



## 7<sup>th</sup>-8<sup>th</sup> Grade Physical Education Expectations & Syllabus

### **Meet Your Union Park School Physical Education Team!**

#### **Lorie Kennedy**

##### About the Teacher

Hola Toros!

I'm Lorie Kennedy, and I am still so EXCITED about being a Union Park Teacher! This will be my 10th year teaching PE. I came back to teaching about 10 years ago. I was in the classroom before, then took 10 years off to be a mom. When I was ready to return, I got my PE endorsement. I love working out, so PE is a great fit for me! I have been in the Deer Valley district since 2014. I love teaching PE, because it means I get to see all students on campus. I want kids to love being active, and have fun moving!

I've been married for 21 years, and both my husband and I are AZ natives. We have two boys, Cutter and Christian. We are a happy family, who enjoy eating out, hanging out with friends, and traveling.

Contact information: [Lorie.Kennedy@dvusd.org](mailto:Lorie.Kennedy@dvusd.org)

#### **Bradley Land**

##### About the Teacher

Prior to being a PE teacher at Union Park, I had been an Adapted PE Teacher in the district. I'm excited to get moving again at Union Park this school year!

I am originally from St. Louis, MO. I moved to Phoenix, AZ in 2013. I taught K-8 PE at a charter school before becoming an Adapted PE Teacher for DVUSD. I love all sports, but my favorite sport is soccer. I have played the game since I was 5, played in college all 4 years, and further coached club, high school, and collegiately. I have worked closely over the years with the Special Olympics since becoming a member of the DVUSD family. Outside of work, I have a great family which consists of my wife (Annie), my son (Milo), and our little dog (Fuzzy). In my spare time I like spending time with my family and friends, building things, arts and crafts, and of course, anything sports related. Go Toros!

Contact information: [Bradley.Land@dvusd.org](mailto:Bradley.Land@dvusd.org)

#### **Lisl Nixon**

##### About the Teacher

I am Lisl Nixon, and I am excited to be a new member of the PE team here at Union Park! I have a Master's Degree in Physical Education from ASU, am a personal trainer, and love helping kids learn how to take care of themselves. And I have NEVER played on a sports team. I love helping all students succeed and progress from where they are now, based on their own abilities and effort. I love hiking, weightlifting, swimming, camping, landscaping, remodeling, and building stuff! And more than anything, I LOVE teaching.

Contact information: [Lisl.Nixon@dvusd.org](mailto:Lisl.Nixon@dvusd.org)



# Union Park School

Physical Education



***Union Park has implemented email office hours and a “curfew” to ensure that we maintain a healthy work-life balance. We will check/respond to emails Monday through Friday from 7:00am to 8:00am, during our scheduled prep times, and again from 3:00-5:00pm.***

***If you would like to meet with us, please schedule specific times to meet, as we need time to communicate effectively. I often have professional duties directly before and after school hours. Please understand that I will not be able to meet or discuss issues while I am teaching or supervising students. However, we will contact you as soon as we can.***

## **Physical Education Schedule**

- Union Park Physical Education Course is daily with an AM class and a PM class. It is offered per quarter, semester, and year-long. In order to participate, or be accepted into year-long PE, you must maintain and receive a B average or above in sportsmanship and Personal Responsibility, and you must receive and maintain satisfactory or higher in your citizenship grade.

**When attending PE, students are expected to be dressed appropriately to participate in physical activity, wear proper footwear, and should bring a water bottle.**

- Union Park Physical Education teaches to the AZ State Standards using a variety of methods to engage students in the learning of physical education, activity, wellness, teamwork, strategy, and sportsmanship/citizenship.

