County Resource Guide

Athens

Disabilities Services (Mental/Physical)

211

**phone number to get connected with resources in your community*

Appalachian Family Center for Autism and Disability Resources and Education- https://www.facebook.com/groups/AFCADRE

**Provides advocacy and support for families affected by intellectual and developmental disabilities. Services include 2 Facebook groups, a face-to-face parent group, trainings, and a summer day camp for children.*

Athens County Public Libraries- nelpl@myacpl.org

**offers free books, magazines, and more on digital cartridge to those who cannot read standard print materials due to visual impairments or physical handicaps*

Athens County Veterans' Services- (740)592-3216

**provides assistance for disabled veterans*

Athens Public Transit- (740)592-2727

**Local bus transit provider in Athens, Chauncey, The Plains, Nelsonville, and Albany. Discounts available for seniors and disabled people.*

Board of Developmental Disabilities – (740)594-3539, or 24-hour Emergency Number- (740)447-0710

**assists caregivers and adults with developmental disabilities, provides education and supportive services for children with developmental disabilities*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Community Services- (740)286-5039

**provides a wide variety of services for people with disabilities*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Bureau of Vocational Rehabilitation- (740)592-4411 or (800)248-4378

**helps disabled people get education, employment, and transportation*

Capabilities- (740)249-4217

**provides a variety of services to help people with disabilities live independently*

Carpenter Hall- (614)502-9160 or (740)593-5109

**has low income housing in Athens for disabled people and people aged 62+*

Children with Medical Handicaps- (800)755-4769

**identifies and helps children with handicaps*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports local veterans and their families*

Disabled Veterans Outdoors- (740)877-7072

**organization which provides outdoor activities for disabled veterans free of charge*

Easter Seals- (614)228-5523

**provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in the community*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Echoing Connections of Southeast Ohio- (740)249-4353

**Offers adult services in Athens with an array of growth opportunities including participation in community inclusive programs. Also provides residential intermediate care facility services in several small community homes.*

Goodwill of South Central Ohio- (740)702-4000

**provides a variety of services for people with disabilities*

HAVAR, Inc.- (740)594-3533

**support for adults with developmental disabilities*

Head Start Program- ATHENS: (740)592-1124; GLOUSTER: (800)686-1093 or (740)767-4500; NELSONVILLE: (740)753-9404

**health focused early school readiness program that also provides services for children with disabilities*

Help Me Grow- (740)589-5132

**early intervention for children with developmental disabilities, support for pregnant women and new parents*

Integrated Services for Behavioral Health- (740)594-6807

**general support for individuals with developmental disabilities*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Passion Works- (740)592-3673

**studio where people with and without developmental disabilities make art together*

Personnel Plus- (740)592-3416

**training and employment for individuals with disabilities*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

ResCare Community Living- (740)446-7549

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

RHDD Athens- (740)677-0500

**residential and habilitation program for people with disabilities*

SE Ohio Foodbank- (740)385-6813

**provides summer food assistance for any person 19-21 who is mentally or physically disabled*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Vinton Industries- (740)486-7303

**adult day support and vocational training for people with disabilities*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Employment/Education

211

**phone number to get connected with resources in your community*

Aspire Adult Education Program- (740)797-1405 or (877)351-0405

**free services for individuals who need help getting a GED or acquiring skills for post-secondary education, training, and employment*

Athens County Public Libraries- (740)856-8142

**community health/social worker Liz Vandendries answers questions about job applications and employment resources at all 7 libraries; technology training program is coming soon*

Athens County Veterans' Services- (740)592-3216

**assists veterans with education and job seeking*

Athens Meigs Educational Service Center- (740)797-0064

**provides help with clothing, phone service, and other needs for people seeking employment*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Career Closet- (740)566-8888

**provides Ohio University students with business professional and business casual clothes for interviews, career fairs, formal events, or any career-related function, both on and off campus*

Career Connections- (740)594-4941

**permanent/temporary employment services*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

Comprehensive Case Management and Employment Program (CCMEP)- (800)686-1093

**works to help youth ages 14-24 achieve their educational and career goals*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Dean of Students Office- (740)593-1800

**staff in the Office of the Dean of Students can help connect students experiencing housing or food insecurity to Ohio University and Athens community resources*

Federal Valley Resource Center - (740)707-5332

**offers summer internship opportunities for local teenagers*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Good Works, Inc. Training for Life Computer Class- (740)594-3339

**Provides hands-on computer training for people who need these skills to help them find employment. Mainly for people living in the Timothy House, but also accepts some other people.*

Hocking Athens Perry Community Action (HAPCAP)- (740)767-4500 or (800)686-1093

**provides payday loans for a one-time educational or certification expense*

Hocking College- (740)753-7149

**Short-Term Certificate Funds can be used to support current and former foster youth in programs that take less than a year to complete*

Hocking College Career Closet- (740)753-3591

**provides Hocking College students with clothing for job interviews (and occasionally allows them to keep clothes longer or permanently)*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)797-2523

**provides employment related vehicle repair, work or school clothing, short term education, and other forms of employment and educational help*

Mancan Staffing- (740)363-9675

**employment agency*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Means Jobs- (740)797-1405 or (877)351-0405

**provides free employment and educational assistance*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Washington Electric Cooperative- (740)373-2141 or (877)594-9324

**offers scholarships to eligible graduating seniors for colleges and vocational schools*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Food Assistance

211

**phone number to get connected with resources in your community*

Athens Catholic Community Food Pantry- (740)592-2711

**serves Athens County*

Athens County Children Services- (740)592-3061

**holiday and emergency food boxes; summer food giveaways*

Athens County Food Pantry- (740)590-7051

**serves Athens County*

Athens County Public Libraries- nelpl@myacpl.org or (740)856-8142 (for Liz Vandendries)

**has summer food assistance programs; community health/social worker Liz Vandendries answers questions about food insecurity at all 7 libraries*

Basic Needs Ministry- (740)698-3163

**food assistance for people within ten miles of the church*

Bishopville Church of Christ- (740)767-4177

**has a food pantry*

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

Community Food Initiatives- (740)593-5971

**Opportunities to find free food, Veggie Van, Community Gardens, and more. Also provides classes on finding and preparing healthy food.*

Dean of Students Office- (740)593-1800

**staff in the Office of the Dean of Students can help connect students experiencing housing or food insecurity to Ohio University and Athens community resources*

Federal Valley Resource Center- (740)662-5605

**has a food pantry, as well as a community garden and frequent talks covering topics like garden pests, soil health, harvesting, canning, and good gardening practices*

Food Not Bombs- fnbathens@gmail.com

**provides food for people in need*

Friends and Neighbors Community Center- (740)667-0684

**has a food pantry for anyone in need*

Greater Works Outreach Worship Center- (740)753-4353

**has a food pantry*

Heritage Community Clinic- (740)593-2500

**has a food pantry*

Job and Family Services- (844)640-6446 or (800)762-3775 or (740)797-2523

**SNAP enrollment and food boxes; emergency food assistance*

Longstreth Food Pantry- (740)753-1202

Lutheran Social Services Mobile Pantry- (877)704-3663

**food assistance for Athens County residents*

Meals on Wheels- (740)385-6813

**delivers meals to homebound seniors, as well as food for their pets*

Nelsonville Food Cupboard, Incorporated- (740)753-3810

**has a food pantry*

Plains United Methodist Church- (740)797-4163

**has an emergency food pantry for Athens County residents*

Salvation Army- (740)797-1305

**provides food boxes*

SE Ohio Foodbank- (740)767-4500 or (800)686-1093

**Provides a wide variety of food assistance programs, including home delivered meals for seniors, food for pets, and summer food programs for children.*

WIC Program (Hopewell Health)- (740)677-4002

**provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five*

Free Meals

Monday

First United Methodist Church- (740)593-3977

Lunch Noon-1pm

Also has pantry table, outside blessing box, clothing closet, free books, and more

Tuesday

Tavolino Restaurant- (740)592-2004

Lunch 11am-2pm

Also has outside blessing box

Athens Church of Christ- (740)593-7414

Supper 5:30pm-6:15pm

Drive-through only; call ahead by noon each Monday to place your order if possible

Athens Krishna House- (605)574-7462

Vegetarian Supper 6:30-8pm

Wednesday

Friends and Neighbors Community Center- (740)667-0684

Lunch Noon in Coolville

United Campus Ministry (UCM)- (740)593-7301

Lunch Noon-1:30pm

Pantry table also available

Held at the Episcopal Church of the Good Shepherd the first Wednesday of each month

Thursday

United Campus Ministry (UCM)- (740)593-7301

Supper 5-6:30pm

Pantry table also available

Friday

Good Works, Inc.- (740)594-3339

Supper 5:15; take-home food is also provided at the meal and they have a free lunch during the summer as well

Saturday (only 4th Saturday of each month)

Greater Works Outreach Worship Center- (740)753-4353

Dinner 2-3pm

Health Support (Mental/Physical)

211

**phone number to get connected with resources in your community*

Albany Counseling Services- (740)698-0601

**behavioral health services for children, adolescents, families, and young adults*

Anew Behavioral Health- (866)534-ANEW

**treatment for mental health and substance abuse problems*

Appalachian Family Center for Autism and Disability Resources and Education- https://www.facebook.com/groups/AFCADRE

**Provides advocacy and support for families affected by intellectual and developmental disabilities. Services include 2 Facebook groups, a face-to-face parent group, trainings, and a summer day camp for children.*

Appalachian Pathways Counseling & Consulting- (740)445-9537

**online counseling for a variety of mental health and life problems*

Athens Counseling- (260)760-9226

**counseling for a wide variety of mental health and life problems*

Athens County Health Department- (740)592-4431

**harm reduction clinic, free or lost cost vaccines for uninsured people, variety of supports to test/prevent high blood lead levels, children's genetic clinic, opioid education and naloxone distribution programs, Tuberculosis (TB) Testing and Surveillance Program, dental sealant program, Friendship Bench listeners trained in problem-solving techniques*

Athens County Public Libraries- nelpl@myacpl.org or (740)856-8142 (for Liz Vandendries)

**various classes are offered on communication skills, emotional wellness, and physical wellness; social/community health worker Liz Vandendries also answers questions about mental health support, medical care resources, and addiction resources at all 7 libraries*

Athens County Veterans' Services- (740)592-3216

**assists veterans with health care, including mental health care*

Athens HOPE (through Ohio University)- (740)593-4721

**works to create a supportive community through substance use disorder education and advocacy*

Athens Photographic Project- (740)818-3624

**arts-based recovery program for people living with mental illness*

Athens Village- (740)447-0500

**transportation, patient advocacy, home repair help, social opportunities, wellness checks, and more for Athens County residents age 60+*

Athens-Hocking Vinton 317 Board- (740)593-3177

**connects people to treatment for substance abuse and mental illness*

Basil Family Medicine- (614)559-8142

**low cost medical care*

Bassett House- (740)594-8108

**substance abuse treatment for young people ages 13-18*

Birth Circle- (740)652-6262

**pregnancy/birth/parenting education and support*

Brian Bors Talk Therapy- (740)447-5115

**counseling for adults and teens*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Crisis Services Hotline (Hopewell Health Centers)- (888)475-8484 or (740)593-3344

**24 hour mental health crisis hotline for emergencies only*

Diles Hearing- (740)594-3571

**hearing care with payment plan options*

Disabled Veterans Outdoors- (740)877-7072

**organization which provides outdoor activities for disabled veterans free of charge*

Dr. Leah Jaquith - (740)591-0284

**psychologist; LGBTQ Culturally Competent Provider*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Equitas Health- (740)331-4165

**confidential testing and HIV/AIDS assistance; LGBTQ Culturally Competent Mental Health Care*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of follow-up care for any condition diagnosed during the initial exam*

Federal Valley Resource Center - (740)707-5332

**offers various free classes on health and wellness, as well as a free gym*

Gathering Place- (740)594-7337

**help for people with substance abuse and mental health problems*

Health Recovery Services- (740)592-6720

**Drug recovery/mental health services. No one turned away due to inability to pay.*

Healthy Start- (800)762-3775 or (740)797-2523

**health coverage for low-income children under age 19*

Heritage Community Clinic- (800)844-2654

**offers a free medical clinic to adults, free women's health screenings, free immunizations to children who qualify, and low cost immunizations for adults*

Hocking Athens Perry Community Action (HAPCAP)- (740)767-4500 or (800)686-1093

**provides payday loans for medical expenses not covered by insurance*

Hocking Valley Community Hospital Foundation- (740)380-8000

**provides health care to people unable to pay*

Holzer- (740)589-7752

**medical care with financial assistance for emergent and/or medically necessary care to eligible patients*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Hopewell Health Centers- (740)592-3091

**Assists with broad range of mental and physical health issues, with charges based on household income. Has several locations throughout Athens County.*

Integrated Services for Behavioral Health- (740)594-6807

**treatment for substance abuse and mental health problems, with discounts based on household income*

Job and Family Services- (844)640-6446 or (800)762-3775 or (740)797-2523

**Medicaid enrollment, transportation and medical assistance*

John W. Clem Recovery House- (740)593-3797

**assistance for males with substance abuse problems*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Marietta Memorial Hospital- (740)331-6910

**primary care with financial assistance available to the uninsured, underinsured, medically indigent, or financially needy*

Medicaid Connect- (740)385-6813

**provides health education, resource navigation, and uniquely tailored case management*

My Sisters Place- (800)443-3402 or (740)594-8337

**domestic violence agency providing a 24/7 hour hotline, counseling in a confidential place, legal support, and an emergency shelter that takes pets*

NAMI- (740)593-7424 or info@namiathensohio.org

**organization helping people with mental illness and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Natural Freedom Wellness Centers- (740)698-6031

**nature and equine based behavioral health care; services are reimbursable by all Ohio Medicaid Providers*

Offices Formerly at Blue Line Drive- (740)592-5689

**mental health care*

Ohio Health- https://www.ohiohealth.com/contact-us

**medical care with sliding scales and financial assistance available for eligible people*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

OhioHealth Home Care- (740)331-7040

**provides in-home nursing services/hospice, with financial assistance available*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Path Behavioral Healthcare- (740)764-4529

**treatment for mental health and substance abuse issues, with charges based on household income*

Pinnacle Treatment Centers- (740)274-4246

**uses a wide variety of methods to treat opioid addiction, including specialized programs for expecting mothers and LGBTQ individuals, with financial plans that match your situation*

Planned Parenthood- (740)593-6979

**family planning, STD/reproductive medical exams*

Pregnancy Resource Center- (740)592-4700 or (740)721-3794

**provides various resources for pregnant women and new moms*

Psychology and Social Work Clinic- (740)593-0902

**mental health therapy, family therapy, learning disability testing, and parenting assistance*

Recovery Café- (740)517-0135

**free monthly informal meeting with friendly Hopewell Health professional and neighborhood people to discuss substance abuse recovery*

Resilience in Becoming Wellness Center- (740)562-6948

**therapy for a wide variety of mental health, life, and relationship problems*

Rising Suns Non-Profit Pharmacy- (740)447-5025

**provides prescription medications for uninsured and low-income people*

Rock Riffle Wellness- (216)410-2729

**integrative mental health and wellness center*

Rural Women's Recovery Program- (740)593-6152

**addiction and mental health treatment for women*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

SE Ohio Foodbank- (740)767-4500 or (800)686-1093

**has food assistance programs for children and families*

Serenity Grove- (740)592-1178

**transitional recovery house for women struggling with substance use disorders*

Seven Hills Psychology- (937)882-3800

**therapy for a variety of mental health and family problems*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Southwestern Recovery- (740)677-6033

**office based opiate treatment center*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

TASC of Southeast Ohio- (740)594-2276

**substance abuse treatment for eligible people*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

VA Outpatient Clinic- (740)592-7220

**medical and mental health care for veterans*

Wellness Connection Psychological Services- (740)292-0105

**therapy for a wide variety of mental health/life problems*

Housing/Financial Assistance

211

**phone number to get connected with resources in your community*

Athens Area Stand Down- (740)517-0619

**Homeless individuals who attend this yearly event are provided with a broad range of necessities including food, clothing, medical, legal and mental health assistance, job counseling and referral, companionship, and camaraderie. Free transportation to the event is provided for veterans.*

Athens County Public Libraries- (740)856-8142

**community health/social worker Liz Vandendries answers questions about housing concerns and pet/animal care resources at all 7 libraries*

Athens County Veterans Service Office- (740)592-3216

**emergency financial assistance for veterans*

Athens Friend Meeting- (740)797-4636

**provides emergency financial assistance*

Athens Meigs Educational Service Center- (740)797-0064

**has various resources for families experiencing financial difficulty or homelessness*

Athens Metropolitan Housing Authority- (740)592-4481

**assists low and moderate income persons to get safe, decent, and affordable housing*

Athens Village- (740)447-0500

**transportation, patient advocacy, home repair help, social opportunities, wellness checks, and more for Athens County residents age 60+*

Beasley Mills- (614)502-9160 or (740)593-5109

**has low income housing in Athens for people aged 62+*

Beaumont Greene- (740)593-7777

**has low income housing in Athens for people aged 55+*

Buckeye Hills Regional Council- (800)331-2644

**provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs*

Carpenter Hall- (614)502-9160 or (740)593-5109

**has low income housing in Athens for disabled people and people aged 62+*

Catholic Charities of Southeastern Ohio- (740)314-8660

**provides assistance with gas, water, or electric costs once in a 12 month period; also can assist with funeral costs up to $150 for relatives who passed away at age 60+*

COAD- (800)807-9781 or (740)594-8499

**income/age based home weatherization assistance*

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Creekside Apartments- (740)797-7629

**low income housing in Chauncey*

Dean of Students Office- (740)593-1800

**staff in the Office of the Dean of Students can help connect students experiencing housing or food insecurity to Ohio University and Athens community resources*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

Good Works, Inc.- (740)594-3333

**homeless shelter/transitional housing, with application and wait times before being allowed into the shelter*

Habitat for Humanity- (740)592-0032

**income-based home construction program, as well as essential home repairs for seniors*

HEAP- (740)868-1908

**financial assistance for heating bills*

Hocking Athens Perry Community Action (HAPCAP)- (740)767-4500 or (800)686-1093

**offers home repairs for low income households; has various programs to help with obtaining or paying for utilities; offers payday loans for qualified expenses, allows people to use the reception area as a warming place during regular operating hours (8AM-4PM)*

Hocking Athens Perry Fair Housing Consortium - (740)767-4500 or (800)686-1093

**assures compliance with federal and state fair housing laws*

HUD- (614)469-5737

**has a variety of housing assistance programs*

Integrated Services for Behavioral Health- (740)594-6807

**housing stabilization services and short term rental assistance to the homeless or those at serious risk of homelessness*

Jobs and Family Services- (740)797-2523

**provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, and other immediate needs*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

My Sister's Place- (800)443-3402 or (740)594-8337

**shelter/support for victims of domestic violence; pets are accepted*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Nelsonville School Commons- (740)336-6092

**low income housing*

Percentage of Income Payment Plan (PIPP)- (740)868-1908

**lowers energy bills for eligible Ohioans*

Plains Plaza / Evergreen Estates- (740)797-4287

**low income housing in The Plains*

Salvation Army of Athens and Meigs Counties- (740)797-1305

**emergency assistance with housing issues and utility bills*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sheltering Arms- (614)502-9160 or (740)593-5109

**affordable housing for people aged 62+*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Clothing and Household Goods

211

**phone number to get connected with resources in your community*

Athens Meigs Educational Service Center- (740)797-0064

**provides clothing assistance and Goodwill vouchers for families experiencing financial difficulty*

Career Closet- (740)566-8888

**provides Ohio University students with business professional and business casual clothes for interviews, career fairs, formal events, or any career-related function, both on and off campus*

Federal Valley Resource Center - (740)662-5605

**has a thrift store with very low prices*

First United Methodist Church- (740)593-3977

**gives away free clothing, household goods, and books during their free lunch every Monday from noon-1:00*

Friends and Neighbors Community Center- (740)667-0684

**furniture, household goods, clothing at low prices*

Good Works, Inc. Transformation Station- (740)594-3339

**provides vehicles, appliances, bicycles, and non-emergency food to people in need, but they must be earned through volunteer work at the organization*

Goodwill Thrift Store- (740)702-4000

**furniture, household goods, clothing at low prices*

Habitat for Humanity ReStore of Athens, OH- (740)589-5865

**home and hardware items at low prices*

Hocking College Career Closet- (740)753-3591

**provides Hocking College students with clothing for job interviews (and occasionally allows them to keep clothes longer or permanently)*

Jobs and Family Services- (740)797-2523

**provides free clothing needed for school or work*

Little Wing Curiosity Shoppe and Thrift Store- (740)331-0138

**clothing and a wide variety of other items at low prices*

Mrs. K's Variety- (740)856-7010

**Glouster store with clothing, furniture, household goods, food at low prices*

New to You Shoppe- (740)592-1842

**furniture, household goods, clothing at low prices*

Sojourners Youth Resiliency Center- (740)596-1117

**has clothing assistance for youth ages 14 – 24*

Upcycle Ohio Thrift Store- (740)447-9014

**furniture, household goods, clothing at low prices*

Legal/Conflict Resolution

211

**phone number to get connected with resources in your community*

Appalachian Family Center for Autism and Disability Resources and Education- https://www.facebook.com/groups/AFCADRE

**Provides advocacy and support for families affected by intellectual and developmental disabilities.*

Appalachian Peace and Justice Network- (740)517-2894

**conflict education/resolution, coalition building*

Athens Area Mediation Service- (740)594-6169

**conflict resolution-landlord, workplace, family, etc.*

Athens County Veterans' Services- (740)592-3216

**assists veterans with legal issues*

Athens Village- (740)447-0500

**transportation, patient advocacy, home repair help, social opportunities, wellness checks, and more for Athens County residents age 60+*

Buckeye Hills Regional Council- (800)331-2644

**advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection*

CASA/GAL- (740)592-3255

**provides child advocacy in eligible court cases*

Child Support Enforcement- (800)436-8933 or (740)593-5046

**establishes/enforces child and spousal support orders*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Hocking Athens Perry Fair Housing Consortium - (740)767-4500 or (800)686-1093

**assures compliance with federal and state fair housing laws*

Indivisible Appalachian Ohio- (740)467-6160

**empowers Southeastern Appalachian Ohio communities through engagement, education, and advocacy*

My Sisters Place- (800)443-3402 or (740)594-8337

**provides legal advocacy for victims of domestic violence*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Parent Advocacy Connection- (216)212-9203

**trained Parent Advocates empower, educate, encourage, and equip families to partner with professionals in promoting access to services that are family-centered, community- based, comprehensive, and culturally competent*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests, and by facilitating their access to resources*

Safe at Home- (740)592-3315 or (740)593-3402 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)594-3558 or (800)686-3669

**gives free legal help to people with low incomes on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Survivor Advocacy Outreach Program- (740)591-4266

**Rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Victim Assistance (County Prosecutor's Office) - (740)592-3208

**legal assistance for victims of crime*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Mortgage/Foreclosure Assistance

211

**phone number to get connected with resources in your community*

Athens County Veterans' Services- (740)592-3216

**assists veterans with getting mortgages and avoiding foreclosures*

Consumer Credit Counseling Service- (304)485-3141

**provides mortgage counseling*

Equitas Health- (740)331-4165

**provides mortgage payment assistance for HIV+ people*

HUD- (614)469-5737

**has a variety of programs to help people get mortgages and avoid foreclosures*

Job and Family Services- (844)640-6446 or (800)762-3775 or (740)797-2523

**provides emergency short term financial assistance*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Salvation Army of Athens and Meigs Counties- (740)797-1305

**provides need-based mortgage payment assistance*

USDA Rural Development- (740)885-3303

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Senior Services/Support

211

**phone number to get connected with resources in your community*

Athens Public Transit- (740)592-2727

**Local bus transit provider in Athens, Chauncey, The Plains, Nelsonville, and Albany. Discounts available for seniors and disabled people.*

Athens Village- (740)447-0500

**transportation, patient advocacy, home repair help, social opportunities, wellness checks, and more for Athens County residents age 60+*

Beasley Mills- (614)502-9160 or (740)593-5109

**has low income housing in Athens for people aged 62+*

Beaumont Greene- (740)593-7777

**has low income housing in Athens for people aged 55+*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Caregivers of the Elderly Support Group- (800)272-3900

**support for caregivers of the elderly; requires registration which can be done over the phone*

Carpenter Hall- (614)502-9160 or (740)593-5109

**has low income housing in Athens for disabled people and people aged 62+*

COAD- (740)594-8499

**energy, housing, volunteering, foster grandparents*

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

Dina's Compassion Care Home Health Services- (740)249-4024

**in-home care service provider that enables the elderly to live independently in their own homes*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

Federal Valley Resource Center - (740)662-5605

**has free meals, social activities, and exercise classes for seniors aged 50+*

FosterBridge- (740)797-1000

** in-home homemaker, personal care and nursing assessment services*

Habitat for Humanity- (740)592-0032

**provides essential home repairs for seniors*

HomeHelpers- (304)244-4434

**in-home care to allow senior citizens to keep living at home, including people with Alzheimer's and Dementia*

Indivisible Appalachian Ohio- (740)467-6160

**offers services to low-income families, youth, and seniors through various programs based on needs identified through community engagement*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Meals on Wheels- (740)385-6813

**delivers meals to homebound seniors, as well as food for their pets*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

SE Foodbank- (740)385-6813

**has a variety of food assistance programs for seniors aged 60+*

Senior Companion Program and Foster Grandparent Program- (740)447-3767

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Sheltering Arms- (614)502-9160 or (740)593-5109

**affordable housing for people aged 62+*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

United Seniors of Athens County- (800)686-1117 or (740)594-3535

**transportation, health services, and more*

UpBEAT Program- (740)566-4680

**senior health information, prevention and wellness programs*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Transportation

211

**phone number to get connected with resources in your community*

Athens County Department of Job and Family Services- (740)677-4275

**for Medicaid-eligible clients, for medical/social services appointments*

Athens County Public Libraries- (740)856-8142

**community health/social worker Liz Vandendries answers questions about transportation concerns at all 7 libraries*

Athens Green Cab- (740)200-3500

**provides non-emergency transportation to medical appointments for Medicaid recipients*

Athens On Demand Transit- (740)597-2404

**transportation for people pre-registered by phone call; rides must be scheduled in advance*

Athens Public Transit- (740)592-2727

**Local bus transit provider in Athens, Chauncey, The Plains, Nelsonville, and Albany. Discounts available for seniors and disabled people.*

Athens Village- (740)447-0500

**transportation, patient advocacy, home repair help, social opportunities, wellness checks, and more for Athens County residents age 60+*

Athens-Hocking Mobility Management- (740)767-4500

**gives information on Athens County transportation options*

Daybreak- (740)596-2303

**provides medical transportation*

GoBus- (888)954-6287

**rural intercity bus service including Athens, Columbus, Cincinnati, Cleveland, Marietta, Van Wert, Wooster, Parkersburg, and more*

Good Works, Inc. Transformation Station- (740)594-3339

**provides vehicles, appliances, bicycles, and non-emergency food to people in need, but they must be earned through volunteer work at the organization*

Hocking Athens Perry Community Action (HAPCAP)- (740)767-4500 or (800)686-1093

**provides payday loans for car repair or paying off a car title loan*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

United Seniors of Athens County- (800)686-1117 or (740)594-3535

**operates three vans to transport elderly residents (sixty years old and older) of Athens County to and from the senior center, medical appointments, social service appointments, shopping, and other necessary trips*

Women, Children, and Families Support Services

211

**phone number to get connected with resources in your community*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Appalachian Family Center for Autism and Disability Resources and Education- https://www.facebook.com/groups/AFCADRE

**Provides advocacy and support for families affected by intellectual and developmental disabilities. Services include 2 Facebook groups, a face-to-face parent group, trainings, and a summer day camp for children.*

Athens County Child Advocacy Center- (740)566-4847

**provides services for child sexual abuse victims and their families in a child-friendly environment*

Athens County Children Services- (740)592-3061

**case management/adoption/child abuse issues; holiday and emergency food boxes; summer food giveaways; Christmas presents for eligible children*

Athens County Department of Jobs and Family Services- (740)797-2523

**cash and childcare assistance for needy families*

Athens County Health Department- (740)592-4431

**breastfeeding assistance, cribs for low-income families, free vaccines for uninsured children, various services to test for/prevent high blood lead levels, children's genetic clinic, Welcome Hope Baby program where nurse supports families with the care, safety, and development of their child*

Athens County Public Libraries- nelpl@myacpl.org or (740)856-8142 (for Liz Vandendries)

**offers communications skills classes that can be helpful to parents; offers homework help; offers activities for children and teens, offers classes on self-care/self-love for teens; has summer food assistance programs for children; community health/social worker Liz Vandendries answers questions about prenatal and pregnancy resources at all 7 libraries*

Athens Meigs Educational Service Center- (740)797-0064

**provides various services for families experiencing financial difficulty or homelessness*

Beacon School- (740)594-3539

**education and supportive services for children with developmental disabilities*

Birth Circle- (740)652-6262

**pregnancy/birth/parenting education and support*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

CASA/GAL- (740)592-3255

**provides child advocacy in eligible court cases*

Child Support Enforcement- (800)436-8933 or (740)593-5046

**establishes/enforces child and spousal support orders*

Children with Medical Handicaps- (800)755-4769

**identifies and helps children with handicaps*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Dairy Barn's Summer Art Camp- (740)592-4981

**all day summer art camp for students in grades 1-12, with scholarships available for low-income students*

Dolly Parton's Imagination Library- (740)753-2118

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Family & Children First Council- (740)592-9081

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Federal Valley Resource Center - (740)707-5332

**offers summer internship opportunities for local teenagers*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

HAPCAP- (740)767-4500 or (800)686-1093

**provides a daytime summer camp for preschool aged children*

Head Start Program- ATHENS: (740)592-1124; GLOUSTER: (800)686-1093 or (740)767-4500; NELSONVILLE: (740)753-9404

**early school readiness program, health focused*

Healthy Families Integrated Services- (740)594-6807

**family-focused and empathic support provided to parents in their homes to help them build healthy parent-child relationships*

Healthy Start- (800)762-3775 or (740)797-2523

**health coverage for low-income children under age 19*

Help Me Grow- (740)589-5132 or or (740)594-6807 or (740)517-0055

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Heritage Community Clinic- (800)844-2654

**offers a free medical clinic to adults, free women's health screenings, free immunizations to children who qualify, as well as low cost immunizations for adults*

The HIVE- (800)321-8293

**nurturing community hangout for school-aged children/teens in Nelsonville, Ohio*

Hopewell Health Centers- (740)592-3091

**has a variety of programs, including mental health and parenting programs, to help children*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact or https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Indivisible Appalachian Ohio- (740)467-6160

**offers services to low-income families, youth, and seniors through various programs based on needs identified through community engagement*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

My Sisters Place- (800)443-3402 or (740)594-8337

**domestic violence agency providing a 24/7 hour hotline, counseling in a confidential place, legal support, and an emergency shelter that takes pets*

NAMI- (740)593-7424 or info@namiathensohio.org

**organization helping people with mental illness and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (740)767-4500

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Parent Advocacy Connection- (216)212-9203

**trained Parent Advocates empower, educate, encourage, and equip families to partner with professionals in promoting access to services that are family-centered, community- based, comprehensive, and culturally competent*

Parent Café- (740)270-3241

**empowers parents and caregivers by helping them connect with other parents, community resources, and their children*

Planned Parenthood- (740)593-6979

**family planning, STD/reproductive medical exams*

Psychology and Social Work Clinic- (740)593-0902

**mental health therapy, family therapy, learning disability testing, and parenting assistance at competitive prices*

REACH Youth Day Treatment- (740)753-9656

**day-long treatment (Monday - Friday) for children experiencing severe emotional problems and having difficulty functioning successfully in their schools, families and communities*

Rural Women's Recovery Program- (740)593-6152

**addiction and mental health treatment for women*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Safe at Home- (740)592-3315 or (740)593-3402 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Serenity Grove- (740)592-1178

**transitional recovery house for women struggling with substance use disorders*

Sojourners Youth Resiliency Center- (740)596-1117

**community resource and education center for youth ages 14 – 24*

Southeast Ohio Youth Mentoring- (740)797-0037

**provides caring mentors for children ages 5-17*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as:*

Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations

WIC Program (Hopewell Health)- (740)677-4002

**provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five*

Other Support

Red Cross- (740)593-5273

**disaster response and training*

Belmont

Disabilities Services (Mental/Physical)

211

**phone number to get connected with resources in your community*

Area Agency on Aging Region 9, Inc.- (800)945-4250

**helps connect older adults and people with disabilities to needed resources*

Belco Works- (740)695-0500

**provides a variety of services for people with disabilities*

Belmont County Department of Developmental Disabilities- (740)695-0407

**arrangements for in-home services, Employment and Community Work Program, and other resources for people with developmental disabilities*

Belmont County Department of Jobs and Family Services- (740)695-1075

**determines eligibility and authorizes benefits for Disability Assistance, Medicaid and Medicaid Waiver Programs and SSI*

Belmont County Veterans' Services- (740)325-1042

**provides assistance for disabled veterans*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for veterans, low-income children, and adults with disabilities*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bureau of Vocational Rehabilitation- (740)453-0673 or (800)645-1094

**helps disabled people get education, employment, and transportation*

Children with Medical Handicaps Program- (740)695-1202

**links families of children with special health care needs to a network of quality providers to help families with payment of services for child's needs*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports local veterans and their families*

Easter Seals Rehabilitation Center- (304)242-1390

**offers a wide variety of services for individuals with disabilities*

Faith in Action Caregivers- (304)243-5420

**transportation for the disabled*

Fox Run Hospital- (740)695-2131 or (800)245-2131

**inpatient and outpatient mental health services for children up to age 18 and their families, including children with disabilities; 24 hours a day*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

Harmony House- (740)695-0812

**reduces the effects of abuse on all children, as well as individuals with developmental disabilities, their families, and the community, by serving as a community resource to facilitate identification, intervention, and the prevention of child abuse*

Head Start- (740)695-0293

**They promote the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Help Me Grow- (740)695-0293

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Kontogiannis Terrace Apartments- (740)695-4956

**low income housing for people aged 62+ or people with disabilities aged 50+; applications are available for pickup where you come in the door*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio Region 9 Long-Term Care Ombudsman Program- (330)364-3465 or (800)967-0615

advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home

PALS, A Chrysalis Health Company- (614)454-3726

provides a wide variety of services to individuals with disabilities

Paramount Support Services- (740)526-0540

provides a wide variety of services for people with disabilities

Preschool Handicap Program- (740)676-1272

provides services to handicapped children ages 3-5 years

ResCare Ohio- (740)695-4931

provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home

Seeing Hand Association Inc.- (304)232-4810

offers an array of specialized services for blind and visually impaired individuals

Social Security Administration- (800)772-1213

provides disability security, supplemental security, and more

Society for Equal Access- (330)343-9292

provides a variety of programs and services for people with disabilities, with the goal to assist these citizens to live independently in their community of choice

Specialized Recovery Services- (800)324-8680 or (800)686-1516

Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.

Stone House Place- (740)633-9929

**low-income housing for people with disabilities and people aged 62+*

Valley Behavioral Health- (740)298-7078

* provides support for children with autism and related disabilities*

Weinstein & Associates- (800)342-6111 or (216)831-1040

provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability

Wheeling Health Right- (304)233-9323

**helps people apply for disability security payments*

Employment/Education

211

**phone number to get connected with resources in your community*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Belmont College- (740)695-9500

**Short-Term Certificate Funds can be used to support current and former foster youth in programs that take less than a year to complete, application is on website under admissions and aid-types of financial aid-state aid*

Belmont County Department of Job and Family Services- (740)695-1075

**employment, education, and training assistance*

Belmont County Ohio Means Jobs- (740)633-5627

**helps people find employment, develop, and refine their job search skills; assists with career/educational plans*

Belmont County Veterans' Services- (740)325-1042

**provides employment and educational assistance for veterans*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bureau of Workers Composition Cambridge Service Office- (800)644-6292

**provides services to eligible injured workers that assist with their return to work*

Career Strategy Consultants- (740)325-1151

**employment agency*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

Community Action Commission (CAC)- (740)695-0293

**connections to job training, Bridges program, and more*

Community Foundation for the Ohio Valley- (304)242-3144

**has a variety of scholarships*

Comprehensive Case Management and Employment Program- (740)695-0293

**adult mentoring, leadership, work readiness skills, job development, paid and unpaid work experience, tutoring, and financial literacy for youth ages 14-24*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Ohio State University Extension- (740)695-1455

**teaches youth and adults through consultation, workshops, committees, group activities, printed material, and mass media*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Southeast Healthcare- (740)695-9344

**their Vocational Services program provides services to assist and support members of the community in overcoming emotional and other challenges by focusing on employment, economic stability, and life skills*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Tri-County Help Center- (740)695-5441 or (800)695-1639

**job assistance and more for victims of abuse; community education, in-service training, classes, etc.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Wheeling Health Right- (304)233-9323

**helps people apply for vocational rehabilitation program*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Legal Assistance/ Emergency Service/ Social Security

211

**phone number to get connected with resources in your community*

Belmont County Department of Job and Family Services- (740)695-1075

**SSI, Title XX, Medicaid, other welfare programs*

Belmont County Fair Housing Commission- (740)695-2121

**assures compliance with federal and state fair housing laws*

Belmont County Veterans' Services- (740)325-1042

**provides legal assistance for veterans*

Care Clinic- (330)278-0096

**Professional Independent Medical Examinations, Legal consultations, narratives, reviews, and witnesses by experts in the field of Pain Management, Addiction, and Psychiatry*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Grace Presbyterian Church- (740)633-2699

**helps run a free legal clinic*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Region 9 Long-Term Care Ombudsman Program- (330)364-3465 or (800)967-0615

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Prosecutor's Victim Assistance- (740)695-2121

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Safe at Home- (740)695-5441

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record.*

Social Security Administration- (800)772-1213

**administers all Social Security, Medicare, SSI programs, and supplemental security (by telephone or in office)*

Southeastern Ohio Legal Services- (740)283-4781 or (800)837-4781

**gives free legal help to people with low incomes on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Tri-County Help Center- (740)695-5441 or (800)695-1639

**helps victims of domestic violence and sexual assault get emergency shelter, navigates the court system, assists with protection orders, and makes referrals for legal services and/or community needs*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Wheeling Health Right- (304)233-9323

**helps people apply for social security payments*

Shelter/Housing Services

211

**phone number to get connected with resources in your community*

Belle Village Apartments- (740)671-9631

**HUD low-income housing apartments*

Belmont County Department of Job and Family Services- (740)695-1075

**provides emergency assistance with eviction prevention*

Belmont County Fair Housing Commission- (740)695-2121

**assures compliance with federal and state fair housing laws*

Belmont County Veterans' Services- (740)325-1042

provides emergency rent or mortgage assistance for veterans, as well as help getting a mortgage

Belmont Metropolitan Housing- (740)633-5085

public housing, housing choice voucher programs

Community Housing Impact and Preservation Program- (800)848-1300

home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan

Glenwood Village- (740)484-4648

HUD low-income housing apartments- call for more details

GMN Tri-County CAC Homeless Prevention- (740)695-0293

assists households who have faced a crisis situation that have rendered them homeless or at imminent risk of homelessness

Goodwill Industries Social Services- (740)264-6000

provides information on emergency shelter and more

HUD- (614)469-5737

has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures

Jaycee Manor Apartments- (740)633-1203

HUD low-income housing apartments

Kontogiannis Terrace Apartments- (740)695-4956

low income housing for people aged 62+ or people with disabilities aged 50+; applications are available for pickup where you come in the door

Lansing Gardens Apartments- (740)738-0662

**HUD low-income housing apartments*

Lead Hazard Control Grant- (877)532-3723

free lead hazard control home repairs for eligible children and pregnant women

National Call Center for Homeless Veterans- (877)424-3838

federal government homeless veteran helpline

Neighborhood Assistance Corporation of America- (425)602-6222

helps prevent foreclosures and helps people get affordable mortgages

Nichols Townhomes- (740)968-4704

**HUD low-income housing apartments*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Peg's House Emergency Shelter Tri-County Help Center- (740)695-5441 or (800)659-1639

**emergency shelter, counseling, case management, crisis intervention, and more*

Salvation Army in Bellaire- (740)676-6225

**emergency shelter for homeless people, as well as help for people trying to stay in their own homes*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Southeast Healthcare Services- (740)695-9344

**provides temporary shelter for homeless people and connects homeless people to resources*

Stone House Place- (740)633-9929

**low-income housing for people with disabilities and people aged 62+*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Tri-County Help Center- (740)695-5441 or (800)659-1639

**Provides professional counseling along with shelter, crisis intervention, and more. Safe zone for LGBTQI population.*

Urban Mission- (740)283-1621 (men) or (740)282-6087 (women)

**operates 3 emergency low-barrier homeless shelters*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Young Women's Christian Association (YWCA) – (800)698-1247

**offers shelter to victims of domestic violence and homeless women and children*

Clothing, Food

211

**phone number to get connected with resources in your community*

Abundant Life Food Pantry- (740)676-2971

**emergency food*

Barnesville Thrift Store- (740)425-9438

**food pantry and thrift store*

Bellaire Christian Church- (740)676-3881

free clothing, along with other needed items for school students and the homeless

Bellaire First Methodist Church- (740)676-3663

**free Monday dinner, weekly food bank delivery truck, and weekly produce distribution*

Belmont County Department of Job and Family Services- (740)695-1075

**handles Federal and State mandated Food Stamps, free clothing needed for school or work, welfare programs, and more*

Calvary Presbyterian Church- (740)695-0242

**gives away clothing and supplies for children ages 5 and younger*

Community Action Commission- (740)695-0293

**provides community-based programs including free summer lunches for children ages 1-18*

First Presbyterian Church- (740)695-0690

**has clothing assistance*

Flushing Alliance Church- (740)968-3911

**has a food pantry*

Goodwill Industries Social Services- (740)264-6000

**provides direct support and resource information on food, clothing, and more*

Goodwill Industries Thrift Store- (740)695-2335

**clothing, furniture, household items for low prices*

Grace Presbyterian Church- (740)633-2699

**food pantry; youth center with free dinners served after school; free winter clothing; thrift store with low cost clothing*

