

Student Sports Concussion and Head Injuries

Concussion and Head Injury Management in Student Sports

A. Athletic Director or Administrator in Charge of Athletics Duties:

1. *Updating:* Each spring, the athletic director, or the administrator in charge of athletics if there is no athletic director, shall review any changes that have been made in forms required for concussion and head injury management by consulting with the WIAA or the WIAA Web site. If there are any updated forms, they will be adopted and used for the upcoming school year.
2. *Identifying Sports:* By June 30 of each year, the athletic director or administrator in charge will identify competitive sport activities in the district for which compliance with the concussion and head injury policy is required. A list of competitive sports activities and the district's policy and procedure 2151 will be distributed to all coaching staff and volunteers.

B. *Coach Training:* All coaches shall undergo training in head injury and concussion management at least once every two years by one of the following means: (1) through attendance at a WIAA or similar clock hour presentation which uses WIAA guidelines; or (2) by completing WIAA online training.

C. *Parent Information Sheet:* On a yearly basis, a concussion and head injury information sheet shall be signed and returned by the youth athlete and the athlete's parent and/or guardian prior to the youth athlete's initiating practice or competition. This information sheet may be incorporated into the parent permission sheet which allows students to participate in extracurricular athletics.

D. *Coach's Responsibility:* A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be immediately removed from play.

E. *Return to Play After Concussion or Head Injury:* A student athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care professional trained in the evaluation and management of concussion and receives written clearance to return to play from that health care professional.

Additional information related to concussions in youth sports may be obtained at www.cdc.gov/ConcussionInYouthSports

