

# Weekly Prayers (Psalter Week 1)

Catholic Social Teaching:

Dignity

Subsidiarity

Solidarity

The Common Good

Liturgical  
Colour:  
White

Remember: Rosary in the Chapel at 1:45 (A1) today!

# Monday 18<sup>th</sup> November

## Today's Gospel Reading

(Or you can watch this 2-min video instead!)

**Reflection:** Some people think 'faith' means living with absolute certainty—with no doubts or questions. Some think it means being '*unsinkable*'. Maybe that's not what faith is at all— maybe 'faith' actually means an awareness of our imperfections, our humanity, and a willingness to reach out to Jesus and say, 'Lord, help me!'

**Question:** Do I have the courage to reach out— to Jesus, or to a friend, when I need to? Do I have the courage to ask others for help, or to offer help?

**Prayer:** Lord Jesus Christ, Peter didn't ask you to calm the storm, but for help to walk through it. Help us, like Peter, to trust you through the storms in our lives, knowing that if we begin to sink, all we need to do is reach out to you for help. Walk with us through the storms, Jesus. Amen.



Liturgical  
Colour:  
Green

# Tuesday 19<sup>th</sup> November

## Today's Gospel Reading

(Optional) Songs you might remember from primary school:

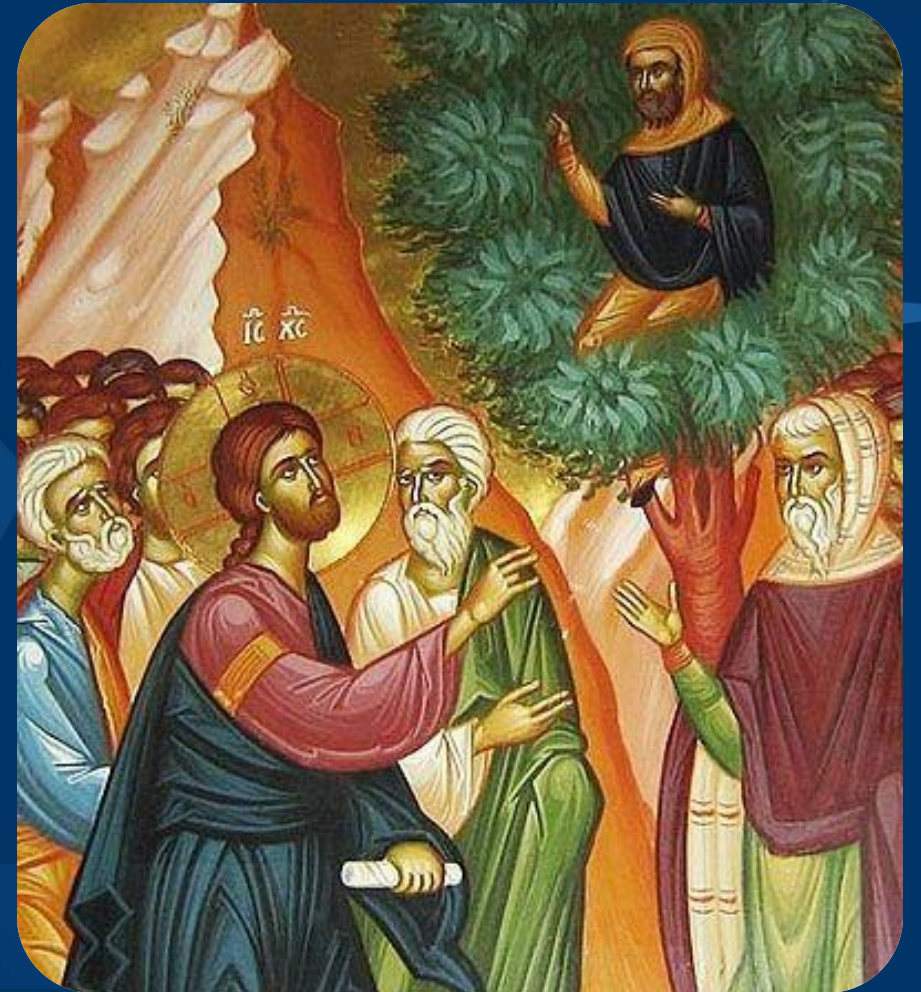
Zacchaeus was a Greedy Little Man

Zacchaeus was a Wee Little Man

**Reflection:** Zacchaeus knew he was a bad person. He knew he was a bully and a thief. He didn't care. But when Jesus came to Jericho, he felt drawn to see 'what kind of man Jesus was'. When Jesus called him by name, he immediately jumped down, and welcomed him joyfully. He also promised to change his ways, and right the wrongs he'd committed. What a powerful conversion!