Lincoln Avenue United Methodist Church- (740)676-5936

**has a food pantry, as well as free weekly hot lunches for adolescents in grades 7-12*

Mid-Ohio Foodbank- (614)277-FOOD (3663)

**collects and distributes food to those in need*

Mike's Second to None Thrift Store- (740)827-0058

**furniture, household goods, and more for low prices*

Peg's House Emergency Shelter Tri-County Help Center- (740)695-5441 or 1(800)695-1639

**food bank and clothing provided for victims of abuse*

Project Manna, Epworth Center- (740)484-4705

**food assistance for people in the Union Local school district and Barnesville area*

Salvation Army- (740)676-6225

**clothing and food for those in need*

St. Clairsville Food Pantry- (740)310-3107

**food assistance*

St. Paul Evangelical Lutheran Church- (740)635-2472

**has a food pantry and clothing assistance*

Wheeling Health Right- (304)233-9323

**has blessing boxes with free food; helps people apply for food stamps*

WIC- Belmont County Women, Infants, and Children Program- (740)676-2232

**provides nutrition education, breastfeeding education, and support to pregnant and postpartum women and their families ages 0-5 years*

Yorkville United Methodist Church- (740)859-3455

**food assistance for people living in the 43971 area code and Deep Run Upland Heights; also for people who work in Yorkville*

Transportation

211

**phone number to get connected with resources in your community*

Belmont County CAC- (740)695-0293

**transportation to medical appointments or to social service agencies for eligible people*

Belmont County Department of Job and Family Services- (740)695-1075

**transportation to medical appointments, employment related vehicle repair*

Belmont Senior Services- (740)695-4142

**provides transportation for the elderly*

Faith in Action Caregivers- (304)243-5420

**transportation for the elderly and disabled*

Goodwill Industries Thrift Store- (740)264-6000

**provides direct support and resource information on transportation and other resources*

Ohio Valley / Eastern Ohio Regional Transportation Authority- (304)232-2190

**operates four fixed bus routes that primarily serve the Ohio communities in Belmont and Jefferson Counties of Bellaire, Bridgeport, Brookside, Martins Ferry, Rayland, Shadyside, Tiltonsville, and Yorkville and the communities located along the Blaine route west of Brookside (i.e., Wolfhurst, Lansing and Blaine)*

Peg's House Emergency Shelter Tri-County Help Center- (740)695-5441 or (800)695-1639

**center for victims of abuse, transportation assistance also provided*

Southeast Area Transit (SEAT)- (740)454-8573

**provides some types of affordable transportation in Belmont County*

Senior Services/ Support

211

**phone number to get connected with resources in your community*

Adult Protective Services- (740)695-1075

**provides services to elderly in danger of harm, unable to protect themselves, and/or have no one else to assist them*

Area Agency on Aging Region 9, Inc.- (800)945-4250

**helps connect older adults and people with disabilities to needed resources*

Belmont County Department of Jobs and Family Services- (740)695-1075

**determines eligibility and authorizes benefits for Medicaid and Medicaid Waiver Programs, Nursing Home Placement, and more*

Bridgeport Manor- (740)635-1294

**senior apartment living*

Community Action Commission- (740)695-0293

**provides community based programs including senior nutrition, food programs, and advocacy*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

Faith in Action Caregivers- (304)243-5420

**transportation for the elderly and disabled*

FosterBridge- (740)797-1000

**in-home homemaker, personal care and nursing assessment services*

Kontogiannis Terrace Apartments- (740)695-4956

**low income housing for people aged 62+ or people with disabilities aged 50+; applications are available for pickup where you come in the door*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Ohio Region 9 Long-Term Care Ombudsman Program- (330)364-3465 or (800)967-0615

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)945-4250

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Senior Companion Program and Foster Grandparent Program- (330)987-7232

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Senior Services of Belmont County- (740)695-4142

**transportation for elderly, meals on wheels, congregate meals, home care, and more*

Social Security Administration- (800)772-1213

**provides retirement, supplemental security, SSI programs, and more*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Stone House Place- (740)633-9929

**low-income housing for people with disabilities and people aged 62+*

Wheeling Health Right- (304)233-9323

**helps people apply for social security payments*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Health Support; Mental Health, Drug and Alcohol Treatment

211

**phone number to get connected with resources in your community*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Barnesville Family Medicine- (740)425-5150 or (740)425-5242

**medical care with financial assistance for eligible people*

Bellaire Health Center- (740)676-4623

**family medicine with financial assistance for eligible people*

Belmont County District Library- (740)633-0314

**has yoga classes and classes on healthy living*

Belmont County Health Department- (740)695-1202 (regular hours) or (740)310-2407 (after hours emergencies)

**vaccines (children not turned away due to inability to pay), cancer screenings, STD testing, family planning, lead testing, support for pregnant women and new moms*

Belmont County Veterans' Services- (740)325-1042

**helps veterans get treatment for mental health and substance abuse problems*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for veterans, low-income children, and adults with disabilities*

Bridges to Wellness- (234)801-8010

**a program that connects individuals and families to local resources to help them become stronger and healthier*

Building Better Tomorrows- (740)518-5267

**support group for people with PTSD, Anxiety, Depression, Anger, and their associated symptoms*

Cambridge Counseling- (740)435-9766

**counseling/psychotherapy; addiction treatment; case management; assessment/referral services*

Care Clinic- (330)278-0096

**treatment for mental health and substance abuse problems*

Cedar Ridge Behavioral Health Solutions- (855)692-7247

**mental health and substance abuse treatment, along with employment assistance*

Chrysalis Health- (800)691-6113

**treatment for mental health and substance abuse issues*

Cleveland Primecare Belmont County- (740)296-5702

**medical care with financial assistance for eligible people*

Coleman Health Services- (330)673-1347 or (800)673-1347

**case management, mental health counseling, psychiatry, and peer support*

The Counseling Cottage- (740)827-6811

**mental health care*

Crisis Hotline- (800)354-4357

**help during a mental health emergency or crisis*

Dean's Natural Wellness- (740)509-0079

**Provides mental health and family therapy. LGBTQ Culturally Competent Provider.*

Drug Crisis Line- (740)695-9447

**treatment of alcohol/drug problems including family issues; text 4HOPE to 741741*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Eagle HealthWorks- (740)298-7040 or (888)426-9536

**treatment for substance abuse problems*

Fox Run Hospital- (740)695-2131 or (800)245-2131

**inpatient and outpatient mental health services for children up to age 18 and their families, including children with disabilities; 24 hours a day*

Grace Presbyterian Church- (740)633-2699

**has a cancer support group*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

Katie Knox & Associates Counseling Services- (740)296-5648

**mental health and substance abuse treatment; family therapy, some discounts available*

Kendall Behavioral Solutions- (740)609-5072

**behavioral health care for children*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Lighthouse Therapy Services- (304)408-3587

**therapy for adolescents and adults who have experienced depression, anxiety, trauma, relationship difficulties, behavior concerns, mood problems, communication issues, and more*

Living With Cancer Support Group- (740)732-4958

**Support groups are free for residents of Noble County and surrounding communities and are open to anyone impacted by cancer. In-person and virtual options available. Registration required.*

Martins Ferry Health Center- (740)232-6104

**medical care with financial assistance for eligible people*

Medicaid- (740)695-1075

**health care program for low income people*

Mental Health and Recovery Board- (740)695-9998

**was created to establish a unified system of mental health and addiction recovery services for citizens of Belmont, Harrison and Monroe Counties*

Morristown Family Medicine- (740)782-1031

**medical care with financial assistance for eligible people*

NAMI- (304)905-0635

**organization helping people with mental illness and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Neurobehavioral Medicine Consultants- (740)968-7006

**mental health and substance abuse treatment*

Ohio Hills Health Centers- (740)239-6447

**medical care and mental health care, with charges based on household income*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

PASSPORT- (800)945-4250

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Rivers and Roads Psychotherapy- (304)905-5501

**mental health and family therapy*

SAMHSA's National Helpline- (800)662-HELP(4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Shadyside Health Center- (740)795-4505 or (740)671-9357

**medical care with financial assistance for eligible people*

Southeast, Inc.- (740)633-2161: Martins Ferry; (740)695-9344: St. Clairsville; (800)354-4357: Crisis Intervention Line

**provides full range of mental health treatment, chemical dependence treatment, medical care, and more, without regard for economic status*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

St. Clairsville Health Center- (740)695-1210

**medical care with financial assistance for eligible people*

Substance Abuse and Mental Health Services Referral Information (National)- (800)662-4357

Tri-County 24-Hour Crisis Hotline- (740)695-5441

**immediate, short-term help to individuals who may be experiencing an event that produces emotional, mental, physical, or behavioral distress*

Tri-County Help Center- (800)695-1639

**Mental health services to help people overcome domestic violence, sexual abuse, and mental illness. Cost based on household income.*

Trinity Acute Inpatient Rehabilitation- (740)264-8025

**Provides assessments, IOP, EAP, individual counseling with day and evening appointments for drug and alcohol abuse. Detox through inpatient is rare but available through referral of court order.*

Valley Behavioral Health- (740)298-7078

**Provides support for children with autism and related disabilities. Autism scholarships are available, and there is a Caregiver Coaching & Support program for Medicaid patients.*

The Village Network/ Brite Future- (740)526-0204 or Toll Free Crisis Hotline- (877)392-3136

**Provides comprehensive array of mental and behavioral health services to children and their families through an outpatient treatment program for conditions including ADHD, impulse control disorders, mood disorders, and depression. Charges are based on household income.*

Village Network Residential Treatment- (800)638-3232

**Residential programs with short-term residential treatment, emergency placements, mental health evaluations, and transitional living programs. Charges are based on household income.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services and mental health care*

Wheeling Health Right- (304)233-9323

**Provides mental health counseling, addiction recovery, medical care, dental care, prescriptions, and health education for uninsured, underinsured, and low-income people. Also helps people apply for Medicaid.*

Utility/Bill Assistance

211

**phone number to get connected with resources in your community*

AT&T Lifeline- https://www.att.com/wirelesslifeline/

**savings on telephone bill (AT&T customers only; must meet income guidelines)*

Belmont County Department of Job and Family Services- (740)695-1075

**provides emergency assistance with eviction prevention and utility shut-off prevention*

Catholic Charities of Southeastern Ohio- (740)314-8660

**provides assistance with gas, water, or electric costs once in a 12 month period; also can assist with funeral costs up to $150 for relatives who passed away at age 60+*

Community Action Commission- (740)695-0293

**has a variety of programs to help with water/sewage bills, heating/cooling bills, obtaining air conditioners, and making homes more energy efficient*

Council of Churches- (740)695-9993

**provides utility assistance for St. Clairsville school district residents only; can be accessed through any church in the area*

County Veterans Office- (740)325-1042

**financial assistance to eligible veterans*

First Baptist Church- (740)633-9642

**provides emergency utility assistance (up to $50) for Martins Ferry residents*

Goodwill Industries Social Services- (740)264-6000

**provides direct support and resource information on housing/rent assistance and more*

Grace Presbyterian Church- (740)633-2699

**provides utility assistance when funds are available, mainly for Martins Ferry residents*

House of Carpenter- (304)233-4640

**provides utility assistance and more for those in need*

John and Margareta Kelsey Memorial Fund- (740)695-0293

**provides monthly financial assistance to eligible widows and their dependent children who live in Belmont County*

Miracle of Life Support Group- (740)695-5658

**refers expectant mothers in need of local agencies for proper financial assistance*

OHIOMEANSJOBS- (740)633-5627

**helpful resource for job seekers to post resume, search for work, and more*

Percentage of Income Payment Plan (PIPP)- (740)695-0293

**lowers energy bills for eligible Ohioans*

Project Manna- Epworth Center- (740)484-4705

**provides emergency assistance with utilities (up to $75) and food for Union Local district residents and people in the Barnesville area*

Salvation Army- (740)676-6225

**assistance for utilities when funds are available*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Wheeling Health Right- (304)233-9323

**helps people apply for utility assistance*

Veteran Assistance

211

**phone number to get connected with resources in your community*

Belmont Count VA Outpatient Clinic- (740)695-9321

**medical care for veterans*

Belmont County Veterans Office- (740)325-1042

**wide variety of services for veterans*

Breaking Free Therapeutic Riding Center- (740)607-8267

**horse therapy to improve mental/physical health and cognitive abilities, with several programs for veterans and scholarships available for veterans, low-income children, and adults with disabilities*

Disabled American Veterans- (216)522-3507

**supports local veterans and their families*

National Call Center for Homeless Veterans- (877)424-3838

**federal governments homeless veteran 24-hour helpline*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Vet Center/Veterans Organizations- (304)232-0587

**counseling, outreach, referral services to veterans in order to help them make a satisfying postwar adjustment to civilian life*

Veterans Service Commission- (740)325-1042

**wide variety of services for veterans*

Women and Children Support

211

**phone number to get connected with resources in your community*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Belmont County Child Support Enforcement Agency- (740)695-1075

**establishes/enforces child and spousal support orders*

Belmont County Department of Job and Family Services- (740)695-1075

**handles programs for at-risk pregnancy, children services, food stamps, childcare assistance, and more*

Belmont County Health Department- (740)695-1202 (regular hours) or (740)310-2407 (after hours emergencies)

**vaccines (children not turned away due to inability to pay), cancer screenings, STD testing, family planning, lead testing, support for pregnant women and new moms*

Boy Scouts of America- (304)277-2660

**provides traditional scouting and specialized programs ages 6-21*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for low-income children and adults with disabilities*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bridges to Wellness- (234)801-8010

**Community health workers will work with families to ensure access to services needed such as finding diapers and other baby supplies, finding insurance, choosing a doctor, finding housing, answering pregnancy and parenting questions, and more*

Calvary Presbyterian Church- (740)695-0242

**gives away children's clothing and baby supplies*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Community Action Commission- (740)695-0293

**provides community-based programs including free summer lunches for children ages 1-18, Head Start, Help Me Grow Home Visiting, the Kelsey fund, child and adult care, and advocates for low-income individual and families*

Comprehensive Case Management and Employment Program- (740)695-0293

**adult mentoring, leadership, work readiness skills, job development, paid and unpaid work experience, tutoring, and financial literacy for youth ages 14-24*

Dolly Parton's Imagination Library- (740)695-2062

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Easter Seals Rehabilitation Center- (304)242-1390

**Developmental screening, nutrition clinic, speaker bureau, and disability awareness program for children 12 and under. Parenting support groups.*

Family & Children First Council- (740)579-0345

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Fox Run Hospital- (740)695-2131

**provides a variety of inpatient mental health services for children under age 18 and families*

Grace Presbyterian Church- (740)633-2699

**Youth Center during the school year is open Monday - Friday after school hours until 7/8:00 PM. Around 5:00 PM dinner is served.*

Harmony House- (740)695-0812

**reduces the effects of abuse on all children, as well as individuals with developmental disabilities, their families, and the community, by serving as a community resource to facilitate identification, intervention, and the prevention of child abuse*

Head Start- (740)695-0293

**Promotes the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)695-0293

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Helping Children Cope With Divorce- (740)695-1455

**$30 two-hour education program that offers information on the divorce process and post-divorce parenting*

House of Samuel- (740)439-5634

**provides counseling, respite, comprehensive foster care, adoption services, and child custody services*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

John and Margareta Kelsey Memorial Fund- (740)695-0293

**provides monthly financial assistance to eligible widows and their dependent children who live in Belmont County*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Miracle of Life Support Group- (740)695-5658

**assistance to eligible expectant mothers, infants, and small children*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

NAMI- (304)905-0635

**organization helping people with mental illness and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (740)695-1202

** provides child safety seats and booster seats to eligible low-income families*

Ohio Hills Health Services- (740)425-5160

**preventative services including mammograms, immunizations, and more*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*Ohio

Peg's House Emergency Shelter Tri-County Help Center- (740)695-5441 or (800)695-1639

**Counseling, parenting education, and crisis intervention. For victims of abuse, many resources are provided.*

Prosecutor's Victims Assistance- (740)695-2121

** advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Safe at Home- (740)695-5441

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Salvation Army in Bellaire- (740)676-6225

**Christmas gifts, character-building programs, summer camp opportunities, sports activities, music education, after-school tutoring, mentorship, and more*

Social Security Administration- (800)772-1213

**provides survivor resources*

Society for Equal Access- (888)213-4452

**has parenting classes that offer services to support and care for new and expecting parents or guardians and provide opportunities to foster healthy growth for babies*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Tri-County Help Center- (800)695-1639

**Provides professional counseling, crisis intervention, advocacy, and victim's assistance programs for domestic abuse. Crisis therapy for children who are victims. Safe zone for LGBTQI population. Provides parenting classes where participants learn parental empowerment, child development, and parenting techniques.*

Tri-County HELP Domestic Violence Shelter- (740)695-5441 or (800)695-1639

**temporary housing for victims of domestic violence in a safe and secure environment*

Trinity Acute Inpatient Rehabilitation- (740)264-8025

**transition program for pregnant women and those with newborns*

Valley Behavioral Health- (740)298-7078

**provides support for children with autism and related disabilities*

Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crimes and their families (medical expenses, lost wages, replacement services, and/or funeral expenses)*

The Village Network/Brite Future- (740)526-0204 or (877)392-3136 (Crisis Hotline)

**provides an array of mental and behavioral health services to children and their families including Early Childhood Mental Health Consultants*

Village Network Residential Treatment- (800)638-3232

**provides short-term residential treatment, emergency placements, transitional living programs, and more for children and adolescents*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

Wheeling Health Right- (304)233-9323

**holiday gifts for needy children, family planning services, breast and cervical cancer screenings, help for people applying for child care assistance*

WIC- Belmont County Women, Infants, and Children Program- (740)676-2232

**provides nutrition education, breastfeeding education, and support to pregnant and postpartum women and their children ages 0-5 years*

Young Women's Christian Association (YWCA) – (800)698-1247

**offers shelter to victims of domestic violence and homeless women and children*

Gallia

Women, Children, and Families

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a*

medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

Child Support Enforcement- (800)371-5987

**establishes/enforces child and spousal support orders*

Children with Medical Handicaps- (740)441-2018

**identifies and helps children with handicaps*

Children's Center of Ohio- (740)379-9083 (boys) or (740)256-1766 (girls)

**residential treatment center for troubled youth (ages 8-18) and victims of abuse/neglect*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Comprehensive Case Management and Employment Program- (740)444-4400

**adult mentoring, leadership, work readiness skills, job development, paid and unpaid work experience, tutoring, and financial literacy for youth ages 14-24*

Court Street Ministries- (740)446-9050

**children's holiday stockings, food, clothing, furniture, toys, and other services for unsheltered and at-risk individuals in Gallia County*

Diabetes Cat Camp- cookk1@ohio.edu

**scholarships are available for this summer camp, where children and adolescents living with diabetes can connect with peers, learn important diabetes management skills, and have a lot of fun*

Easter Seals- (614)228-5523

**the Dolly Parton's Imagination Library mails free, high-quality books to children from birth to age five, regardless of income*

Family & Children First Council- (740)446-3022

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Gallia County Health Department- (740)441-2018

**vaccinations, family planning, lead screenings, primary care, reproductive care, and more*

Gallia County HOPE- (740)446-3022

**promote healthy paths of thinking and living life as well as restoration and healing for those who have been wounded by human trafficking*

Gallia County WIC- (740)441-2018 or (740)441-2977

**provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five*

Gallia Meigs Community Action Agency- (740)444-4400

**provides parents of babies with basic hygiene and health supplies*

God's Hands at Work- (740)645-7609

**provides baby supplies, prom clothes, school supplies, summer lunches for kids, and after-school activities/hot meals/homework help*

Head Start- (740)992-4202

**high quality preschool services for low-income children 3-5 years of age with a focus on school readiness*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)444-4400

**various types of support for pregnant women or new parents with a child up to the age of 3 years, to help the child develop in a healthy way*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)446-3222 or (800)371-5987

**cash and childcare assistance for needy families*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (800)755-4769

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Safe at Home- (740)441-5809 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

SE Ohio Foodbank- (740)767-4500 or (800)686-1093

**has food assistance programs for children and families*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Square One- (740)441-5809

**provides shelter for domestic violence victims and homeless women/children*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and*

accompaniment to medical and legal appointments, assistance with making compensation claims

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Disability Services

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Area Agency on Aging Region 7, Inc.- (800)582-7277

**helps connect older adults and people with disabilities to needed resources*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Community Services- (740)286-5039

**provides a wide variety of services to people with disabilities*

Bureau of Vocational Rehabilitation- (740)592-4411 or (800)248-4378

**helps disabled people get education, employment, and transportation*

Children With Medical Handicaps- (740)441-2018

**identifies and helps children with handicaps*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

Easterseals- (614)228-5523

**provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in their community*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Gallia County Board of Developmental Disabilities- (740)446-6902

**provides a wide range of services for people of all ages with developmental disabilities*

Gallia County Veterans Services- (740)446-2005

**provides assistance for disabled veterans*

Gallia Meigs Community Action Agency- (740)444-4400

**provides handicapped accessibility modifications for low-income homes*

Help Me Grow- (740)444-4400

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Mobility Management- (740)578-3365 or (740)446-6095

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

PALS Gallia County- (740)446-3775

**provides a wide variety of services to individuals with disabilities*

Patriot Cabin Company- (740)670-1886

**provides services for homeless and disabled veterans, military, civil servants, and their immediate families*

ResCare Ohio- (740)446-7549

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

SE Ohio Foodbank- (740)767-4500 or (800)686-1093

**provides summer food assistance for any person 19-21 who is mentally or physically disabled*

Social Security Administration- (888)397-6343

**assists blind/aged/disabled- SSR/SSD/SSI*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Legal/Conflict Resolution

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Gallia County Fair Housing Commission- (740)446-4612

**assures compliance with federal and state fair housing laws*

Gallia County Veterans Services- (740)446-2005

**provides legal help to veterans*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (740)441-5809 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)594-3558 or (800)686-3669

**gives free legal help to people with low incomes on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Victim Assistance- (740)446-0018

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Health Support (Mental/Physical)

Cardinal Recovery- (740)446-9129

**inpatient and outpatient treatment for substance abuse*

Children With Medical Handicaps- (740)441-2018

**identifies and helps children with handicaps*

Children's Center of Ohio- (740)379-9083 (boys) or (740)256-1766 (girls)

**residential treatment center for troubled youth (ages 8-18) and victims of abuse/neglect*

Crisis Services Hotline (Hopewell Health Centers)- (888)475-8484 or (740)593-3344

**24 hour mental health crisis hotline for emergencies only*

Diabetes Cat Camp- cookk1@ohio.edu

**scholarships are available for this summer camp, where children and adolescents living with diabetes can connect with peers, learn important diabetes management skills, and have a lot of fun*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of follow-up care for any condition diagnosed during the initial exam*

Family Senior Care, Inc.- (740)441-1377

**home health care, as well as assistance with household tasks to allow people to live independently in their own homes*

Field of Hope- (740)245-3051

**faith based residential center for people recovering from drug and alcohol addiction*

Gallia County Crisis Line- (800)252-5554

**help during a mental health emergency or crisis*

Gallia County Health Department- (740)441-2018

**vaccinations, family planning, lead screenings, primary care, reproductive care, and more*

Gallia County HOPE- (740)446-3022

**provides various types of support to people in the community who struggle with substance abuse and mental health problems*

Gallia County Veterans Services- (740)446-2005

**helps veterans get health care, both physical and mental*

God's Hands at Work- (740)645-7609

**provides hospital beds, wheelchairs, walkers, shower chairs, bedside commode, canes, and personal care items to those in need*

Health Recovery Services- (740)446-7010

**Treatment for mental health and substance abuse problems. No one turned away due to inability to pay.*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Holzer Home Care Gallipolis- (740)446-5301 or (888)225-1135

**provides home health care*

Hometown Recovery- (740)208-5168

**sober living facility for men*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Hopewell Health Center- (740)446-5500 or (740)794-6019 or (740)428-5012 (day treatment center for children)

**mental health care with charges based on household income*

Integrated Services for Behavioral Health- (740)702-2637

**mental health care, with discounts based on household income*

Jobs and Family Services- (740)446-3222 or (800)371-5987

**Medicaid enrollment, transportation and medical assistance*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Medicaid Connect- (740)385-6813

**provides health education, resource navigation, and uniquely tailored case management*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

New Life Recovery- (740)307-8570

**faith-based, licensed Outpatient/Sober Living therapy for substance use disorder*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio Valley Home Health, Inc.- (740)441-1393

**provides home health care*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

OVP Health- *(*740)446-4600

**inpatient and outpatient treatment for people suffering from opioid addiction and other substance abuse problems*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pleasant Valley Home Health- (740)208-5599

**provides home health care*

SAMHSA's National Helpline- (800)662-HELP(4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Smith Family Healthcare- (740)578-4824

**medical care, comprehensive mental health assessments, and addiction treatment; charges are based on household income*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

SperoHealth- (740)334-4958

**outpatient addiction treatment*

Steps of Recovery- (740)441-9800

**substance abuse treatment*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

TASC of Southeast Ohio- (740)446-6471

**outpatient addiction treatment center for eligible people*

Transcendence Behavioral Health- (740)201-9354

**counseling services to individuals, couples, groups, and families struggling with difficulties or mental health issues*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

United Way of the River Cities- (304)523-8929

may provide funding for life sustaining prescription medications, vision care, and other household emergencies

Financial Assistance

Catholic Charities of Southeastern Ohio- (740)314-8660

provides assistance with gas, water, or electric costs once in a 12 month period; also can assist with funeral costs up to $150 for relatives who passed away at age 60+

Court Street Ministries- (740)446-9050

can help with personal needs such as housing and utilities

Gallia County Veterans Services- (740)446-2005

provides emergency financial help to veterans

Gallia Meigs Community Action Agency- (740)444-4400

Utility assistance (heating, cooling, natural gas, electricity, water/sewage), furnace/air conditioner repair, and window air conditioner unit installments. Also has weatherization programs to make low-income homes more energy efficient.

God's Hands at Work- (740)645-7609

provides utility assistance and other types of financial assistance depending on need

Jobs and Family Services- (740)446-3222 or (800)371-5987

provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, and other immediate needs

Percentage of Income Payment Plan (PIPP)- (740)444-4400

lowers energy bills for eligible Ohioans

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment

United Way of the River Cities- (304)523-8929

may provide a loan for paying bills

Housing Assistance

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Court Street Ministries- (740)446-9050

**has housing assistance*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

Gallia County Fair Housing Commission- (740)446-4612

**assures compliance with federal and state fair housing laws*

Gallia County Veterans Services- (740)446-2005

**provides housing assistance for veterans, including mortgage and foreclosure assistance*

Gallia Meigs Community Action Agency- (740)444-4400

**Provides emergency health/safety home repairs and renovation for handicapped accessibility modifications for low-income people. Provides shelter assistance to people that is emergency-based rather than income-based. Provides housing assistance to low- income veteran families.*

Gallia Metropolitan Housing Authority- (740)446-0251

**assists low and moderate income persons to get safe, decent, and affordable housing*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services- (740)702-2637

**housing stabilization services and short term rental assistance to homeless or those at serious risk of homelessness*

Jobs and Family Services- (740)446-3222 or (800)371-5987

**provides emergency assistance with eviction prevention*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Patriot Cabin Company- (740)670-1886

**provides services for homeless and disabled veterans, military, civil servants, and their immediate families*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Square One- (740)441-5809

**provides shelter for domestic violence victims and homeless women/children*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

United Way of the River Cities- (304)523-8929

**may provide rental assistance to prevent homelessness or a loan for a one time rent payment*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Employment/Education

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Hills Career Center- (740)245-5334

**The Aspire program provides free services for individuals with or without a high school diploma who need assistance acquiring the skills to be successful in post-secondary education, training, and employment.*

Career Connections- (740)578-9622

**employment agency*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

Court Street Ministries- (740)446-9050

**provides educational resources, life skills, and training*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Gallia County Veterans Services- (740)446-2005

**provides education and employment assistance for veterans*

Gallia Meigs Community Action Agency- (740)444-4400

**WIOA/CCMEP Youth Services Program provides services to youth between the ages of 16-24 years old with focus on the elements of Adult Mentoring, Leadership Development, and Labor Market and Employment Information*

God's Hands at Work- (740)645-7609

**helps people get birth certificates, IDs, driver's licenses, and work attire for new employment*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)446-3222 or (800)371-5987

**provides employment related vehicle repair, work or school clothing, and other free employment and educational assistance*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Food Assistance

Cheshire Baptist Church- (740)367-7801

**has a food pantry*

Court Street Ministries- (740)446-9050

**has a food pantry and daily hot meals*

Gallia County Council on Aging- (740)446-7000

**provides home-delivered meals for seniors*

Gallia County WIC- (740)441-2018 or (740)441-2977

**provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five*

Gallia Meigs Community Action Agency- (740)444-4400

**provides food assistance that is emergency-based rather than income-based*

Gallipolis First Church of Nazarene- (740)446-1772

**has a food pantry*

God's Hands at Work- (740)645-7609

**infant formula and baby food, after-school programs with meals and snacks, children's summer lunch, and a mobile food pantry*

Grace United Methodist Church- (740)446-0555

**has a food pantry*

Jobs and Family Services- (740)446-3222 or (800)371-5987

**SNAP enrollment and food assistance*

Lutheran Social Services Mobile- (877)704-3663

**provides food assistance*

New Life Lutheran Church- (740)446-4889

**has a food pantry*

Outreach Center-Gallia County- (740)446-7555

**has a food pantry*

SE Ohio Foodbank- (740) 385-6813

**has various types of food assistance, including food assistance for pets and summer food programs for children*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

St. Peter's Episcopal Church- (740)446-2483

**has a monthly free meal, more frequent meals to residents of First Holzer apartments, and a blessing box filled with shelf-stable foods*

Vinton Baptist Church- (740)388-8454

**has a food pantry*

Clothing Assistance

Court Street Ministries- (740)446-9050

**provides free clothing, furniture, tents, bedding, toys, and other household items*

God's Hands at Work- (740)645-7609

**provides clothing (including prom outfits), school supplies, personal hygiene supplies, furniture, diapers, and other items to those in need*

Goodwill Industries of Southern Ohio, Inc.- (740)441-0336

**furniture, household goods, clothing at low prices*

Jobs and Family Services- (740)446-3222 or (800)371-5987

**provides free clothing needed for school or work*

Movie Station- (740)446-8858

**clothing and other items at low prices*

Once Again Consignment- (740)441-9340

**clothing and other items at low prices*

The Outreach- (740)446-7555

**clothing and other items at low prices*

Services for Seniors

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Area Agency on Aging Region 7, Inc.- (800)582-7277

**helps connect older adults and people with disabilities to needed resources*

Caregivers of the Elderly Support Group- (800)272-3900

**support for caregivers of the elderly; requires registration which can be done over the phone*

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

Family Senior Care, Inc.- (740)441-1377

**home health care, as well as assistance with household tasks to allow people to live independently in their homes*

Gallia County Senior Resource Center- (740)446-7000

**home delivered meals, home care services, adult day services, senior center meals, transportation, social activities, and other services for seniors*

God's Hands at Work- (740)645-7609

**provides hospital beds, wheelchairs, walkers, shower chairs, bedside commode, canes, and personal care items to those in need*

Holzer Home Care Gallipolis- (740)446-5301 or (888)225-1135

**provides home health care*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Mobility Management- (740)578-3365 or (740)446-6095

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Ohio Valley Home Health, Inc.- (740)441-1393

**provides home health care*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pleasant Valley Home Health- (740)208-5599

**provides home health care*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Senior Companion Program and Foster Grandparent Program- (740)447-3767

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

Social Security Administration- (888)397-6343

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Transportation Assistance

Gallia County Council on Aging- (740)446-7000

**provides transportation for seniors*

Jobs and Family Services- (740)446-3222

**provides non-emergency transportation to medically necessary appointments and routine doctor appointments*

Mobility Management- (740)578-3365 or (740)446-6095

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

On The Go Transportation- (740)645-2268

**provides non-emergency medical transportation to eligible residents of Gallia County and Meigs County*

Premier Non-Emergency Medical Transportation, LLC.- (740)645-1182

**provides non-emergency medical transportation*

Guernsey

Disability Services

211

**phone number to get connected with resources in your community*

American Foundation for the Blind- *www.afb.org/info/programs-and-services/1*

**virtual lifeline for parents of children with visual impairments; online support group communities*

Area Agency on Aging Region 9, Inc.- (800)945-4250

**helps connect older adults and people with disabilities to needed resources*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for veterans, low-income children, and adults with disabilities*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bureau of Vocational Rehabilitation- (740)453-0673 or (800)645-1094

**helps disabled people get education, employment, and transportatio*

Cambridge Developmental Center- (740)439-1371

**provides services for people with disabilities*

Children with Medical Handicaps (CMH)- (614)466-1700 or (800)755-4769

**links families with special health care needs to a network of quality providers*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports local veterans and their families*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

Guernsey County Board of Developmental Disabilities- (740)439-4451

**provides life-long services and support to children and adults with disabilities and their families*

Guernsey County Veterans' Services- (740)432-9295

**provides assistance for disabled veterans*

Guernsey Industries- (740)439-5017

**provides job opportunities and other services for people with disabilities*

Head Start and Early Head Start- (740)439-3493 (HS only) or (740)439-7634 or (740)435-8642

**Promotes the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Help Me Grow- (740)439-1858

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Integrated Services for Behavioral Health- (740)300-0339

**provides support for people with disabilities*

Mobility Management- (740)487-4930 (office)

** Provides information on the many transportation options available in the county,*

including public transportation, taxi services, transportation for senior citizens, walking trails, bike paths, and ADA compliances

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio Region 9 Long-Term Care Ombudsman Program- (330)364-3465 or (800)967-0615

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Ohio School for the Blind- (614)752-1359

**public school for the blind that also offers other support services*

REM Ohio- (740)432-3371

**provides a wide variety of services for people with disabilities*

ResCare Community Living- (740)695-4931

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

RHDD- (740)421-9415

**supporting individuals with a disability to live and work in their community*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Society for Equal Access- (330)343-9292

**provides a variety of programs and services for people with disabilities, with the goal to assist these citizens to live independently in their community of choice*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Food/ Clothing/ Transportation

211

**phone number to get connected with resources in your community*

Business and Professional Girls- nancyg82@yahoo.com

**provides new shoes for enrolled Guernsey County students*

Community Development Corporation- (740)439-0020

**disabled veteran transportation*

Faith Community Free Methodist Church- (740)432-7749

**has food and clothing assistance*

Feed My People, Christ Lutheran Church- (740)439-4214

**provides both hot meals and a food pantry*

First Church of the Nazarene- office@cambridgefirstnaz.org

**free produce market all year long*

GoBus- (888)954-6287

**rural intercity bus service including Athens, Cambridge, Columbus, Cincinnati, Cleveland, Logan, Marietta, Van Wert, Wooster, Parkersburg, and more*

Goodwill- (740)439-7000

**clothing, furniture, household goods at low prices*

Grace Pantry- (740)680-7293

**food pantry*

Guernsey County Job and Family Services- (740)432-2381

**food assistance, vehicle repairs, transportation to medical appointments, temporary transportation to jobs for parents, free clothing needed for school or work*

Guernsey County Senior Center- (740)439-5717 (home delivered meals) or (740)439-6681 or (740)432-3838

**offers home delivered meals (including food for pets) and congregate meals for seniors*

HARP Mission- (740)365-0052

**clothing/household items*

Harvest House- (740)584-1941

**assists with clothing and household items*

Living Waters Fellowship- (740)679-2871

**food assistance (including produce) throughout the month*

Lutheran Social Services Mobile Food Pantry- (877)704-3663

Main Avenue United Methodist Church- (740)705-1503

**has a food pantry*

MJ's Closet- 2mjs.closet@gmail.com

**thrift store with clothing and other items*

Mobility Management- (740)487-4930

**Provides information on the many transportation options available in the county, including public transportation, taxi services, transportation for senior citizens, walking trails, bike paths, and ADA compliances*

Naz Church- (614)875-2551

**has various community outreach efforts, including a weekly breakfast that serves individuals experiencing homelessness in Guernsey County*

Salvation Army- (740)432-7759

**food pantry-by appointment only; also provides new coats for Guernsey County students*

Second Chances Retail- (740)435-0568

**thrift store with clothing and other items*

Southeast Area Transit (SEAT)- (740)454-8573

**affordable transportation, through both scheduled individual appointments and fixed bus routes*

St. Vincent de Paul Society- (740)432-7609

**provides food and clothing assistance*

Stop Nine Church of Christ- (740)685-2591

**has a food pantry*

Women, Infants, and Children (WIC)- (740)439-3577

**food assistance programs, education, breastfeeding support, etc. for pregnant women and mothers of children under age 5*

Legal and Advocacy

211

**phone number to get connected with resources in your community*

Children's Advocacy Center of Guernsey County- (740)432-6581

**provides services to child victims of sexual abuse and severe physical abuse, and neglect, and their families, in Guernsey County*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Guernsey County CASA Program- (740)439-5697

**provides child advocacy in eligible court cases*

Guernsey County Fair Housing- (740)439-5491

**assures compliance with federal and state fair housing laws*

Guernsey County Veterans' Services- (740)432-9295

**provides legal help for veterans*

Haven of Hope- (740)439-SAFE(7233) or (800)304-HOPE(4673)

**provides legal advocacy and other support for victims of crimes*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Region 9 Long-Term Care Ombudsman Program- (330)364-3465 or (800)967-0615

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Southeastern Ohio Legal Services- (330)339-3998 or (800)686-3670

**gives free legal help to people with low incomes on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters.*

Victim Assistance- (740)432-9389

**Advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking. Includes the Safe at Home Program, where program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Medical and Healthcare

211

**phone number to get connected with resources in your community*

Allwell Behavioral Health- (740)439-4428; Crisis Hotline: (800)344-5818

**provides primary care with discounts based on household income*

Bridges to Wellness- (234)801-8010

**a program that connects individuals and families to local resources to help them become stronger and healthier*

Cambridge Area YMCA- (740)432-4600

**has a variety of fitness programs; no one is turned away due to inability to pay*

Cambridge Lions Club- http://cambridgelions.com/

**has programs to help people get vision care and diabetes care, as well as projects that often support local children and schools through scholarships, recreation, and mentoring*

Community Healthcare Associates of Ohio- (740)685-1610

**provides free healthcare and others services for Medicaid and Medicare recipients*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of followup care for any condition diagnosed during the initial exam*

FosterBridge- (740)432-1150

**in-home homemaker, personal care and nursing assessment services*

Genesis Healthcare System- (740)454-4000 or (800)322-4762

**medical care, with charges based on household income*

Guernsey County Health Department- (740)439-3577

**child/adult immunizations; family planning; health assessments; physicals; environmental health; and more*

Guernsey County Job and Family Services- (740)432-2381

**Medicaid support and more*

Guernsey County Veterans' Services- (740)432-9295

**helps veterans get health care*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Living With Cancer Support Group- (740)732-4958

**Support groups are free for residents of Noble County and surrounding communities and are open to anyone impacted by cancer. In-person and virtual options available. Registration required.*

MVHC Guernsey County- (740)421-9530

**adult primary care and mental health with charges based on household income, health insurance enrollment assistance*

Ohio Hills Health Centers- (740)239-6447

**medical care and mental health care, with charges based on household income*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)945-4250

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Southeastern Ohio Regional Medical Center- (740)439-8000

**hospital/medical center*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VA Chillicothe Health Care - Cambridge VA Clinic- (740)432-1963

**medical care and mental health care, with financial assistance available*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services*

Mental Health, Drug, and Alcohol Treatment

211

**phone number to get connected with resources in your community*

Allwell Behavioral Health- (740)439-4428; Crisis Hotline: (800)344-5818

**Assessment/evaluation; psychiatric services; community support/case management; prevention/wellness; crisis intervention; counseling/therapy. Discounts based on household income.*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for veterans, low-income children, and adults with disabilities*

Building Better Tomorrows- (740)518-5267

**support group for people with PTSD, anxiety, depression, anger, etc.*

Cambridge Counseling- (740)435-9766

**counseling/psychotherapy; addiction treatment; case management; assessment/referral services*

Cedar Ridge Behavioral Health- (855)692-7247

**treatment recovery center; psychiatric services; recovery housing; intensive outpatient treatment*

Children's Advocacy Center of Guernsey County- (740)432-6581

**provides services to child victims of sexual abuse, and severe physical abuse/neglect, and their families in Guernsey County*

Community Healthcare Associates of Ohio- (740)685-1610

**provides free mental health care, family therapy, and others services for Medicaid and Medicare recipients*

Crisis Hotline- (800)344-5818

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Eagle HealthWorks- (740)685-0016 or (888)426-9536

**treatment for substance abuse problems*

Guernsey County Veterans' Services- (740)432-9295

**helps veterans get treatment for mental health and substance abuse problems*

Guernsey Health Choices- (740)439-4532

**non-profit that helps people recover from mental health and substance abuse problems and provides support groups*

Hickory Behavioral- (800)668-0336

**therapeutic, medically supervised environment to treat individuals with acute psychiatric emergencies and/or co-occurring disorders*

Integrated Services for Behavioral Health- (740)300-0339

**treatment for substance abuse and mental health problems, with discounts based on household income*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Mental Health and Recovery Services Board- (740)454-8557

**services and information on who to contact to access mental health, alcohol, or drug addiction services*

Mid-Ohio Behavioral Health- (740)569-5737

**mental health care, substance abuse treatment, and family therapy; charges are based on household income*

MVHC Guernsey County- (740)421-9530

**treatment for mental health issues with charges based on household income*

NAMI- (740)454-8557

**organization helping people with mental illness and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Neurobehavioral Medicine Consultants- (740)255-5003

**mental health and substance abuse treatment*

Ohio Hills Health Centers- (740)239-6447

**medical care and mental health care, with charges based on household income*

Pathways Fellowship Teen Center- (740)510-5106

**focuses on providing after school assistance for teens ages 6th-12th grade; services include homework assistance, recreational programs, & help with problems teens may experience such as behavioral & family problems*

People to People- (740)432-1800

**Mental Health, Parenting Support, & Addiction/Recovery Services; no one is denied services due to inability to pay*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Southeastern Ohio Counseling Center- (740)489-5571

**assessment/referral services; mental health counseling; addiction services; charges are based on household income*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Spero Health- (740)781-0320

**treatment for substance abuse problems*

Substance Abuse and Mental Health Services Referral Information (National)- (800)662-4357

VA Chillicothe Health Care - Cambridge VA Clinic- (740)432-1963

**medical care and mental health care, with financial assistance available*

Shelter/ Housing Assistance

211

**phone number to get connected with resources in your community*

Called to Freedom Fellowship- (740)432-7747

**homeless shelter for Guernsey County residents aged 18+*

Community Development Corp.- (740)439-0020

**rental assistance to working families, Affordable Rental Housing and Community Service Program*

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

GMN Tri-County CAC Homeless Prevention- (740)685-2422

**rapid rehousing/homeless prevention services, rent subsidy, and supportive services*

Guernsey County Fair Housing- (740)439-5491

**assures compliance with federal and state fair housing laws*

Guernsey County Job and Family Services- (740)432-2381

provides emergency assistance with eviction prevention

Guernsey County Veterans' Services- (740)432-9295

provides emergency rent or mortgage assistance for veterans, as well as assistance with getting a mortgage

Guernsey Metropolitan Housing- (740)439-6651

public housing, housing choice voucher program

Haven of Hope- (740)439-SAFE(7233) or (800)304-HOPE(4673)

domestic violence shelter, court advocacy, case management

HUD- (614)469-5737

has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures

Integrated Services- (740)300-0339

helps the needy with housing or rent

Lead Hazard Control Grant- (877)532-3723

free lead hazard control home repairs for eligible children and pregnant women

National Call Center for Homeless Veterans- (877)424-3838

federal government homeless veteran helpline

Naz Church- (614)875-2551

has various community outreach efforts, including a weekly breakfast that serves individuals experiencing homelessness in Guernsey County

Neighborhood Assistance Corporation of America- (425)602-6222

helps prevent foreclosures and helps people get affordable mortgages

Ohio Housing Finance Agency (OHFA)- (888)362-6432

Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.

