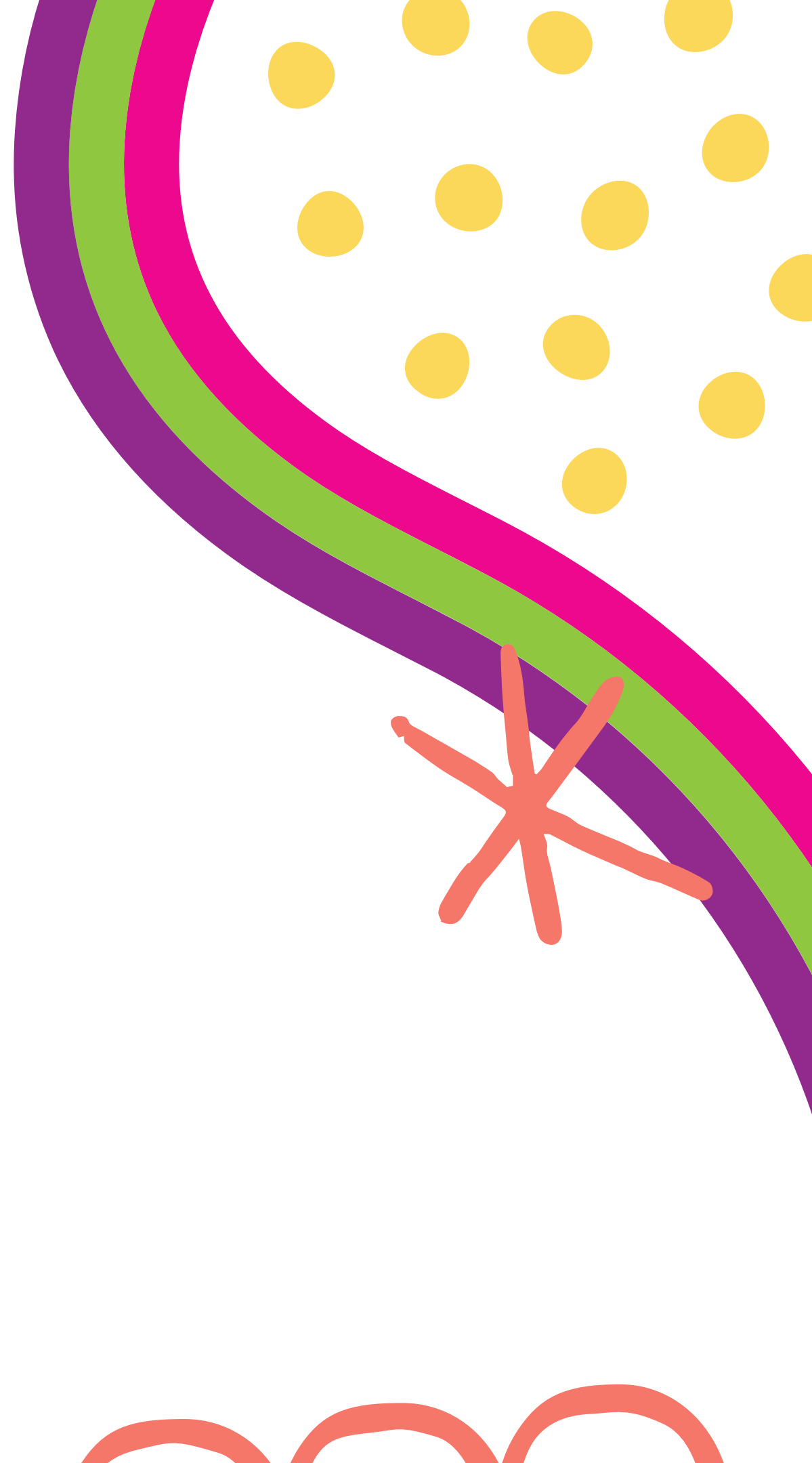
I know my numbers from 1-20, and I can count 10 things!



