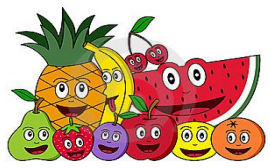


		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	MEAT/FISH	Creamy Salmon Pasta with Garlic Bread	Chicken Tacos	Lamb Lasagne	Beef Burger in a Bun with Herby Diced Potatoes	Breaded Fish Fingers and Chips
	VEGETARIAN	Cheese and Tomato Pizza	Tomato and Roasted Vegetable Pasta	Sweet Chilli Vegetable & Noodle Stir-Fry	Quorn Burger in a Bun with Herby Diced Potatoes	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	VEGETABLES	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables
	DESSERT	Strawberry & Vanilla Mousse	Cocoa and Beetroot Sponge Cake	Strawberry Jelly	Fresh Fruit Platter	Oat & Raisin Cookie
WEEK 2	MEAT/FISH	BBQ Beef and Pepper Pizza	Sweet & Sour Chicken with Vegetable Rice	Roast Pork Roast Potatoes and Gravy	Breaded Chicken Strips With Potato Wedges	Breaded Fish Fillet And Chips
	VEGETARIAN	Dahl Curry with Yellow Rice	Macaroni Cheese	Mexican Bean Puff Pastry Roll	Quorn Nuggets With Potato Wedges	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Mayonnaise
	VEGETABLES	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables
	DESSERT	Waffle with Natural Yoghurt	Mixed Berry Flapjack	Cocoa Krispy Cake	Fruit Smoothie	Cheese and Crackers
WEEK 3	MEAT/FISH	Beef Bolognese Pasta with Garlic Bread	Chicken & Vegetable Pie	Roast Chicken, Roast Potatoes and Gravy	Pork Sausages, Mashed Potato and Gravy	Breaded Fish Fingers And Chips
	VEGETARIAN	Vegetable Pizza	"Nut Free" Pesto & Roasted Cherry Tomato Pasta	Vegetable & Bean Burrito	Glamorgan Sausages, Mashed Potato and Gravy	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	VEGETABLES	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables
	DESSERT	Raspberry Ripple Ice Cream Roll	Pineapple upside down Cake with Custard	Jaffa Cake Twist	Fresh Fruit Platter	Oat & Banana Cookie



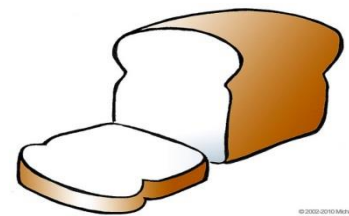
Available Daily- Fresh Fruit



Yoghurt



Salad



Bread