Salvation Army- (740)432-7759

rent and utility assistance when funding is available

Samaritan Center- (740)435-0333

transitional housing

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

St. Vincent de Paul Society- (740)432-7609

**provides rent assistance and shelter*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Senior Services/ Support

211

**phone number to get connected with resources in your community*

Area Agency on Aging- (740)432-6600

**information and assistance for adults age 60 and over and their caregivers*

Cambridge Area YMCA- (740)432-4600

**provides the SilverSneakers program to seniors, which features a blend of physical activity, preventive health, and socially oriented programming that enables older adults to take greater control of their health, along with free access to conditioning classes, exercise equipment, and other amenities*

Community Healthcare Associates of Ohio- (740)685-1610

**provides free healthcare and others services for Medicaid and Medicare recipients*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

FosterBridge- (740)432-1150

**in-home homemaker, personal care and nursing assessment services*

Guernsey County Senior Center- (740)439-6681 or (740)432-3838

**offers congregate meals, clothing/household items, transportation, recreational activities, and more*

Guernsey Metropolitan Housing- (740)439-6651

**public housing, housing choice voucher program- elderly units*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Meals on Wheels- (740)439-5717

**home delivered meals for eligible seniors, as well as the Pets Enjoy Treats (PET) Program to deliver food for seniors' pets*

Mobility Management- (740)487-4930 (office)

**Provides information on the many transportation options available in the county, including public transportation, taxi services, transportation for senior citizens, walking trails, bike paths, and ADA compliances*

Ohio Region 9 Long-Term Care Ombudsman Program- (330)364-3465 or (800)967-0615

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)945-4250

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Senior Companion Program and Foster Grandparent Program- (330)987-7232

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Utility/ Bill Assistance/ Employment/Education Assistance

211

**phone number to get connected with resources in your community*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Catholic Charities of Southeastern Ohio- (740)314-8660

**provides assistance with gas, water, or electric costs once in a 12 month period; also can assist with funeral costs up to $150 for relatives who passed away at age 60+*

Cedar Ridge Behavioral Health- (855)692-7247

**offers employment services and more*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

Comprehensive Case Management Employment Program (C.C.M.E.P.)- (740)732-2388

**provides support services to low-income youth, ages 14-24, who face barriers to employment*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Emergency HEAP- (740)955-8001

**Assists income eligible households whose heating services are disconnected, in threat of disconnection, or have less than a ten-day supply of bulk fuel. Also helps with summer electric bills for certain eligible people.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Genesis HealthCare Foundation – (800)322-4762

**awards scholarships to deserving youth in Muskingum, Perry, Guernsey, Coshocton, Noble and Morgan counties pursuing a degree in healthcare*

GMN Tri-County CAC – (740)685-2422

**rapid rehousing, rent subsidy, weatherization to make homes more energy efficient, heating and cooling assistance, water/sewage bill assistance, reduced utility payment plans, lowered Internet costs*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

Guernsey County Education Assistance Grant Fund- (740)753-1111

**scholarships for varied educational pursuits, including technical schools and graduate schools*

Guernsey County Job and Family Services- (740)432-2381

**cash assistance, utility assistance, unemployment benefits, finding employment, and more*

Guernsey County Veterans Administration Office- (740)432-9295

**employment, educational, and emergency financial assistance for veterans*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Mancan- (740)439-5060

**employment agency*

MOVE Staffing- (740)489-6683

**employment agency*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Neighbor to Neighbor- (800)672-2231

**assistance in applying for HEAP grants and funding for electric bills*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Percentage of Income Payment Plan (PIPP)- (740)685-2422

**lowers energy bills for eligible Ohioans*

Public Utilities Commission/Ohio- (800)686-7826

**offers programs that provides assistance to utilities*

Salvation Army- (740)432-7759

**rent and utility assistance when funding is available*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

St. Vincent de Paul Society- (740)432-7609

**provides rent, utility, and general financial assistance*

SURGE Staffing- (220)201-1012

**employment agency*

United Way of Guernsey, Monroe, and Noble Counties- (740)439-2667

**help with budgeting, community resources, etc.*

Universal Service Fund Electric Partnership Program (EPP)- (740)472-0828

**provides energy education and electric insulation retrofits to lower electric bills for eligible people*

Washington Electric Cooperative- (740)373-2141 or (877)594-9324

**offers scholarships to eligible graduating seniors for colleges and vocational schools*

We Staff Better- (740)421-9102

**employment agency*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Veterans Assistance

211

**phone number to get connected with resources in your community*

Breaking Free Therapeutic Riding Center- (740)607-8267

**horse therapy to improve mental/physical health and cognitive abilities, with several programs for veterans and scholarships available for veterans, low-income children, and adults with disabilities*

Community Development Corporation- (740)439-0020

**has a disabled military veteran transportation service*

Disabled American Veterans- (216)522-3507

**supports local veterans and their families*

Guernsey County Veterans Services- (740)432-9295

**provides a wide variety of services for veterans*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

VA Clinic- (740)432-1963

**medical clinic for veterans*

Women, Children, and Families Support Services

211

**phone number to get connected with resources in your community*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Big Brothers Big Sisters- (740)453-7300

**caring mentoring relationships between adults and children ages 6-18*

Boy Scouts of America- (740)453-0571

**provides financial assistance for low-income youth to participate in scouting*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for low-income children and adults with disabilities*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bridges to Wellness- ((234)801-8010

**Community health workers will work with families to ensure access to services needed such as finding diapers and other baby supplies, finding insurance, choosing a doctor, finding housing, answering pregnancy and parenting questions, and more*

Cambridge Area YMCA- (740)432-4600

**Has a variety of activities and after-school enrichment programs for children and families. No one is turned away due to inability to pay.*

Cambridge Lions Club- http://cambridgelions.com/

**has programs to help people get vision care and diabetes care, as well as projects that often support local children and schools through scholarships, recreation, and mentoring*

Children with Medical Handicaps- (614)466-1700

**links families with special health care needs to a network of quality providers*

Children's Advocacy Center of Guernsey County- (740)432-6581

**provides services to child victims of sexual abuse, and severe physical abuse/neglect, and their families in Guernsey County*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Dolly Parton's Imagination Library- (740)439-2667

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Family & Children First Council- (740)439-4451 or (740)432-2022

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Genesis HealthCare Foundation – (800)322-4762

**awards scholarships to deserving youth in Muskingum, Perry, Guernsey, Coshocton, Noble and Morgan counties pursuing a degree in healthcare*

Guernsey County Board of Developmental Disabilities- (740)439-4451

**The Healthy Families program provides family-focused and empathic support to parents in their homes to help them build healthy parent-child relationships (children do not have to have a disability)*

Guernsey County Child Support Enforcement Agency- (740)432-2381 or (800)307-8422

**establishes/enforces child and spousal support orders*

Guernsey County Children's Services- (740)439-5555

**protective services, foster care/ adoption services; child abuse/neglect hotline*

Guernsey County Health Department- (740)439-3577

**reproductive health care (including contraceptives), child immunizations, WIC, children with medical handicaps program, and more*

Guernsey County Job and Family Services- (740)432-2381

**child care assistance, welfare, education/training, etc.*

Guernsey Health Choices- (740)439-4532

**offers parenting support groups and more*

Haven of Hope- (740)439-SAFE(7233) or (800)304-HOPE(4673)

**domestic violence shelter, court advocacy, case management*

Head Start- (740)439-3493 (HS only) or (740)439-7634 or (740)435-8642

**Promotes the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)439-1858

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

La Leche League International- (800)525-3243

**helps mothers worldwide to breastfeed through mother-to-mother support*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

MVHC Guernsey County- (740)421-9530

**Women's health; infant, child, adolescent care; birth control; parenting classes; etc. Charges are based on household income.*

NAMI- (740)454-8557

**organization helping people with mental illness and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (740)439-3577

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Pathways Fellowship Teen Center- (740)510-5106

**focuses on providing after school assistance for teens ages 6th-12th grade; services include homework assistance, recreational programs, & help with problems teens may experience such as behavioral & family problems*

People to People- (740)432-1800

**Mental Health, Parenting Support, & Addiction/Recovery Services; no one is denied services due to inability to pay*

Safe at Home- (740)432-9389

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Society for Equal Access- (888)213-4452

**has parenting classes that offer services to support and care for new and expecting parents or guardians and provides opportunities to foster healthy growth for babies*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

United Way of Guernsey, Monroe, and Noble Counties- (740)439-2667

**coordination and referral for available community resources; youth mentoring*

VA Chillicothe Health Care - Cambridge VA Clinic- (740)432-1963

**medical care and mental health care, with financial assistance available*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

Women, Infants, and Children (WIC)- (740)439-3577

**food assistance programs, education, breastfeeding support, etc. for pregnant women and mothers of children under age 5*

Hocking

Disability Services

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Community Services- (740)286-5039

**provides a wide variety of services to people with disabilities*

Bureau of Vocational Rehabilitation- (740)592-4411 or (800)248-4378

**helps disabled people get education, employment, and transportation*

Children with Medical Handicaps Program- (740)385-3030

**links families of children with special health care needs to a network of quality providers to help families with payment of services for child's needs*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Disabled Veterans Outdoors- (740)877-7072

**organization which provides outdoor activities for disabled veterans free of charge*

Early Head Start/ Head Start- (740)385-1880

**They promote the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Easter Seals- (614)228-5523

**provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in the community*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Goodwill of South Central Ohio- (740)702-4000

**provides a variety of services for people with disabilities*

Help Me Grow- (740)380-1315

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Hocking County Board of Developmental Disabilities- (740)385-6805

**provides services across the lifespan for individuals with developmental disabilities; promotes personal and work skills*

Hocking County Veterans' Services- (740)385-7507

**provides assistance for disabled veterans*

Hocking Valley Industries- (740)385-2118

**provides opportunities for individuals with disabilities*

Logan-Hocking County District Library- (740)385-2348 (Logan) or (740)332-4700 (Laurelville)

**Talking Books program offers free books, magazines, and more on digital cartridge to those who cannot read standard print materials due to visual impairments or physical handicaps*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Samaritan Center Adult Day Services- (740)687-1921

**low-cost adult day care with transportation available*

SE Ohio Foodbank- (740)767-4500 or (800)686-1093

**provides summer food assistance for any person 19-21 who is mentally or physically disabled*

Social Security Administration- (800)772-1213

**connects individuals with disabilities to supportive services*

SOCIL- Southeastern Ohio Center for Independent Living- (740)380-1475

**offers a wide variety of services to help people with disabilities live independently*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Education and Employment

Aspire Adult Education Program- (740)797-1405 or (877)351-0405

**free services for individuals who need help getting a GED or assistance acquiring skills for post-secondary education, training, and employment*

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Brighten Your Future- (740)707-6288

**provides scholarships for eligible Logan High School graduates*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

Comprehensive Case Management and Employment Program (CCMEP)- (800)686-1093

** works to help youth ages 14-24 achieve their educational and career goals*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

FosterHub- (937)578-8026

**assists foster youth who are aging out of care navigate through life's transitions: providing housing, resources, tools, and guidance for the first decade of their adult lives to ensure a successful future*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

God's Garage- (740)205-7536

**provides much-needed vehicle maintenance to individuals who couldn't otherwise afford it; services donated vehicles and provides them to families who need a vehicle to get to work; teaches the trade of auto maintenance to individuals who may need a new skill set in order to secure a job*

Hocking, Athens, Perry Community Action- (740)767-4500

**works to enable and empower people to achieve their educational and career goals; provides payday loans to pay for a one-time educational or certification expense*

Hocking County Job and Family Services- (740)385-5663

**employment services, hiring events, and more*

Hocking County Veterans' Services- (740)385-7507

**provides employment and educational help for veterans*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Mancan- (740)363-9675

*employment agency

Muskingum County Community Foundation- (740)453-5192

*Scholarship search, ACT Test prep classes, and more

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

*program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs

Ohio Means Jobs- (740)380-4043

*provides free employment and educational assistance

Ohio Reach- https://ohioreach.org/

*supports current and former foster youth reaching for higher education

Sojourners Care Network- (740)596-1117

*Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends

South Central Power Company- (800)282-5064

*offers scholarships for eligible high school seniors to attend colleges or vocational schools

Specialized Recovery Services- (800)324-8680 or (800)686-1516

*Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.

Tri-County Adult Career Center- (740)753-3511

*career programs, education resources, and more

VANTAGE Aging Portsmouth- (866)734-2301

*The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.

Weinstein & Associates- (800)342-6111 or (216)831-1040

*Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.

Food Assistance/ Clothing/ Transportation

A.T. HOY Transport- (740)773-0536

**non-emergency transportation; accepts Medicaid-eligible customers, veterans, and others*

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

First Presbyterian Church- (740)385-2242

**food pantry twice a month and free hot suppers once a month*

GoBus- (888)954-6287

**rural intercity bus service including Athens, Columbus, Cincinnati, Cleveland, Logan, Marietta, Van Wert, Wooster, Parkersburg, and more*

God's Garage- (740)205-7536

**provides much-needed vehicle maintenance to individuals who couldn't otherwise afford it; services donated vehicles and provides them to families who need a vehicle to get to work*

Goodwill- (740)702-4000

**clothing, furniture, and household items for low costs*

Hocking Community Action- (740)767-4500

**has a variety of food assistance programs; information is provided on Hocking County transportation options; provides payday loans for car repair or paying off a car title loan*

Hocking County Diaper and Formula Bank- (740)385-2430 or (740)385-6805

**provides baby formula and diapers to people in need*

Hocking County Job and Family Services- (740)385-5663

**SNAP enrollment and food assistance, clothing for school or work, transportation to medical appointments*

Hocking County WIC- (740)385-3030

**food assistance and breastfeeding help for pregnant women and mothers of children under age 5*

Laurelville Community Food Pantry- (740)332-0990

**Serves Benton, Laurel, Perry, and Salt Creek Townships. Only open on Wednesday mornings from 10am-12pm, and this is the only time they answer the phone.*

Logan Community Thrift & Consignment- (740)823-1705

**clothing and other items at low prices*

Logan Public Transit- (740)385-6999

**Offers curb-to-curb transportation to those in Hocking County. Call to reserve a ride. Discounts offered for senior citizens, veterans, and people with disabilities.*

Longstreth Food Pantry- (740)753-1202

**serves Ward township*

Lutheran Social Services- (740)653-2012

**offers food assistance to those in need*

Meals on Wheels- (740)385-6813

**delivers meals to homebound seniors, as well as food for their pets*

Project SAFE Food Pantry and The Logan High School Chieftain Closet- (740)385-8517

**has food and clothing assistance for eligible students*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Ross County Transportation, LLC- (740)775-1228 or (740)703-6864

**provides transportation to and from medical appointments almost anywhere in Ohio*

Scenic Hills Senior Center- (740)385-6581

**has food assistance and medical transportation for seniors*

SE Ohio Foodbank- (740) 385-6813

**has various types of food assistance, including food assistance for pets and summer food programs for children*

Shepherd of the Valley United Brethren in Christ- (740)603-3340

**has a food pantry*

Smith Chapel Food and Clothing Mission- (740)380-6132

**food and clothing assistance; diaper bank*

South Central Ohio JFS- (740)385-5663

**SNAP enrollment and food assistance; non-emergency transportation to Medicaid eligible customers (5 business day notice is needed for services)*

St. Vincent De Paul Society- (740)603-8053

**has a food pantry and clothing assistance*

Legal and Advocacy

Buckeye Hills Regional Council- (800)331-2644

**advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Hocking Athens Perry Fair Housing Consortium - (740)767-4500 or (800)686-1093

**assures compliance with federal and state fair housing laws*

Hocking County Veterans' Services- (740)385-7507

**provides legal help for veterans*

Hocking County Victim Services- (740)385-1011

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Hocking Metropolitan Housing Authority- (740)385-3883

**helps people get affordable housing*

Integrated Services- (740)216-4093

**helps the needy with housing or rent*

The Lighthouse Shelter- (740)687-4423

**legal advocacy to those in domestic violence situations*

My Sisters Place- (800)443-3402 or (740)594-8337

**domestic violence agency providing a 24/7 hour hotline, counseling in a confidential place, legal support, and an emergency shelter that takes pets*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Parent Advocacy Connection- (216)212-9203

**trained Parent Advocates empower, educate, encourage, and equip families to partner with professionals in promoting access to services that are family-centered, community- based, comprehensive, and culturally competent*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (740)385-1011 or (740)385-2131 or (740)593-3402 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)773-0012 or (800)686-3668

** gives free legal help to low-income people on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Survivor Advocacy Outreach Program- (740)591-4266

**Rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Mental Health, Drug, and Alcohol Services

Alcohol, Drug Addiction, and Mental Health Services Board (317 Board)- (740)593-3177

**offers a network of care that provides access to many resources including mental health and addiction services*

Crisis Services Hotline (Hopewell Health Centers)- (888)475-8484 or (740)593-3344

**24 hour mental health crisis hotline for emergencies only*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Gathering Place- (740)594-7337

**help for people with substance abuse and mental health problems*

Health Recovery Services- (740)385-9895

**Offers individual and/or family counseling to children and families of Hocking County. No one turned away due to inability to pay.*

Hocking County Behavioral Health- (740)380-6354

**Health recovery services in Logan; counseling, referral services, and more. No one turned away due to inability to pay.*

Hocking County Veterans' Services- (740)385-7507

**helps veterans get treatment for mental health and substance abuse problems*

Hocking Valley Community Hospital- (740)380-8000

**mental health care for adults and children aged 5+*

Hopewell Health Centers- (740)385-6594

**Offers a number of services including outpatient counseling, psychiatric services, helpful resources and more. Charges are based on patient's income.*

Integrated Services for Behavioral Health- (740)216-4093

**Offers a number of services including peer support, counseling, psychiatry, and more. Discounts based on household income.*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Lutheran Social Services- (740)653-2012

**sober housing, supportive services, and more*

My Sisters Place- (800)443-3402 or (740)594-8337

**provides counseling to domestic violence victims in a confidential place*

NAMI- (740)593-7424 or info@namiathensohio.org

**organization helping people with mental illness and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

PATH Behavioral Healthcare- (740)270-3286

**treatment for mental health and substance abuse problems, with charges based on household income*

P.R.I.S.M Behavioral Healthcare- (740)771-9051

**Provides alcohol and drug counseling, home based services for treatment, as well as diagnostic assessment for addiction. Charges are based on household income.*

Project HOPE- (740)385-3030

**works to provide rapid access to treatment and recovery supports to individuals who have experienced a drug overdose or are at risk of an overdose*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

TASC of Southeast Ohio- (740)594-2276

**provides referral services, intervention, assessment, counseling, and more to eligible people*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**large multidisciplinary mental health practice organized to provide comprehensive mental health services*

Medical and Healthcare

Adena Health Center Vaccination Clinic- 740-773-1569

**transportation to free COVID-19 vaccine clinic for Medicaid patients*

Equitas Health- (740) 529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of followup care for any condition diagnosed during the initial exam*

Healing Hands Home Health Care- (740)385-0710

**offers personal care services as well as companion services in one's home*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hocking County Health Department- (740)385-3030

**education, prevention, tobacco cessation services, and accessible health services*

Hocking County Job and Family Services- (740)385-5663

**Medicaid enrollment, transportation and medical assistance*

Hocking County Veterans' Services- (740)385-7507

**helps veterans get health care*

Hocking Valley Community Hospital Foundation- (740)380-8000

**provides health care to people unable to pay*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Hopewell Health Centers- (740)385-6594 or (740)385-2555 or (888)281-7468

**offers primary care services and general medical care, with charges based on household income*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Lifeline Medical Alert Service- (800)380-3111

**offers medical alert buttons, medication assistance, and more to people of all ages*

Medicaid Connect- (740)385-6813

**provides health education, resource navigation, and uniquely tailored case management*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Rising Suns Non-Profit Pharmacy- (740)447-5025

**provides prescription medications for uninsured and low-income people*

Scenic Hills Senior Center- (740)385-6581

**provides medical transportation, Logan transportation and homemaker/Alzheimer's respite care for Hocking County residents who are 60+ years*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Stagecoach Family Medicine- (740)380-9537

**family medical practice in Logan*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services*

Utility/Rent/Mortgage Assistance

American Electric Power- (800)277-2177

**connections to utility assistance*

Columbia Gas- (800)344-4077

**can connect Ohioans to bill pay assistance*

Energy Services Section Corporation for Ohio Appalachian Development- (740)594-8499

**utility assistance, helps customers lower their energy and fuel bills*

First Presbyterian Church- (740)385-2242

**provides money to Hocking County residents who have immediate emergency needs*

Hocking, Athens, Perry Community Action- (740)767-4500 or (800)686-1093

**has various programs to help with obtaining or paying for utilities; provides payday loans for home repairs*

Hocking County Job and Family Services- (740)385-5663

**provides emergency assistance with eviction prevention*

Hocking County Metropolitan Housing Authority- (740)385-3883

**offers rental voucher programs and rental assistance; has programs to provide home repairs to eligible households*

Hocking County Veterans' Services- (740)385-7507

**provides emergency financial assistance to veterans*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services for Behavioral Health- (740)216-4093

**offers assistance with housing or rent*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Percentage Income Payment Plus Plan (PIPP)- (740)868-1908

**helps those who are eligible with their energy bills year round*

Safelink Free Cell Phone Assistance- (800)723-3546

**free cell phone assistance to those who qualify*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

South Central Ohio JFS- (740)385-5663

**place to apply for public assistance including cash assistance (TANF), SNAP benefits, and more*

South Central Power- (800)282-5064

**connects those who are eligible to utility and heating bill assistance*

St. Vincent De Paul Society- (740)603-8053

**has emergency financial assistance*

Summer Cooling Crisis Program- (740)767-4500

**provides cooling assistance during the summer months*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Shelter/ Housing Services/ Homeless Services

Buckeye Hills Regional Council- (740)374-0943 or (800)331-2644

**provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs*

Community Housing Impact and Preservation Program- (800)848-1300

**Home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Elm Court Apartments- (740)385-6754

**low-income apartments*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

FosterHub- (937)578-8026

**assists foster youth who are aging out of care navigate through life's transitions: providing housing, resources, tools, and guidance for the first decade of their adult lives to ensure a successful future*

Good Works, Inc.- (740)594-3333

**homeless shelter/transitional housing, with applications and wait times before being allowed into the shelter*

Habitat for Humanity- (740)592-0032

**income-based home construction program*

Hocking, Athens, Perry Community Action- (740)767-4500 or (800)686-1093

**provides home repairs to low-income households; provides payday loans for home repairs*

Hocking Athens Perry Fair Housing Consortium - (740)767-4500 or (800)686-1093

**assures compliance with federal and state fair housing laws*

Hocking County Metropolitan Housing Authority- (740)385-3883

**participates in the Section 8 Housing Choice Voucher and other public assistance programs*

Hocking County Veterans' Services- (740)385-7507

**emergency rent or mortgage assistance for veterans, as well as help getting a mortgage*

Hocking Hills Inspire Shelter- (740)385-5116

**provides temporary shelter, guidance, fellowship, and other services to those in need*

Integrated Services for Behavioral Health- (740)216-4093

**offers assistance with housing or rent*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Logan Place Apartments- (740)385-1794

**low-income housing*

Lutheran Social Services- (740)653-2012

**emergency shelter, permanent supportive housing, and more supportive services*

My Sister's Place- (800)443-3402 or (740)594-8337

**shelter/support for victims of domestic violence; pets are accepted*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Salt Creek Village Apartments- (740)332-6770

**low-income housing*

Scenic Hills Senior Center- (740)385-6581

**provides home maintenance for seniors*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

USDA Rural Development- (740)373-7113

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Senior Support Services

Buckeye Community Services- (740)286-5039

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Caregivers of the Elderly Support Group- (800)272-3900

**support for caregivers of the elderly; requires registration which can be done over the phone*

Carlin House Assisted Living- (740)380-6383

**assisted living for seniors who are mostly independent but require moderate assistance with daily tasks*

Central Ohio Area Agency on Aging- (800)589-7277

**offers assistance to older adults, caregivers, help at home, as well as other resources*

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

Fairhope Hospice and Palliative Care- (740)654-7077

**offers hospice care, palliative care, senior care, and advance planning*

Hocking, Athens, Perry Community Action Program- (740)767-4500

**offers food assistance to seniors including monthly food boxes, meals on wheels, and congregate dining*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Lifeline Medical Alert Service- (800)380-3111

**offers services to older adults and caregivers including medical alert buttons and medication assistance*

Logan Health Care Center- (740)385-2155

**long term care, respite care, skilled nursing, assisted living, therapy, independent living, and more*

Meals on Wheels- (740)385-6813

**delivers meals to homebound seniors, as well as food for their pets*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Samaritan Center Adult Day Services- (740)687-1921

**low-cost adult day care for the elderly, with transportation available*

Scenic Hills Senior Center- (740)385-6581

**transportation, notary public service, food assistance, and home maintenance*

Senior Companion Program and Foster Grandparent Program- (740)447-3767

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Women, Children, and Family Services

A New Leaf- (740)420-0700

**foster and adoption, resource connections*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Big Brothers Big Sisters of Southeastern Ohio- (740)687-9477

**caring mentoring relationships between adults and children ages 6-18*

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

Child Support Enforcement Agency- (855)726-5237

**establishes/enforces child and spousal support orders*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Comprehensive Case Management and Employment Program (CCMEP)- (800)686-1093

** works to help youth ages 14-24 achieve their educational and career goals*

Early Head Start/ Head Start- (740)385-1880

**They promote the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Easter Seals- (614)228-5523

** Dolly Parton's Imagination Library program mails free, high-quality books to children from birth to age five, regardless of income*

Family & Children First Council- (740)818-8460 or (740)385-3030

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

FosterHub- (937)578-8026

**assists foster youth who are aging out of care navigate through life's transitions: providing housing, resources, tools, and guidance for the first decade of their adult lives to ensure a successful future*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

HAPCAP- (740)767-4500 or (800)686-1093

**provides daytime summer camp for low income preschool children*

Healthy Families Hocking County- (740)385-2430

**family-focused and empathic support provided to parents in their homes to help them build healthy parent-child relationships*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)380-1315

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Hocking County Diaper and Formula Bank- (740)385-2430 or (740)385-6805

**provides baby formula and diapers to people in need*

Hocking County Health Department- (740)385-3030

**vaccines, lead screening, pregnancy testing, and more*

Hocking County Job and Family Services- (740)385-5663

**cash and childcare assistance for needy families*

Hocking County WIC- (740)385-3030

**offers support to pregnant women and children, food assistance, breastfeeding support, and more*

Hocking Hills Inspire Shelter- (740)385-5116

**Provides temporary shelter, resources, guidance, etc. to those in need. Call ahead for an appointment.*

Hocking Metropolitan Housing Authority- (740)385-3883

**access to Section 8 Housing Choice Voucher and Public Assistance Programs*

Hopewell Health Centers- (740)592-3091

**early childhood programs that include early intervention, early childhood mental health consultation, and more*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

La Leche League International- (800)525-3243

**helps mothers worldwide to breastfeed through mother-to-mother support*

Lancaster Fairfield Community Action- (740)653-4146

**limited emergency shelter for homeless families*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

The Lighthouse Shelter- (740)687-4423

**legal advocacy and temporary shelter to those experiencing domestic violence*

Little Vikes Baby Program- (740)596-9705

**supplies a variety of baby necessities for families in need*

Logan Pediatrics- (740)385-3069

**teams of skilled pediatricians, connection to resources, and more*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

My Sisters Place- (800)443-3402 or (740)594-8337

**domestic violence agency providing a 24/7 hour hotline, counseling in a confidential place, legal support, and an emergency shelter that accepts pets*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

NAMI- (740)593-7424 or info@namiathensohio.org

**organization helping people with mental illness and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (740)385-3030

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Parent Advocacy Connection- (216)212-9203

**trained Parent Advocates empower, educate, encourage, and equip families to partner with professionals in promoting access to services that are family-centered, community- based, comprehensive, and culturally competent*

Parent Café- (740)270-3241

**empowers parents and caregivers by helping them connect with other parents, community resources, and their children*

Project SAFE Food Pantry and the Logan High School Chieftain Closet- (740)385-8517

**has after school care, food assistance, and clothing assistance for eligible students*

Safe at Home- (740)385-1011 or (740)385-2131 or (740)593-3402 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

SE Ohio Foodbank- (740)767-4500 or (800)686-1093

**has food assistance programs for children and families*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

South Central Ohio Job and Family Services- (855)726-5237

**public assistance, child support, protective services, adoption, foster care*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Survivor Advocacy Outreach Program- (740)591-4266

**Rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Synergy Family Foster Care- (740)779-6636

**works with foster caregivers and professionals to find the best adoptive and foster opportunities*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

Veterans Services

A.T. HOY Transportation- (740)596-0536

**offers transportation to veterans*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Disabled Veterans Outdoors- (740)877-7072

**organization which provides outdoor activities for disabled veterans free of charge*

Hocking County Veterans Service Commission- (740)385-7507

**offers assistance to veterans including education, employment assistance, financial assistance, transportation, and more*

Lutheran Social Services- (740)653-2012

**veterans housing, supportive services, and more*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Jackson

Food, Clothing, Personal Care Items, Transportation

3Oak Hill Food Pantry- (740)988-8761

Active Day of Jackson- (740)384-2155

**provides medical transportation for seniors and people with disabilities*

Compel Ministry- (740)688-9320

**provides assistance with clothing, school supplies, and more*

Faith Lutheran Church Personal Care Item Pantry- (740)286-3711

**provides free toiletries*

Food Program and Clothesline of Jackson- (740)286-5937

**food and clothing assistance for Jackson County residents*

Frontier Community Services- (740)772-1396 or (877)376-6837

**offers Veteran's Services consisting of homemaking and personal care support, errands, and transportation services*

GoBus- (888)954-6287

**rural intercity bus service including Athens, Columbus, Cincinnati, Cleveland, Jackson, Logan, Marietta, Van Wert, Wooster, Parkersburg, and more*

Goodwill- (740)702-4000

**furniture, clothing, household goods at low prices*

Jackson Area Ministries- (740)286-1320

**gives people seeds and plants to grow food in their own backyards*

Jackson County Health Department- (740)286-5094

**food safety information and more*

Jackson County Job and Family Services- (740)286-4181

**provides support to families including food assistance, free clothing needed for school or work, transportation to medical appointments*

Jackson Transportation- (740)288-2091

**provides affordable transportation services in Vinton, Jackson, and Ross Counties*

Jackson- Vinton Community Action- (740)384-3722

**provides free coats for eligible children under age 18; provides transportation to medical appointments, employment and training sites; has a call center to connect people with other transportation providers*

Jesus in the Hills Food Pantry- (740)988-2260

**food pantry- call ahead first*

Kicks for Coats- (740)577-6266

**provides warm coats to Jackson County children ages 1-18*

Ladles of Love- (740)688-1900

**food assistance for the elderly, disabled, and shut in*

Little Vikes Baby Program- (740)596-9705

**supplies a variety of baby necessities for families in need*

Mobility Management- (740)395-0260

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

My Brother's Place- (740)855-4545

**has a food pantry*

Oak Hill Food Pantry-
https://www.facebook.com/groups/1589411477816517/?mibextid=6NoCDW

SE Ohio Foodbank and Kitchen- (740)767-4500

**provides food to people in need, as well as their pets*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

TLC Ministries- (740)384-4872

**food assistance for Jackson County residents*

WIC- (740)286-5443

**provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five*

Disability Services

Active Day of Jackson- (740)384-2155

**provides a variety of services for seniors and people with disabilities*

American Foundation for the Blind- www.afb.org/info/programs-and-services/1

**virtual lifeline for parents of children with visual impairments; online support groups/communities*

Appalachian Network for Developmental Disabilities and Autism Society of Southeastern Ohio- (800)328-8476

**parent and family support groups*

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Area Agency on Aging Region 7, Inc.- (800)582-7277

**helps connect older adults and people with disabilities to needed resources*

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Community Services- (740)286-5039

**provides a wide variety of services to people with disabilities*

Bureau of Vocational Rehabilitation- (740)592-4411 or (800)248-4378

**helps disabled people get education, employment, and transportation*

Children with Medical Handicaps- (740)286-5094

**links families of children with special healthcare needs to a network of quality care providers*

Clossman Catering- (513)942-7744

**home-delivered meals for those in need*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (740)286-4200

**supports local veterans and their families*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

Easterseals- (614)228-5523

**provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in their community*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Frontier Community Services- (740)772-1396 or (877)376-6837

**Provides a variety of services for the disabled, including housing and adult day services. Offers Veteran's Services consisting of homemaking and personal care support, errands, and transportation services. Also supports the Wounded Warrior Project by serving veterans and service members who incurred a physical or mental injury, illness, or wound co-incident to their military service on or after September 11, 2001.*

Goodwill of South Central Ohio- (740)702-4000

**provides a variety of services for people with disabilities*

Head Start- (740)384-3722 or (800)686-4339

**school readiness program and other services for low income children ages 3-5 years, that also helps children with disabilities*

Help Me Grow- (740)286-5094

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Hickory II- (740)286-2361

**affordable housing for the disabled and for families*

Jackson Area Ministries- (740)286-1320

**Volunteers build ramps, repair porches and steps, paint exteriors and interiors, and make some ceiling and roof repairs. New skirting is installed on mobile homes as needed. Smaller jobs include clearing debris from yards and general lawn maintenance. In extreme cases, new houses are sometimes built.*

Jackson County Board of Developmental Disabilities- (740)384-7938

**provides lifelong support to children and adults with disabilities and their families; early intervention, support services, financial assistance, and more*

Jackson County Veterans' Services- (740)286-3004

**provides assistance for disabled veterans*

Jackson Family and Senior Apartments- (740)286-4839

**income based affordable apartments for disabled people, regardless of age*

Ladles of Love- (740)688-1900

**food assistance for the elderly, disabled, and shut in*

Mobility Management- (740)395-0260

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio School for the Blind- (614)752-1359

**public school for the blind that also offers other support services*

ResCare Community Living- (740)446-7549

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

Seton Square Wellston, Inc.- (740)384-6174

**low income apartments, ages 62+ or disabled*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Wells Manor Senior Apartments- (740)384-6508

**low income apartments for seniors and families*

Legal and Advocacy Services

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Jackson County Fair Housing- (800)850-0467

**assures compliance with federal and state fair housing laws*

Jackson County Veterans' Services- (740)286-3004

**provides legal help for veterans*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Parent Advocacy Connection- (216)212-9203

**trained Parent Advocates empower, educate, encourage, and equip families to partner with professionals in promoting access to services that are family-centered, community- based, comprehensive, and culturally competent*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (740)779-7263 or (740)441-5809 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)773-0012 or (800)686-3668

**gives free legal help to low-income people on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Survivor Advocacy Outreach Program- (740)591-4266

**Rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Victim Assistance- (740)286-5006

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Mental Health, Drug, and Alcohol Treatment

Brick by Brick Mental Health Counseling- (740)577-5289

**Therapy for Individuals, Couples, & Families, including substance abuse treatment*

Crisis Hotline- (800)252-5554

Crisis Services Hotline (Hopewell Health Centers)- (888)475-8484 or (740)593-3344

**24 hour mental health crisis hotline for emergencies only*

Drug Treatment Center 24 Hour Helpline- 1(800)662-4357

**confidential free help from public service agencies*

Gallia-Jackson-Meigs Board of Alcohol, Drug Addiction & Mental Health Services- (740)446-3022

**Planning, funding, and monitoring of public mental health and addiction treatment and recovery services. Provides information on providers of services.*

Health Recovery Services- (740)577-3492

**substance abuse and mental health treatment; no one turned away due to inability to pay*

Hopewell Health Centers- (740)286-5245 or (740)286-5075

**psychological services, early childhood services, and more, with charges based on household income*

Integrated Services for Behavioral Health- (740)577-3033

**Counseling, home based supportive services, psychiatry, and more. Discounts based on household income.*

Jackson County Substance Abuse Prevention & Addiction Resource Coalition (Jackson SPARC)- (740)446-3022

**helps guide individuals with a substance abuse habit to a place of recovery*

Jackson County Veterans' Services- (740)286-3004

**helps veterans get treatment for mental health and substance abuse problems*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Mares Cares Counseling- (740)804-6800

**provides counseling and mental health treatment to individuals, couples, and families*

Meigs County Health Department- (740)992-6626

**A Public Health Nurse will offer a home visit for the family of an infant who is suspected to be a victim of SIDS. The PHN has information about available support systems, such as bereavement counselors and support groups, clergy and financial resources, and may be invaluable to offering supportive services which can assist the family in the coming days and months after the baby's death.*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Path Behavioral Healthcare- (740)688-2586

**treatment for mental health and substance abuse issues, with charges based on household income*

Phoenix Center- (740)577-9003

**mental health and substance abuse treatment, parenting skills training, employment skills training, and more*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Sojourners Care Network- (740)596-1117

**assists young people experiencing and at risk of homelessness, poverty, illiteracy, and mental health issues*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

TASC of Southeast Ohio- (740)286-2918

**substance abuse treatment for eligible people*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Valley View Health Centers- (740)286-2826

**mental health and substance abuse treatment, with charges based on household income*

W4C Recovery- (740)577-3834

**faith based treatment for substance abuse problems*

Utility and Bill Assistance, Employment/Education Services

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Hills Career Center- (740)245-5334

**The Aspire program provides free services for individuals with or without a high school diploma who need assistance acquiring the skills to be successful in post-secondary education, training, and employment*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

:hire- (740)395-0100

**employment agency*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jackson County Job and Family Services- (740)286-4181

**unemployment benefits, utility assistance, cash assistance, and more*

Jackson County Veterans' Services- (740)286-3004

**provides employment, educational, and emergency financial assistance for veterans*

Jackson-Vinton Community Action- (740)284-3722

**has a wide variety of programs to help with utility bills; provides transportation to employment and training sites*

James Edgar Evans Scholarship- https://www.jeesf.org/

**scholarships focused on the high school students of Jackson County, Ohio*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Means Jobs- (740)688-4201

**provides free employment and educational assistance*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Phoenix Center- (740)577-9003

**employment skills training and other employment assistance*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Medical and Healthcare

Abbot Home Care- (740)988-3000

**home health care*

Adena Health Center and Urgent Care- (740)395-8050

Adena Health Center Vaccination Clinic- (740)395-0260

**transportation to free COVID-19 vaccine clinic for Medicaid patients*

Diles Hearing- (740)288-3571

**hearing care with payment plan options*

Eastern Family Practice- (740)226-1552

**primary care with charges based on sliding scale*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of follow-up care for any condition diagnosed during the initial exam*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Genesis Oxygen and Home Medical Equipment- (740)286-6737

**medical equipment supplier- check insurance for more information*

Grace Clinic of Jackson County- (740)816-6955

**free medical ministry that serves uninsured and underinsured members of the community with free medical appointments, prescription assistance, and specialist appointments*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Holzer Jackson Clinic and Urgent Care- (740)395-8801

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Hopewell Health- (740)286-5075