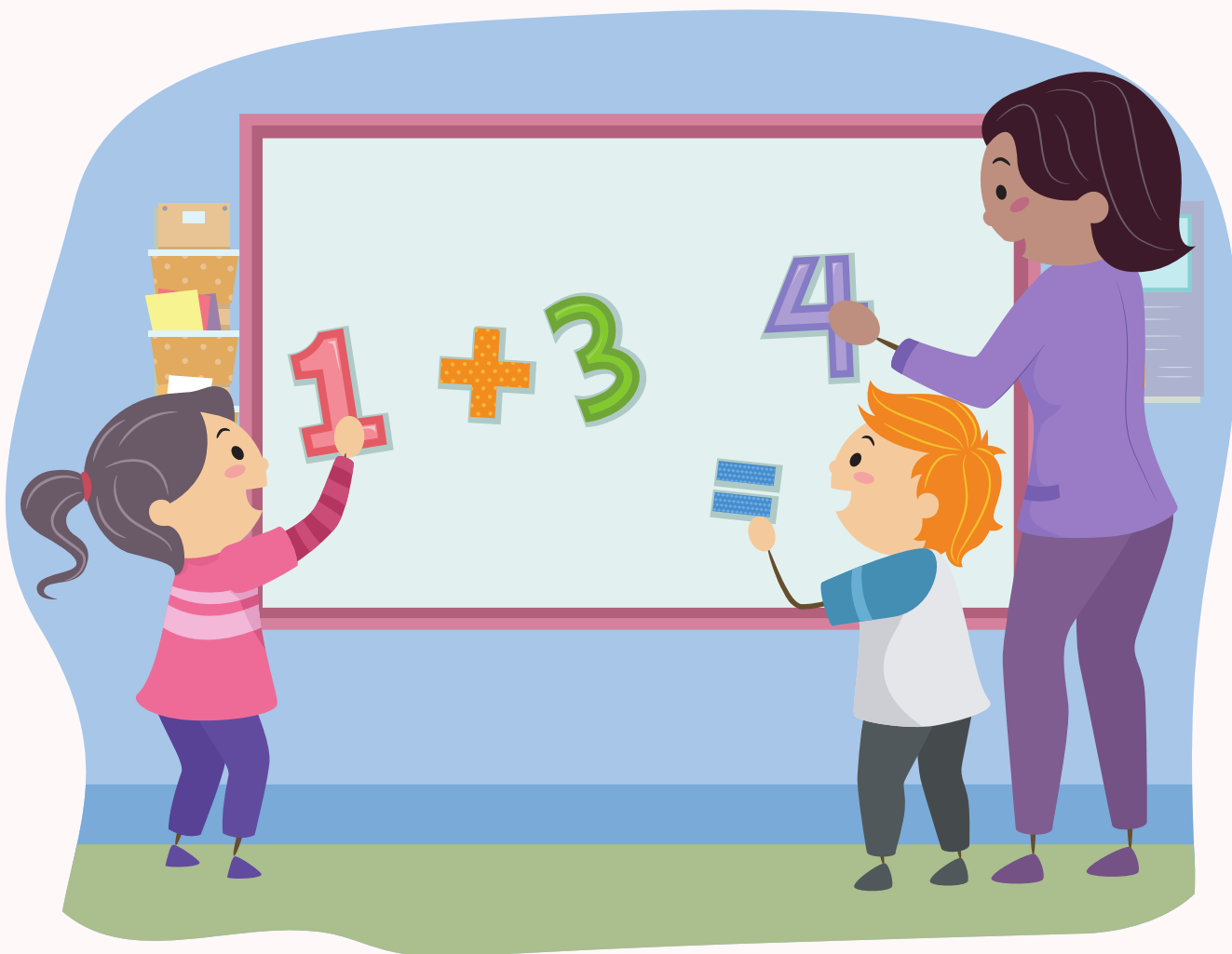
Count the balloons below!



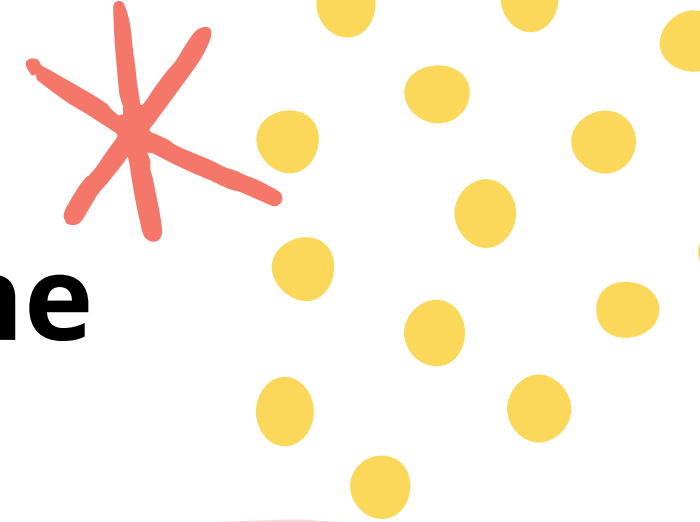
I speak clearly, share my ideas, and can ask and answer simple questions.