**Question:** What came first in the story- Jesus' mercy, or Zacchaeus' repentance? What does that teach us about our lives and our relationships?

**Prayer:** Lord Jesus Christ, you tell us, '*no one can come to me unless the Father draws him*'. Help us to recognize and respond to the quiet, unspoken influences in our lives which may lead us to a closer relationship with you. Amen



Liturgical  
Colour:  
Green

Remember: Mustard Seed Bible Study Group continues today, A2, in the Chaplaincy!

# Wednesday 20<sup>th</sup> November

In a new low for Chaplaincy, I am offering you a [TikTok](#) video this morning- 59 seconds, in which Fr Mike explains a very simple style of praying: Tell, ask, rely.

Watch the video, then maybe put a short piece of reflective music on, where you can pray silently in the quiet of your own heart. Tell Him your need, ask Him for help, rely on His wisdom

God bless, and sorry again about the tiktok link...





Liturgical  
Colour:  
White

Remember: Young Christian Women club today A2! (inc Hbt chocolate & biscuits..)

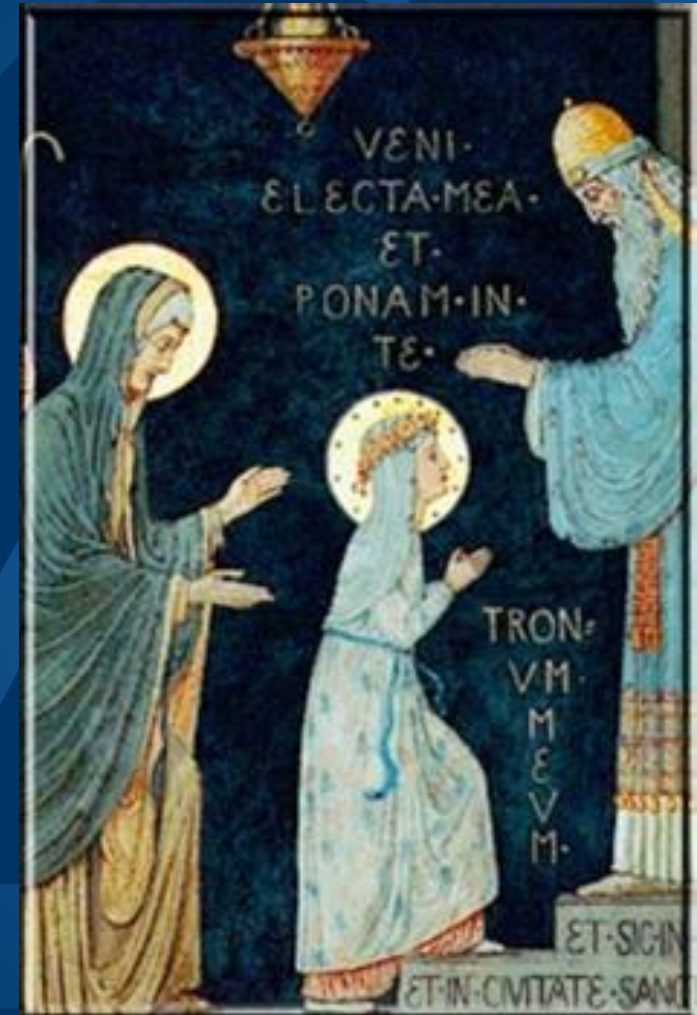
# Thursday 21<sup>st</sup> November

Today is the Feast of the Presentation of Mary in the temple- a ritual consecrating her to the Lord, and the same thing she would do with her son Jesus, many years later.

When Mary was asked to be the mother of the Savior, she was completely free to accept or reject the offer. Her response, "*Let it be done to me*," was a great act of faith. Because she was the first to say yes to the Messiah, the Church has declared her to be the Mother of the Church.

This morning, let us remember that courageous and selfless '*Yes*', as we pray together the words of the

Magnificat: (p181 if link doesn't bring you straight there..)



Liturgical  
Colour:  
Green

Friday 22<sup>nd</sup> November

# CST FRIDAY: Solidarity

London is miles away from here. What is the point in doing things to raise money for the homeless in London???

The Sandra Jones Centre is in Africa for crying out loud! Why waste our time helping people we're never even going to meet....?

Discuss.