**primary care offered 1 day a week, with charges based on household income*

Jackson County Health Department- (740)286-5094

**primary care, immunizations, flu shots, teen wellness, health care information, food information, and more*

Jackson County Job and Family Services- (740)286-4181

**Medicaid assistance and more*

Jackson County Veterans' Services- (740)286-3004

**helps veterans get medical care*

Jackson-Vinton Community Action- (740)384-3722 or (800)686-4339

**provides up to $400 for emergency medical, dental, and vision needs, including transportation to medical and dental appointments*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Medicaid Connect- (740)385-6813

**provides health education, resource navigation, and uniquely tailored case management*

Ohio Department of Health Nationwide Children's Hospital- (614)722-2000

**medical care for children, has financial assistance*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pathway to a Healthy Pregnancy- (740)384-3722

**healthcare education, free cribs through the "Cribs for Kids" program, smoking cessation within the "Baby and Me tobacco free" program, assisting women with obtaining various resources*

Phoenix Center- (740)577-9003

**provides case management to help patients get needed medical care*

Rotech Healthcare- (740)286-7484

**sells assistive health technology*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Valley View Health Centers- (740)286-2826

**medical and dental care, with charges based on household income*

Visiting Angels- (740)214-1988

**health care and personal care in the patient's home*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services*

Senior Services

Abbot Home Care- (740)988-3000

**home health care*

Active Day of Jackson- (740)384-2155

**provides a variety of services for seniors and people with disabilities*

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Area Agency on Aging Region 7, Inc.- (800)582-7277

**helps connect older adults and people with disabilities to needed resources*

Caregivers of the Elderly Support Group- (800)272-3900

**support for caregivers of the elderly; requires registration which can be done over the phone*

Clossman Catering, LLC- (740)942-7744

**home-delivered meals for seniors and people with disabilities*

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

Four Winds Community- (740)286-7551

**assisted living facility for seniors*

Frontier Community Services- (740)772-1396 or (877)376-6837

**Promotes independence for seniors through errands services, meal preparations, housekeeping, and personal assistance in the senior's home. Also provides home health care.*

Hickory II- (740)286-2361

**apartment community for people aged 62+, the handicapped, the disabled, and families*

Indivisible Appalachian Ohio- (740)467-6160

**offers services to low-income families, youth, and seniors through various programs based on needs identified through community engagement*

Jackson Area Ministries- (740)286-1320

**Volunteers build ramps, repair porches and steps, paint exteriors and interiors, and make some ceiling and roof repairs. New skirting is installed on mobile homes as needed. Smaller jobs include clearing debris from yards and general lawn maintenance.*

Jackson County Board on Aging- (740)286-2909

**offers non-emergency transportation, meals (site based or delivered), and more*

Jackson Retirement Village- (740)286-4839

**income based affordable apartments for people aged 62+*

Ladles of Love- (740)688-1900

**food assistance for the elderly, disabled, and shut in*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Mobility Management- (740)395-0260

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Senior Companion Program and Foster Grandparent Program- (740)447-3767

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

Seton Square Wellston, Inc.- (740)384-6174

**senior living community, low income housing apartment*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Visiting Angels- (740)214-1988

**health care and personal care in the patient's home*

Shelter and Housing Assistance

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services for Behavioral Health- (740)577-3033

**housing or rental assistance for those in need*

Jackson Area Ministries- (740)286-1320

**Volunteers build ramps, repair porches and steps, paint exteriors and interiors, and make some ceiling and roof repairs. New skirting is installed on mobile homes as needed. Smaller jobs include clearing debris from yards and general lawn maintenance.*

Jackson County Fair Housing- (800)850-0467

**assures compliance with federal and state fair housing laws*

Jackson County Homelessness Committee- (740)577-5282

**helps people facing homelessness*

Jackson County Metropolitan Housing Authority- (740)384-5627

**assists with housing cost, "Section 8" vouchers*

Jackson County Veterans' Services- (740)286-3004

**provides emergency assistance for veterans with rent or mortgage payments, as well as help getting a mortgage*

Jackson-Vinton Community Action- (740)284-3722

**the Housing Assistance Grant Program (HAGP) provides emergency home repairs for eligible homeowners, and some programs provide emergency rental assistance for people impacted by COVID-19*

Job and Family Services- (740)286-4181

**provides emergency assistance with eviction prevention*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Phoenix Center- (740)577-9003

**provides case management to help patients get their housing and other basic needs met*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Square One- (740)441-5809

**provides shelter for domestic violence victims and homeless women/children*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Women, Children, and Families

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

Children with Medical Handicaps- (740)286-5094

**links families of children with special healthcare needs to a network of quality care providers*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Dolly Parton's Imagination Library (run by Easter Seals)- (614)228-5523

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Early Childhood Safety Initiative- (740)384-3722

**helps provide low-income families with necessary child safety items, up to the maximum amount of $400.00*

Family & Children First Council- (740)286-5094

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Head Start- (740)384-3722 or (800)686-4339

**school readiness program and other services for low income children ages 3-5 years*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)577-3033

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Hickory II- (740)286-2361

**apartment community for families, seniors, and the disabled*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Indivisible Appalachian Ohio- (740)467-6160

**offers services to low-income families, youth, and seniors through various programs based on needs identified through community engagement*

Integrated Services for Behavioral Health- (740)577-3033

**mental health care, home-based supportive services, and more, with discounts based on household income*

Jackson County Child Support Enforcement Agency- (740)286-4181

Jackson County Health Department- (740)286-5094

**primary care, immunizations, flu shots, teen wellness, health care information, food information, and more*

Jackson County Job and Family Services- (740)286-4181

**cash and childcare assistance for needy families, child abuse/neglect hotline, protective services, foster care, and adoptive services*

Jackson-Vinton Community Action- (740)384-3722

**infant vitality program, early childhood safety initiative, free coats for eligible children under age 18*

Kicks for Coats- (740)577-6266

**provides warm coats to Jackson County children ages 1-18*

La Leche League International- (800)525-3243

**helps mothers worldwide to breastfeed through mother-to-mother support*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (740)288-7120

**provides child safety seats and booster seats to eligible low-income families.*

Ohio Department of Health Nationwide Children's Hospital- (614)722-2000

**family resources and education, medical care for children with financial assistance available*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Parent Advocacy Connection- (216)212-9203

**trained Parent Advocates empower, educate, encourage, and equip families to partner with professionals in promoting access to services that are family-centered, community- based, comprehensive, and culturally competent*

Pathway to a Healthy Pregnancy- (740)384-3722

**healthcare education, free cribs through the "Cribs for Kids" program, smoking cessation within the "Baby and Me tobacco free" program, assists women with obtaining various resources*

Phoenix Center- (740)577-9003

**parenting skills training and more*

Ross County Healthy Families- (740)779-9652 or (740)371-3322

**family-focused and empathic support provided to Jackson County parents in their homes to help them build healthy parent-child relationships*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Square One- (740)441-5809

**provides shelter for domestic violence victims and homeless women/children*

Survivor Advocacy Outreach Program- (740)591-4266

**Rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling,*

advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

Women, Infants, and Children (WIC)- (740)-286-5443

**nutrition programs, food assistance, education, and more for women, children, and families*

Lawrence

Food/ Clothing/ Transportation

Active Day of Lawrence- (740)442-7348

**provides medical transportation for seniors and people with disabilities*

Backpack Buddies- (740)534-3550

**helps provide families with food, clothing, personal care items, furniture, and school supplies*

Central Christian Church- (740)532-0681

**has a food pantry and some home delivered food*

Chesapeake Community Center – Community Mission Outreach- (740)867-6628

**has a food pantry and clothing assistance*

City Mission Church- (740)532-5041

**provides free lunches and clothing assistance*

Clossman Catering, LLC- (513)942-7744

**home delivered meals for senior, those with disabilities, and other populations*

Consignment Barn- (740)237-4433

**clothing and other items at low prices*

Dress for Success River Cities- (304)522-3011

**empowers women to achieve economic independence by providing a network of support, professional clothing, and development tools to help women thrive in job interviews, work, and life*

Harvest for the Hungry- (425)301-0168

**Food assistance, walk-ins welcome. Must provide proof of identification/ Lawrence County residency.*

Ironton City Mission- (740)532-5041

**has a food pantry*

Ironton-Lawrence CAO- (740)532-3140

**public transportation in Lawrence County; vouchers for food pantries*

Lawrence County Job and Family Services- (740)532-3324

**food assistance, free clothing needed for school or work; transportation to medical appointments*

Lawrence County Transit- (740)532-2269

**transportation service is provided for eligible Lawrence County residents that are either age 60+ or disabled*

New Hope United Methodist Church- (740)886-5311

**has a food pantry*

Rome Church of Christ- (740)886-6312

**has a food pantry*

SE Ohio Foodbank and Kitchen- (740)767-4500

**provides food to people in need, as well as their pets*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

South Point United Methodist Church- (740)377-4690

**has a food pantry*

Tri-State Transit Authority- (304)529-RIDE(7433)

**General public bus transportation with demand responsive service available for disabled individuals. Customers with Medicare cards ride for half the normal fare. Serves Ironton, Proctorville, and Chesapeake.*

Unity 1 Home Health Care, Inc.- (740)351-0500

**home health care service that also provides transportation*

Watts N Here- (740)744-2359

**clothing and other items at low prices*

Women, Infants, and Children (WIC)- (740)532-3140

**provides nutrition education, breastfeeding education, and support to pregnant and postpartum women and their families ages 0-5 years*

Disability Services

Active Day of Lawrence- (740)442-7348

**provides a variety of services for seniors and people with disabilities*

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Area Agency on Aging Region 7, Inc.- (800)582-7277

**helps connect older adults and people with disabilities to needed resources*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bureau of Vocational Rehabilitation- (740)354-7951 or (800)637-9341

**helps disabled people get education, employment, and transportation*

Children with Medical Handicaps Program- (740)532-3962

**links families of children with special health care needs to a network of quality providers to help families with payment of services for child's needs*

Clossman Catering, LLC- (513)942-7744

**home delivered meals to seniors, those with disabilities, and others in need*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

Easterseals- (740)894-7560

**provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in the community*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Head Start- (740)533-9077

**They promote the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Help Me Grow- (740)371-3322 or (800)755-GROW

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Lawrence County Board of Developmental Disabilities- (740)532-7401

**provides those with disabilities and their families resources and care*

Lawrence County Transit- (740)532-2269

**transportation service is provided for eligible Lawrence County residents that are either age 60+ or disabled*

Lawrence County Veterans' Services- (740)533-4327

**provides assistance for disabled veterans*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio School for the Blind- (614)752-1359

**public school for the blind that also offers other support services*

PALS South Point- (740)442-7077

**provides a wide variety of services to individuals with disabilities*

ResCare Community Living- (740)446-7549

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

Sherman-Thompson Towers- (740)532-0694

**apartment community for people aged 62+ and people with disabilities*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Legal and Advocacy

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

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ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Lawrence County Fair Housing- (740)532-3140

**assures compliance with federal and state fair housing laws*

Lawrence County Veterans' Services- (740)533-4327

**provides legal help for veterans*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (614)466-2655 or (877)SOS-Ohio (877-767-6446)

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)354-7563 or (800)837-2508

**gives free legal help to people with low incomes on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters.*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Survivor Advocacy Outreach Program- (740)591-4266

**Rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Victim Assistance- (740)533-4360

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Medical/ Healthcare

A&L Home Care and Training Center, LLC- (740)886-7623

**provides a variety of services for home care including therapies, personal care, respite services, counseling, and medication management*

Chesapeake Family Medical Center- (740)867-6687

**family practice, pediatrics, and psychiatry, without regard for income or insurance*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of followup care for any condition diagnosed during the initial exam*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Ironton Campus Family Medical Center- (740)643-2082 or (740)534-9202 or (740)534-9195 (pediatric care)

**family practice/primary care, without regard for income or insurance*

Ironton-Lawrence County Community Action- (740)532-3140

**connections to family medical centers, dental care providers, and more*

King's Daughters Family Care Center and Urgent Care- (740)534-0021

**Primary care, cardiology, urgent care, family pharmacy, mammography, and more. Financial assistance is available.*

Lawrence County Health Department- (740)532-3962

**health support including dental sealants, vaccines, lead screening, reproductive care, family planning, free fitness classes, teen wellness, healthcare information, home inspections, food safety information and more*

Lawrence County Job and Family Services- (740)532-3324

**Medicaid assistance and more*

Lawrence County Veterans' Services- (740)533-4327

**helps veterans get medical care*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Medicaid Connect- (740)385-6813

**provides health education, resource navigation, and uniquely tailored case management*

Nancy's Place- (740)302-1777

**family practice, women's health, and pediatric care, without regard for income or insurance*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Phoenix Center- (740)442-7045

**provides case management to help patients get needed medical care*

Proctorville Family Medical Center- (740)302-0541

**family practice, dental care, pediatrics, and psychiatry, without regard for income or insurance*

Rock Hill Family Medical Center- (740)643-8688

**family practice and dental care without regard for income or insurance*

Shawnee Family Health Care- (740)533-0648

**provides medical care and has a sliding scale for eligible people*

South Point Family Medical Center- (740)377-2712

**family practice without regard for income or insurance*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

United Way of the River Cities- (304)523-8929

**may provide funding for life sustaining prescription medications, vision care, and other household emergencies*

Unity 1 Home Health Care, Inc.- (740)351-0500

**home health care that provides a variety of skilled services to those in need*

Valley Health Coal Grove- (740)532-1188

**family medicine and more; serves patients regardless of inability to pay*

Mental Health, Drug, and Alcohol Treatment

Adams, Lawrence, Scioto Alcohol, Drug Addiction, and Mental Health Board- (740)354-5648

**provides information on who to contact to access mental health, alcohol or drug addiction services*

Anew Behavioral Health- (740)451-0415

**treatment for mental health and substance abuse problems*

ASC Therapies- (740)523-0013

**therapy to assist individuals of all ages who have developmental disabilities or autism*

Bethesda Services- (740)534-2100

**faith-based treatment for drug and alcohol addiction*

Chesapeake Family Medical Center- (740)867-6687

**mental health care without regard for income or insurance*

The Counseling Center- (740)354-6685

**treatment for mental health and substance abuse problems, with charges based on household income*

Crisis Center & 24-Hour Hotline- (740)354-1010 or (855)381-1010

Drug Treatment Center 24 Hour Helpline- 1(800)662-4357

**confidential free help from public service agencies*

Family Medical Center- (740)534-9202

**behavioral and mental healthcare professionals; without regard for income or insurance*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Growing By Grace Counseling Services- (740)307-2199

**faith based mental health counseling*

Hometown Recovery and Counseling- 740-479-5135 (Ironton) or (740)451-0138 (Proctorville)

**mental health and substance abuse treatment*

Ironton-Lawrence County Community Action- (740)532-3140

**connections to behavioral health providers*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

Lawrence County Recovery- (740)646-6640

**substance abuse treatment*

Lawrence County Veterans' Services- (740)533-4327

**helps veterans get treatment for mental health and substance abuse problems*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Mahajan Therapeutics- (740)533-9922

**mental health and substance abuse treatment for people of any age*

Mares Cares Counseling- (740)804-6800

**Provides counseling and other support to individuals, couples, and families. LGBTQ-culturally competent behavioral health treatment.*

Mended Reeds Mental Health- (740)532-1613

**mental health and substance abuse treatment, with charges based on household income*

Nancy's Place- (740)302-1777

**mental health care without regard for income or insurance*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Necco Center- (740)451-0741

**mental health treatment for children, families, and adults*

OVP Health- *(*740)446-4600

**treatment for people suffering from opioid addiction and other substance abuse problems*

Path Behavioral Healthcare- (740)479-5120

**treatment for mental health and substance abuse issues, with charges based on household income*

Phoenix Center- (740)442-7045

**mental health and substance abuse treatment, parenting skills training, employment skills training, and more*

Proctorville Family Medical Center- (740)302-0541

**mental health care without regard for income or insurance*

Regal Recovery Care- (740)523-0097

**substance abuse treatment*

Rock Hill Family Medical Center- (740)643-8688

**mental health care without regard for income or insurance*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Shawnee Family Health Center- (740)533-0648

**counseling, community support for adults and children, crisis intervention, psychiatric services, and more, without regard for income or insurance*

South Point Family Medical Center- (740)377-2712

**mental health care without regard for income or insurance*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

St. Peter's Episcopal Church- (740)446-2483

**hosts meetings of AA (Alcoholics Anonymous) and NA (Narcotics Anonymous) multiple times each week*

United Family Recovery- (740)237-4981 or (833)UFR-HOPE

**treatment for mental health and substance abuse problems*

Valley Health Coal Grove- (740)532-1188

**behavioral health and more; serves patients regardless of ability to pay*

Shelter and Housing Assistance

Backpack Buddies- (740)534-3550

**helps provide families with safe shelter*

Community Action Organization- (740)532-3140

**Provides low income housing. Has various programs to help the homeless (including people fleeing domestic violence). Also provides emergency assistance to eligible residents in the event of a fire.*

Community Housing Impact and Preservation Program- (800)848-1300

**Home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Cooper Crossing- (740)377-9327

**affordable housing community*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

Habitat for Humanity- (304)523-4822

**income-based home construction program*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Ironton Metropolitan Housing Authority- (740)532-8658

**participates in Section 8 Housing Choice Voucher and Public Housing Programs*

Ironton-Lawrence County Community Action- (740)532-3140

**housing management, homeless services, homeless housing programs, home weatherization assistance, rent assistance for people impacted by COVID, and more*

Lawrence County Fair Housing- (740)532-3140

**assures compliance with federal and state fair housing laws*

Lawrence County Job and Family Services- (740)532-3324

**provides emergency assistance with eviction prevention*

Lawrence County Veterans' Services- (740)533-4327

**provides emergency assistance with rent and mortgage payments for veterans, as well as help getting a mortgage*

Lawrence Village- (740)377-2085

**low income housing in South Point*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Phoenix Center- (740)442-7045

**provides case management to help patients get their housing and other basic needs met*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Storms Creek Apartment Complex- (740)534-0375

**low income housing*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

** helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

United Way of the River Cities- (304)523-8929

**may provide rental assistance to prevent homelessness or a loan for a one time rent payment*

Senior Services

A&L Home Care and Training Center, LLC- (740)886-7623

**provides a variety of services for home care including therapies, personal care, respite services, counseling, and medication management*

Abbott Home Care, Inc.- (740)534-9908

**home health care agency that provides a variety of services*

Active Day of Lawrence- (740)442-7348

**provides a variety of services for seniors and people with disabilities*

All Ways Caring Home Care- (740)242-0990

**Alzheimer's Care, individualized care, home care, respite care, telehealth, and more*

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Area Agency on Aging Region 7, Inc.- (800)582-7277

**helps connect older adults and people with disabilities to needed resources*

Care Companions of Ohio- (740)961-7307

**personalized care with an aim to keep individuals in their home*

Clossman Catering, LLC- (513)942-7744

**home delivered meals for seniors, those with disabilities, and others*

Community Action Organization- (740)532-3140

**provides various services for seniors, including meals, in-home personal care, transportation, and group activities*

Community Choice LLC- (800)856-8700

**home health aides, homemakers, respite care, and more*

Community Home Health Care, Inc- (740)532-1273

**provides a variety of services including personal care, skilled nursing, and respite care*

Country Living Home Care, LLC- (740)574-4239

**home health agency*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

Lawrence County Transit- (740)532-2269

**transportation service is provided for eligible Lawrence County residents that are either age 60+ or disabled*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Senior Companion Program and Foster Grandparent Program- (740)447-3767

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

Shawnee Family Health Center- (740)533-0648

**respite care, home care, telehealth, community support for adults, and more, without regard for income or insurance*

Sherman-Thompson Towers- (740)532-0694

**apartment community for those ages 62+, handicapped, or disabled*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Tech Medical Home Health- (740)414-8090

**home health available*

VANTAGE Aging Portsmouth- (866)734-2301

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Utility and Bill Assistance

Catholic Charities of Southeastern Ohio- (740)314-8660

**provides assistance with gas, water, or electric costs once in a 12 month period; also can assist with funeral costs up to $150 for relatives who passed away at age 60+*

City Mission Church- (740)532-5041

**has utility and heating bill assistance programs*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

Community Action Organization- (740)532-3140

**provides various programs to help with water/sewage bills, heating/cooling bills, buying air conditioners, and making homes more energy efficient*

Lawrence County Job and Family Services- (740)532-3324

**cash assistance, unemployment benefits, utility assistance, and more*

Lawrence County Veterans' Services- (740)533-4327

**provides emergency financial help for veterans*

Ohio Means Jobs- (740)532-3140

**provides free employment and educational assistance*

Phoenix Center- (740)442-7045

**employment skills training and other employment assistance*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

United Way of the River Cities- (304)523-8929

**may provide a loan for paying bills*

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Veterans Services

All Ways Caring Home Care- (740)242-0990

**veteran care including individualized care, telehealth, and more*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Lawrence County Veterans Service Office- (740)533-4327

**assistance with education, financial problems, health care, home loans, and more*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Women, Children, and Families

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Backpack Buddies- (740)534-3550

**helps provide families with clothing, personal care items, food, furniture, school supplies, and safe shelter*

Big Brothers Big Sisters of the Tri-State- (304)522-2191

**caring mentoring relationships between adults and children ages 6-18*

Brain Under Construction Zone (run by United Way of the River Cities)- (304)523-8929

**parenting education for families of young children from birth to five years of age*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Chesapeake Family Medical Center- (740)867-6687

**family practice and pediatrics without regard for income or insurance*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Coal Grove Pediatrics- (740)532-5400

**pediatric care for children*

Community Mission Outreach, Inc.- (740)479-1648

**has holiday gifts for children in need*

Dolly Parton's Imagination Library- (740)646-0805 or (740)533-9077

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Dress for Success River Cities- (304)522-3011

**empowers women to achieve economic independence by providing a network of support, professional clothing, and development tools to help women thrive in job interviews, work, and life*

Family & Children First Council- (740)377-5612

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Family Medical Center- (740)534-9202

**pediatric care and more, without regard for income or insurance*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Head Start- (740) 533-9077

**They promote the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Healthy Families Mountain State- (304)523-9587

**family-focused and empathic support provided to parents in their homes to help them build healthy parent-child relationships*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)371-3322 or (800)755-GROW

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Homeless Crisis Response Program (HCRP)- (740)532-3140

**helps homeless individuals and families to find stable housing*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Ironton Campus Family Medical Center- (740)643-2082 or (740)534-9202 or (740)534-9195 (pediatric care)

**family practice/primary care, without regard for income or insurance*

Ironton-Lawrence County Community Action- (740)533-9077

**Early Childhood Head Start, family guidance center, connections to pediatric providers, and more*

La Leche League International- www.lalecheleague.org

**helps mothers to breastfeed through mother-to-mother support*

Lawrence County Child Support Enforcement Agency- (740)533-4338 or (800)510-4443

**establishes/enforces child and spousal support orders*

Lawrence County Health Department- (740)532-3962

**health support including dental sealants, vaccines, lead screening, reproductive care, family planning, free fitness classes, teen wellness, healthcare information, home inspections, food safety information and more*

Lawrence County Job & Family Services- (740)533-4338 or (800)510-4443

**provides protective services, foster care, adoption services, child support, child care, and more*

Lead Hazard Control Grant- (877)532-3723

**Free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Nancy's Place- (740)302-1777

**family practice, women's health, and pediatric care, without regard for income or insurance*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (740)532-3962

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Proctorville Family Medical Center- (740)302-0541

**family practice, pediatrics, and dental care without regard for income or insurance*

Safe at Home- (740)532-7111

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Shawnee Family Health Center- (740)533-0648

**community support for children and adults, therapeutic foster care, and more, without regard for income or insurance*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Valley Health Coal Grove- (740)532-1188

**OB/GYN, pediatrics, ultrasound, and more; serves patients regardless of ability to pay*

Women, Infants, and Children (WIC)- (740)532-2646

**provides nutrition education, breastfeeding education, and support to pregnant and postpartum women and their families ages 0-5 years*

Employment/Education/Miscellaneous

Adult Protective Services- (740)532-3324

**resources and advocacy provided to adults*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Briggs Lawrence County Public Library- (740)886-6697

**offers Ohio Workforce Development Assistance, which helps with a resume or job search, applying for job training assistance, and referrals to other services, all close to your home*

Collins Career Technical Center- (740)867-6641

**The Collins Promise Scholarship covers part of the tuition costs at the center for eligible students. Additionally, the Aspire program provides free services for individuals who need assistance acquiring the skills to be successful in post-secondary education and training and employment. The program also prepares students with the skills necessary to earn a GED. Students participating in the GED preparation courses may obtain a fee waiver for the GED examination.*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Dress for Success River Cities- (304)522-3011

**empowers women to achieve economic independence by providing a network of support, professional clothing, and development tools to help women thrive in job interviews, work, and life*

ForPsych- (800)239-8886 or (513)871-7285

offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations

Foundation for Appalachian Ohio- (740)753-1111

provides a wide variety of scholarships for high school students to apply to

Foundation for the Tri-State- (304)942-0046 or (606)324-3888

the Ironton Area Kiwanis Club Scholarship Fund provides scholarships for eligible students who are graduating high school in Lawrence County

Hometown Recovery and Counseling- 740-479-5135 (Ironton) or (740)451-0138 (Proctorville)

provides GED tutoring services

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond

Muskingum County Community Foundation- (740)453-5192

Scholarship search, ACT Test prep classes, and more

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs

Ohio Reach- https://ohioreach.org/

supports current and former foster youth reaching for higher education

OhioMeans Jobs- Lawrence County One Stop Center- (740)532-3140

connections to education, job opportunities, and more

Sojourners Care Network- (740)596-1117

Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends

Specialized Recovery Services- (800)324-8680 or (800)686-1516

Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Meigs

Food, Clothing, and Transportation

Athens Meigs Educational Service Center- (740)797-0064

**provides clothing assistance for families experiencing financial difficulties or homelessness*

Gallia-Meigs Community Action Agency- (740)444-4400

**Non-Emergency Transportation Program, food boxes, and more*

Golden Harvest Food Pantry- (740)378-6175

**food pantry for residents of Meigs County*

Hearts and Hands Thrift Store- (740)667-6793

**low cost clothing, household appliances, decorations, toys, and miscellaneous goods*

Lutheran Social Services Mobile Food Pantry- (877)704-3663

**food assistance*

Manna and More Food Pantry- (740)667-6793

**Currently, food boxes are distributed to those in need who live in the Eastern Local School district as well as those who call Bethel their home church.*

Meigs Cooperative Parish- (740)992-7400

**free lunch on Tuesday and Thursdays for low-income people ($3 for everyone else); lunches on Wednesday are free for everyone; showers and laundry also available 9am- 1pm*

Meigs County Department of Job and Family Services- (740)992-2117

**food assistance, transportation, free clothing needed for school or work*

Meigs County Farmers Market- (740)517-9668

**Provides vouchers to allow veterans and income-eligible seniors to purchase locally grown fresh fruits, vegetables, herbs, and honey. The market also accepts SNAP and WIC as payment.*

Meigs County Humane Society Thrift Shoppe- (740)992-6064

**sells clothes and glassware at low prices*

Meigs County Mobility Management- (740)992-2119

**educates people on mobility options in Meigs County*

Meigs County Schools Food Pantry- (740)753-1111

**county-wide, school-based food pantry that provides a monthly, year-round distribution of healthy and nutritious food to school-aged children and their families impacted by food insecurity*

My Best Friend's Closet- (740)508-6491

**clothing at low prices*

Parish Shop- (740)992-4183

**clothing at low prices*

Project Clothe the Kids- (740)416-6590

**clothing assistance for children*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

River of Life "Care Closet"- (740)742-2060

**has a food pantry*

Salvation Army- (740)797-1305

**provides food boxes*

Southeast Ohio Foodbank and Kitchen- (740)767-4500

**food bank, pantry, and assistance to families, as well as food assistance for pets*

WIC Program- (740)992-0392

**food assistance, children and family programs, breastfeeding assistance, and more*

Zerkle House of Hope- (304)773-5211

**thrift store- very cheap clothing and used furniture*

Disability Services

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Community Services- (740)286-5039

**provides a wide variety of services to people with disabilities*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Bureau of Vocational Rehabilitation- (740)592-4411 or (800)248-4378

**helps disabled people get education, employment, and transportation*

Children with Medical Handicaps Program- (740)992-6626

**links families of children with special health care needs to a network of quality providers to help families with payment of services for child's needs*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Easter Seals- (614)228-5523

**provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in their community*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Gallia Meigs Community Action Agency- (740)444-4400

**provides handicapped accessibility modifications for low-income homes*

Head Start- (740)992-4202

**high quality preschool services for low-income children 3-5 years of age, including children with disabilities, with a focus on school readiness*

Help Me Grow- (740)444-4400

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Inclusions, LLC- (740)444-2015

**provides services and support for people with disabilities*

Meigs County Board of Developmental Disabilities- (740)992-6681

**provides a wide range of services for people of all ages with developmental disabilities*

Meigs County Department of Job and Family Services- (740)992-2117

**food assistance, Medicaid assistance, transportation, community resources, and more*

Meigs County Veterans' Services- (740)992-2820

**provides assistance for disabled veterans*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

ResCare Community Living- (740)446-7549

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

RHDD- (740) 677-0500

**supports individuals with a disability to live and work in their community*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Legal and Advocacy

Buckeye Hills Regional Council- (800)331-2644

**advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Meigs County Fair Housing- (740)992-2895

**assures compliance with federal and state fair housing laws*

Meigs County Veterans' Services- (740)992-2820

**provides legal help to veterans*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Prosecutor's Victim Assistance- (740)992-1720

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Safe at Home- (800)686-3669 or (740)441-5809 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)594-3558 or (800)686-3669

**gives free legal help to low-income people on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters.*

Survivor Advocacy Outreach Program- (740)591-4266

**Rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Medical and Healthcare

Equitas Health- (740) 529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of followup care for any condition diagnosed during the initial exam*

Fairhope Hospice and Palliative Care- (740)654-7077

**offers hospice care, palliative care, senior care, and advance planning*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hocking Valley Community Hospital Foundation- (740)380-8000

**provides health care to people unable to pay*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Hopewell Health Centers- (740)992-0540

**medical and dental care, with charges based on household income*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Medicaid Connect- (740)385-6813

**provides health education, resource navigation, and uniquely tailored case management*

Meigs County Department of Job and Family Services- (740)992-2117

**assistance with Medicaid and more*

Meigs County Health Department- (740)992-6626

**vaccines, mobile mammography clinic, health screenings, vision care for children, tobacco cessation programs, lead testing, pregnancy tests, cribs for low income families, wigs for cancer patients, support for parents who lost a child to suspected SIDS, and more*

Meigs County Veterans' Services- (740)992-2820

**helps veterans get medical care*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio Valley Physicians- (740)446-4600

**telemedicine, emergency medicine, primary care, hospital medicine, and more*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Rising Suns Non-Profit Pharmacy- (740)447-5025

**provides prescription medications for uninsured and low-income people*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Mental Health, Drug, and Alcohol

Cardinal Recovery- (740)446-9129

**withdrawal management, men's inpatient treatment facility, outpatient services, and more*

Crisis Services Hotline (Hopewell Health Centers)- (888)475-8484 or (740)593-3344

**24 hour mental health crisis hotline for emergencies only*

Dr. Leah Jaquith - (740)591-0284

**psychologist; LGBTQ Culturally Competent Provider*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Equitas Health- (740)529-0018

**provides LGBTQ Culturally Competent Mental Health Care*

Field of Hope- (740)245-3051

**faith-based rehabilitation center*

Gallia-Jackson Meigs Board of Alcohol, Drug Addiction and Mental Health Services- (740)446-3022

**provides mental health and recovery services that are coordinated and individualized*

Health Recovery Services- (740)992-5277

**Offers individual and group counseling, case management, screenings, and other health services. No one turned away due to inability to pay.*

Hopewell Health Centers- (740)992-0540 or (740)992-2192 (day treatment center for children)

**mental health care with charges based on household income*

Integrated Services for Behavioral Health- (740)444-5895

**psychiatric care, counseling, home-based supportive services, and more*, *with discounts based on household income*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Medical Service Options (DBA Steps of Recovery)- (740)441-9800

**outpatient treatment, medication assisted treatment, counseling, family support, and more*

Meigs County Prevention Coalition- (740)446-3022

**professionals, administrators, and community members working as a team to reduce drug use*

Meigs County Veterans' Services- (740)992-2820

**helps veterans get treatment for mental health and substance abuse problems*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Valley Physicians- (740)446-4600

**addiction services, telemedicine, and more*

PRISM Behavioral Healthcare- (740)771-9051

**Diagnostic assessment, family alcohol and drug counseling, home based services, individual and group counseling, case management. Charges are based on household income.*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

TASC of Southeast Ohio- (740)992-3965

**inpatient and outpatient care as well as other services for eligible people*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Senior Services

Area Agency on Aging- (800)331-2644

**information and assistance for adults age 60+ and their caregivers*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Caregivers of the Elderly Support Group- (800)272-3900

**support for caregivers of the elderly; requires registration which can be done over the phone*

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

Dina's Compassion Care Home Health Services- ((740)249-4024

**in-home care service provider, which assists the elderly to live independently in their own homes*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

Gallia- Meigs County Community Action- (740)444-4400

**connects seniors to services including transportation, heating assistance, and more*

Holzer Assisted Living- (740)441-9633

**a safe, comfortable, and home life environment that helps seniors retain independence*

Holzer Senior Care Center- (740)446-5001

**a wide range of specialized therapies for seniors, medical support, rehabilitation services, and more*

Indivisible Appalachian Ohio- (740)467-6160

**offers services to low-income families, youth, and seniors through various programs based on needs identified through community engagement*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Meigs Council on Aging- (740)992-2161

**home-delivered meals, congregate meal programs, transportation services, tax assistance, laundry services, in-home services, and more*

Meigs County Department of Job and Family Services- (740)992-2117

**Adult Protective Services, Medicaid, food assistance, transportation, nursing home assistance, community resources, and more*

Meigs County Farmers Market- (740)517-9668

**Provides vouchers to allow veterans and income-eligible seniors to purchase locally grown fresh fruits, vegetables, herbs, and honey. The market also accepts SNAP as payment.*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Senior Companion Program (COAD)- (740)594-8499

**senior companions, foster grandparent programs, and more*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Shelter and Housing Assistance

Athens Meigs Educational Service Center- (740)797-0064

**provides resources for families experiencing financial difficulties or homelessness*

Buckeye Hills Regional Council- (740)374-0943 or (800)331-2644

**provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs*

Community Housing Impact and Preservation Program- (800)848-1300

**Home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

Gallia Meigs Community Action Agency- (740)444-4400

**Provides housing assistance to low-income veteran families. Also provides emergency health/safety home repairs and renovation for handicapped accessibility modifications for low-income people, including non-veterans. Also provides shelter assistance to non-veterans that is emergency-based rather than income-based.*

Habitat for Humanity- (740)592-0032

**income-based home construction program*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services for Behavioral Health- (740)444-5895

**housing or rental assistance for those in need*

Job and Family Services- (740)992-2117

**provides emergency assistance with eviction prevention*

Lead Hazard Control Grant- (877)532-3723

**Free lead hazard control home repairs for eligible children and pregnant women*

Meigs County Fair Housing- (740)992-2895

**assures compliance with federal and state fair housing laws*

Meigs County Metropolitan Housing Authority (MHA)- (740)992-2733

**provides advocacy against housing discrimination, rental assistance, and more*

Meigs County Veterans' Services- (740)992-2820

**emergency assistance for veterans with rent or mortgage payments, as well as help getting a mortgage*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Pomeroy Cliffs Apartments- (740)992-7772

**low income apartments*

Salvation Army of Athens and Meigs Counties- (740)797-1305

**emergency assistance with housing issues and utility bills*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Square One- (740)441-5809

**provides shelter for domestic violence victims and homeless women/children*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Utility and Bill Assistance, Employment/Education Services

Athens Meigs Educational Service Center- (740)797-0064

**provides assistance for families experiencing financial difficulties or homelessness*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Catholic Charities of Southeastern Ohio- (740)314-8660

**provides assistance with gas, water, or electric costs once in a 12 month period; also can assist with funeral costs up to $150 for relatives who passed away at age 60+*

Columbus Foundation- (614)251-4000

provides a variety of scholarships

David V. Stivison Appalachian Scholarship- (740)594-8499

$500 scholarship for eligible college students

Foundation for Appalachian Ohio- (740)753-1111

provides a wide variety of scholarships for high school students to apply to

Gallia-Meigs Community Action Agency- (740)444-4400

Home Energy Assistance Program, Emergency Home Energy Assistance Program, Percentage of Income Payment Plan Plus, Home Weatherization Assistance Program, Meigs County Storm Cleanup project to provide temporary jobs to Meigs County residents, and more

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond

Meigs County Department of Job and Family Services- (740)992-2117

cash and utility assistance for those who qualify, assistance finding jobs, and more

Meigs County Veterans' Services- (740)992-2820

employment, educational, and emergency financial assistance for veterans

Muskingum County Community Foundation- (740)453-5192

Scholarship search, ACT Test prep classes, and more

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs

Ohio Means Jobs- (740)992-2117

provides free employment and educational assistance

Ohio Reach- https://ohioreach.org/

supports current and former foster youth reaching for higher education

Percentage of Income Payment Plan (PIPP)- (740)444-4400

lowers energy bills for eligible Ohioans

Salvation Army of Athens and Meigs Counties- (740)797-1305

**emergency assistance with housing issues and utility bills*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

WIOA/CCMEP Youth Services - (740)444-4400

**program provides services to youth between the ages of 16-24 years old with focus on the elements of Adult Mentoring, Leadership Development, and Labor Market and Employment Information*

Veterans Assistance

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Meigs County Farmers Market- (740)517-9668

**Provides vouchers to allow veterans to purchase locally grown fresh fruits, vegetables, herbs, and honey. The market also accepts SNAP as payment.*

Meigs County Veterans Service Office- (740)992-2820

**offers assistance to veterans including education, employment assistance, financial assistance, transportation, and more*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

** helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Women, Children, and Families

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Athens Meigs Educational Service Center- (740)797-0064

**provides resources for families experiencing financial assistance or homelessness*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

Children with Medical Handicaps Program- (740)992-6626

**links families of children with special health care needs to a network of quality providers to help families with payment of services for child's needs*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Dolly Parton's Imagination Library (through Easter Seals)- (614)228-5523

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Family & Children First Council- (740)444-7610 or (740)992-2117

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Gallia Meigs Community Action Agency- (740)444-4400

**provides parents of babies with basic hygiene and health supplies*

Head Start- (740)992-4202

**high quality preschool services for low-income children 3-5 years of age with a focus on school readiness*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)444-4400

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Indivisible Appalachian Ohio- (740)467-6160

**offers services to low-income families, youth, and seniors through various programs based on needs identified through community engagement*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Medical Service Options (DBA Steps of Recovery)- (740)441-9800

**family support, pregnancy/postpartum care, counseling, and other treatment options*

Meigs County Child Support Enforcement Agency- (740)992-2117

**establishes/enforces child and spousal support orders*

Meigs County Children's Services- (740)992-2117

**advocacy for children, work with community and families*

Meigs County Department of Job and Family Services- (740)992-2117

**pregnancy related services, food and cash assistance, child care, child support, foster care, adoption support, and more*

Meigs County Farmers Market- (740)517-9668

**accepts WIC as payment for locally grown, fresh fruits, vegetables, and herbs*

Meigs County Health Department- (740)992-6626

**vaccines, mobile mammography clinic, health screenings, vision care for children, tobacco cessation programs, lead testing, pregnancy tests, cribs for low income families, wigs for cancer patients, support for parents who lost a child to suspected SIDS, and more*

Meigs County Schools Food Pantry- (740)753-1111

**county-wide, school-based food pantry that provides a monthly, year-round distribution of healthy and nutritious food to school-aged children and their families impacted by food insecurity*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (800)755-4769

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Pregnancy Resource Center- (740)592-4700 or (740)721-3794

**provides various resources for pregnant women and new moms*

PRISM Behavioral Healthcare- (740)771-9051

**Family alcohol and drug counseling, case management, and more. Charges are based on household income.*

Project Clothe the Kids- (740)416-6590

**clothing assistance for children*

Safe at Home- (800)686-3669 or (740)441-5809 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Southeast Ohio Youth Mentoring- (740)797-0037

**provides caring mentors for children ages 5-17*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Square One- (740)441-5809

**provides shelter for domestic violence victims and homeless women/children*

Survivor Advocacy Outreach Program- (740)591-4266

**Rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

WIC Program- (740)992-0392

**food assistance, children and family programs, breastfeeding assistance, and more*

Morgan

Disabilities Services (Mental/Physical)

211

**phone number to get connected with resources in your community*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for veterans, low-income children, and adults with disabilities*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Bureau of Vocational Rehabilitation- (740)592-4411 or (800)248-4378

**helps disabled people get education, employment, and transportation*

Children With Medical Handicaps- (740)962-4572

**identifies and helps children with handicaps*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Disabled Veterans Outdoors- (740)877-7072

**organization which provides outdoor activities for disabled veterans free of charge*

Easter Seals- (614)228-5523

**provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in their community*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

Help Me Grow- (740)962-6809

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Morgan County Board of Developmental Disabilities- (740)962-4200

**residential, adult day, employment, and many other types of assistance for the disabled*

Morgan County Veterans Services- (740)962-4181

**provides assistance to disabled veterans*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

RHDD- (740)677-0500

**supporting individuals with a disability, to live and work in their community*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Washington-Morgan Community Action- (740)962-3827

**provides low cost housing to families that include a person with a disability*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Women, Children, and Families

211

**phone number to get connected with resources in your community*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Big Brothers Big Sisters- (740)453-7300

**caring mentoring relationships between adults and children ages 6-18*

Boy Scouts of America- (740)453-0571

**provides financial assistance for low-income youth to participate in scouting*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for low-income children and adults with disabilities*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Child Support Enforcement- (740)962-3000