I can solve problems, and ask for help if I don't know how.



I follow a schedule everyday by eating meals, brushing my teeth, and getting ready for bed at the same time each day.



Wake Up



Make Bed



Get Dressed



Put On Shoes



Eat Breakfast



Brush Teeth



Comb Hair

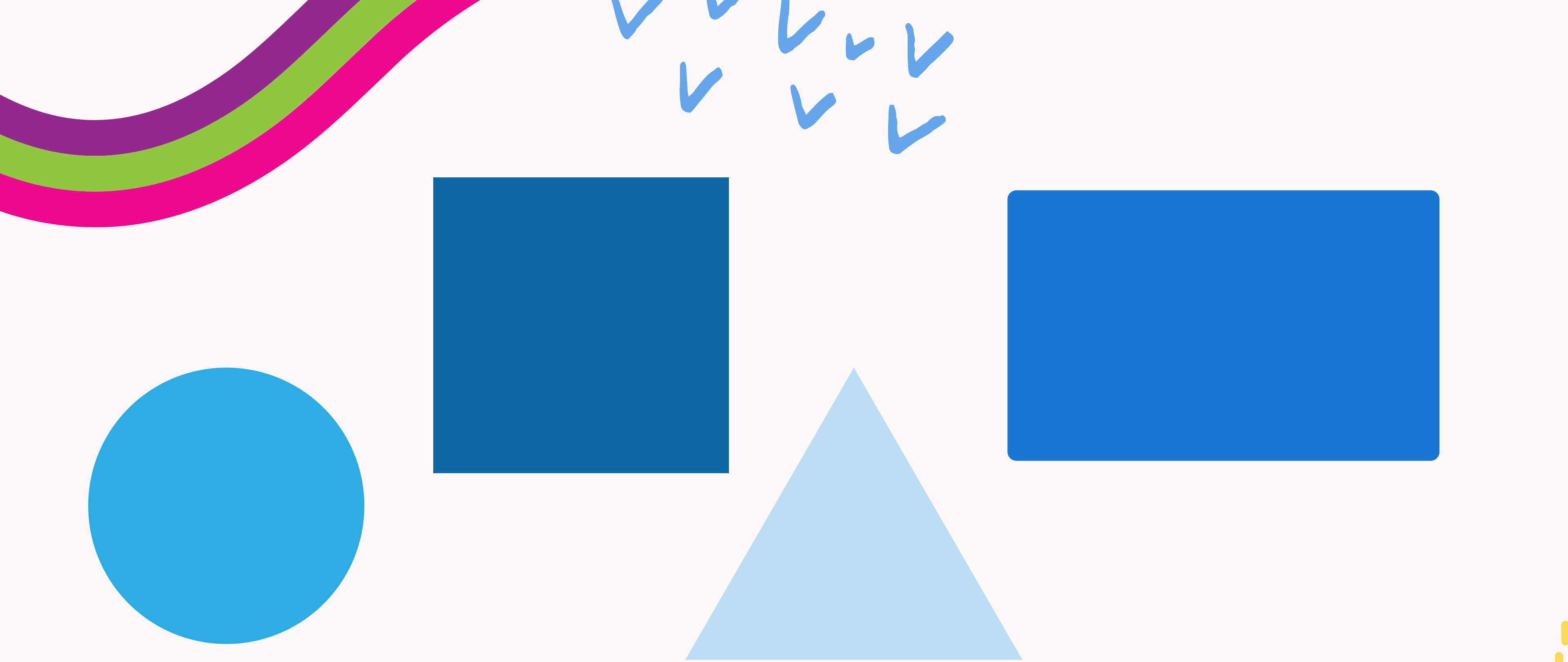


Pack Bag

I can look at books for at least 10 minutes.

- **I can point at the front cover and the title of the book.**
- **I can look at pictures and tell the story.**







I can say which shape is a square, circle, triangle, and rectangle.

**I am kind to my friends.
I share and take turns.**





**For more information on
kindergarten readiness, see
Community Action Partnership's
resources on early childhood
education**

<http://bit.ly/2rXnPgp>