**establishes/enforces child and spousal support orders*

Children With Medical Handicaps- (740)962-4572

**identifies and helps children with handicaps*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Dolly Parton's Imagination Library- (740)962-2533

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Family & Children First Council- (740)962-6809

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Genesis HealthCare Foundation – (800)322-4762

**awards scholarships to deserving youth in Muskingum, Perry, Guernsey, Coshocton, Noble and Morgan counties pursuing a degree in healthcare*

Head Start- (740)962-3792

**free preschool for low income families that specializes in the educational and social development of young children age 3-5*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)962-6809

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Helping Children Cope With Divorce- (740)962-4854

**$20 two-hour education program that offers information on the divorce process and post-divorce parenting*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Morgan County Department of Jobs and Family Services- (740)962-4616

**cash and childcare assistance for needy families*

Morgan County Health Department- (740)962-4572

**vaccines, tobacco cessation help, breast and cervical cancer screening, lead poisoning prevention, family planning, and more*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

NAMI- (740)454-8557

**organization helping people with mental illness and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (800)755-4769 or (740)622-9778 (Morgan Employment Division)

** provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Safe at Home- (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Transitions Inc.- (740)454-3213 (24 hour hotline)

**domestic violence shelter*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

WIC- (740)962-5266

**nutrition education, breastfeeding education & support, referral for health care, immunization screening and referral, and supplemental foods/formula for low income women and children up to age 5*

Zanesville Muskingum County Health Department- (740)454-9741

**The Healthy Families program provides family-focused and empathic support provided to parents in their homes to help them build healthy parent-child relationships*

Food, Clothing, and Transportation Assistance

211

**phone number to get connected with resources in your community*

Bishopville Church of Christ- (740)767-4177

**has a food pantry*

Jobs and Family Services- (740)962-4616

**SNAP enrollment and food assistance; free clothing needed for school or work; transportation for medical appointments; employment related vehicle repair*

Lutheran Social Services Mobile Food Pantry- (877)704-3663

Morgan County Public Transit- (740)962-9125

**This transit system goes anywhere within Morgan County. In addition to in-county service, out-of-county service is provided to Marietta, Zanesville, New Lexington, Athens, and Columbus. All one way trips within Morgan County are $1.*

Morgan County United Ministries- (740)962-2679 (food pantry) or (740)651-5336 (thrift store)

**has a food pantry, as well as a thrift store to get clothing and other items at low prices*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

SE Ohio Foodbank- (740) 385-6813

**has various types of food assistance, including food assistance for pets*

Senior Nutrition Program- (740)962-3827

**provides hot, nutritious meals to senior citizens, through both community meals and home delivery*

Washington-Morgan Community Action- (740)962-3827

**provides free summer lunches for kids ages one to eighteen*

WIC- (740)962-5266

**nutrition education, breastfeeding education & support, referral for health care, immunization screening and referral, and supplemental foods/formula for low income women and children up to age 5*

Financial Assistance

211

**phone number to get connected with resources in your community*

Catholic Charities of Southeastern Ohio- (740)314-8660

**provides assistance with gas, water, or electric costs once in a 12 month period; also can assist with funeral costs up to $150 for relatives who passed away at age 60+*

Electrical Partnership Program (EPP)- (740)373-7671

** offers help in lowering utility bills to eligible AEP customers*

Home Weatherization Assistance Program- (740)373-7671

**helps families reduce heating and cooling costs by making homes more energy efficient*

Jobs and Family Services- (740)962-4616

**provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, and other immediate needs*

Morgan County Veterans Services- (740)962-4181

**provides emergency financial assistance for veterans*

Percentage of Income Payment Plan (PIPP)- (740)962-3827

**lowers energy bills for eligible Ohioans*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

United Way of MPM Tax Site- (844)253-1161

**free tax preparation (all slots filled are for 2024 tax season)*

Washington-Morgan Community Action- (740)962-3827

**assistance with utility bills and housing costs*

Housing Assistance

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs*

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

Habitat for Humanity- (740)592-0032

**income-based home construction program*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services for Behavioral Health- (740)702-2624

**housing stabilization services and short term rental assistance to the homeless or those at serious risk of homelessness*

Jobs and Family Services- (740)962-4616

**provides emergency assistance with eviction prevention*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Morgan County Fair Housing- (740)962-1322

**assures compliance with federal and state fair housing laws*

Morgan County Veterans Services- (740)962-4181

**provides housing, mortgage, and foreclosure assistance to veterans*

Morgan Metropolitan Housing Authority- (740)962-4930

**helps low and moderate income people get affordable housing*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Supportive Services for Veteran Families (SSVF)- (740)962-3827

**housing assistance for veterans who are facing eviction or already homeless*

Transitions Inc.- (740)454-3213 (24 hour hotline)

**domestic violence shelter*

USDA Rural Development- (740)885-3303

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Washington-Morgan Community Action- (740)962-3827

**provides rental assistance and low cost housing for low-income people and families that include individuals with disabilities*

Services for Seniors

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home*

modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of follow-up care for any condition diagnosed during the initial exam*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Morgan County Senior Center- (740)962-5600

**provides a variety of services for seniors*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Senior Nutrition Program- (740)962-3827

**provides hot, nutritious meals to senior citizens, through both group meals and home delivery*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Legal/Conflict Resolution

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Morgan County Fair Housing- (740)962-1322

**assures compliance with federal and state fair housing laws*

Morgan County Veterans Services- (740)962-4181

**provides legal assistance for veterans*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

** statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)594-3558 or (800)686-3669

**gives free legal help to low-income people on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Victim Advocate- (740)962-6478

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Employment/Education

211

**phone number to get connected with resources in your community*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a*

medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Genesis HealthCare Foundation – (800)322-4762

**awards scholarships to deserving youth in Muskingum, Perry, Guernsey, Coshocton, Noble and Morgan counties pursuing a degree in healthcare*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)962-4616

**provides employment related vehicle repair, work or school clothing, short term education, and other forms of employment and educational help*

Marietta Community Foundation- (740)373-3286

**offers scholarships to help students realize their educational dreams*

Morgan County Veterans Services- (740)962-4181

**provides education and employment assistance for veterans*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Means Jobs- (740)962-2519

**provides free employment and educational assistance*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Washington Electric Cooperative- (740)373-2141 or (877)594-9324

**offers scholarships to eligible graduating seniors for colleges and vocational schools*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Health support (Mental/physical)

211

**phone number to get connected with resources in your community*

Allwell Behavioral Health Services- (740)454-9766

**mental health and addiction treatment, with discounts based on the household income*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for veterans, low-income children, and adults with disabilities*

Cedar Ridge Behavioral Health Solutions- (855)692-7247

**mental health and substance abuse treatment, along with employment assistance*

Crisis Hotline- (800)344-5818

**hotline for mental health crises*

Disabled Veterans Outdoors- (740)877-7072

**organization which provides outdoor activities for disabled veterans free of charge*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of followup care for any condition diagnosed during the initial exam*

Family Health Services- (740)962-5266

**family planning center (birth control, STI testing, pregnancy tests, etc.)*

Genesis Healthcare System- (740)454-4000 or (800)322-4762

**medical care, with charges based on household income*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Integrated Services for Behavioral Health- (740)702-2624

**treatment for addictions and mental health problems, with discounts based on household income*

Jobs and Family Services- (740)962-4616

**Medicaid enrollment, transportation and medical assistance*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Living With Cancer Support Group- (740)732-4958

**Support groups are free for residents of Noble County and surrounding communities and are open to anyone impacted by cancer. In-person and virtual options available. Registration required.*

McConnelsville Library- (740)962-2533

**has gentle yoga classes every week*

Medicaid Connect- (740)385-6813

**provides health education, resource navigation, and uniquely tailored case management*

Mental Health & Recovery Services Board (MHRS)- (740)454-8557; Hotline: (800)344-5818

**provides services and referrals for mental health and substance abuse*

Morgan Behavioral Health Choices- (740)962-6933

**addiction treatment center*

Morgan County Health Department- (740)962-4572

**vaccines, tobacco cessation help, breast and cervical cancer screening, lead poisoning prevention, family planning, and more*

Morgan County Veterans Services- (740)962-4181

**helps veterans get healthcare, both physical and mental*

MVHC- (740)962-6111 or (888)454-5157

**physical and mental health care, with payment based on an income-based sliding scale*

NAMI- (740)454-8557

**organization helping people with mental illness and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

New Hope Creation Center- (740)651-5021

**addiction treatment with discounts based on household income*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

PATH Behavioral Healthcare- (740)675-0129

**treatment for mental health and substance abuse problems, with charges based on household income*

Rising Suns Non-Profit Pharmacy- (740)447-5025

**provides prescription medications for uninsured and low-income people*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Washington-Morgan Community Action- (740)962-3827

**provides various services for pregnant women, various cancer screenings, pregnancy tests, pap tests, breast exams, STD testing, and contraception information*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services. Also provides mental health care.*

Monroe

Food, Clothing, and Transportation

211

**phone number to get connected with resources in your community*

GMN Tri-County CAC, Inc.- (740)732-2388

**provides a wide variety of services for seniors, including transportation, meals, and homemaker services*

Harvest House- (740)584-1941

**assists with clothing and household items*

Jobs and Family Services- (740)472-1602

**SNAP enrollment and food assistance; free clothing needed for school or work; transportation for medical appointments*

Kiwanis Coats for Kids - (740)392-3270 (ask for Lisa Lloyd) or (740)753-1111

**provides coats, boots, hats, and gloves for children of Monroe County in the Switzerland of Ohio School District*

Lewisville Food Pantry- (740)841-4044 or (740)472-4146

**free food for eligible families in Ohio*

Mid-Ohio Foodbank- (614)277-FOOD (3663)

**collects and distributes food to those in need*

Monroe County Public Transportation- (740)472-2505

**public transportation system for Monroe County residents with discounts for eligible senior citizens and disabled adults*

Monroe County Senior Center/GMN- (740)472-1312

**food distribution center*

Monroe County Veterans Office- (740)472-0743

**several forms of assistance for veterans, including food assistance, auto repairs, and medical transportation*

Monroe County WIC- (740)472-1833

**food assistance, children and family programs, breastfeeding assistance, and more*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Salvation Army Service Unit- (740)732-2388

**provides vouchers for gas to go to medical appointments and for groceries*

SOMA- https://www.facebook.com/somathrift/

**food assistance and a thrift store*

St. Paul's United Church of Christ- (740)472-0365

**has a food pantry*

Woodsfield Church of Christ Clothes Closet- (740)472-5321 or (740)472-0237

**free clothing for children and adults*

Legal and Advocacy

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Monroe County Fair Housing- (740)472-1341

**assures compliance with federal and state fair housing laws*

Monroe County Veterans Services- (740)472-0743

**provides legal assistance for veterans*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

** statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (740)472-0255

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)283-4781 or (800)837-4781

**gives free legal help to people with low incomes on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Tri-County Help Center- (740)472-0255

**helps victims of domestic violence and sexual assault navigate the court system, assist with protection orders, and make referrals for legal services and/or community needs*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Disability Services

211

**phone number to get connected with resources in your community*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Bureau of Vocational Rehabilitation- (740)592-4411 or (800)248-4378

**helps disabled people get education, employment, and transportation*

Children With Medical Handicaps- (740)472-1677

**identifies and helps children with handicaps*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

Head Start/Early Head Start- (740)472-1277

**They promote the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Help Me Grow- (740)371-3322 or (800)755-GROW

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

MACO Sheltered Workshop and Person Centered Services, Inc./Active Day- (740)472-5445

**provides sheltered employment, community employment, vocational training, habilitation, recreation, leisure, nursing and transportation services for the disabled*

Monroe County Board of Developmental Disabilities- (740)472-1712

**helps people find resources/support for disabled people*

Monroe County Veterans Services- (740)472-0743

**provides assistance for disabled veterans*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

ResCare Community Living- (740)695-4931

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

RHDD- (740) 677-0500

**supporting individuals with a disability, to live and work in their community*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Medical and Healthcare

211

**phone number to get connected with resources in your community*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Bridges to Wellness- (234)801-8010

**a program that connects individuals and families to local resources to help them become stronger and healthier*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of followup care for any condition diagnosed during the initial exam*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Jobs and Family Services- (740)472-1602

**Medicaid enrollment, transportation and medical assistance*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Living With Cancer Support Group- (740)732-4958

**Support groups are free for residents of Noble County and surrounding communities and are open to anyone impacted by cancer. In-person and virtual options available. Registration required.*

Monroe County Health Department- (740)472-1677

**nursing services, public health preparedness, tobacco prevention, health education, vaccinations, and more*

Monroe County Veterans Services- (740)472-0743

**helps veterans get medical care*

Ohio Hills Health Centers- (740)239-6447

**medical care and mental health care, with charges based on household income*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services*

Woodsfield Clinic- (740)472-1879

**medical care with financial assistance for eligible people*

Mental Health, Drug, and Alcohol

211

**phone number to get connected with resources in your community*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Allwell Behavioral Health Services- (740)454-9766

**mental health and addiction treatment, with discounts based on the household income*

Crisis Hotline- (800)354-4357

**help during a mental health emergency or crisis*

Dean's Natural Wellness- (740)509-0079

**Provides mental health and family therapy. LGBTQ Culturally Competent Provider.*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Mental Health and Recovery Board- (740)695-9998

**was created to establish a unified system of mental health and addiction recovery services for citizens of Belmont, Harrison and Monroe Counties*

Monroe County HOPE Alliance Coalition- erica.schreckengost@ecoesc.org

**promotes awareness and education regarding substance abuse, depression, suicide, and other public health concerns*

Monroe County Veterans Services- (740)472-0743

**helps veterans get help for mental health and substance abuse problems*

NAMI- (304)905-0635

**organization helping people with mental illness and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Hills Health Centers- (740)239-6447

**medical care and mental health care, with charges based on household income*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Southeast Healthcare- (740)472-0753 or (800)354-4357 (24-Hour Crisis Hotline)

**treatment for substance abuse and mental health issues, without regard for economic status*

Southeastern Ohio Counseling Center- (740)489-5571

**assessment/referral services; mental health counseling; addiction services; charges are based on household income*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Tri-County Help Center- (740)472-0255

**Mental health services to help people heal from domestic violence, sexual abuse, and mental illness. Costs based on household income.*

The Village Network/ Brite Future- (740)526-0204 or Toll Free Crisis Hotline- (877)392-3136

**Provides comprehensive array of mental and behavioral health services to children and their families through an outpatient treatment program for conditions including ADHD, impulse control disorders, mood disorders, and depression. Charges are based on household income.*

Utility, Bill Assistance, Shelter and Housing Assistance

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs*

Catholic Charities of Southeastern Ohio- (740)314-8660

**provides assistance with gas, water, or electric costs once in a 12 month period; also can assist with funeral costs up to $150 for relatives who passed away at age 60+*

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Emergency HEAP- (740)955-8001

**Assists income eligible households whose heating services are disconnected, in threat of disconnection, or have less than a ten-day supply of bulk fuel. Also helps with summer electric bills (and providing air conditioners) for certain eligible people.*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

GMN Tri-County CAC Home Weatherization Assistance Program (HWAP)- (740)732-2388

**assists households who have faced a crisis situation that have rendered them homeless or at imminent risk of homelessness; assistance for water/sewage bills; performs weatherization measures for low-income individuals allowing families to save money by making their homes more energy efficient*

GMN Tri-County CAC Homeless Prevention- (740)732-2388

**assists households who have faced a crisis situation that have rendered them homeless or at imminent risk of homelessness*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Jobs and Family Services- (740)472-1602

**provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, and other immediate needs*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Monroe County Fair Housing- (740)472-1341

**assures compliance with federal and state fair housing laws*

Monroe County Veterans Office- (740)472-0743

**several forms of assistance for veterans, including help with rent or mortgage payments, utility payments, food/fuel assistance, and home/auto repairs*

Monroe Metropolitan Public Housing Authority- (740)439-6651

**provides living vouchers to limited eligible citizens*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Percentage of Income Payment Plan (PIPP)- (740)685-2422

**lowers energy bills for eligible Ohioans*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Southeast Healthcare- (740)472-0753

**provides temporary shelter for homeless people and connects homeless people to resources*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Tri-County Help Center- (740)472-0255

**free emergency shelter that offers survivors of domestic violence and sexual abuse and their families a safe place*

Universal Service Fund Electric Partnership Program (EPP)- (740)732-2388

**provides energy education and electric insulation retrofits to lower electric bills for eligible people*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Women, Children, and Families

211

**phone number to get connected with resources in your community*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Boy Scouts of America- (304)277-2660

**provides traditional scouting and specialized programs ages 6-21*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bridges to Wellness- (234)801-8010

**Community health workers will work with families to ensure access to services needed such as finding diapers and other baby supplies, finding insurance, choosing a doctor, finding housing, answering pregnancy and parenting questions, and more*

Child Support Enforcement- (800)686-1556

**establishes/enforces child and spousal support orders*

Children With Medical Handicaps- (740)472-1677

**identifies and helps children with handicaps*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Cribs for Kids- (740)472-1833

**provides portable cribs to families who can't afford them*

Dolly Parton's Imagination Library- (740)439-2667

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Family & Children First Council- (740)472-1341

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Head Start/Early Head Start- (740)472-1277 or (740)483-1796

**They promote the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless and children in Foster Care.*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Helping Children Cope With Divorce- (740)472-0810

**$15 two-hour education program that offers information on the divorce process and post-divorce parenting*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)472-1602

**cash and childcare assistance for needy families*

Kiwanis Coats for Kids - (740)392-3270 (ask for Lisa Lloyd) or (740)753-1111

**provides coats, boots, hats, and gloves for children of Monroe County in the Switzerland of Ohio School District*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Miracle of Life Support Group- (740)695-5658

**assistance to eligible expectant mothers, infants, and small children*

Monroe County Help Me Grow- (740)472-0852

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Monroe County Summer Youth Program- (740)732-2388

**designed to assist youth in successfully becoming employed through mentoring and providing job skills, resume assistance, and hands on job training*

Monroe WIC-(740)-472-1833

**offers nutrition and breastfeeding support, supplemental nutritious food, and referral to health providers and community programs*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

NAMI- (304)905-0635

**organization helping people with mental illness and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (740)472-1712

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Safe at Home- (740)472-0255

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Southeast Ohio Youth Mentoring- (740)797-0037

**provides caring mentors for children ages 5-17*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Tri-County Help Center- (740)472-0255

**Free emergency shelter that offers survivors of domestic violence and sexual abuse and their families a safe place. They also provide mental health services to help people heal from domestic violence, sexual abuse, and mental illness. Funding is available to support Monroe County clients in purchasing food and gas for transportation to access shopping and medical appointments. Provides parenting classes where participants learn parental empowerment, child development, and parenting techniques.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

Employment/Education

211

**phone number to get connected with resources in your community*

Action Total Staffing- (740)432-1904

**employment agency*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

Comprehensive Case Management Employment Program (C.C.M.E.P.)- (740)732-2388

**provides support services to low-income youth, ages 14-24, who face barriers to employment*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)472-1602

**provides employment related vehicle repair, work or school clothing, short term education, and other forms of employment and educational help*

Monroe County Summer Youth Program- (740)732-2388

**designed to assist youth in successfully becoming employed through mentoring and providing job skills, resume assistance, and hands on job training*

Monroe County Veterans Services- (740)472-0743

**provides employment and education assistance for veterans and scholarships for eligible military members, veterans, and their family members*

Monroe OH Arts Council- (740)472-4848

**offers a scholarship for eligible graduating seniors pursuing an education in an arts related field*

Monroe Soil and Water Conservation District- (740)472-5477

**offers scholarships to local youth who are pursuing a degree in an agricultural related field*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Means Jobs- (740)472-1602

**provides free employment and educational assistance*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Southeast Healthcare- (740)472-0753

**their Vocational Services program provides services to assist and support members of the community in overcoming emotional and other challenges by focusing on employment, economic stability, and life skills*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Washington Electric Cooperative- (740)373-2141 or (877)594-9324

**offers scholarships to eligible graduating seniors for colleges and vocational schools*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Veterans Assistance

211

**phone number to get connected with resources in your community*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Monroe County Veterans Office- (740)472-0743

**several forms of assistance for veterans, including help with rent or mortgage payments, utility payments, food/fuel assistance, and home/auto repairs*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Senior Services

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of follow-up care for any condition diagnosed during the initial exam*

GMN Tri-County CAC, Inc.- (740)732-2388

**provides a wide variety of services for seniors, including transportation, meals, and homemaker services*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Senior Companion Program and Foster Grandparent Program- (330)987-7232

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Muskingum

Food, Clothing, Household Goods, and Transportation

211

**phone number to get connected with resources in your community*

AIM Outreach- (740)258-8352

**has various types of food assistance*

Bethel Community Center- bethelmission126@gmail.com

**food boxes, summer lunch program, community garden*

Catholic Social Services- (740)452-5057

**provides a variety of resources to help people, especially families and seniors*

Christ's Table- (740)452-9766

**serves hot lunches every Monday-Saturday*

Coburn United Methodist Church Food Pantry- (740)454-0186

College Drive Presbyterian Pantry- (740)826-4036

**food pantry*

Eastside Community Ministry- (740)452-7519

**provides free food, clothing, small household items, books, and toys*

Fellowship of Christ's Community- (740)452-8450

**provides free meals on Sundays 4-5 PM*

Frazeysburg United Methodist Church- (740)828-2201

*has a food pantry, call between 8am-12pm

Grace in Action Baby Pantry- (740)297-7990

*provides formula, clothing, diapers, and other supplies for babies

Habitat for Humanity ReStore- (740)297-4446

*home and hardware items at low prices

HOPE on Chapel Hill Children's Pantry- (740)453-4500

*monthly free formula, diapers, and other baby/toddler supplies for people in need, with delivery available in the area

Hope to the Rescue Corporation- (740)252-9518

*has food and clothing assistance

Jobs and Family Services- (740)454-0161

*SNAP enrollment and food assistance; free clothing needed for school or work; employment related vehicle repair; transportation for medical appointments

Mobility Management- (740)487-4930 (office) or (740)454-8573 option 1

*Provides information on the many transportation options available in the county, including public transportation, taxi services, transportation for senior citizens, walking trails, bike paths, and ADA compliances

Muskingum County Center For Seniors- (740)454-9761

*provides activities, financial assistance, meals, and transportation for qualifying people age 60+

North Terrace Free Store Pantry- (740)453-2921

*has a food pantry

Norval Park Church of Christ- (740)452-2678

*has a food pantry

Ohio Zanesville Career Closet- sjacobs@ohio.edu

*provides university students with business professional and business casual clothes for interviews, career fairs, formal events or any career-related function, both on and off campus

Repeat After Me- (740)453-0022

*children's clothing, baby equipment, & toys for low prices

Roseville Community Food Pantry- (740)849-3121

Salvation Army- (740)452-8350

**provides food assistance to people in need*

South East Area Transit- (833)297-3732 or (740)454-8574

**provides public transportation, both along a fixed (non-curb-to-curb) route and through curb-to-curb Demand Response services*

South Zanesville Food Pantry- https://food-distribution-center-south-zanesville-food-pantry.business.site/?utm_source=gmb&utm_medium=referral

South Zanesville United Methodist Church- (740)452-2457

**has a food pantry*

Trulight Ministries- (740)487-0221

**Free hot breakfasts Monday through Friday, and free lunch on Sundays. Monday through Friday, 10 am to 1 pm, they also offer showers, laundry, and lunch to the homeless. They provide free clothing, toiletries, and furniture to the needy. In addition, they have a transportation program and occasionally give out food boxes to the needy.*

WIC (Women, Infants & Children)- (740)454-5040

**provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five*

Zanesville Helping Hands- https://www.facebook.com/groups/240919019987152

**Facebook page where people can find free items they need*

Legal and Advocacy

211

**phone number to get connected with resources in your community*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Heroes Landing- (740)409-5543

**coordinates the investigation and recovery for child sexual abuse survivors, providing access to advocacy, justice, and care*

Muskingum County Fair Housing- (740)455-7193

**assures compliance with federal and state fair housing laws*

Muskingum County Veterans Services- (740)455-7149

**provides legal help for veterans*

Muskingum Ohio Legal Services- (740)345-0850

**They can meet with low income tenants and offer free legal advice, support, and representation. Their service is eviction defense, in which a lawyer represents tenants in housing court.*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Region 9 Long-Term Care Ombudsman Program- (330)364-3465 or (800)967-0615

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (740)344-9291 or (800)688-3266 or (740)899-0259

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)345-0850 or (888)831-9412

**gives free legal help to low-income people on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Victim Services of East Central Ohio- (740)344-9291

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Disability Services

211

**phone number to get connected with resources in your community*

Are You Okay?- 740-452-3637

**The Muskingum County Sheriff's Office offers a free program for the safety/wellness of seniors, shut-ins, and disabled persons who reside in Muskingum County*

Area Agency on Aging Region 9, Inc.- (800)945-4250

**helps connect older adults and people with disabilities to needed resources*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for veterans, low-income children, and adults with disabilities*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bureau of Vocational Rehabilitation- (740)453-0673 or (800)645-1094

**helps disabled people get education, employment, and transportation*

Carr Center- (740)453-5417

**provides a wide variety of services to children and adults with disabilities, including therapy, adult day services, and medical transportation*

Children With Medical Handicaps- (740)454-5040

**identifies and helps children with handicaps*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports local veterans and their families*

Disabled Veterans Outdoors- (740)877-7072

**organization which provides outdoor activities for disabled veterans free of charge*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

Help Me Grow- (740)450-3275

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Hope to the Rescue Corporation- (740)252-9518

**provides items and services to help people with special needs*

Mobility Management- (740)487-4930 (office) or (740)454-8573 option 1

**Provides information on the many transportation options available in the county, including public transportation, taxi services, transportation for senior citizens, walking trails, bike paths, and ADA compliances*

Muskingum County Board of Developmental Disabilities- (740)453-4829

**wide variety of services (educational, residential, vocational, and more) for the disabled, from infants to adults*

Muskingum County Veterans Services- (740)455-7149

**provides help for disabled veterans*

Muskingum Residentials Inc.- (740)453-5350

**provides services to the disabled, both in a group home and in their own homes*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio Region 9 Long-Term Care Ombudsman Program- (330)364-3465 or (800)967-0615

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

REA Enterprises- (740)487-1804

**wide variety of services for the disabled, such as transportation, grocery shopping, training on home making skills, and an adult day program*

RHDD- (740)452-5133

**supports individuals with a disability to live and work in their community*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Special Olympics Ohio- (740)453-4829

**provides disabled people with year-round sports training and competition in 18 different sports*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Senior Services

211

**phone number to get connected with resources in your community*

All Nation Home Healthcare- (740)868-4007

Alliance Home Health Services- (740)588-9144

American Nursing Services – (740)452-0569 or (800)446-0211

**provides both personal care and in-home health care services*

Are You Okay?- 740-452-3637

**The Muskingum County Sheriff's Office offers a FREE program for the safety/wellness of seniors, shut-ins, and disabled persons who reside in Muskingum County*

Area Agency on Aging Region 9, Inc.- (800)945-4250

**helps connect older adults and people with disabilities to needed resources*

Cambridge Home Health Care- (740)450-1290

**provides both personal care and in-home health care services*

Caregivers of the Elderly Support Group- (800)272-3900

**support for caregivers of the elderly; requires registration which can be done over the phone*

Catholic Social Services- (740)452-5057

**provides a variety of resources to help seniors*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

FosterBridge- (740)487-1043

**in-home homemaker, personal care, and nursing assessment services*

Genesis HomeCare- (740)452-5458 or (800)322-1317

**provides both personal care and in-home health care services*

Home Instead- (740)520-2075

**provides both personal care and in-home health care services*

Interim Healthcare – (614)436-9404

**provides both personal care and in-home health care services*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Love ' n Comfort Home Health Care- (614)845-0852

**provides both personal care and in-home health care services*

Mobility Management- (740)487-4930 (office) or (740)454-8573 option 1

**Provides information on the many transportation options available in the county, including public transportation, taxi services, transportation for senior citizens, walking trails, bike paths, and ADA compliances*

Muskingum County Center For Seniors- (740)454-9761

**provides activities, financial assistance, meals, and transportation for qualifying people age 60+*

Nina's Health Care- (740)868-8222

**provides both personal care and in-home health care services*

Ohio Region 9 Long-Term Care Ombudsman Program- (330)364-3465 or (800)967-0615

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)945-4250

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Medical and Health Support

211

**phone number to get connected with resources in your community*

All Nation Home Healthcare- (740)868-4007

Alliance Home Health Services- (740)588-9144

American HomePatient- (740)455-3001

**provides home health care and delivers medical supplies to homes*

American Nursing Services – (740)452-0569 or (800)446-0211

**provides both personal care and in-home health care services*

Bridges to Wellness- (234)801-8010

**a program that connects individuals and families to local resources to help them become stronger and healthier*

Cambridge Home Health Care- (740)450-1290

**provides both personal care and in-home health care services*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of follow-up care for any condition diagnosed during the initial exam*

Family Health Services of East Central Ohio- (740)453-2872

**provides reproductive health and wellness along with STD testing. No one is denied service due to an inability to pay and services are given on a sliding fee scale.*

FosterBridge- (740)487-1043

**in-home homemaker, personal care and nursing assessment services*

Genesis HomeCare- (740)452-5458 or (800)322-1317

**provides both personal care and in-home health care services*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Home Instead- (740)520-2075

**provides both personal care and in-home health care services*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Interim Healthcare – (614)436-9404

**provides both personal care and in-home health care services*

Jobs and Family Services- (740)454-0161

**Medicaid enrollment, transportation and medical assistance*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Living With Cancer Support Group- (740)732-4958

**Support groups are free for residents of Noble County and surrounding communities and are open to anyone impacted by cancer. In-person and virtual options available. Registration required.*

Love ' n Comfort Home Health Care- (614)845-0852

**provides both personal care and in-home health care services*

Muskingum County Library System- (740)453-0391

**provides free classes on various aspects of health and wellness*

Muskingum County Veterans Services- (740)455-7149

**helps veterans get medical care*

MVHC- (740)891-9000 or (888)454-5157 or (740)868-8171 (for pharmacy)

**health care with costs based on household income*

Nina's Health Care- (740)868-8003

**provides both personal care and in-home health care services*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)945-4250

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Rambo Memorial Health Center- (740)452-5401

**Vaccines and health screenings, with costs based on household income. Smoking cessation help. Respiratory care is free for residents of Muskingum County with a respiratory diagnosis who are uninsured, underinsured, and/or have no local physician.*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services*

Zanesville Civic League Community Center- (740)452-7401

**has basketball, gym access, and other activities for $1 a day*

Zanesville-Muskingum County Health Department- (740)454-9741

**lead poisoning prevention, Whole Women Project to provide resources and support for Muskingum County women, breastfeeding support, vision care, home visits for pregnant women, support from social workers, grief support group, and more*

Mental Health, Drug, and Alcohol

211

**phone number to get connected with resources in your community*

A.C.T.S. Program at Anchor Church- (740)453-8620

**12-week course dealing with substance abuse and anger issues*

Allwell Behavioral Health Services – Muskingum Counseling Center- (740)454-9766

**treatment for addictions and mental health problems, with charges based on household income*

Amy Untied- (740)565-0616

**mental health counseling*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for veterans, low-income children, and adults with disabilities*

Brighten Up Counseling- (740)297-4949

**mental health counseling*

Brightview Zanesville Addiction Treatment Center- (888)502-4571

**treatment for drug and alcohol addiction*

Cairn Recovery Resources- (740)487-3000 (daytime) or (740)562-6002 (after hours)

**treatment for substance abuse problems*

Cedar Ridge Behavioral Health Solutions- (855)692-7247

**treatment for addictions and mental health problems*

Crisis Hotline- (800)344-5818 or text 4HOPE to 741741

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Genesis Behavioral Health- (740)454-5927

**treatment for addictions and mental health problems, with charges based on patient's income*

Heroes Landing- (740)409-5543

**coordinates the investigation and recovery for child sexual abuse survivors, providing access to advocacy, justice, and care*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Life Support Therapy Services- (740)487-1768

**mental health treatment*

Mental Health & Recovery Services Board (MHRS)- (740)454-8557; Hotline: (800)344-5818

**provides services and referrals for mental health and substance abuse*

Mid-Ohio Behavioral Health- (740)569-5737

**mental health care, substance abuse treatment, and family therapy; charges are based on household income*

Muskingum Behavioral Health- (740)454-1266

**treatment for drug/alcohol/gambling addictions and mental health problems*

Muskingum County Library System- (740)453-0391

**provides classes on various aspects of health and wellness*

Muskingum County Suicide Prevention Coalition- (740)454-8557

**consists of community members and professionals working toward prevention of self-injuries and deaths by suicide through education, intervention and prevention strategies*

Muskingum County Veterans Services- (740)455-7149

**helps veterans get help for mental health and substance abuse problems*

MVHC- (740)891-9009

**treatment for addictions and mental health problems, with discounts based on income*

NAMI- (740)454-8557

**organization helping people with mental illness and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

New Source Counseling Centers- (800)323-7174

**mental health counseling*

Ohio Psychiatric Associates- (740)452-4539

**mental health care and family therapy for all age groups*

Restorative Pathways- (740)214-6443

**Therapy for families and individuals, case management, and patient advocacy. When possible, they seek to place LGBTQIA+ clients with therapists whose experiences and backgrounds as queer individuals will help them provide understanding and excellent care. No one will be denied access to services due to inability to pay.*

PATH Behavioral Healthcare- (740)675-1968

**treatment for mental health and substance abuse problems, with charges based on household income*

Pickaway Area Recovery Services- (740)477-1745

**addition and mental health treatment*

Pinnacle Treatment Centers- (740)297-4417

**treatment for opioid addiction, with financial plans that match your means and needs*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Spero Health- (740)297-8859

**treatment for substance abuse problems*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**large multidisciplinary mental health practice organized to provide comprehensive mental health services*

Wild Ohio Therapy Farm- (740)319-1666

**mental health and substance abuse treatment, including therapies based on nature, animals, and art*

Utility and Financial Assistance, Employment/Education Services

211

**phone number to get connected with resources in your community*

Action Total Staffing- (740)450-8411

*employment agency

Allwell CORE Enterprise- (740)452-7477

*provides vocational, employment and work programs

Bethel Community Center- bethelmission126@gmail.com

*money management programs, adult GED programs

Bridges to Success- (614)869-3889

*Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.

Catholic Social Services- (740)452-5057

*provides a variety of resources to help people, especially families and seniors

Columbus Foundation- (614)251-4000

*provides a variety of scholarships

Competitive Staffing Solutions- (220)208-1313

*employment agency

David V. Stivison Appalachian Scholarship- (740)594-8499

*$500 scholarship for eligible college students

Eastside Community Ministry- (740)452-7519

*Offers education, life skills training, and relationship building opportunities. Limited financial aid is available to help with utility bills, rent, etc.

Electric Partnership Program(EPP)- (740)454-1310

*provides energy education and electric insulation retrofits to lower electric bills for eligible people

Employers Overload- (740)322-6634

*temporary employment agency

Foundation for Appalachian Ohio- (740)753-1111

*provides a wide variety of scholarships for high school students to apply to

Genesis HealthCare Foundation – (800)322-4762

*awards scholarships to deserving youth in Muskingum, Perry, Guernsey, Coshocton, Noble and Morgan counties pursuing a degree in healthcare

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

Home Energy Assistance Program (HEAP)- (740)302-8404

**Assists income eligible households whose heating services are disconnected, in threat of disconnection, or have less than a ten-day supply of bulk fuel. Also helps with summer electric bills (and providing air conditioners) for certain eligible people.*

Home Weatherization Assistance Program (HWAP)- (740)454-1310

**performs weatherization measures for low-income individuals, allowing families to save money by making their homes more energy efficient*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)454-0161

**provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, and other immediate needs*

Mancan Staffing- (740)452-4222

**employment agency*

M.E.O.A.G. Inc. Scholarship Fund- (740)453-5703

**enables residents of Muskingum County to attend an accredited institution of higher education through the awarding of scholarship assistance up to one thousand dollars*

Mid-East Career and Technology Centers -Career and Academic Readiness Education (CARE)- (740)454-7242

**provides free classes to anyone who would like to earn their high school equivalency diploma such as the GED or HiSET diploma, or to refresh academic skills*

Muskingum County Center for Seniors- (740)454-9761

**provides activities, financial assistance, meals, and transportation for eligible people age 60+*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Muskingum County Literacy Council (MCLC)- muskingumclc@gmail.com

** identifies, coordinates, and promotes literacy solutions for youth, adults, and families*

Muskingum County Ohio Means Jobs- (740)454-6211

**education, job training, and job application assistance*

Muskingum County Veterans Services- (740)455-7149

**provides employment, educational, and emergency financial assistance to veterans*

Muskingum Economic Opportunity Action Group, Inc.- (740)302-8404

**helps with energy and water/sewage bills*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Percentage of Income Payment Program (PIPP)- (740)453-5278

**allows eligible customers to make lower utility payments according to their current income*

Salvation Army- (740)452-8350

**provides assistance with heating and electric bills*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Surge Staffing- (740)586-0323

**employment agency*

United Way of MPM Tax Site- (844)253-1161

**free tax preparation (all slots filled for 2024 tax season)*

We Staff Better- (740)487-0077

**employment agency*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Y.E.S. Youth Employment Services- (740)452-5463

**help for eligible Muskingum County residents, ages 16-24, with earning a GED or high school diploma, further education and/or finding employment*

Zane State College – Student Emergency Grant Program- (740)588-1293

**emergency resources to qualified students to help with expenses and try to help keep student loan debt to a minimum*

Zanesville Jaycees- (740)453-7889

**gives young people between the ages of 18 and 40 the tools they need to build the bridges of success for themselves in the areas of college scholarships for graduating seniors, business development, management skills, individual training, community service, and international connections*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Shelter and Housing Assistance

211

**phone number to get connected with resources in your community*

Catholic Social Services- (740)452-5057

**provides a variety of resources to help people, especially families and seniors*

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Eagle View Apartments- (740)450-4512

**low cost housing*

Eastside Community Ministry- (740)452-7519

**limited financial aid is available to help with utility bills, rent, etc.*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

Fairway Vista- (740)452-7119

**low cost housing*

Falls Manor- (740)450-7011

**lost cost housing*

First UMC Shelter- (740)221-3653

**homeless shelter open from 4pm to 9am every night*

Frank Cook- (740)454-7720

**low cost housing*

Habitat for Humanity- (740)592-0032

**income-based home construction program*

Homeless Crisis Response Program- (740)454-1310

**helps eligible clients maintain the housing that they are currently residing in or to move into more stable housing*

Homeless Hands of Zanesville- (740)617-7164

**Provides many types of help for the homeless. Only helps homeless people already living on the streets.*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Jobs and Family Services- (740)454-0161

**provides emergency assistance with eviction prevention*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Muskingum County CHIP Office- (740)455-7193

**home repairs/rehabilitation for low and moderate income families*

Muskingum County Fair Housing- (740)455-7193

**assures compliance with federal and state fair housing laws*

Muskingum County Veterans Services- (740)455-7149

**provides housing assistance to veterans, including mortgage and foreclosure assistance*

Muskingum Economic Opportunity Action Agency- (740)453-5703

**provides affordable housing*

Muskingum Ohio Legal Services- (740)345-0850

**They can meet with low income tenants and offer free legal advice, support, and representation. Their service is eviction defense, in which a lawyer represents tenants in housing court.*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Salvation Army- (740)452-8350

**rental assistance, homeless shelter, case management advice, transitional housing, and more*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Transitions Inc.- (740)454-3213

**domestic violence shelter*

Troon Crossing- (740)452-9439

**low cost housing*

Trulight Ministries- (740)487-0221

**Monday through Friday, 10 am to 1 pm, they offer showers, laundry, and lunch to the homeless. They also have an emergency winter shelter for the homeless.*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Zanesville Homes- (740)454-7720

**low cost housing*

Zanesville Metropolitan Housing Authority- (740)454-9714 or (740)487-3525 (for emergencies after 4 PM)

**housing choice voucher program provides housing assistance for low-income families, the elderly, and the disabled*

Women, Children, and Families

211

**phone number to get connected with resources in your community*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Bethel Community Center- bethelmission126@gmail.com

**after school programs, homework assistance, kindergarten readiness, mentoring, summer lunch program, summer youth program, neighborhood events and programs*

Big Brothers Big Sisters- (740)453-7300

**caring mentoring relationships between adults and children ages 6-18*

Boy Scouts of America- (740)453-0571

**provides financial assistance for low-income youth to participate in scouting*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with scholarships available for veterans, low-income children, and adults with disabilities*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bridges to Wellness- (234)801-8010

**Community health workers will work with families to ensure access to services needed such as finding diapers and other baby supplies, finding insurance, choosing a doctor, finding housing, answering pregnancy and parenting questions, and more*

Carr Center- (740)453-5417

**provides a wide variety of services to children and adults with disabilities, including medical transportation; toddler enrichment program; service coordination; reading tutoring; pediatric speech screenings; and therapy*

Catholic Social Services- (740)452-5057

**provides a variety of resources to help people, especially families and seniors*

Child Support Enforcement- (740)455-7146

**establishes/enforces child and spousal support orders*

Children With Medical Handicaps- (740)454-9741

**identifies and helps children with handicaps*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Dolly Parton's Imagination Library- (740)404-0005

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Eastside Community Ministry Youth Program- (740)452-7519

**Eligible youth from kindergarten through high school are encouraged to complete homework and learn good study habits. They also learn about money and household management, cooking, laundering, and other practical life-long skills.*

Family & Children First Council- (740)453-4829 or (740)452-6339 extension 107

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Family Health Services of East Central Ohio- (740)453-2872

**Provides reproductive health and wellness along with STD testing. No one is denied service due to an inability to pay and services are given on a sliding fee scale.*

ForeverDads Center for Fathers & Families- (740)453-1DAD [1323]

**Encourages, educates, and equips men as fathers to develop positive relationships with their children, family, and community. There are parenting programs for moms as well.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Genesis HealthCare Foundation – (800)322-4762

**awards scholarships to deserving youth in Muskingum, Perry, Guernsey, Coshocton, Noble and Morgan counties pursuing a degree in healthcare*

Grace in Action Baby Pantry- (740)297-7990

**provides formula, clothing, diapers, and other supplies for babies*

Head Start- (740)454-6251

**promotes the school readiness of infants, toddlers and preschool-aged children from low income families*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)450-3275

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Heroes Landing- (740)409-5543

**coordinates the investigation and recovery for child sexual abuse survivors, providing access to advocacy, justice, and care*

HOPE on Chapel Hill Children's Pantry- (740)453-4500

**monthly free formula, diapers, and other baby/toddler supplies for people in need, with delivery available in the area*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)454-0161

**cash and childcare assistance for needy families*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, teambuilding and leadership activities for teens, and more*

Muskingum County Library System- (740)453-0391

**kindergarten readiness support, homework help, homeschooling support, and more*

Muskingum County Literacy Council (MCLC)- muskingumclc@gmail.com

**identifies, coordinates, and promotes literacy solutions for youth, adults, and families*

Muskingum Valley Educational Service Center (MVESC)- (740)452-4518

**equips parents with programs and resources to empower their students to succeed*

NAMI- (740)454-8557

**organization helping people with mental illness and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (800)755-4769

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Repeat After Me- (740)453-0022

**children's clothing, baby equipment, & toys for low prices*

Safe at Home- (740)344-9291 or (800)688-3266 or (740)899-0259

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Salvation Army- (740)452-8350

**character-building programs, summer camp opportunities, sports activities, music education, mentorship, and more*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Tools for School Program-(740)452-7519

**back-to-school supplies for eligible students in grades 1-12*

Transitions Inc.- (740)454-3213 (24 hour hotline)

**domestic violence shelter*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

WIC (Women, Infants & Children)- (740)454-5040

**provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five*

Zanesville Civic League Community Center- (740)452-7401

**provides a safe environment for tutoring, an educational after school program, summer camp, and other programs and events for students and families*

Zanesville Muskingum County Health Department- (740)454-9741

**Lead poisoning prevention, Whole Women Project to provide resources and support for Muskingum County women, breastfeeding support, vision care, home visits for pregnant women, support from social workers, grief support group, and more. The*

Healthy Families program provides family-focused and empathic support provided to parents in their homes to help them build healthy parent-child relationships.

Veterans Assistance

211

**phone number to get connected with resources in your community*

Breaking Free Therapeutic Riding Center- (740)995-9395

**horse therapy to improve mental/physical health and cognitive abilities, with programs for veterans and scholarships available for low-income people with disabilities and veterans*

Disabled American Veterans- (216)522-3507

**supports local veterans and their families*

Muskingum County Veterans Services- (740)455-7149

**provides a wide variety of services for veterans*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Salvation Army- (740)452-8350

**provides various forms of assistance for veterans*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

** helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Noble

Food, Clothing, Household Items, and Transportation

211

**phone number to get connected with resources in your community*

GMN Tri-County CAC, Inc.- (740)732-2388

**provides a wide variety of services for seniors, including transportation, meals, and homemaker services*

GoBus- (888)954-6287

**rural intercity bus service including Athens, Caldwell, Columbus, Cincinnati, Cleveland, Logan, Marietta, Van Wert, Wooster, Parkersburg, and more*

H.A.R.P Inc.- (740)365-0052

**Helps victims of natural disasters, poverty, and domestic violence/child abuse. They also have a shop selling low cost furniture and other household items.*

Harvest House- (740)584-1941

**assists with clothing and household items*

Jobs and Family Services- (740)732-2392

**SNAP enrollment and food assistance; free clothing needed for school or work; employment related vehicle repair; transportation for medical appointments*

LSS Food Pantries and Mobile Food Pantry- (877)704-3663

**orders must be made at least one week prior to visitation date*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Salvation Army Service Unit- (740)732-2388

**provides vouchers for gas to go to medical appointments and for groceries*

Samaritan House of Noble County- (740)732-2840

**Has a food pantry. They also have a thrift store selling clothing and other items at low prices.*

South East Area Transit- (833)297-3732 or (740)454-8574

**provides public transportation through curb-to-curb Demand Response services*

WIC- (740)732-4958

**provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five*

Legal and Advocacy

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Haven of Hope- (740)439-SAFE(7233) or (800)304-HOPE(4673)

**provides legal advocacy and other support for victims of crimes*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

Noble County Fair Housing- (740)732-2969

**assures compliance with federal and state fair housing laws*

Noble County Veterans Services- (740)732-5567

**provides legal assistance for veterans*

Noble Family Violence Council, Inc.- (740)732-2960

**non-profit domestic violence service provider, including legal service*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (614)466-2655 or (877)SOS-Ohio (877-767-6446)

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)594-3558 or (800)686-3669

**gives free legal help to low-income people on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Disability Services

211

**phone number to get connected with resources in your community*

Board of Developmental Disabilities-(740)732-7144

**provides a wide variety of services to help children and adults with disabilities*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Bureau of Vocational Rehabilitation- (740)453-0673 or (800)645-1094

**helps disabled people get education, employment, and transportation*

Children With Medical Handicaps- (740)732-4958 or (888)70-NOBLE

**identifies and helps children with handicaps*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

GMN Tri-County CAC- (740)732-2388

**purpose of the Neighborhood Service Center is to provide any service that is beneficial for a better way of life for low-income, aged, or disabled persons, and also acts as a referral service to other agencies*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

H.A.R.P Inc.- (740)365-0052

**provides services to help the disabled*

Head Start- (740)732-2388

**They promote the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Help Me Grow- (740)732-4958 or (888)70-NOBLE

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Noble County Veterans Services- (740)732-5567

**provides help for disabled veterans*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

ResCare Community Living- (740)695-4931

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

RHDD- (740)376-9264

**supports individuals with a disability to live and work in their community*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Medical and Healthcare

211

**phone number to get connected with resources in your community*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Altercare Summit Acres- (740)732-2364

**home health care*

Barnesville Family Medicine- (740)425-5150 or (740)425-5242

**medical care with financial assistance for eligible people*

Bridges to Wellness- (234)801-8010

**a program that connects individuals and families to local resources to help them become stronger and healthier*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of follow-up care for any condition diagnosed during the initial exam*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Jobs and Family Services- (740)732-2392

**Medicaid enrollment, transportation and medical assistance*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Living With Cancer Support Group- (740)732-4958

**Support groups are free for residents of Noble County and surrounding communities and are open to anyone impacted by cancer. In-person and virtual options available. Registration required.*

MVHC Guernsey County- (740)421-9530

**adult primary care and mental health with charges based on household income; health insurance enrollment assistance*

Noble County Health Department- (740)732-4958 or (888)70-NOBLE

**breastfeeding support, flu shots, physicals, speech therapy, vision and hearing screenings, breast and cervical cancer screenings, family planning, STD testing and treatment, and more*

Noble County Veterans Services- (740)732-5567

**helps veterans get healthcare*

Ohio Hills Health Centers- (740)239-6447 or (740)425-5165

**medical care and mental health care, with charges based on household income*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Reproductive Health and Wellness Program (RHWP)- (740)732-4958

**addresses issues of reproductive health and wellness (including contraceptives) with a focus on populations in greatest need*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Valley Home Care Solutions- (740)732-5800

**home health care services*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services*

Mental Health, Drug, and Alcohol

211

**phone number to get connected with resources in your community*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Allwell Behavioral Health Services- (740)732-5233 or (800)344-5818 (crisis hotline*)*

**mental health and addiction treatment, with discounts based on household income*

Crisis Hotline (800)344-5818

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Guernsey Health Choices- (740)439-4532

**non-profit that helps people recover from mental health and substance abuse problems and provides support groups*

Integrated Services for Behavioral Health- (740)300-0339

**treatment for addictions and mental health problems, with discounts based on household income*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Mental Health & Recovery Services Board (MHRS)- (740)454-8557; Hotline: (800)344-5818

**provides services and referrals for mental health and substance abuse*

MVHC Guernsey County- (740)421-9530

**adult primary care and mental health with charges based on household income, health insurance enrollment assistance*

NAMI- (740)454-8557

**organization helping people with mental illness and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Noble County Veterans Services- (740)732-5567

**helps veterans get treatment for mental health and substance abuse problems*

Ohio Hills Health Centers- (740)239-6447

**medical care and mental health care, with charges based on household income*

People to People- (740)432-1800

**Mental Health, Parenting Support, & Addiction/Recovery Services; no one is denied services due to inability to pay*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Southeastern Ohio Counseling Center- (740)489-5571

**assessment/referral services; mental health counseling; addiction services; charges are based on household income*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Spero Health- (740)781-0320

**treatment for substance abuse problems*

Utility and Bill Assistance, Employment/Education Services

211

**phone number to get connected with resources in your community*

Action Total Staffing- (740)432-1904

**employment agency*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Catholic Charities of Southeastern Ohio- (740)314-8660

**provides assistance with gas, water, or electric costs once in a 12 month period; also can assist with funeral costs up to $150 for relatives who passed away at age 60+*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

Comprehensive Case Management Employment Program (C.C.M.E.P.)- (740)732-2388

**provides support services to low-income youth, ages 14-24, who face barriers to employment*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Emergency HEAP- (740)955-8001

**Assists income eligible households whose heating services are disconnected, in threat of disconnection, or have less than a ten-day supply of bulk fuel. Also helps with summer electric bills for certain eligible people.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Genesis HealthCare Foundation – (800)322-4762

**awards scholarships to deserving youth in Muskingum, Perry, Guernsey, Coshocton, Noble and Morgan counties pursuing a degree in healthcare*

GMN Tri-County CAC – (740)732-2388

**performs weatherization measures for low-income individuals, allowing families to save money by making their homes more energy efficient; assistance with water/sewage bills*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

H.A.R.P Inc.- (740)365-0052

**helps reestablish victims of natural disasters, poverty, and domestic violence/child abuse*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)732-2392

**provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, GED assistance, and other needs*

Marietta Community Foundation- (740)373-3286

**offers scholarships to help students realize their educational dreams*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Noble County Veterans Services- (740)732-5567

**provides employment, educational, and emergency financial assistance to veterans*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Means Jobs- (740)732-2392

**provides free employment and educational assistance*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Percentage of Income Payment Plan (PIPP)- (740)732-2388

**lowers energy bills for eligible Ohioans*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Universal Service Fund Electric Partnership Program (EPP)- (740)472-0828

**provides energy education and electric insulation retrofits to lower electric bills for eligible people*

Washington Electric Cooperative- (740)373-2141 or (877)594-9324

**offers scholarships to eligible graduating seniors for colleges and vocational schools*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Shelter and Housing Assistance

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs*

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

GMN Tri-County CAC, Inc.- (740)732-2388

**assists households who have faced a crisis situation that have rendered them homeless or at imminent risk of homelessness*

Habitat for Humanity- (740)592-0032

**income-based home construction program*

H.A.R.P Inc.- (740)365-0052

**helps reestablish victims of natural disasters, poverty, and domestic violence/child abuse*

Haven of Hope- (740)439-SAFE(7233) or (800)304-HOPE(4673)

**domestic violence shelter*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services for Behavioral Health (740)300-0339

**has housing or rental assistance for those in need*

Jobs and Family Services- (740)732-2392

**provides emergency assistance with eviction prevention*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Noble County Fair Housing- (740)732-2969

**assures compliance with federal and state fair housing laws*

Noble County Veterans Services- (740)732-5567

**provides housing assistance to veterans, including mortgage and foreclosure assistance*

Noble Metropolitan Housing Authority- (740)439-6651

**assists low and moderate income persons with safe, decent, and affordable housing through the Authority's Public Housing or Housing Choice Voucher programs*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Women, Children, and Families

211

**phone number to get connected with resources in your community*

Alliance for Healthy Youth- (330)864-1359

**provides several program options for the youth population ranging from education and development support to peer support prevention program to help aid in emotional or physical stress*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Big Brothers Big Sisters- (740)453-7300

**caring mentoring relationships between adults and children ages 6-18*

Boy Scouts of America- (740)453-0571

**provides financial assistance for low-income youth to participate in scouting*

Boys and Girls Club of Washington County- (740) 373-4123

**After school program, youth activities, meals, and summer camp. Mission is to enable all young people, especially those who need help most, to reach their full potential as productive, caring, responsible citizens. Has a chapter in Noble County.*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bridges to Wellness- (234)801-8010

**Community health workers will work with families to ensure access to services needed such as finding diapers and other baby supplies, finding insurance, choosing a doctor, finding housing, answering pregnancy and parenting questions, and more*

Child Support Enforcement- (740)732-2392

**establishes/enforces child and spousal support orders*

Children With Medical Handicaps- (740)732-4958 or (888)70-NOBLE

**identifies and helps children with handicaps*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Dolly Parton's Imagination Library (through United Way)- (740)439-2667

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Family & Children First Council- (740)732-4958 or (740)732-5233

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Genesis HealthCare Foundation – (800)322-4762

**awards scholarships to deserving youth in Muskingum, Perry, Guernsey, Coshocton, Noble and Morgan counties pursuing a degree in healthcare*

H.A.R.P Inc.- (740)365-0052

**helps reestablish victims of natural disasters, poverty, and domestic violence/child abuse*

Haven of Hope- (740)439-SAFE(7233) or (800)304-HOPE(4673)

**domestic violence shelter, legal support, and other help for victims of crimes*

Head Start- (740)732-2388

**They promote the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)732-4958 or (888)70-NOBLE

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Helping Children Cope With Divorce- (740)732-5681

**$15 two-hour education program that offers information on the divorce process and post-divorce parenting*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)732-2392 OR (800)905-2732

**cash and childcare assistance for needy families*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

NAMI- (740)454-8557

**organization helping people with mental illness and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Noble Children Services-(740)-732-2392

Noble County Health Department- (740)732-4958 or (888)70-NOBLE

**breastfeeding support, flu shots, physicals, speech therapy, vision and hearing screenings, breast and cervical cancer screenings, family planning, STD testing and treatment, and more*

Noble Family Violence Council, Inc.- (740)732-2960

**non-profit domestic violence service provider*

Noble Learning Center (740)732-4722

**child care services for infants, pre-k, and school age children*

Ohio Buckles Buckeyes (OBB) Program- (740)732-4958

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

People to People- (740)432-1800

**Mental Health, Parenting Support, & Addiction/Recovery Services; no one is denied services due to inability to pay*

Reproductive Health and Wellness Program (RHWP)- (740)732-4958

**addresses issues of reproductive health and wellness (including contraceptives) with a focus on populations in greatest need*

Safe at Home- (614)466-2655 or (877)SOS-Ohio (877-767-6446)

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

South Central Power Company- (800)282-5064

offers scholarships for eligible high school seniors to attend colleges or vocational schools

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings

Weinstein & Associates- (800)342-6111 or (216)831-1040

perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations

WIC- (740)732-4958

provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five

Veterans Assistance

211

phone number to get connected with resources in your community

Disabled American Veterans- (216)522-3507

supports veterans and their families

H.A.R.P Inc.- (740)365-0052

provides services to help veterans

National Call Center for Homeless Veterans- (877)424-3838

federal government homeless veteran helpline

Noble County Veterans Services- (740)732-5567

provides a variety of services for veterans

Supportive Services for Veteran Families (SSVF)- (614)629-9960

* helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Senior Services

211

**phone number to get connected with resources in your community*

Altercare Summit Acres- (740)732-2364

**home health care*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

GMN Tri-County CAC, Inc.- (740)732-2388

**provides a wide variety of services for seniors, including transportation, meals, and homemaker services*

H.A.R.P Inc.- (740)365-0052

**provides services to help seniors*

Joyce M. Davis Senior Center- (740)732-5129

**provides a variety of services for seniors*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Senior Companion Program and Foster Grandparent Program- (330)987-7232

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Valley Home Care Solutions- (740)732-5800

**home health care services*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Perry

Food, Clothing, and Transportation

211

**phone number to get connected with resources in your community*

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

Catholic Social Services- (740)452-5057

**provides a variety of resources to help people*

God's Garage- (740)205-7536

**provides much-needed vehicle maintenance to individuals who couldn't otherwise afford it; services donated vehicles and provides them to families who need a vehicle to get to work*

Goodwill- (740)342-4496

**clothing, furniture, and household goods at low prices*

Grace in Action Baby Pantry- (740)297-7990

**provides formula, clothing, diapers, and other supplies for babies*

Hocking Athens Perry Community Action (HAPCAP)- (740)767-4500 or (800)686-1093

**provides payday loans for car repair or paying off a car title loan*

Hopewell/Madison Choice Pantry- (740)743-2172

**food pantry serving Hopewell and Madison Townships*

Jobs and Family Services- (740)342-3551

**SNAP enrollment and food assistance; free clothing needed for school or work; employment related vehicle repairs; transportation for medical appointments*

Junction City Community Building- (740)987-5841

**has a food pantry*

Love Thy Neighbor Food Pantry- (740)624-6444

Meals on Wheels- (740)385-6813

**delivers meals to homebound seniors, as well as food for their pets*

New Again Thrift Store- (740)974-0367

**clothing and other items at low prices*

New Lexington Food Pantry- (740)343-4169

**Serves Pike, Bearfield, Clayton & Pleasant Twp*

Nutrition Education (OSU Extension)- (740)743-1602

**free nutrition education and obesity prevention program serving low-income adults and youth*

Perry County District Library- (740)342-4194

**provides free food for children under 18, including shelf-stable breakfast and lunch packs to Perry County children who reside in areas not currently eligible for the USDA- funded programs for afterschool nutritional snacks*

Perry County Senior Citizens- (740)342-2149

**provides meals for senior citizens*

Perry County Transit- (740)342-2810

**offers curb-to-curb demand response shared ride (first come, first serve) transportation services*

Perry Emergency Assistance Program – (740)342-3551

**has a food pantry*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Roseville Community Food Pantry- (740)849-3121

SE Ohio Foodbank- (740)767-4500 or (800)686-1093

**has a wide variety of food assistance programs, including food assistance for pets and summer food programs for children*

Society of St. Vincent De Paul- (740)347-4100

**has a food pantry for anyone in Perry County, home delivered meals for seniors, and a thrift shop*

Somerset Community Church- (740)743-1029

**has a food pantry for residents of Reading and Clayton Townships*

Thornville United Methodist Church – (740)246-5438

**provides food assistance*

WIC- (740)342-4938

**provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five*

Legal and Advocacy

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Hocking Athens Perry Fair Housing Consortium - (740)767-4500 or (800)686-1093

**assures compliance with federal and state fair housing laws*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Perry County Fair Housing- (800)669-9777

**assures compliance with federal and state fair housing laws*

Perry County Free Legal Clinic (temporarily held through Perry County Juvenile/Probate Court)- (740)342-1118

**offers free legal advice to income eligible individuals who cannot afford private counsel*

Perry County Veterans Services- (740)342-2536

**provides legal help for veterans*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (740)344-9291 or (740)342-4582 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)345-0850 or (888)831-9412

**gives free legal help to low-income people on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Transitions Inc. (740)454-3213

**domestic violence shelter*

Victim Services of East Central Ohio- (740)344-9291

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Disability Services

211

**phone number to get connected with resources in your community*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Bureau of Vocational Rehabilitation- (740)592-4411 or (800)248-4378

**helps disabled people get education, employment, and transportation*

Capabilities- (740)249-4217

**provides a variety of services to help people with disabilities live independently and be more integrated in their communities*

Children With Medical Handicaps- (740)342-5179

**identifies and helps children with handicaps*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Disabled Veterans Outdoors- (740)877-7072

**organization which provides outdoor activities for disabled veterans free of charge*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

Help Me Grow- (740)342-7722

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Home Helpers- (800)990-9750

**home care for seniors, new or expectant mothers, people with disabilities, and anyone else experiencing difficulties*

Mount Aloysius Corp.- (740)342-3343

**residential center for people with disabilities*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Perry County Board of Developmental Disabilities (PCBDD)- (740)342-3542

**provides support to children and adults who have developmental disabilities*

Perry County District Library- (740)342-4194

**Allows people to check out adaptive toys for children with special needs. Also allows people to check out kits containing tools that can benefit individuals with loss of hand and grip strength and/or lack of fine motor skills, and kits containing tools that can benefit those experiencing anxiety, restlessness, sensory overload, stress, etc.*

Perry County Veterans Services- (740)342-2536

**provides help for disabled veterans*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Samaritan Center Adult Day Services- (740)687-1921

**low-cost adult day care with transportation available*

SE Ohio Foodbank- (740)767-4500 or (800)686-1093

**provides summer food assistance for any person 19-21 who is mentally or physically disabled*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Medical and Healthcare

211

**phone number to get connected with resources in your community*

Equitas Health (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of followup care for any condition diagnosed during the initial exam*

Family Health Services of East Central Ohio- (740)342-3517

**Provides reproductive health and wellness along with STD testing. No one is denied service due to an inability to pay and services are given on a sliding fee scale.*

Genesis Healthcare System- (740)454-4000 or (800)322-4762

**medical care, with charges based on household income*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hocking Athens Perry Community Action (HAPCAP)- (740)767-4500 or (800)686-1093

**provides payday loans for medical expenses not covered by insurance*

Hocking Valley Community Hospital Foundation- (740)380-8000

**provides health care to people unable to pay*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Hopewell Health Center- (740)342-4192

**primary health care with charges based on household income*

Immunization Clinic- (740)342-5179

Jobs and Family Services- (740)342-3551

**Medicaid enrollment, transportation and medical assistance*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Medicaid Connect- (740)385-6813

**provides health education, resource navigation, and uniquely tailored case management*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Perry County Family Practice- (740)342-5158

**offers free or reduced cost medical care based on household income*

Perry County Health Department- (740)342-5179

**tobacco cessation help, vaccinations, head lice checks, mammograms, community education on health, and more*

Perry County Veterans Services- (740)342-2536

**helps veterans get healthcare*

Rising Suns Non-Profit Pharmacy- (740)447-5025

**provides prescription medications for uninsured and low-income people*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services*

Mental Health, Drug, and Alcohol

211

**phone number to get connected with resources in your community*

Allwell Behavioral Health Services- (740)342-5154

**mental health and addiction treatment, with discounts based on income*

Crisis Hotline- (800)344-5818

Crisis Services Hotline (Hopewell Health Centers)- (888)475-8484 or (740)593-3344

**24 hour mental health crisis hotline for emergencies only*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Eagle Healthworks- (740)242-2300 or (888)426-9536

**outpatient addiction treatment*

Hopewell Health Center- (740)342-4192

**treatment for addictions and mental health problems*

Integrated Services for Behavioral Health (740)343-4545

**treatment for addictions and mental health problems, with discounts based on household income*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Mental Health & Recovery Services Board (MHRS)- (740)454-8557; Hotline: (800)344-5818

**provides services and referrals for mental health and substance abuse*

NAMI- (740)454-8557

**organization helping people with mental illness and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

PATH Behavioral Healthcare- (740)675-0159

**treatment for mental health and substance abuse problems, with charges based on household income*

Perry Behavioral Health Choices- (740)342-1991

**treatment for addictions and mental health problems*

Perry County Veterans Services- (740)342-2536

**helps veterans get treatment for mental health and substance abuse problems*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Stanton Villa- (740)342-0616

**residential addiction treatment center for women*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Utility and Financial Assistance, Employment/Education Services

211

**phone number to get connected with resources in your community*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a*

medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.

Catholic Social Services- (740)452-5057

**provides a variety of resources to help people*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Elks Lodge- (740)342-9445

**provides scholarships*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Genesis HealthCare Foundation – (800)322-4762

**awards scholarships to deserving youth in Muskingum, Perry, Guernsey, Coshocton, Noble and Morgan counties pursuing a degree in healthcare*

God's Garage- (740)205-7536

**provides much-needed vehicle maintenance to individuals who couldn't otherwise afford it; services donated vehicles and provides them to families who need a vehicle to get to work; teaches the trade of auto maintenance to individuals who may need a new skill set in order to secure a job*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

Hocking Athens Perry Community Action (HAPCAP)- (740)767-4500 or (800)686-1093

**has various programs to help with obtaining or paying for utilities (such as electricity, heating, cooling, air conditioner repair, water, cell phone); provides payday loans to pay for a one-time educational or certification expense*

Home Energy Assistance Program (HEAP)- (800)273-1513

**Assists income eligible households whose heating services are disconnected, in threat of disconnection, or have less than a ten-day supply of bulk fuel. Also helps with summer electric bills (and providing air conditioners) for certain eligible people.*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond

Jobs and Family Services- (740)342-3551

provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, and other immediate needs

Muskingum County Community Foundation- (740)453-5192

Scholarship search, ACT Test prep classes, and more

Next Steps- (800)686-1093

provides services to youth between the ages of 16-24 years old with focus on the elements of Adult Mentoring, Leadership Development, and Labor Market and Employment Information

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs

Ohio Means Jobs- (740)721-0674

provides free employment and educational assistance

Ohio Reach- https://ohioreach.org/

supports current and former foster youth reaching for higher education

Parent Café- (740)270-3241

empowers parents and caregivers by helping them connect with other parents, community resources, and their children

Percentage of Income Payment Plan- (740)868-1908

program that reduces gas and electric bills for low income households

Perry County Single Parent Support Fund- (740)753-1111

helps single parents achieve their basic, educational, and career needs

Perry County Veterans Services- (740)342-2536

provides employment, educational, and emergency financial assistance for veterans

Safelink Free Cell Phone Assistance- - (800)723-3546

cell phone assistance

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Society of St. Vincent De Paul- (740)347-4100

**provides financial assistance for people in need*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Stepping Stones- (740)342-4194 ext 112

**program for adults (18+) in Perry County who want to improve their literacy skills*

United Way of MPM Tax Site- (844)253-1161

**free tax preparation (all slots filled for 2024 tax season)*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Utility Payment Centers

Kroger- (740)342-3578

Shrivers- (740)982-3081

Shelter and Housing Assistance

211

**phone number to get connected with resources in your community*

Alexander Yard- (740)342-4840

**low income housing in New Lexington*

Buckeye Hills Regional Council- (800)331-2644

**provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs*

Catholic Social Services- (740)452-5057

**provides a variety of resources to help people*

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

Habitat for Humanity- (740)592-0032

**builds homes for people in need*

Hocking Athens Perry Community Action (HAPCAP)- (740)767-4500 or (800)686-1093

**emergency home repairs and weatherization (to reduce heating/cooling bills); provides payday loans to cover home repairs*

Hocking Athens Perry Fair Housing Consortium - (740)767-4500 or (800)686-1093

**assures compliance with federal and state fair housing laws*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services- (740)343-4545

**housing or rental assistance for those in need, including those already homeless*

Jobs and Family Services- (740)342-3551

**provides emergency assistance with eviction prevention*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Perry County Fair Housing- (800)669-9777

**assures compliance with federal and state fair housing laws*

Perry County Metro Housing- (740)982-5991

**assists low and moderate income persons to access safe, decent, and affordable housing*

Perry County Veterans Services- (740)342-2536

**provides housing assistance for veterans, including mortgage and foreclosure assistance*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment.*

Society of St. Vincent De Paul- (740)347-4100

**provides rental assistance for people in need*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Transitions Inc.- (740)454-3213 (24 hour hotline)

**domestic violence shelter*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Women, Children, and Families

211

**phone number to get connected with resources in your community*

21st Century Community Learning Center- (740)342-3528, then option 4

**after-school program for New Lexington students that offers students meals and academic/enrichment opportunities that complement their regular academic program*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Big Brothers Big Sisters of Licking & Perry Counties- (740)349-9646

**caring mentoring relationships between adults and children ages 6-18*

Boy Scouts of America- (740)453-0571

**provides financial assistance for low-income youth to participate in scouting*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

Catholic Social Services- (740)452-5057

**provides a variety of resources to help people, especially families*

Child Support Enforcement- (740)342-3551

**establishes/enforces child and spousal support orders*

Children With Medical Handicaps- (740)342-5179

**identifies and helps children with handicaps*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Dolly Parton's Imagination Library (through Easter Seals)- (614)228-5523

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Early Head Start- (740)767-4500 or (800)686-1093

**parent education and health (mental and physical) services, from pregnancy to the age of 3*

Family & Children First Council- (740)684-4085

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Family Health Services of East Central Ohio- (740)342-3517

**provides reproductive health and wellness along with STD testing. No one is denied service due to an inability to pay and services are given on a sliding fee scale.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply for*

Genesis HealthCare Foundation – (800)322-4762

**awards scholarships to deserving youth in Muskingum, Perry, Guernsey, Coshocton, Noble and Morgan counties pursuing a degree in healthcare*

Grace in Action Baby Pantry- (740)297-7990

**provides formula, clothing, diapers, and other supplies for babies*

HAPCAP- (740)767-4500 or (800)686-1093

**has a free daytime summer camp for low-income preschool aged children*

Head Start- (740)767-4500 or (800)686-1093

**high quality preschool services for low-income children 3-5 years of age with a focus on school readiness*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)342-7722

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Helping Children Cope With Divorce- (740)743-1602

**$25 two-hour education program that offers information on the divorce process and post-divorce parenting*

Home Helpers- (800)990-9750

**home care for seniors, new or expectant mothers, people with disabilities, and anyone else experiencing difficulties*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)342-3551

**cash and childcare assistance for needy families*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Muskingum Valley Educational Service Center (MVESC)- (740)342-3502

**equips parents with programs and resources to empower their students to succeed*

NAMI- (740)454-8557

**organization helping people with mental illness and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Nutrition Education (OSU Extension)- (740)743-1602

**free nutrition education and obesity prevention program serving low-income adults and youth*

Ohio Buckles Buckeyes (OBB) Program- (800)755-4769

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Perry County District Library- (740)342-4194

**Allows people to check out adaptive toys for children with special needs. Provides free food for children under 18, including shelf-stable breakfast and lunch packs to Perry County children who reside in areas not currently eligible for the USDA-funded programs for afterschool nutritional snacks.*

Perry County Health Department- (740)342-5179

**vaccinations, head lice checks, mammograms, community education on health, and more*

Perry County Single Parent Support Fund- (740)753-1111

**helps single parents achieve their basic, educational, and career needs*

Safe at Home- (740)344-9291 or (800)688-3266 or (740)342-4582 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

SE Ohio Foodbank- (740)767-4500 or (800)686-1093

**has food assistance programs for children and families*

Society of St. Vincent De Paul- (740)347-4100

**gives away diapers to people in need*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Transitions Inc.- (740)454-3213 (24 hour hotline)

**domestic violence shelter*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

WIC- (740)342-4938

**provides supplemental food and breastfeeding/nutritional counseling for low-income pregnant women, women who just had a baby, breastfeeding moms, infants, and children up to age five*

Zanesville Muskingum County Health Department- (740)454-9741

**The Healthy Families program provides family-focused and empathic support provided to parents in their homes to help them build healthy parent-child relationships*

Veterans Assistance

211

**phone number to get connected with resources in your community*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Disabled Veterans Outdoors- (740)877-7072

**organization which provides outdoor activities for disabled veterans free of charge*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Perry County Veterans Services- (740)342-2536

**provides a wide variety of services for veterans*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing'*

Senior Services

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Caregivers of the Elderly Support Group- (800)272-3900

**support for caregivers of the elderly; requires registration which can be done over the phone*

Catholic Social Services- (740)452-5057

**provides a variety of resources to help people, especially seniors*

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

Genesis Homecare- (740)452-5458 or (800)322-1317

**provides personal and health care at home*

Home Helpers- (800)990-9750

**home care for seniors, new or expectant mothers, people with disabilities, and anyone else experiencing difficulties*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Meals on Wheels- (740)385-6813

**delivers meals to homebound seniors, as well as food for their pets*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Perry County Senior Citizens- (740)342-2149

**provides a variety of services for seniors*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Samaritan Center Adult Day Services- (740)687-1921

**low-cost adult day care for the elderly, with transportation available*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Society of St. Vincent De Paul- (740)347-4100

**has home delivered meals for seniors*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Pike

Housing

Beloved Advocacy Center- (740)947-1611

**Advocates for survivors of domestic violence, sexual assault, dating violence, and human trafficking. Provides emotional support, safety planning, emergency shelter, wrap-around case management, survivor support and aftercare, and legal advocacy to obtain protection orders.*

Bridgehaven Homeless Shelter- (740)941-4348

**homeless shelter that offers comprehensive case management to each resident to assist with securing not only housing, but also education, employment, medical care, and life skills*

Bristol Court- (740)947-7040

**complex with both subsidized and market rates independent living apartments for the elderly, with various services provided (such as meals, physical therapy, and adult day care)*

Community Action Committee Energy Department- (740)443-6020

**Provides home weatherization assistance (which lowers heating/cooling bills) to eligible individuals. Also provides emergency home repairs.*

Community Action Committee of Pike County Social Services- (740)289-2371

**provides emergency assistance to Pike County residents who homeless or are facing impending homelessness due to eviction*

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services for Behavioral Health- (740)443-6260

**provides housing and rental assistance*

Jobs and Family Services- (740)947-2171

**provides emergency assistance with eviction prevention*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Pike County Emergency Rental Assistance- (800)775-9767

**Ohioans can get up to 12 months in back rent and 3 months of future rent through emergency rental assistance*

Pike County Fair Housing- (740)947-4104

**assures compliance with federal and state fair housing laws*

Pike County Veterans Services- (740)947-2766

**provides housing assistance for veterans, including mortgage and foreclosure assistance*

Pike Metropolitan Housing Authority- (740)289-4534

**housing assistance for low income families*

Pike Outreach- (740)941-4348

**provides short term shelter to the homeless*

Salvation Army- (740)353-2400

**provides a limited amount of emergency assistance for various needs*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Mental Health, Drug, and Alcohol

Addiction Outreach Treatment- (937)544-2222

**outpatient treatment for opioid addictions*

Anchor Addiction and Wellness Center- (866)900-1069

**treatment for opioid addiction*

Anew Behavioral Health- (866)534-ANEW

**treatment for mental health and substance abuse problems*

Counseling with Compassion- (740)954-0750

**mental health and family therapy*

CRISIS LINE/Crisis Center- (740)947-2147

**provides immediate and confidential counseling and outreach services 24 hours a day*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Equitas Health Portsmouth- (740)529-0018

**offers LGBTQ-culturally competent behavioral health providers who provide psychiatry, individual therapy, and support groups*

Integrated Services for Behavioral Health- (740)443-6260

**treatment for addictions and mental health problems, with charges based on patient's income*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Mares Cares Counseling- (740)804-6800

**Provides counseling and other support to individuals, couples, and families. Offers LGBTQ-culturally competent behavioral health treatment.*

NAMI Southern Ohio- (740)851-4242

**advocacy and support for people with mental illnesses and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Paint Valley ADAMH Board- (800)906-6757 or (740)947-2147 (crisis hotline)

**ensures that individuals and families affected by mental illness and/or addiction have access to high-quality care*

PATH Behavioral Healthcare- (740)835-4054

**treatment for mental health and substance abuse problems, with charges based on household income*

Pike County Veterans Services- (740)947-2766

**helps veterans get treatment for mental health and substance abuse problems*

Pike County YMCA- (740)947-8862

**the Hurt to Hope program provides many kinds of resources and support, including mental health support, for eligible children/youths of all ages*

Pike County Youth Diversion- (740)947-5914

**provides interventions services for youths who are seen as pre-delinquent or unruly*

PRISM Behavioral Health- (740)771-9051

**assists individuals and families struggling with substance abuse and addiction; charges are based on household income*

Recovery Council- (740)947-7581

**treatment for drug/alcohol addiction, as well as workforce development and sober living support*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Scioto Paint Valley Mental Health Center- (740)775-1260

**Treatment for substance abuse and mental health problems in people of all ages, as well as family therapy. Charges are based on household income.*

SOMC- EAP and Counseling- (740)356-8425

**adult psychiatric services including individual counseling on an outpatient basis*

Southwestern Recovery- (740)912-1034

**office based opiate treatment center*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Valley View Health Center- (740)947-7726 or (866)267-0834 or (740)947-8777

**provides counseling for families and individuals, with charges based on household income*

Women, Children, and Families

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Beloved Advocacy Center- (740)947-1611

**Advocates for survivors of domestic violence, sexual assault, dating violence, and human trafficking. Provides emotional support, safety planning, emergency shelter, wrap-around case management, survivor support/aftercare, and legal advocacy to obtain protection orders.*

Bridges to Success- (614)568-6596

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Child Support Enforcement Agency- (740)947-2171

** collects child support, establishes paternity, and enforces court orders*

Children with Medical Handicaps- (740)947-7721

**diagnostic assessment and treatment for eligible children ages 0-21*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Community Action Committee of Pike County Early Childhood Program- (740)289-2371

**provides child care for working families*

Early Head Start- (740)289-2371

**Serves low-income pregnant women and children ages 0-3 years old. Center and home-based options. Full day/ full year child care may be available for parents who are working or in school.*

Family & Children First Council- (740)702-3120 or (740)708-0281

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

GRIT- (740)289-2371

**supports youth and adults who are unemployed or underemployed in getting the education, training, and tools needed to obtain living-wage jobs within their communities*

Head Start- (740)289-2371

** school readiness preschool program for low-income children ages 3-5*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)941-1204

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Home Helpers- (800)990-9750

**home care for seniors, new or expectant mothers, people with disabilities, and anyone else experiencing difficulties*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)947-2171

**cash and childcare assistance for needy families*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

LEAP Program- (740)947-2171

**Programs that encourages teen custodial parents and pregnant teens to stay in/ return to school to earn a diploma or GED. The program offers to arrange childcare and transportation.*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

NAMI Southern Ohio- (740)851-4242

**advocacy and support for people with mental illnesses and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (800)755-4769

** provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Pike County Educational Center- (740)289-4171

**Provides home-based services to school age children requiring physical therapy and/or occupational therapy. Also provides services to school age children with visual impairments and developmental disabilities.*

Pike County YMCA- (740)947-8862

**the Hurt to Hope program provides many kinds of resources and support for eligible children/youths of all ages*

Pike County Youth Diversion- (740)947-5914

**provides intervention services for youths who are seen as pre-delinquent or unruly*

Pike Outreach- (740)941-4348

**has a diaper bank for people in need*

Safe at Home- (740)779-7263 or (740)947-1611

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

South Central Ohio Big Brothers Big Sisters- (740)773-2447

**caring mentoring relationships between adults and children ages 6-18*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

SPARK- (740)289-2371

**helps local youth (ages 14 to 24) meet educational, employment, and personal goals*

Waverly Library- (740)947-4921

**summer food assistance, weekly activities, summer reading program, and more*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

WIC- (740)947-2131 or (740)289-2371

**provides breastfeeding assistance, supplemental foods, health care referrals, and nutrition education for eligible pregnant, breast feeding and postpartum women, infants and children up to 5 years old*

Legal/Conflict Resolution

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Beloved Advocacy Center- (740)947-1611

**Advocates for survivors of domestic violence, sexual assault, dating violence, and human trafficking. Provides emotional support, safety planning, emergency shelter, wrap-around case management, survivor support and aftercare, and legal advocacy to obtain protection orders.*

Community Action Committee Social Services- (740)289-2371

**assists income-eligible individuals with completion of application to Social Services SEOLS-Marriage Dissolution services*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pike County Fair Housing- (740)947-4104

**assures compliance with federal and state fair housing laws*

Pike County Veterans Services- (740)947-2766

**provides legal assistance for veterans*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (740)779-7263 or (740)947-1611

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)773-0012 or (800)686-3668

**gives free legal help to low-income people on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues,, and other noncriminal legal matters*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Disabilities Services (Mental/Physical)

Area Agency on Aging District Seven, Inc.- (800)582-7277

**wide variety of information and services for older adults and adults with disabilities*

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Bridges to Success- (614)568-6596

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Community Services- (740)286-5039

**provides a wide variety of services to people with disabilities*

Bureau of Services for the Visually Impaired (BSVI)- (740)354-7951 or (800)637-9341

**provides training, education, job coaching and job retention services to those with a disabling visual impairment.*

Bureau of Vocational Rehabilitation- (740)354-7951 or (800)637-9341

**helps disabled people get education, employment, and transportation*

Capabilities- (740)529-1967

**provides a variety of services to help people with disabilities live independently*

Children with Medical Handicaps- (740)947-7721

**diagnostic assessment and treatment for eligible children ages 0-21*

Community Action Committee Senior Companion Program- (740)289-2375

**provides respite care, socialization, and light housekeeping services to eligible Pike County residents ages 60 and older, or to those with a disability*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

Easterseals- (614)228-5523

**provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in their community*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Frontier Community Services- (740)772-1396 or (877)376-6837

**provides a variety of services for the disabled, including housing and adult day services*

Goodwill of South Central Ohio- (740)702-4000

**provides a variety of services for people with disabilities*

Head Start- (740)289-2371

** provides education, health, social services, parent involvement, and special services for children with disabilities*

Help Me Grow- (740)941-1204

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Home Helpers- (800)990-9750

**home care for seniors, new or expectant mothers, people with disabilities, and anyone else experiencing difficulties*

Mobility Management- (740)835-8474

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Pike County Board of Developmental Disabilities- (740)947-8470

**provides support to children and adults who have developmental disabilities*

Pike County Educational Center- (740)289-4171

**Provides home-based services to school age children requiring physical therapy and/or occupational therapy. Also provides services to school age children with visual impairments and developmental disabilities.*

Pike County Veterans Services- (740)947-2766

**provides assistance for disabled veterans*

ResCare Community Living- (740)446-7549

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Food, Clothing, and Transportation Assistance

Community Action Committee Senior Center- (740)947-5555

**provides hot meals to people aged 60+ through both community meals and home delivery*

Community Action Transportation System (CATS)- (740)835-8474

**Provides transportation to the public, including trips to Columbus, Chillicothe, and Portsmouth. Has door-to-door services. Discounts available.*

GoBus- (888)954-6287

**rural intercity bus service including Athens, Columbus, Cincinnati, Cleveland, Logan, Marietta, Piketon, Van Wert, Wooster, Parkersburg, and more*

Goodwill- (740)702-4000

**clothing, furniture, and household goods at low prices*

Jobs and Family Services- (740)947-2171

**SNAP enrollment and food assistance; free clothing needed for school or work; transportation for medical appointments*

Lisa's Everything Discount Store- (740)222-4808

**clothing, household items, baby supplies, cleaning supplies, small appliances, and pet items at low prices*

Mobile Food Pantry- (740)289-2375

**food pantry that travels to several locations within Pike County*

Mobility Management- (740)835-8474

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Overflow- Western Pike County- no phone number available; check out the Facebook page for Overflow-Western Pike County Ohio to message them

** provides food for people in need*

Pike County YMCA- (740)947-8862

**the Hurt to Hope program provides many kinds of resources (including meals) and support for eligible children/youths of all ages*

Pike Outreach - (740)947-7151

**has a food pantry*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

Waverly Library- (740)947-4921

**has summer food assistance for children*

WIC- (740)947-2131

**provides breastfeeding assistance, supplemental foods, health care referrals, and nutrition education for eligible pregnant, breast feeding and postpartum women, infants and children up to 5 years old*

Utility and Financial Assistance, Employment/Education Services

ASPIRE- (740)289-4172 or (740)289-2282

**Provides adult education on skills necessary for functioning more effectively in society. Offers help preparing for a GED and pre-employment assessments. Occasionally, sponsors certain job training/diploma programs.*

Bridges to Success- (614)568-6596

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

CAC of Pike County - (740)289-2371

**does free tax preparation*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

Community Action Committee Energy Department- (740)443-6020

**provides energy conservation services for low income households*

Community Action Committee Social Services- (740)289-2371

**May assist with water, electric, and gas bills, hook-ups, and/or service disconnection. Also assists with completion of PIPP Plus application, which may reduce monthly utility payments.*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

GRIT- (740)289-2371

**supports youth and adults who are unemployed or underemployed in getting the education, training, and tools needed to obtain living-wage jobs within their communities*

HEAP (Home Energy Assistance Programs)- (740)289-2371

**provides utility payment assistance through state emergency programs for both winter heating and summer cooling*

:hire- (740)395-0100

**employment agency for persons seeking employment in light industrial and clerical positions*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)947-2171

**provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, and other immediate needs*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Means Jobs- (740)289-2371

**provides free employment and educational assistance*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Percentage of Income Payment Plan (PIPP)- (740)289-2371

**lowers energy bills for eligible Ohioans*

Pike County Veterans Services- (740)947-2766

**provides employment, educational, and emergency financial assistance for veterans*

Pike Outreach- (740)941-4348

**Provides assistance with work related items. Also assists with electric, gas, and water bills.*

Reserves Network- (740)773-7519 or (937)393-0973

**employment agency*

Salvation Army- (740)353-2400

**provides a limited amount of emergency assistance for various needs*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

SPARK- (740)289-2371

** helps local youth (ages 14 to 24) meet educational, employment, and personal goals*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Volunteer Income Tax Assistance (VITA)- (740)289-2371

**prepares and files current tax year and past year returns for low-to-moderate income taxpayers during the tax filing season*

Waverly Moose Lodge 2263- (740)947-9100

**provides scholarships for graduating seniors in Pike County*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Workforce & Business Development at Community Action Adult Program- (740)289-2371

**helps get people, including youth and those with significant barriers to employment, into high-quality jobs and careers*

Workforce & Business Development at Community Action Financial Literacy- (740)289-2371

**program open to any individual seeking a better personal understanding of household money management, including personal budgeting and planning*

Medical Care

Adena Health Center Vaccination Clinic- (740)835-8474

**transportation to free COVID-19 vaccine clinic*

Best Choice Personal Care- (740)801-0295

**home health care service*

Children with Medical Handicaps- (740)947-7721

**diagnostic assessment and treatment for eligible children ages 0-21*

Eastern Family Practice- (740)226-1552

**health care with charges based on household income*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of followup care for any condition diagnosed during the initial exam*

Frontier Community Services- (740)772-1396 or (877)376-6837

**Promotes independence for seniors through errands services, meal preparations, housekeeping, and personal assistance in the senior's home. Also provides home health care.*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Jobs and Family Services- (740)947-2171

**Medicaid enrollment, transportation and medical assistance*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

National Church Residences- (740)947-3010

**provides home health care and personal care services*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pike County Educational Center- (740)289-4171

**Provides home-based services to school age children requiring physical therapy and/or occupational therapy. Also provides services to school age children with visual impairments and developmental disabilities.*

Pike County Health Department- (740)947-7721

**vaccines, newborn health screenings, and more*

Pike County Veterans Services- (740)947-2766

**helps veterans get medical care*

Pike Outreach- (740)941-4348

**assists with cost of medications (no narcotics or pain medications)*

ProMedica Home Health- (740)259-6571 or (866)498-6456

**provides health care and personal care in the home*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Valley View Health Center- (740)947-7726 or (866)267-0834 or (740)289-3508

**Health care, dental care, and family planning services. Charges based on household income.*

Visiting Angels- (740)214-1988

**health care and personal care in the patient's home*

Waverly Family Health Center- (740)947-SOMC (7662)

**several free health care services for eligible patients*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services*

Services for Seniors

Area Agency on Aging District Seven, Inc.- (800)582-7277

**wide variety of information and services for older adults and adults with disabilities*

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Best Choice Personal Care- (740)801-0295

**home health care service*

Bristol Court- (740)947-7040

**complex with both subsidized and market rates independent living apartments for the elderly, with services provided (such as physical therapy, meals, and adult day care)*

Comfort Home Care- (740)941-3808

**offers personal assistance with everything from grooming and light housekeeping to transportation and errand running, in order to allow seniors to live at home*

Community Action Committee Senior Center- (740)947-5555

**provides a variety of services for people aged 60+, including hot meals (both community and home delivered)*

Community Action Committee Senior Companion Program- (740)289-4525

**provides respite care, socialization, and light housekeeping services to Pike County residents ages 60 and older, or to those with a disability*

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

Dru A. Shope, Social Security/Disability Lawyer- (866)241-3344 or (304)522-8255

**legal help for people denied Social Security benefits, including disability payments*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of followup care for any condition diagnosed during the initial exam*

Frontier Community Services- (740)772-1396 or (877)376-6837

**Promotes independence for seniors through errands services, meal preparations, housekeeping, and personal assistance in the senior's home. Also provides home health care.*

Home Helpers- (800)990-9750

**home care for seniors, new or expectant mothers, people with disabilities, and anyone else experiencing difficulties*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Mobility Management- (740)835-8474

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

National Church Residences- (740)947-3010

**provides home health care and personal care services*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

ProMedica Home Health- (740)259-6571 or (866)498-6456

**provides health care and personal care in the home*

Senior Companion Program and Foster Grandparent Program- (740)289-2371

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Visiting Angels- (740)214-1988

**health care and personal care in the patient's home*

Veteran's Services

Disabled American Veterans- (216)522-3507

**supports veterans and their families*

Frontier Community Services- (740)772-1396 or (877)376-6837

**Offers Veteran's Services consisting of homemaking and personal care support, errands, and transportation services. Also supports the Wounded Warrior Project by serving veterans and service members who incurred a physical or mental injury, illness, or wound co-incident to their military service on or after September 11, 2001.*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Pike County Veterans Services- (740)947-2766

**provides a wide variety of services for veterans*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Ross

Food Assistance

211

**phone number to get connected with resources in your community*

Adena Advocacy Program- (740)779-7263

**wide variety of services for adults and children who have experienced interpersonal violence such as sexual and/or domestic violence, child abuse, elder abuse, or hate crimes*

Bainbridge United Methodist Church- (740)634-3791

**has a food pantry*

Brookside Church- (740)775-2884

**has a food pantry*

Calvary Lutheran Church- (740)773-1044

**has free community meals*

Carver Community Center- (740)773-4242

**provides free lunches to the needy, as well as free summer meals to the youth of Ross County*

Chillicothe Seventh Day Adventist Community Center- (740)637-9010

**may provide food assistance, clothing, perishable items, baby formula*

Church Triumphant- (740)655-2600

**has a food pantry*

Good Samaritan Network of Ross County- (740)774-6303

**has a food pantry*

Hope Clinic of Ross County- (740)774-4606

**provides food to low income people*

J216 Ministry Food Pantry- (740)634-0023

**food pantry that does home delivery; walk-ins not accepted*

Jefferson Avenue Church of Christ in Christian Union- (740)773-6747

**has a food pantry*

Jobs and Family Services- (740)773-2651

**SNAP enrollment and food assistance*

Lighthouse Baptist- https://www.golbc.org/contact.html

**has a food pantry; must attend a church service to get food*

Mid-Ohio Food Bank- (614)277-FOOD (3663)

**provides food to people in need*

Military Veterans Resource Center- (740)835-5145

**has a food pantry for veterans, service members, and their families*

Open Door Church- (740)663-5497

**has a food pantry*

OSU Extension SNAP-ED- (740)702-3200

**free nutrition education and obesity prevention program serving low-income adults and youth*

Quinn Chapel Church- (740)775-3529

**has a food pantry*

Ross County Humane Society Pet Food Pantry- (740)775-6808

**free pet food for low-income pet owners who live in Ross County*

Ross County Senior Center- (740)773-3544

**provides a variety of services for senior citizens, including meals, transportation, and personal care*

Salvation Army- (740)774-2760

**has a food pantry, as well as gift cards to purchase food for Thanksgiving/Christmas dinners*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

St. Vincent de Paul Society- (740)772-2812

**helps low income people with various needs, such as clothing and food*

Tabernacle Baptist Church- (740)774-2224

**has food assistance*

Trinity United Methodist Church- (740)773-6640

**Has food and clothing assistance. Also allows homeless people to come over to take showers.*

United Way of Ross County- (740)773-3280

**has food assistance for qualified Ross County residents*

Women, Infant, Children Program (WIC)- (740)702-6709

**Nutrition education/counseling, breastfeeding counseling, supplemental foods/infant formula, referrals to other health/social service agencies. For pregnancies and children 0-5 at 185% of poverty level.*

Zion Baptist Church- (740)775-0343

**has a food pantry*

Clothing and Transportation Assistance

211

**phone number to get connected with resources in your community*

Adena Advocacy Program- (740)779-7263

**wide variety of services for adults and children who have experienced interpersonal violence such as sexual and/or domestic violence, child abuse, elder abuse, or hate crimes*

Assistance House- (740)774-3560

**provides vouchers for shoes and clothing for people of all ages, including cloth diapers for babies*

A.T. Hoy Transportation- (740)773-0536

**provides non-emergency medical transportation for eligible people*

Children's Clothing Bank at First Presbyterian Church- (740)774-4440

**free clothing for Ross County children from infants through teens*

Chillicothe Transit System- (740)773-1569

**free public transportation serving Chillicothe with both fixed route bus service and on-demand transportation*

Good Samaritan Network of Ross County- (740)774-6303

**has clothing assistance*

Goodwill- (740)702-4000

**clothing, furniture, and household items at low prices*

Jackson Transportation- (740)288-2091

**provides affordable transportation services in Vinton, Jackson, and Ross Counties*

Jobs and Family Services- (740)773-2651

**free clothing needed for school or work; transportation for medical appointments*

Ohio Thrift- (740)774-7467

**clothing and other items at low prices*

Ross County Community Action- (740)702-7222

**provides transportation to medical appointments for Medicaid patients*

Ross County Health District- (740)779-9652

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Ross County Senior Center- (740)773-3544

**provides a variety of services for senior citizens, including meals, transportation, and personal care*

Ross County Transportation, LLC- (740)775-1228 or (740)703-6864

**provides transportation to and from medical appointments almost anywhere in Ohio*

Salvation Army- (740)774-2760

**has a thrift store that sells clothing and other items at low prices, and also provides free winter clothing for children at Christmas*

St. Vincent de Paul Society- (740)772-2812

**helps low income people with various needs, such as clothing and food*

To Be Reused Consignment Shoppe- pwhitten5134@yahoo.com

**clothing and other items at low prices*

Trinity United Methodist Church- (740)773-6640

**Has food and clothing assistance. Also allows homeless people to come over to take showers.*

Zion Baptist Church- (740)775-0343

**has clothing assistance*

Legal and Advocacy

211

**phone number to get connected with resources in your community*

Adena Advocacy Program- (740)779-7263

**wide variety of services for adults and children who have experienced Interpersonal Violence such as Sexual and/or Domestic Violence, Child Abuse, Elder Abuse, or Hate Crimes*

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Ross County Veterans Services- (740)772-1600

**provides legal help to veterans*

Safe at Home- (740)779-7263 or (740)620-9862 or (740)702-7222, ext. 145

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)773-0012 or (800)686-3668

** gives free legal help to low-income people on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Victim Assistance- (740)773-3515

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Disability Services

211

**phone number to get connected with resources in your community*

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Area Agency on Aging Region 7, Inc.- (800)582-7277

**helps connect older adults and people with disabilities to needed resources*

BREATHE- (740)773-8044

**provides a teen center, as well as various services for at-risk youth ages 8-24 who have a mental health or developmental disability diagnosis and are considered potentially at risk*

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Community Services- (740)286-5039

**provides employment related services for people with disabilities*

Bureau of Vocational Rehabilitation- (740)354-7951 or (800)637-9341

**helps disabled people get education, employment, and transportation*

Bureau of Vocational Rehabilitation- (740)453-0673 or (800)645-1094

**helps disabled people get education, employment, and transportation*

Children With Medical Handicaps- (740)779-9652

**identifies and helps children with handicaps*

Chillicothe & Ross County Public Library- (740)702-4145

**maintains a collection of large print books, audiobooks, and braille materials, and serves as a lending agency for the federal Talking Book program for the blind and physically handicapped*

Chillicothe- Autism and Special Needs Parent to Parent Support Group- (740)507-3681

**peer group for parents of autistic and special needs children to get support and learn about resources*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Easterseals- (614)228-5523

**provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in Ross County*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

Frontier Community Services- (740)772-1396 or (877)376-6837

**provides a variety of services for the disabled, including housing and adult day services*

Goodwill of South Central Ohio- (740)702-4000

**provides a variety of services for people with disabilities*

Head Start- (740)702-7222

**provides services for young children with disabilities*

Help Me Grow- (740)779-9652

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Home Helpers- (740)267-4119

**home care for seniors, new or expectant mothers, people with disabilities, and anyone else experiencing difficulties*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Pioneer Center- (740)775-7044

**assistance for infants, children, and adults who have or are at risk of having a disability*

ResCare Community Living- (740)446-7549

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

Ross County Health District- (740)779-9652

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Ross County Veterans Services- (740)772-1600

**provides help for disabled veterans*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Senior Services

211

**phone number to get connected with resources in your community*

Adena Advocacy Program- (740)779-7263

**wide variety of services for adults and children who have experienced Interpersonal Violence such as Sexual and/or Domestic Violence, Child Abuse, Elder Abuse, or Hate Crimes*

Area Agency on Aging Ombudsman Program- (800)582-7277

**investigates and resolve complaints concerning long term care facilities and service providers for seniors 60 and older; also provides senior housing information and referral)*

Area Agency on Aging Region 7, Inc.- (800)582-7277

**helps connect older adults and people with disabilities to needed resources*

Buckeye Home Health Care- (614)776-3372

**home health and personal care for people of all ages who are recovering from an injury, nursing a wound, managing a health condition, or recovering from a major surgery*

Caregivers of the Elderly Support Group- (800)272-3900

**support for caregivers of the elderly; requires registration which can be done over the phone*

Comfort and Care Health Services- (740)773-0063

**health care and personal care in the patient's home*

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of follow-up care for any condition diagnosed during the initial exam*

Frontier Community Services- (740)772-1396 or (877)376-6837

**Promotes independence for seniors through errands services, meal preparations, housekeeping, and personal assistance in the senior's home. Also provides home health care.*

Heritage Home Health- (866)476-4700

**home health care agency*

Home Helpers- (740)267-4119

**home care for seniors, new or expectant mothers, people with disabilities, and anyone else experiencing difficulties*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Mobility Management- 740-779-9652

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Ross County Home Health- (740)775-1114

**health care and personal care in the patient's home*

Ross County Mobility Management- (740)779-9652

**connects seniors, people with disabilities, and low-income people with available transportation options in Ross County*

Ross County Senior Center- (740)773-3544

**provides a variety of services for senior citizens, including meals, transportation, and personal care*

Senior Companion Program and Foster Grandparent Program- (740)447-3767

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Visiting Angels- (740)214-1988

**health care and personal care in the patient's home*

Wise Home Care- (877)207-7060

**health care and personal care provided in the patient's home*

Medical and Healthcare

211

**phone number to get connected with resources in your community*

Adena Advocacy Program- (740)779-7263

**wide variety of services for adults and children who have experienced Interpersonal Violence such as Sexual and/or Domestic Violence, Child Abuse, Elder Abuse, or Hate Crimes*

Adena Health Center Vaccination Clinic- (740)779-9652

**transportation to free COVID-19 vaccine clinic*

Adena Health System- (740)779-7500

**medical care with charges based on household income*

Assistance House- (740)-774-3560

**provides vouchers for medications, medical supplies, and eyeglasses*

Basil Family Medicine- (614)559-8142

**low cost medical care*

Buckeye Home Health Care- (614)776-3372

**home health and personal care for people of all ages who are recovering from an injury, nursing a wound, managing a health condition, or recovering from a major surgery*

Cambridge Home Health Care- (740)450-1290

**provides in home health care services*

Chillicothe VA Medical Center- (740)773-1141

**provides physical and mental health care to veterans*

Comfort and Care Health Services- (740)773-0063

**health care and personal care in the patient's home*

Diles Hearing- (740)851-4727

**hearing care with payment plan options*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of followup care for any condition diagnosed during the initial exam*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Heritage Home Health- (740)775-5463

**home health care agency*

Hope Clinic of Ross County (740)774-4606

**free medications and various types of free medical/dental care for low and moderate income people*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Hopewell Health Centers- (740)773-4366 or (800)686-4366 or (740)774-6628 or (740)851-5575 (dental clinic)

**primary health care and dental care, with charges based on household income*

Jobs and Family Services- (740)773-2651

**Medicaid enrollment, transportation and medical assistance*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Ross County Health Department- (740)779-9652

**smoking cessation program (including a special program for pregnant women), vaccinations, and more*

Ross County Home Health- (740)775-1114

**health care and personal care in the patient's home*

Ross County Veterans Services- (740)772-1600

**helps veterans get healthcare*

SOMC Eastern Family Practice- (740)226-1552

**primary care with charges based on sliding scale*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

St. Vincent de Paul Society- (740)772-2812

**helps low income people with various needs, such as prescription medications*

Visiting Angels- (740)214-1988

**health care and personal care in the patient's home*

Waverly Family Health Center- (740)947-SOMC (7662)

**several free health care services for eligible patients*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services*

Wise Home Care- (877)207-7060

**health care and personal care provided in the patient's home*

Mental Health, Drug, and Alcohol

211

**phone number to get connected with resources in your community*

Adena Advocacy Program- (740)779-7263

**wide variety of services for adults and children who have experienced Interpersonal Violence such as Sexual and/or Domestic Violence, Child Abuse, Elder Abuse, or Hate Crimes*

Adena Counseling Center- (740)779-4888

**Provides treatment for mental health issues and interpersonal conflict/relationship issues. Charges based on household income.*

Anchor Addiction and Wellness Center- (866)900-1069

**treatment for opioid addiction*

Another Chance Ministries- (740)330-4988

**faith based treatment for substance abuse problems*

BREATHE- (740)773-8044

**provides a teen center, as well as various services for at-risk youth ages 8-24 who have a mental health or developmental disability diagnosis and are considered potentially at risk*

BrightView- (888)502-4571

**treatment for substance abuse problems*

Cardinal Treatment Center- (740)309-3309

**addiction treatment center*

Carver Community Center- (740)773-4242

**Helps people of all ages build self-esteem, develop positive coping skills, and self-control. Mentoring, tutoring, programs to develop and nurture creative expression.*

Celebrate Recovery- (740)663-5497

**faith based treatment for substance abuse problems*

Child Protection Center- (740)779-7431

**Medical, mental health, case management services to child victims of physical or sexual assault and their families. Prevention initiatives include classes for parents, children, and adults working or volunteering with children.*

Chillicothe & Ross County Public Library- (740)702-4145 (therapy dog) or (740)851-0312 (peer support)

**sessions with therapy dog for children; peer support specialist Angela Tiberi provides support for people who need help with substance abuse, mental health, or other needs*

Chillicothe VA Medical Center- (740)773-1141

**provides mental health and substance abuse treatment for veterans*

Crisis Line- (740)773-4357

Crisis Services Hotline (Hopewell Health Centers)- (888)475-8484 or (740)593-3344

**24 hour mental health crisis hotline for emergencies only*

Directly Affected Ross County- or (740)395-6583 or (740)649-2018

**peer support group for youths ages 12-19 dealing with problems in their lives*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Guidance & Growth Psychotherapy Services- (740)245-3821

**mental health treatment, with charges based on household income*

Insight TMS and Mental Health Care- (740)774-3440

**treatment for mental health and substance-related problems*

Integrated Services for Behavioral Health- (740)772-6191

**provides treatment for mental health issues, with charges based on patient's income*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

KAV Mental Health & Psychiatry- (513)901-4505

**mental health and substance abuse treatment*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Mares Cares Counseling- (740)804-6800

**provides counseling and other services to individuals, couples, and families*

NAMI Southern Ohio- (740)851-4242

**advocacy and support for people with mental illnesses and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Paint Valley ADAMH Board- (800)906-6757 or (740)947-2147 (crisis hotline)

**ensures that individuals and families affected by mental illness and/or addiction have access to high-quality care*

Path Behavioral Healthcare- (740)851-6493

**treatment for mental health and substance abuse problems, with charges based on household income*

Peer Recovery Services (PRSS)- (740)772-4673

**assistance for people with substance abuse problems, including a support group, food, clothing, and showers*

Pinnacle Treatment Center- (740)771-3553

**treatment for opioid addiction problems, with financial plans that meet your needs and means*

PRISM Behavioral Healthcare- (740)771-9051

**treatment for substance abuse problems, with charges based on household income*

R.E.A.C.H. for Tomorrow- (877)997-3224

**faith-based mental health treatment for people of all ages, with charges based on household income*

Recovery Council- (740)851-5307

**outpatient treatment for mental health and substance abuse problems*

Ross County Veterans Services- (740)772-1600

**helps veterans get treatment for mental health and substance abuse problems*

Safe Haven DARTS- (740)253-9220

**treatment for substance abuse problems*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Scioto Paint Valley Mental Health Center- (740)775-1260

**Treatment for substance abuse and mental health problems in people of all ages, as well as family therapy. Charges are based on household income.*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

SperoHealth- (740)851-5381

**treatment for substance abuse problems*

Talbot Health Services- (833)762-1013

**mental health and substance abuse treatment*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**large multidisciplinary mental health practice organized to provide comprehensive mental health services*

Whole Life Counseling- (740)771-9022

**treatment for mental health, substance abuse, and relationship problems, with charges based on household income*

Utility, Bill, and Financial Assistance, Employment/Education Services

211

**phone number to get connected with resources in your community*

Adena Advocacy Program- (740)779-7263

**wide variety of services for adults and children who have experienced Interpersonal Violence such as Sexual and/or Domestic Violence, Child Abuse, Elder Abuse, or Hate Crimes*

Another Chance Ministries- (740)330-4988

**faith based organization that helps people transition back into the real world after being released from prison*

Assistance House- (740)774-3560

**Provides assistance with gas, water, and electric bills. Also provides work necessities to help people return to work.*

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Calvary Lutheran Church- (740)773-1044

**has limited financial help for people in need*

Carver Community Center- (740)773-4242

**Helps people of all ages build self-esteem, develop positive coping skills, and self-control. Mentoring, tutoring, programs to develop and nurture creative expression.*

Chillicothe & Ross County Public Library- (740)702-4145

**provides assistance with resume creation, online job searches, learning how to use technology, and more*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Electric Partnership Program (EPP)- (740)702-7222

**offers help in lowering utility bills*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Good Samaritan Network of Ross County- (740)774-6303

**may have limited help for bills*

Home Energy Assistance Program (HEAP)- (740)702-7222

**help income eligible families meet the costs of home heating during the winter months*

Home Relief Program- (740)702-7222

**provides assistance with payments on past due utility bills, rent, mortgage, and water*

Home Weatherization Assistance Program (HWAP)- (740)702-7222

**offers income-qualified homeowners and renters the opportunity to lower residential utility cost by installing energy efficient measures and customer education*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)773-2651

**provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, and other immediate needs*

Lighthouse Baptist- https://www.golbc.org/contact.html

**provides up to $100 in rent or utility assistance; must attend a church service to get assistance*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Housing Finance Agency (OHFA)- (888)404-4674

**income eligible homeowners may receive assistance with delinquent property taxes and/or past due utility bills which includes natural gas, electric, bulk fuel, water/sewer, trash removal, broadband internet*

Ohio Means Jobs- (740)772-7532

**provides free employment and educational assistance*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Percentage of Income Payment Plan Plus (PIPP)- (740)702-7222

**extended payment arrangement that helps Ohioans pay for their natural gas and/or electric service*

Reliable Staffing Services, LLC- (740)395-0100

**employment agency for persons seeking employment in light industrial and clerical positions*

Reserves Network- (740)773-7519 or (937)393-0973

**employment agency*

Ross County Community Action Commission, Inc.- (740)702-7222

**assists with water/sewage bills*

Ross County Reentry Coalition- https://rosscountyreentrycoalition.com/

**provides employment training/assistance and many others services for people who have been released from prison*

Ross County Veterans Service Commission (740)772-1600

**provides employment, educational, and emergency financial assistance to veterans*

Salvation Army- (740)774-2760

**provides emergency financial help for bills, rent, and housing needs*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

St. Vincent de Paul Society- (740)772-2812

**helps low income people with various needs, such as utility bills and gas*

Staff Source- (740)772-2600

**employment agency*

Summer Crisis Program (SCP)- (740)702-7222

**provides assistance to eligible families to offset high electricity costs associated with the summer cooling season, including providing families with air conditioners*

Tabernacle Baptist Church- (740)774-2224

**provides limited utility and financial assistance to people in need*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

VITA United Way- (740)779-2274

**does free tax prep*

Warm Choice Program- (740)702-7222

**income eligible customers may receive a home inspection to determine what energy efficient measures they may qualify for*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Winter Crisis Program (WCP)- (740)702-7222

**can prevent disconnection of heating utilities and restore heating services to households that have been disconnected*

Shelter and Housing Assistance

211

**phone number to get connected with resources in your community*

Adena Advocacy Program- (740)779-7263

**wide variety of services for adults and children who have experienced Interpersonal Violence such as Sexual and/or Domestic Violence, Child Abuse, Elder Abuse, or Hate Crimes*

Area Agency on Aging Ombudsman Progam- (800)582-7277

**investigates and resolve complaints concerning long term care facilities and service providers for seniors 60 and older; also provides senior housing information and referral)*

Assistance House (740)774-3560

**provides rent assistance*

Chillicothe Metropolitan Housing Authority- (740)775-7881

**assists low and moderate income persons with safe, decent, and affordable housing through the Authority's Public Housing or Housing Choice Voucher programs*

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

Faith Mission- (614)224-6617

**homeless shelter for men and women*

Fayette County Homeless Shelter- (740)333-7580

Frontier Community Services- (740)772-1396

**Provides HUD approved housing assistance programs to those in need. Services include workshops, financial management, and counseling.*

Good Samaritan Network of Ross County- (740)774-6303

**may have limited help for housing*

Habitat for Humanity- (740)779-9734

**income-based home construction program*

Highland County Homeless Shelter- (937)393-0634

Home Relief Program- (740)702-7222

**provides assistance with payments on past due utility bills, rent, mortgage, and water*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services for Behavioral Health- (740)772-6191

**provides housing and rent assistance to the needy*

Jobs and Family Services- (740)773-2651

**provides emergency assistance with eviction prevention*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Lighthouse Baptist- https://www.golbc.org/contact.html

**provides up to $100 in rent assistance; must attend a church service to get assistance*

Military Assistance Program- (740)702-3080

**members of the National Guard and reserve components of the U.S. Armed Forces who are called to active duty are now entitled to more time to pay their real estate taxes or manufactured home taxes*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)404-4674

**income eligible homeowners may receive assistance with delinquent property taxes and/or past due utility bills which includes natural gas, electric, bulk fuel, water/sewer, trash removal, broadband internet*

Rapid Rehousing- (740)702-7222

**helps families experiencing homelessness quickly move out of shelter or off the streets*

Ross County Community Action- (740)772-7222

**has an emergency homeless shelter*

Ross County Continuum of Care to End Homelessness- (740)702-7222

**provides assistance to homeless people*

Ross County Veteran's Service Commission- (740)772-1600

**emergency assistance with rent or house payment for Ross County veterans, as well as help with getting a mortgage*

Salvation Army- (740)774-2760

**Provides rent assistance. Also provides clothing, hygiene products, and laundry/shower facilities for the homeless.*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Scioto County Homeless Shelter- (740)353-4085

Seeds of Hope- (740)663-7005

**Ross County homeless shelter for women & children, formerly called Daughters of Ruth*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

** helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Women, Children, and Families

211

**phone number to get connected with resources in your community*

Adena Advocacy Program- (740)779-7263

**wide variety of services for adults and children who have experienced Interpersonal Violence such as Sexual and/or Domestic Violence, Child Abuse, Elder Abuse, or Hate Crimes*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

BREATHE- (740)773-8044

**provides a teen center, as well as various services for at-risk youth ages 8-24 who have a mental health or developmental disability diagnosis and are considered potentially at risk*

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Carver Community Center- (740)773-4242

**Provides free summer meals to the youth of Ross County, as well as diapers, preschool education, after school programs, and summer recreation. Helps people of all ages build self-esteem, develop positive coping skills, and self- control. Mentoring, tutoring, programs to develop and nurture creative expression.*

Child Protection Center- (740)779-7431

**Medical, mental health, case management services to child victims of physical or sexual assault and their families. Prevention initiatives include classes for parents, children, and adults working or volunteering with children.*

Child Support Enforcement Agency- (740)773-2651

**collects child support, establishes paternity, and enforces court orders*

Children With Medical Handicaps- (740)779-9652

**identifies and helps children with handicaps*

Chillicothe & Ross County Public Library- (740)702-4145

**provides therapy dog for children, homeschooling support, a wide variety of activities for children, and more*

Chillicothe- Autism and Special Needs Parent to Parent Support Group- (740)507-3681

**peer group for parents of autistic and special needs children to get support and learn about resources*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Directly Affected Ross County- (740)649-2018 or (740)395-6583

**peer support group for youths ages 12-19 dealing with problems in their lives*

Dolly Parton's Imagination Library (through United Way of Ross County)- (740)773-3280

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Early Head Start- (740)702-7222

**provides intensive comprehensive child development and family support services to low-income infants and toddlers and their families, and to pregnant women and their families*

Easter Seals Discovery Garden- (740)702-4145

**free playgroup with fabulous toy centers, crafts, and story time, every Thursday in the Chillicothe and Ross County Public Library*

Family & Children First Council- (740)775-4250 extension 16106

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Good Samaritan Food Pantry- (740)774-6303

**food pantry that also gives away diapers*

Head Start- (740)702-7222

**comprehensive school readiness program for predominantly low-income children, ages 3-5, who meet eligibility guidelines and reside in Ross County*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)779-9652

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Home Helpers- (740)267-4119

**home care for seniors, new or expectant mothers, people with disabilities, and anyone else experiencing difficulties*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Integrated Services for Behavioral Health- (740)772-6191

**provides diapers, health care, etc. for people in need*

Jobs and Family Services- (740)773-2651

**provides cash and childcare assistance for needy families*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Little Vikes Baby Program- (740)596-9705

**supplies a variety of baby necessities for families in need*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

NAMI Southern Ohio- (740)851-4242

**advocacy and support for people with mental illnesses and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (740)779-9652

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Open Door Church- (740)663-5497

**has a food pantry that also gives away diapers*

OSU Extension SNAP-ED- (740)702-3200

**free nutrition education and obesity prevention program serving low-income youth and adults*

Paper City Mentoring Project- https://papercitymentoringproject.org/

**connects teenagers to committed adults for a mentoring relationship that can help them discover their potential and worth*

Pike County Help Me Grow- (740)947-8470

**The Healthy Families program provides family-focused and empathic support to parents in their homes to help them build healthy parent-child relationships*

Ross County Health Department- (740)779-9652

**smoking cessation program (including a special program for pregnant women), vaccinations, and more*

Ross County Healthy Families- (740)779-9652 or (740)371-3322

**family-focused and empathic support provided to parents in their homes to help them build healthy parent-child relationships*

Ross County Reentry Coalition- https://rosscountyreentrycoalition.com/

**has a diaper bank for people in need*

Safe at Home- (740)779-7263 or (740)620-9862 or (740)702-7222, ext. 145

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Salvation Army- (740)774-2760

**Provides after school programs. Also provides a summer camp and Christmas gifts/Christmas winter clothing for low-income children.*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

South Central Ohio Big Brothers Big Sisters- (740)773-2447

**caring mentoring relationships between adults and children ages 6-18*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

St. Vincent de Paul Society- (740)772-2812

**has a diaper bank for people in need*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

Women, Infant, Children Program (WIC)- (740)702-6709

**Nutrition education/counseling, breastfeeding counseling, supplemental foods/infant formula, referrals to other health/social service agencies. For pregnancies and children 0-5 at 185% of poverty level.*

Veterans Assistance

211

**phone number to get connected with resources in your community*

Chillicothe VA Medical Center- (740)773-1141

**provides physical and mental health care to veterans*

Frontier Community Services- (740)772-1396 or (877)376-6837

**Offers Veteran's Services consisting of homemaking and personal care support, errands, and transportation services. Also supports the Wounded Warrior Project by serving veterans and service members who incurred a physical or mental injury, illness, or wound co-incident to their military service on or after September 11, 2001.*

Military Assistance Program- (740)702-3080

**members of the National Guard and reserve components of the U.S. Armed Forces who are called to active duty are now entitled to more time to pay their real estate taxes or manufactured home taxes*

Military Veterans Resource Center- (740)835-5145

**helps veterans develop self-reliance and independence by providing access to the resources they need to successfully manage their lives*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Ross County Veterans Services- (740)772-1600

**provides a wide variety of services for veterans*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

Vinton

Disabilities Services (Mental/Physical)

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Area Agency on Aging Region 7, Inc.- (800)582-7277

**helps connect older adults and people with disabilities to needed resources*

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Community Services- (740)286-5039

**provides a wide variety of services to people with disabilities*

Bureau for Children with Medical Handicaps- (740)596-5233

identifies and helps children with handicaps

Bureau of Vocational Rehabilitation- (740)592-4411 or (800)248-4378

helps disabled people get education, employment, and transportation

Disability Rights Ohio- (614)466-7264 or (800)282-9181

provides legal advocacy and rights protection to a wide range of people with disabilities

Disabled American Veterans- (216)522-3507

supports veterans and their families

Easterseals- (614)228-5523

provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in their community

ForPsych- (800)239-8886 or (513)871-7285

offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations

Frontier Community Services- (740)772-1396 or (877)376-6837

Provides a variety of services for the disabled, including housing and adult day services. Offers Veteran's Services consisting of homemaking and personal care support, errands, and transportation services. Also supports the Wounded Warrior Project by serving veterans and service members who incurred a physical or mental injury, illness, or wound co-incident to their military service on or after September 11, 2001.

Goodwill of South Central Ohio- (740)702-4000

provides a variety of services for people with disabilities

Head Start- (740)596-4883

They promote the school readiness of infants, toddlers and preschool-aged children from families with low incomes. They also serve children with disabilities.

Mobility Management- (740)395-0260

manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes

Ohio Home Care Waver- (844)644-6582

allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities

ResCare Community Living- (740)446-7549

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Southern Ohio Adventures Recreation (S.O.A.R.)- (740)855-4071

**serves the disabled in a habilitation/vocational setting along with providing home maker services*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Veteran's Service Office (located at Vinton County Courthouse)- (740)596-4571

**provides help for disabled veterans*

Vinton County Board of Developmental Disabilities- (740)596-5515

**assistance for infants, children, and adults who have or are at risk of having a disability*

Vinton County Help Me Grow/Healthy Families- (740)371-3322

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Vinton Industries- (740)486-7303

**adult day support and vocational training for people with disabilities*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and legal testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability*

Employment and Job Training

Bridges to Success- (614)568-9428

Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.

Buckeye Hills Career Center- (740)245-5334

The Aspire program provides free services for individuals with or without a high school diploma who need assistance acquiring the skills to be successful in post-secondary education, training, and employment

Columbus Foundation- (614)251-4000

*provides scholarships

David V. Stivison Appalachian Scholarship- (740)594-8499

*$500 scholarship for eligible college students

Foundation for Appalachian Ohio- (740)753-1111

*provides a wide variety of scholarships for high school students to apply to

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

*provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond

Jobs and Family Services- (740)672-2250

*provides employment related vehicle repair, work or school clothing, short term education, and other forms of employment and educational help

Muskingum County Community Foundation- (740)453-5192

*Scholarship search, ACT Test prep classes, and more

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

*program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs

Ohio Reach- https://ohioreach.org/

*supports current and former foster youth reaching for higher education

Sojourners Care Network- (740)596-1117

*Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Veteran's Service Office- (740)596-4571

**provides employment and educational assistance for veterans*

Vinton County ASPIRE- (740)596-9861

**provides GED preparation and services, adult literacy, basic skill review*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Various testing and personality assessment instruments are available to assist individuals in making career change/choice decisions. Also provides legal advocacy, medical treatment, and other support for injured workers.*

Food Assistance

Renovate Life Church of God- (740)418-8607

**has a food pantry*

SE Ohio Foodbank- (740) 385-6813

**has various types of food assistance, including food assistance for pets*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

St. Francis Outreach Center- (740)596-5820 or 740-596-4316

**has two food pantries (one is mobile) and clothing assistance*

Vinton County Department of Job and Family Services- (740)672-2250

**SNAP enrollment and food assistance*

Women, Infant, Children Program (WIC)- (740)596-4171

**Nutrition education/counseling, supplemental foods/infant formula, referrals to other health/social service agencies. For pregnancies and children 0-5 at 185% of poverty level.*

Housing Assistance

Community Housing Impact and Preservation Program- (800)848-1300

**home repairs and installations are provided to eligible homeowners, either free or through a forgivable loan*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services for Behavioral Health- (740)596-7908

**housing and rental assistance for those in need*

Jackson Area Ministries- (740)286-1320

**Volunteers build ramps, repair porches and steps, paint exteriors and interiors, and make some ceiling and roof repairs. New skirting is installed on mobile homes as needed. Smaller jobs include clearing debris from yards and general lawn maintenance. In extreme cases, new houses are sometimes built.*

Jackson-Vinton Community Action, Inc.- (800)686-4339

**provides emergency rental assistance*

Jobs and Family Services- (740)672-2250

**provides emergency assistance with eviction prevention*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Metropolitan Housing Authority- (740)596-5963

**housing and rent assistance for low income families in Vinton County*

My Sister's Place- (800)443-3402 or (740)594-8337

**shelter/support for victims of domestic violence; pets are accepted*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

**Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Renovate Life Church of God- (740)418-8607

**helps homeless people stay out of the cold*

Saint Francis Outreach- (740)596-5820 or (740)596-4316

**provides shelter to the poor in Vinton County*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**Provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Shepherd's House- (740)596-9271

**provides emergency shelter, transportation, crisis intervention, court advocacy, and a support group to victims of domestic violence in Vinton County*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Veteran's Service Office- (740)596-4571

**provides housing assistance for veterans, including mortgage and foreclosure assistance*

Vinton County Fair Housing- (740)596-3529

**provides information about tenant and landlord rights, housing repair or rehabilitation, septic system repairs or replacements, small business development*

Health Support (Mental/Physical)

Adena Health Center Vaccination Clinic- (740)773-1569

**transportation to free COVID-19 vaccine clinic for Medicaid patients*

Anchor Addiction and Wellness Center- (866)900-1069

**treatment for opioid addiction*

Athens-Hocking Vinton 317 Board- (740)596-2649 or (740)593-3177

**connects people to treatment for substance abuse and mental illness*

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

Crisis Services Hotline (Hopewell Health Centers)- (888)475-8484 or (740)593-3344

**24 hour mental health crisis hotline for emergencies only*

Drug Treatment Center 24 Hour Helpline- (800)662-4357

**confidential free help from public service agencies*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of followup care for any condition diagnosed during the initial exam*

Family & Children First Council- (740)596-9705

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Health Recovery Services Inc.- (740) 596-2542

**Services for mental health and substance abuse issues. No one turned away due to inability to pay.*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hocking Valley Community Hospital Foundation- (740)380-8000

**provides health care to people unable to pay*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Hopewell Health Centers, Inc.- (740)596-5249

**health care-mental, physical, and dental-with charges based on household income*

Integrated Services for Behavioral Health- (740)596-7908

**assists with mental health issues; charges are based on household income*

Jackson-Vinton Community Action, Inc.- (740)384-3722

**up to $300 per year in emergency healthcare assistance, including transportation to medical and dental appointments; pregnancy/postpartum education and support for Medicaid-eligible women*

John W. Clem Recovery House- (740)593-3797

**assistance for males with substance abuse problems*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Medicaid Connect- (740)385-6813

**provides health education, resource navigation, and uniquely tailored case*

Management

My Sisters Place- (800)443-3402 or (740)594-8337

**provides counseling to domestic violence victims in a confidential place*

NAMI- (740)593-7424 or info@namiathensohio.org

**organization helping people with mental illness and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pathway to a Healthy Pregnancy- (740)384-3722

**healthcare education, free cribs through the "Cribs for Kids" program, smoking cessation within the "Baby and Me tobacco free" program, assisting women with obtaining various resources*

Quest Express LLC- (740)596-1950

**transportation to scheduled doctor and dental appointments, as well as medical supply and prescription pick-ups, for Ohio Medicaid recipients*

Rising Suns Non-Profit Pharmacy- (740)447-5025

**provides prescription medications for uninsured and low-income people*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Shepherd's House- (740)596-9271

**provides emergency shelter, transportation, crisis intervention, court advocacy, and a support group to victims of domestic violence from Vinton County*

Sojourners Care Network- (740)596-1117

**assists young people experiencing and at risk of homelessness, poverty, illiteracy, and mental health issues*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

TASC of Southeast Ohio- (740)596-9673

**treatment for drug and alcohol addiction for eligible people*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Veteran's Service Office- (740)596-4571

**helps veterans get health care, both mental and physical*

Vinton County Cancer Research- https://www.facebook.com/VCCRG/ or vintonccrg@yahoo.com

**provides support to cancer patients, including gas cards for Vinton County residents traveling for medical care due to a cancer diagnosis*

Vinton County Department of Job and Family Services- (740)672-2250

**Medicaid enrollment, transportation and medical assistance*

Vinton County Health Dept.- (740)596-5233

**vaccinations (ones for children are given regardless of ability to pay), lice prevention, tobacco cessation (with special program for pregnant women), lead case management, breast cancer education, a need-based pantry that supplies a variety of baby necessities for families in need, Parent Advocacy Connection Program, and more*

Vinton County Help Me Grow/Healthy Families- (740)371-3322

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Vinton County Prevention and Recovery Coalition- surban@vintonohhealth.org

**meets monthly to discuss drug-related issues affecting county residents and works to create positive change*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**Provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, and Social Security Disability, along with providing chronic pain management services. Also provides mental health care.*

Women, Infant, Children Program (WIC)- (740)596-4171

**Nutrition education/counseling, supplemental foods/infant formula, referrals to other health/social service agencies. For pregnancies and children 0-5 at 185% of poverty level.*

Financial Assistance

Home Energy Assistance Program (HEAP)- (800)282-0880

**provides eligible Ohioans with assistance on home energy bills*

Home Weatherization Assistance Program- (740)384-2729

**provides eligible Ohioans to improve the energy efficiency of their homes and reduce their energy costs*

Integrated Services for Behavioral Health- 740)596-7908

**offers housing or rental assistance*

Jackson-Vinton Community Action, Inc.- (800)686-4339

**assists low income households with staying warm in the winter/cool in the summer, emergency rental assistance, and other needs*

Jobs and Family Services- (740)672-2250

**provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, and other immediate needs*

Percentage of Income Payment Plan (PIPP)- (800)686-4339

**lowers energy bills for eligible Ohioans*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Veteran's Service Office- (740)596-4571

**provides emergency help for veterans*

Senior Support Services

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Area Agency on Aging Region 7, Inc.- (800)582-7277

**helps connect older adults and people with disabilities to needed resources*

Caregivers of the Elderly Support Group- (800)272-3900

**support for caregivers of the elderly; requires registration which can be done over the phone*

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

EyeCare America- (877)887-6327

**free local eye exams for eligible seniors and up to one year of follow-up care for any condition diagnosed during the initial exam*

Frontier Community Services- (740)772-1396 or (877)376-6837

**Promotes independence for seniors through errands services, meal preparations, housekeeping, and personal assistance in the senior's home. Also provides home health care.*

LGBT National Senior Hotline- (888)234-7243

**confidential hotline that gives LGBT seniors emotional support, information, and local resources*

Mobility Management- (740)395-0260

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)582-7277

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Senior Farmers' Market Nutrition Program (SFMNP)- (800)343-8112

**free produce for eligible people aged 60+*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**helps and supports low-income veterans who are homeless, at risk of homelessness and/or need help transitioning to permanent housing*

VANTAGE Aging Portsmouth- (866)734-2301

** The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers age aged 55+ receive service-based training at local non-profit and public organizations.*

Vinton County Senior Citizens- (740)596-4706

**assistance and aid for seniors, over 60 years of age, with a goal of remaining at home independently as long as possible*

Women and Children Support Services

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Bridges to Success- (614)568-9428

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bringing Healthy Home- (740)767-4500

**provides nutritious food, education, and case management to low income/food insecure pregnant and postpartum mothers and their families*

Bureau for Children with Medical Handicaps- (740)596-5233

**identifies and helps children with handicaps*

Child Support Enforcement Agency- (740)672-2250

**collects child support, establishes paternity, and enforces court orders*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Dolly Parton's Imagination Library (through Easter Seals)- (614)228-5523

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Early Childhood Safety Initiative- (740)384-3722

**helps provide low-income families with necessary child safety items, up to the maximum amount of $400*

Family & Children First Council- (740)818-8460 or (740)773-2651

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Head Start- (740)286-8441

**They promote the school readiness of infants, toddlers and preschool-aged children from families with low income. They also serve children with disabilities, children in families who are homeless, and children in Foster Care.*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jackson-Vinton Community Action, Inc.- (740)384-3722

**pregnancy/postpartum education and support for Medicaid-eligible women; free coats for eligible children under age 18*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

My Sisters Place- (800)443-3402 or (740)594-8337

**domestic violence agency providing a 24/7 hour hotline, counseling in a confidential place, legal support, and an emergency shelter that takes pets*

NAMI- (740)593-7424 or info@namiathensohio.org

**organization helping people with mental illness and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (740)596-9705

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Parent Advocacy Connection- (216)212-9203

**trained Parent Advocates empower, educate, encourage, and equip families to partner with professionals in promoting access to services that are family-centered, community- based, comprehensive, and culturally competent*

Pathway to a Healthy Pregnancy- (740)384-3722

**healthcare education, free cribs through the "Cribs for Kids" program, smoking cessation within the "Baby and Me tobacco free" program, assisting women with obtaining various resources*

Safe at Home- (740)593-3402 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Shepherd's House- (740)596-9271

**provides emergency shelter, transportation, crisis intervention, court advocacy, and a support group to victims of domestic violence from Vinton County*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

South Central Power Company- (800)282-5064

**offers scholarships for eligible high school seniors to attend colleges or vocational schools*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Vinton County Department of Job and Family Services- (740)672-2250

**provides help with cash assistance, food assistance and child care*

Vinton County Health Dept.- (740)596-5233

**vaccinations (ones for children are given regardless of ability to pay), lice prevention, tobacco cessation (with special program for pregnant women), lead case management, breast cancer education, a need-based pantry that supplies a variety of baby necessities for families in need, Parent Advocacy Connection Program, and more*

Vinton County Help Me Grow/Healthy Families- (740)371-3322

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**perform forensic psychological evaluations pertaining to child custody, such as: Best Interest of Child Evaluations, Child Custody Evaluations, Parenting Time Evaluations, and Relocation Evaluations*

Women, Infant, Children Program (WIC)- (740)596-4171

**Nutrition education/counseling, supplemental foods/infant formula, referrals to other health/social service agencies. For pregnancies and children ages 0-5 at 185% of poverty level.*

Transportation Assistance

A.T. Hoy Transportation- (740)773-0536

**provides non-emergency medical transportation*

Daybreak- (740)596-2303

**provides medical transportation*

Frontier Community Services- (740)772-1396 or (877)376-6837

**offers Veteran's Services consisting of homemaking and personal care support, errands, and transportation services*

Jackson Transportation- (740)288-2091

**provides affordable transportation services in Vinton, Jackson, and Ross Counties*

Jackson-Vinton Community Action, Inc.- (740)384-3722

**provides free coats for eligible children under age 18; provides transportation to medical appointments, employment and training sites; has a call center to connect people with other transportation providers*

Mobility Management- (740)395-0260

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Quest Express- (740)596-1950

**provides transportation services for Medicaid eligible participants to medical related destinations*

Ross County Transportation, LLC- (740)775-1228 or (740)703-6864

**provides transportation to and from medical appointments almost anywhere in Ohio*

Shepherd's House- (740)596-9271

**provides emergency shelter, transportation, crisis intervention, court advocacy, and a support group to victims of domestic violence in Vinton County*

Vinton County Cancer Research- https://www.facebook.com/VCCRG/ or vintonccrg@yahoo.com

**provides support to cancer patients, including gas cards for Vinton County residents traveling for medical care due to a cancer diagnosis*

Vinton County Department of Job and Family Services- (740)672-2250

**transportation to medical appointments*

Clothing and Household Items

Jackson-Vinton Community Action- (40)384-3722

**provides free coats for eligible children under age 18*

McArthur Goodwill Store- (740)702-4000

**thrift store selling clothes, furniture, and household items at low prices*

Saint Francis Outreach- (740)596-5820 or 740-596-4316

**provides clothing assistance*

Southeast Testament (SET)- (614)337-1000

**provides clothing, household items, furniture, and appliances to the needy*

Vinton County Department of Job and Family Services- (740)672-2250

**free clothing needed for school or work*

Legal/Conflict Resolution

Area Agency on Aging District 7, Inc.: Ombudsman Program- (800)582-7277

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

ForPsych- (800)239-8886 or (513)871-7285

**offers legal expertise in the areas of workers' compensation, personal injury, competency-related issues, criminal responsibility, and work-related matters, including fitness for duty and disability evaluations*

My Sisters Place- (800)443-3402 or (740)594-8337

**domestic violence agency providing a 24/7 hour hotline, counseling in a confidential place, legal support, and an emergency shelter that takes pets*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Parent Advocacy Connection- (216)212-9203

**trained Parent Advocates empower, educate, encourage, and equip families to partner with professionals in promoting access to services that are family-centered, community- based, comprehensive, and culturally competent*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (740)593-3402 or (740)591-4266

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Shepherd's House- (740)596-9271

**provides emergency shelter, transportation, crisis intervention, court advocacy, and a support group to victims of domestic violence from Vinton County*

Southeastern Ohio Legal Services- (740)594-3558 or (800)686-3669

**gives free legal help to low-income people on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters.*

Southern Ohio Advocacy Group- (740)775-5030 or (740)477-3353

**promotes advocacy efforts and encourages people with disabilities to speak up for themselves*

Survivor Advocacy Outreach Program- (740)591-4266

**rape/domestic violence crisis center that provides confidential services including transportation, referrals for community resources and mental health counseling, advocacy and accompaniment to medical and legal appointments, assistance with making compensation claims*

Veteran's Service Office- (740)596-4571

**provides legal help for veterans*

Victim Assistance (Prosecutor's Office)- (740)596-5583

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Vinton County Fair Housing- (740)596-3529

**assures compliance with federal and state fair housing laws*

Weinstein & Associates- (800)342-6111 or (216)831-1040

**provides expert evaluation and testimony in cases of Workers Compensation, Personal Injury, Disability Evaluations, Allocation of Parental Rights and Responsibilities, and Social Security Disability*

Washington

Employment/Education Services

211

**phone number to get connected with resources in your community*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Columbus Foundation- (614)251-4000

**provides a variety of scholarships*

Consumer Credit Counseling Services of the Mid-Ohio Valley- (304)485-3141

**facilitates the Financial Literacy Program, offering vital financial counseling and education services to low-income residents*

David V. Stivison Appalachian Scholarship- (740)594-8499

**$500 scholarship for eligible college students*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Jobs and Family Services- (740)373-5513

**Provides employment related vehicle repair, work or school clothing, short term education, and other forms of employment and educational help. Summer youth program gives employment opportunities to eligible teens ages 14-18.*

Mancan Staffing- (740)373-9675

**employment agency*

Marietta Area Chamber of Commerce- (740)373-5176

**offers scholarships that will be used to help students from Washington and Wood Counties that want to remain in the area and either learn a trade or earn a degree*

Marietta Community Foundation- (740)373-3286

**offers scholarships to help students realize their educational dreams*

Mid-Ohio Valley Employment (MOVE)- (740)373-MOVE(6683)

**employment services*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

Ohio Education and Training Voucher (ETV) Program- (219)426-2166

**program that provides financial, academic, and human support for young adults who've left the foster care system and are enrolled in qualified colleges, universities, or vocational education programs*

Ohio Means Jobs- (740)434-0758

**provides free employment and educational assistance*

Ohio Reach- https://ohioreach.org/

**supports current and former foster youth reaching for higher education*

Oriana House, Inc.- (330)535-8116

**helps people with a criminal history to find employment*

Sojourners Care Network- (740)596-1117

**Youthbuild program helps eligible young people aged 16-24 meet educational, vocational, and life skills goals while receiving stipends*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Surge Staffing- (740)371-3007

**permanent/temporary employment services*

Washington County Veterans Services- (740)568-9009

**provides employment and educational help for veterans*

Washington Electric Cooperative- (740)373-2141 or (877)594-9324

**offers scholarships to eligible graduating seniors for colleges and vocational schools*

Washington State Community College Foundation- (740)885-5706

**provides financial assistance to students that face unexpected challenges, including gas cards to low-income students with transportation issues*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Women and Children Support Services

211

**phone number to get connected with resources in your community*

Appalachian Breastfeeding Network- (888)588-3423

**breastfeeding experts give advice 24 hours a day*

Beverly Presbyterian Church- (740)984-4256

**supports the Chuck Wagon Backpack Program, providing food bags for elementary students facing food insecurity*

Boys and Girls Club of Washington County- (740) 373-4123

**After school program, youth activities, meals, and summer camp. Mission is to enable all young people, especially those who need help most, to reach their full potential as productive, caring, responsible citizens.*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Bridges to Wellness- (234)801-8010

**Community health workers will work with families to ensure access to services needed such as finding diapers and other baby supplies, finding insurance, choosing a doctor, finding housing, answering pregnancy and parenting questions, and more*

Child Support Enforcement- (740)373-9324 or (800)888-2732

**establishes/enforces child and spousal support orders*

Children With Medical Handicaps- (740)374-2782

**identifies and helps children with handicaps*

Christ United Methodist Church- (740)373-1512

**provides tutoring and after-school activities for first and second grade students from Washington Elementary School*

COAD for Kids- (330)364-8882

**free parenting classes and help finding a suitable child care provider*

Dolly Parton's Imagination Library (through Marietta Community Foundation)- (740)373-3286

**a book gifting program that mails free, high-quality books to children from birth to age five, regardless of income*

Eve, Inc.- (740)374-5819 or (800)974-3111 or (740)374-5820

**provides emergency shelter, counseling, legal advocacy, and other forms of support for domestic violence and sexual assault victims*

Family & Children First Council- (740)376-7081

**Resources for multi system youth (a child who participates in one or more social service programs) ages birth through 21. Includes access and funding for high-need youth for residential treatment, respite, and other assistance not commonly covered by Medicaid.*

Foundation for Appalachian Ohio- (740)753-1111

**provides a wide variety of scholarships for high school students to apply to*

Head Start- (740)373-3745

**free preschool for low income families that specializes in the educational and social development of young children age 3-5*

Healthy Families Integrated Services- (740)594-6807

**family-focused and empathic support provided to parents in their homes to help them build healthy parent-child relationships*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Help Me Grow- (740)374-4954

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Helping Children Cope With Divorce- (740)376-7431

**$30 two-hour education program that offers information on the divorce process and post-divorce parenting*

iBELIEVE Foundation- https://www.theibelievefoundation.org/contact

**provides free access to experiential opportunities for Appalachian youth to learn and continue to develop the skills, behaviors, and attitudes necessary for success in high school and beyond*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Mary's House- (740)559-2254

**Nonprofit Catholic based community home for pregnant women of all faiths. No-cost home for mothers to learn to care for themselves and their newborn child(ren).*

Muskingum County Community Foundation- (740)453-5192

**Scholarship search, ACT Test prep classes, and more*

NAMI Washington County-
https://www.facebook.com/people/NAMI-Washington-County-Ohio/100057419171262/

**advocacy and support for people with mental illnesses and their families*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Buckles Buckeyes (OBB) Program- (740)376-7081

**provides child safety seats and booster seats to eligible low-income families*

Ohio Statewide Family Engagement Center- (614)292-2805

**provides a free online parenting program (Triple P Parenting) that empowers parents to promote well-being and resilience in their children and families, as well as many other resources for families (including a website with lots of information to help families)*

Ohio University Diabetes Institute- cookk1@ohio.edu

**provides scholarships for Washington County children living with Type 1 Diabetes to attend Diabetes CAT summer camp*

REACH Youth Day Treatment- (740)445-5113

**day-long treatment (Monday - Friday) for children experiencing severe emotional problems and having difficulty functioning successfully in their schools, families and communities*

Safe at Home- (740)374-5820 or (740)373-0043

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Salvation Army- (740)373-4043

**provides a variety of extracurricular activities for children in preschool through 12th grade, as well as a summer camp for low-income children*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

Southeast Ohio Youth Mentoring- (740)797-0037

**provides caring mentors for children ages 5-17*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Washington County Community Hardship & Disaster Relief Program- (740)373-3286

**Provides short-term assistance to Washington County residents experiencing financial hardship due to unexpected and unavoidable emergencies or natural disasters. Funds can also cover fees related to extracurricular activities or purchasing clothes and/or equipment.*

Washington County Department of Jobs and Family Services- (740)373-5513

**cash and childcare assistance for needy families*

Washington County Health Department- (740)374-2782

**tobacco cessation support, childhood vaccines (no child turned away due to inability to pay), dental sealant program for children, COVID vaccines, and more*

WIC- (740)374-8501

**nutrition education, breastfeeding education & support, referral for health care, immunization screening and referral, and supplemental foods/formula for low income women and children*

Willow Counseling- (740)400-0213

**mental health counseling, with a particular focus on Perinatal Loss, Perinatal Mental Health, Pregnancy, Prenatal, and Postpartum concerns*

Disabilities Services (Mental/Physical)

211

**phone number to get connected with resources in your community*

Bridges to Success- (614)869-3889

**Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Bureau of Vocational Rehabilitation- (740)592-4411 or (800)248-4378

**helps disabled people get education, employment, and transportation*

CABL (Community Action Bus Lines)- (740)373-7671

**provides curb-to-curb transportation services to eligible disabled people Monday through Friday*

Children With Medical Handicaps- (740)374-2782

**identifies and helps children with handicaps*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Disabled American Veterans- (216)522-3507

**supports local veterans and their families*

Easter Seals- (614)228-5523

**provides therapeutic programming, life skills, and the support necessary for people with disabilities to remain actively engaged in their community*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Goodwill- (740)450-6060

**provides work opportunities, skills development, and employment services for people with barriers to employment*

HAVAR, Inc.- (740)594-3533

**support for adults with developmental disabilities*

Help Me Grow- (740)374-4954

**early intervention for children with developmental disabilities, home visitation for first time pregnancies/moms, support for pregnant women or new parents*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

ResCare Community Living- (740)446-7549

**provides home & personal care services to individuals with developmental disabilities, as well as adult day services and a group home*

RHDD- (740)376-9264

**supports individuals with disabilities to live and work in their community*

Right at Home Marietta- (740)538-5301

**provides a range of in-home care options for adults with disabilities, such as helping with dressing and hygiene, providing medication reminders, or providing transportation to medical appointments*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Wasco, Inc.- (740)373-3418

**work opportunities, job training, and non-medical transportation for the disabled*

Washington County Board of Developmental Disabilities- (740)373-3781

**assists individuals living with developmental disabilities in Washington County*

Washington County Home- (740)373-2028

**assisted living facility for Washington County residents over age 18*

Washington County Public Library- (740)373-1057

**all Washington County libraries provide a variety of services and library materials for those library visitors who require special assistance*

Washington County Veterans Services- (740)568-9009

**provides assistance for disabled veterans*

Washington-Morgan Community Action- (740)373-3745

**provides low cost housing to families that include an individual with a disability*

Food Assistance

211

**phone number to get connected with resources in your community*

3-C Food Pantry- (740)989-2239 or (740)487-5204

**serves Wesley, Fairfield & Decatur townships*

Belpre Area Ministries- (740)423-2069

**food pantry for people who live in certain areas-call ahead to make sure you qualify*

Belpre Church of Christ- (740)350-6301

**has food assistance for Washington County residents*

Beverly Presbyterian Church- (740)984-4256

**supports the Chuck Wagon Backpack Program, providing food bags for elementary students facing food insecurity*

Beverly Waterford Food Pantry- (740)336-1304

**only serves certain people who live in certain areas-call ahead to make sure you qualify*

Christ United Methodist Church- (740)373-1512

**provides free weekly hot meals and other food assistance*

First Congregational Church- (740)373-0741

**distributes monthly take-out meals through the Free Community Breakfast program*

Gospel Mission Food Pantry- (740)350-4417

Greater Marietta Community Food Pantry (GMCFP)- (740)373-5741

Jobs and Family Services- (740)373-5513

**SNAP enrollment and food assistance*

L.A.M.B. Lowell Food Pantry (Judy Gilham answers the phone)- (740)896-3266

**only serves people who live in certain areas-call ahead to make sure you qualify*

New Matamoras Food Pantry- (740)865-3040

only serves people who live in certain areas-call ahead to make sure you qualify

Newport Community Food Pantry- (740)473-2900

only serves people who live in certain areas-call ahead to make sure you qualify

RSVP-Commodity Boxes- (740)373-3107

food boxes for low income seniors age 60+ and meal delivery to shut-ins

Salvation Army- (740)373-4043

A cart of bread and perishable food donations is available to all visitors-first come, first served. A food pantry is available to eligible residents of Washington County.

SE Ohio Foodbank- (740)385-6813

has various types of food assistance, including food assistance for pets

Senior Nutrition Program- (740)373-3745

provides hot, nutritious meals to senior citizens, through both group meals and home delivery

St. Vincent De Paul Society- (740)376-1334

provides food assistance

Tri-County Food Pantry- (740)585-2143

Washington County Harvest of Hope- (740)538-8811

free meals and free garden spaces

Washington-Morgan Community Action- (740)373-3745

provides free summer lunches for kids ages one to eighteen

WIC- (740)374-8501

nutrition education, breastfeeding education & support, referral for health care, immunization screening and referral, and supplemental foods/formula for low income women and children up to age 5

Financial Assistance

211

phone number to get connected with resources in your community

Belpre Area Ministries- (740)423-2069

provides assistance with utilities, rent, and prescriptions

Caring Connection-(740)376-9903

**provides utility assistance*

Catholic Charities of Southeastern Ohio- (740)314-8660

**provides assistance with gas, water, or electric costs once in a 12 month period; also can assist with funeral costs up to $150 for relatives who passed away at age 60+*

Christ United Methodist Church- (740)373-1512

**limited utility and rent assistance*

Consumer Credit Counseling Services of the Mid-Ohio Valley- (304)485-3141

**has resources to facilitate the Financial Literacy Program, offering vital financial counseling and education services to low-income residents*

Electrical Partnership Program (EPP)- 740-373-7671

**offers help in lowering utility bills to eligible AEP customers*

Home Weatherization Assistance Program- (740) 373-7671

**helps families reduce heating and cooling costs by making homes more energy efficient*

Jobs and Family Services- (740)373-5513

**provides emergency assistance with eviction prevention, utility shut-off prevention, employment related vehicle repair, work or school clothing, short term education, and other immediate needs*

Oriana House, Inc.- (330)535-8116

**helps people with a criminal history find housing and other resources*

Percentage of Income Payment Plan (PIPP)- (740)373-3745

**lowers energy bills for eligible Ohioans*

Salvation Army- (740)373-4043

**helps eligible residents of Washington County pay off shutoff notices for electricity, water, and gas*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

St. Vincent De Paul Society- (740)376-1334

**provides rental and utility assistance*

Washington County Community Hardship & Disaster Relief Program- (740)373-3286

**Provides short-term assistance to Washington County residents experiencing financial hardship due to unexpected and unavoidable emergencies or natural disasters. Funds can also cover fees related to extracurricular activities or purchasing clothes and/or equipment.*

Washington County Department of Jobs and Family Services- (740)373-5513

**assistance in financial emergencies, as well as assistance for needy families*

Washington County Veteran Service Commission- (740)568-9009

**provides emergency temporary financial assistance for eligible Washington County veterans*

Washington State Community College Foundation- (740)374-8716

**provides financial assistance to students that face unexpected challenges, including gas cards to low-income students with transportation issues*

Washington-Morgan Community Action- (740)373-3745

**assistance with utility bills and housing costs*

Services for Seniors

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**Advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection. Also provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs.*

Caregivers of the Elderly Support Group- (800)272-3900

**support for caregivers of the elderly; requires registration which can be done over the phone*

Comfort Keepers- (740)373-7125 |

**provides in-home care for seniors and other adults in need of assistance with daily activities*

Daybreak- (740)596-2303

**Transportation/Adult Day Services/Home Services*

Dina's Compassion Care Home Health Services- (740)249-4024

in-home care service provider, which helps elderly people to live independently in their own homes

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home

EyeCare America- (877)887-6327

free local eye exams for eligible seniors and up to one year of follow-up care for any condition diagnosed during the initial exam

FosterBridge- (740)371-5453

provides in-home homemaker, personal care and nursing assessment services

HomeHelpers- (304)244-4434

in-home care to allow senior citizens to keep living at home, including people with Alzheimer's and Dementia

Housecalls Home Health- (740)423-5901

provides home health care; Medicare and/or Medicaid will generally cover the cost of home health services for those patients who meet either program's eligibility requirements

LGBT National Senior Hotline- (888)234-7243

confidential hotline that gives LGBT seniors emotional support, information, and local resources

Marietta Home Health Care- (740)373-8549

home health care in Marietta

O'Neill Center- (740)373-3914

medical transportation, adult day care, help with household tasks, and other services for Washington County residents age 60+

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

free info/services for Medicare recipients and others

PASSPORT- (800)331-2644

Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Quality of Life Home Care- (740)374-8005

**senior home health care services*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

Right at Home Marietta- (740)538-5301

**provides a range of in-home care options for seniors, such as helping with dressing and hygiene, providing medication reminders, or providing transportation to medical appointments*

Senior Companion Program and Foster Grandparent Program- (330)987-7232

**volunteer program for eligible seniors to help connect them to their communities; provides $4 per hour non taxable stipend + mileage that does NOT change eligibility for income-based assistance programs*

Senior Homemaker Program- (740)373-3745

**does weekly housework for eligible homebound people aged 60+ in Washington County*

Senior Nutrition Program- (740)373-3745

**provides hot, nutritious meals to senior citizens, through both group meals and home delivery*

Social Security Administration- (800)772-1213

**assists blind/aged/disabled- SSR/SSD/SSI*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

Washington County Home- (740)373-2028

**assisted living and (physical) rehabilitation facility for Washington County residents over age 18*

Zanesville Welfare Organization and Goodwill Industries, Inc.- (740)450-6060

**The Senior Community Service Employment Program (SCSEP) is a paid community service and work based training program. Eligible job seekers aged 55+ receive service-based training at local non-profit and public organizations.*

Transportation Services

211

**phone number to get connected with resources in your community*

CABL (Community Action Bus Lines)- (740)373-7671

**Public transportation system. Curb pick-up is available for disabled Washington County residents, and residents traveling to, from, or in Marietta outside the fixed route area.*

GoBus- (888)954-6287

**rural intercity bus service including Athens, Columbus, Cincinnati, Cleveland, Logan, Marietta, Van Wert, Wooster, Parkersburg, and more*

O'Neill Center- (740)373-3914

**medical transportation for people age 60 and above who reside in private dwellings in Washington County*

Region 8 Mobility Solution Center- (833)968-4646

**manages and delivers coordinated transportation services to customers, including older adults, people with disabilities, and individuals with lower incomes*

RSVP- (740)373-3107

**Transportation for seniors age 55+. Personal trips limited to one time per month, but medical transportation is unlimited.*

Washington County Department of Jobs and Family Services- (740)373-5513

**transportation to medical appointments*

Washington State Community College Foundation- (740)374-8716

**provides financial assistance to students that face unexpected challenges, including gas cards to low-income students with transportation issues*

Housing Assistance

211

**phone number to get connected with resources in your community*

Belpre Area Ministries- (740)423-2069

**provides assistance with utilities and rent*

Buckeye Hills Regional Council- (800)331-2644

**provides free home modifications enabling seniors age 60+ and disabled people to perform daily activities with greater independence, as well as emergency home repairs*

Caring Connection-(740)376-9903

**provides emergency rent assistance*

Christ United Methodist Church- (740)373-1512

**temporary shelter assistance and limited rent assistance*

Community Housing Impact and Preservation Program- (740)373-7671

**emergency home repair, rehabilitation of owner occupied housing, and other housing services for low and moderate income families*

Cornerstone Ministries- (740)374-5381

**provides emergency shelter and other services*

Equitas Health- (740)331-4165

**housing assistance and other financial support for people with HIV and/or AIDS*

Habitat for Humanity- (304)422-7907

**income-based home construction program*

House to Home- (304)893-5353

**daytime shelter in Parkersburg offering assistance when other shelters are closed*

HUD- (614)469-5737

**has a variety of housing assistance programs, including ones that help with getting mortgages and stopping foreclosures*

Integrated Services for Behavioral Health- (800)321-8293

**provides housing or rental assistance for the needy*

Jobs and Family Services- (740)373-5513

**provides emergency assistance with eviction prevention*

Latrobe Street Mission- (304)893-9460

**emergency homeless shelter in Parkersburg*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

Life & Purpose Community Resource Center- (740)371-7093

**day shelter in Marietta aimed to connect people with resources promoting stability, independence, and help powering through information*

National Call Center for Homeless Veterans- (877)424-3838

**federal government homeless veteran helpline*

Neighborhood Assistance Corporation of America- (425)602-6222

**helps prevent foreclosures and helps people get affordable mortgages*

Ohio Housing Finance Agency (OHFA)- (888)362-6432

** Provides mortgages with generous income and purchase price limits, designed especially for homebuyers with low- and moderate-incomes. Also provides homebuyer education and other resources.*

Oriana House, Inc.- (330)535-8116

**helps people with a criminal history find housing and other resources*

RSVP- (740)373-3107

**connects people to temporary shelter assistance during the winter months*

Salvation Army- (740)373-4043

**provides emergency shelter*

Save the Dream Ohio – Utility Assistance Plus- (888)404-4674

**provides eligible Ohio homeowners suffering economic hardship caused by the COVID-19 pandemic with financial assistance to pay delinquent utility bills, property taxes, and other housing costs not included in the mortgage payment*

Sojourners Care Network- (740)596-1117

**positive development opportunities for children and young adults, homeless youth programs, foster care, adoption, and more*

St. Vincent De Paul Society- (740)376-1334

**provides temporary shelter and rent assistance*

Supportive Services for Veteran Families (SSVF)- (614)629-9960

**housing assistance for veterans who are facing eviction or already homeless*

USDA Rural Development- (800)414-1226

**income-based loans for rural home purchase; loans and grants to low-income homeowners to repair, improve, or modernize their homes*

Washington County Fair Housing- (800)331-2644

**assures compliance with federal and state fair housing laws*

Washington County Home- (740)373-2028

**assisted living and (physical) rehabilitation facility for Washington County residents over age 18*

Washington County Veteran Service Commission- (740)568-9009

**provides emergency assistance for veterans to prevent homelessness, as well as help with obtaining mortgages*

Washington-Morgan Community Action- (740)373-3745

**provides rental assistance and low cost housing for low-income people and families that include individuals with disabilities*

Health Support (Mental/Physical)

211

**phone number to get connected with resources in your community*

Angel's Harbor- (740)447-2940 or (740)257-1479

**faith based drug/alcohol addiction treatment center for women*

Belpre Area Ministries- (740)423-2069

**provides assistance with paying for prescriptions*

Bridges to Wellness- (234)801-8010

**a program that connects individuals and families to local resources to help them become stronger and healthier*

BrightView Marietta Addiction Treatment Center- (833)510-HELP

**comprehensive outpatient drug and alcohol addiction treatment center*

Caring Connection-(740)-376-9903

**provides help with paying for prescription medications*

Children with Medical Handicaps- (740)374-2782

**helps families of children with chronic medical conditions*

Comfort Keepers- (740)373-7125 |

**provides in-home care for seniors and other adults in need of assistance with daily activities*

Counseling and Wellness Center- (740)401-3088

**counseling for men, women, couples, and families for a variety of challenges, including anxiety, depression, mental illness, disorders, abuse, and trauma*

Counseling House of MOV- (304)865-5444

**provides general and specialized therapy for mental and behavioral disorders in individuals, families, and groups*

Crisis Services Hotline (Hopewell Health Centers)- (888)475-8484 or (740)593-3344

**24 hour mental health crisis hotline for emergencies only*

Drug Treatment Center 24 Hour Helpline- 1(800)662-4357

**confidential free help from public service agencies*

Equitas Health- (740)529-0018

**confidential testing and HIV/AIDS assistance*

Eve, Inc.- (740)374-5819 or (800)974-3111 or (740)374-5820

**provides counseling and support for men, women, and children who have experienced domestic violence and/or sexual assault*

EyeCare America- (877)887-6327

**free local eye exams for eligible people and up to one year of follow-up care for any condition diagnosed during the initial exam*

Family Counseling & Rehabilitation Center of Ohio- (740)371-4617

**mental health, substance abuse, and family therapy*

Healthy Start- (800)324-8680

**health coverage for low-income children under age 19*

Hope Hollow- (614)459-4673

**supports cancer patients and their families with lodging, meals, transportation, hospitality, and emotional support as they travel to Columbus for their cancer treatment*

Hopewell Health Center- (740)423-8095 or (740)445-5113 (youth day treatment)

**provides mental health treatment with charges based on household income*

House of Hope- (740)374-0420

**peer-run adult only day center for people recovering from mental illness*

Housecalls Home Health- (740)423-5901

**provides home health care; Medicare and/or Medicaid will generally cover the cost of home health services for those patients who meet either program's eligibility requirements*

Integrated Services for Behavioral Health- (800)321-8293

**treatment for mental health and substance abuse with discounts based on household income*

Job and Family Services- (740)373-5513

**Medicaid enrollment, transportation and medical assistance*

Judith Smithchild- (740)448-1604

**provides mental health and family counseling; LGBTQ Culturally Competent Provider*

Lead Hazard Control Grant- (877)532-3723

**free lead hazard control home repairs for eligible children and pregnant women*

LGBT National Hotline- (888)843-4564

**confidential hotline that gives LGBT individuals emotional support, information, and local resources*

Lions Club- (740)891-6067

**provides vision care for eligible people*

Living With Cancer Support Group- (740)732-4958

**Support groups are free for residents of Noble County and surrounding communities and are open to anyone impacted by cancer. In-person and virtual options available. Registration required.*

Marietta Home Health Care- (740)373-8549

**home health care in Marietta*

Marietta VA Clinic- (740)568-0412

**outpatient clinic that provides primary care and specialty health services, including mental health services, for veterans*

Medicaid Connect- (740)385-6813

**provides health education, resource navigation, and uniquely tailored case management*

MedMark Treatment Centers Marietta- (740)236-4452

**treatment for opioid addiction*

Mid-Ohio Valley Medical Group- (740)423-5055

**medical care with financial assistance for eligible people*

NAMI Washington County-
https://www.facebook.com/people/NAMI-Washington-County-Ohio/100057419171262/

**advocacy and support for people with mental illnesses and their families*

National Suicide Prevention Lifeline- 988

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs, including parenting education and mental health care for children*

Ohio Home Care Waver- (844)644-6582

**allows individuals with physical disabilities and unstable medical conditions to receive care in their homes and communities instead of nursing facilities, hospitals, or rehabilitation facilities*

Ohio University Diabetes Institute- cookk1@ohio.edu

**provides scholarships for Washington County children living with Type 1 Diabetes to attend Diabetes CAT summer camp*

Ohio's Best RX Program- (866)923-7879

**income based low cost prescriptions*

Oriana House, Inc.- (330)535-8116

**treatment for addictions and mental health problems, with charges based on patient's income*

OSHIIP (Ohio Senior Health Insurance Information)- (800)686-1578 or (614)644-2673

**free info/services for Medicare recipients and others*

PASSPORT- (800)331-2644

**Medicaid waiver program helps Medicaid-eligible older Ohioans get the long-term services and supports they need to stay in their homes or other community settings, rather than enter nursing homes*

PATH Behavioral Healthcare- (740)675-0119

**treatment for mental health and substance abuse problems, with charges based on household income*

Quality of Life Home Care- (740)374-8005

**senior home health care services*

Rising Suns Non-Profit Pharmacy- (740)447-5025

**provides prescription medications for uninsured and low-income people*

Riverside Counseling- (330)718-8973

**mental health and substance abuse counseling for adults aged 18+*

SAMHSA's National Helpline- (800)662-HELP (4357)

**free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders*

Southeastern Ohio Breast and Cervical Cancer Project- (800)236-6253

**helps women navigate cancer screenings and offers no-cost breast and cervical cancer screenings*

Southeastern Ohio Counseling Center- (740)489-5571

**provides mental health and recovery services, with charges based on household income*

Specialized Recovery Services- (800)324-8680 or (800)686-1516

**Eligible individuals diagnosed with a serious and persistent mental illness, a diagnosed chronic condition, or who are active on the solid organ or soft tissue transplant waiting list can get services such as recovery management, help finding and keeping a job, and peer support.*

SperoHealth- (866)755-4258

**outpatient drug and alcohol addiction treatment*

St. Vincent De Paul Society- (740)376-1334

**provides prescription assistance*

Suicide Awareness Alliance of Washington County- (740)350-3365

**champions, advocates and coordinates strategies to reduce the risk of suicide and supports efforts to assist those individuals, families, and communities impacted by suicide*

Triple P Parenting- (740)517-9102

**Hopewell Health parenting program that empowers parents to promote well-being and resilience in their children and families*

Washington County Health Department- (740)374-2782

**tobacco cessation support, childhood vaccines (no child turned away due to inability to pay), dental sealant program for children, COVID vaccines, and more*

Washington-Morgan Community Action- (740) 373-3745

**provides various services for pregnant women, various cancer screenings, pregnancy tests, pap tests, breast exams, STD testing, and contraception information*

Willow Counseling- (740)400-0213

**mental health counseling, with a particular focus on Perinatal Loss, Perinatal Mental Health, Pregnancy, Prenatal, and Postpartum concerns*

Clothing Assistance

211

**phone number to get connected with resources in your community*

Belpre Area Ministries- (740)423-2069

** household goods and clothing at low prices*

Goodwill- (740)373-1304

**furniture, household goods, clothing at low prices*

Gospel Mission Food Pantry- (740)350-4417

**provides clothing for people in need*

Jobs and Family Services- (740)373-5513

**free clothing needed for school or work*

Lucky Thrift Shop- https://www.facebook.com/groups/174552216549276/

**used clothing and accessories store*

RSVP- (740)373-3107

**has some clothing assistance*

Salvation Army- (740)373-4043

**has a free clothing center for low-income people*

Sandy's Bargain Barn- (740)984-8165

**clothing and other items at low prices*

Too Good to be Through- (740)989-2607

**clothing and other items at low prices*

Trading Post Thrift Store Marietta- (740)371-5468

**clothing and other items at low prices*

Washington County Community Hardship & Disaster Relief Program- (740)373-3286

**Provides short-term assistance to Washington County residents experiencing financial hardship due to unexpected and unavoidable emergencies or natural disasters. Funds can also cover fees related to extracurricular activities or purchasing clothes and/or equipment.*

Western Washington County Food Pantry and Thrift Store- (740)678-1065

**household goods and clothing at low prices*

Legal/Conflict Resoultion

211

**phone number to get connected with resources in your community*

Buckeye Hills Regional Council- (800)331-2644

**advocates for and educates older adults, people with disabilities, and their caregivers and promotes long-term care choices and consumer protection*

Common Pleas Court Mediation Program- (740)373-6623

**conflict resolution- domestic relations (especially issues of custody and visitation), civil cases (especially foreclosures)*

Disability Rights Ohio- (614)466-7264 or (800)282-9181

**provides legal advocacy and rights protection to a wide range of people with disabilities*

Easter Seals of Central and Southeast Ohio: Region 8 Ombudsman- (888)502-6601

**advocates for people who receive long-term care in their homes, an assisted living facility, or a nursing home*

Eve, Inc.- (740)374-5819 or (800)974-3111 or (740)374-5820

**provides legal information and support to victims of domestic violence*

National Youth Advocate Program- (877)692-7226

**serves children, youth, and families in Ohio through a variety of programs*

OCC (Ohio Consumers' Council)- (877)742-5622

**statewide legal representative for Ohio's residential consumers in matters related to their investor-owned electric, natural gas, telephone, and water services*

Ohio Victims of Crime Compensation Program- (800)282-0515

**administers program to financially compensate innocent victims of violent crime and their families*

Pro Seniors- (513)345-4160 (Legal Hotline) or (800)488-6070

**mission is to enhance the independence and quality of life of older adults (residents of Ohio age 60 and over) by empowering them, by protecting their interests and by facilitating their access to resources*

Safe at Home- (740)374-5820 or (740)373-0043

**Program participants are assigned a fake substitute address designated by the Secretary of State's Office to assist victims of domestic violence, stalking, human trafficking, rape, or sexual battery by shielding their personal information from public record*

Southeastern Ohio Legal Services- (740)594-3558 or (800)686-3669

**gives free legal help to people with low incomes on issues related to health benefits, housing, school, employment, utilities, family law problems, consumer problems, public benefits like SNAP and Medicare issues, and other noncriminal legal matters*

Victim Assistance- (740)373-0043

**advocacy and support for victims of crime, such as protections orders for victims of domestic violence and stalking*

Washington County Fair Housing- (800)331-2644

**assures compliance with federal and state fair housing laws*

Washington County Veterans Services- (740)568-9009

**provides legal assistance for veterans*