*\*Click on the following link for [Arizona Physical Education Standards](#)\**

## **Stay Updated with School Activities, Assignments, and MORE!**

Visit Our School Website: <https://www.dvUSD.org/Domain/7676>

**Visit Our PE Teacher websites by clicking on the names below:**

[Coach Kennedy](#)

[Coach Land](#)

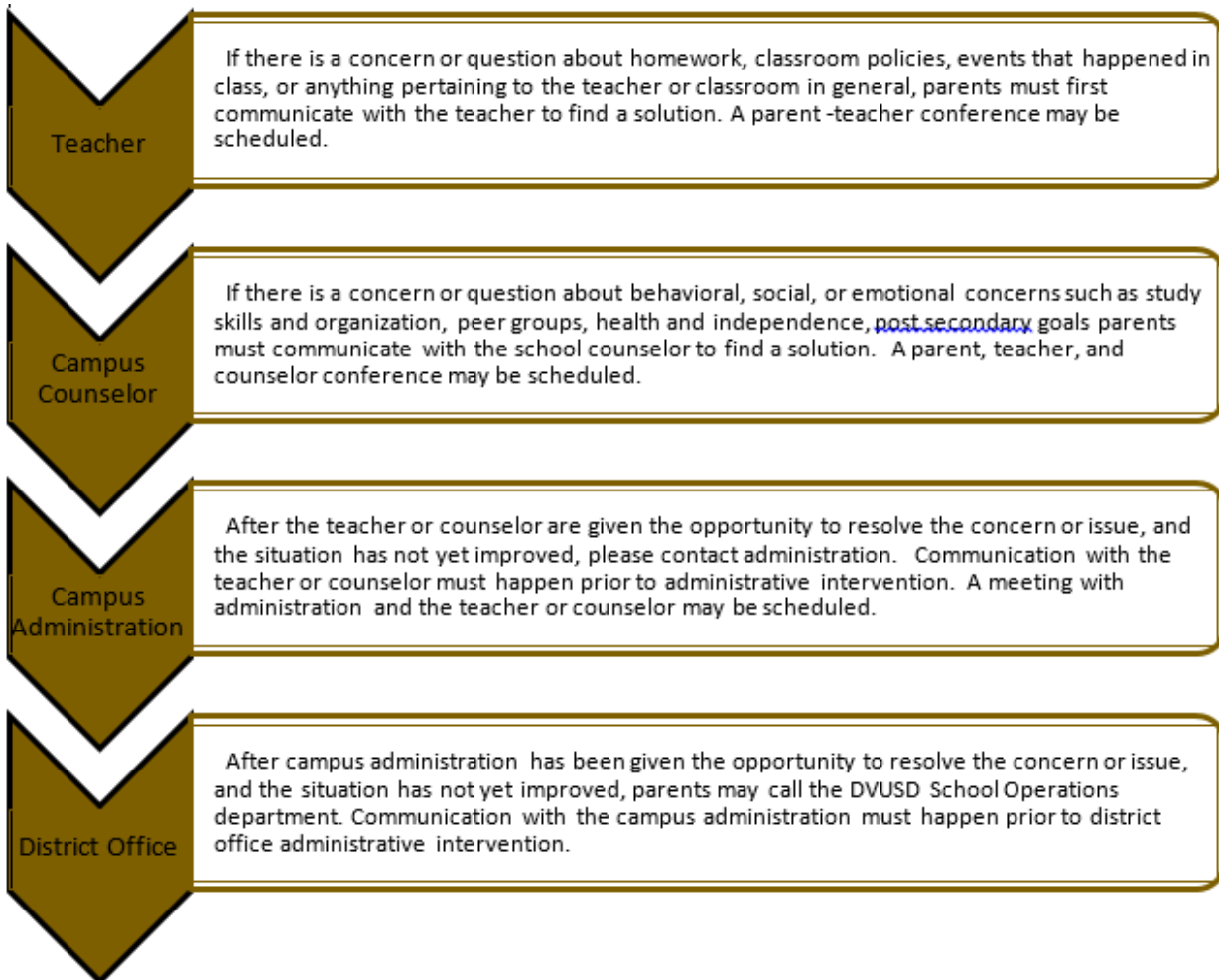
*Coach Nixon*



## Communication

*Parent Involvement is all about the children. Participation in your child's education is proven to boost his or her achievement in school. We are committed to treat parents as partners while keeping lines of communication open and focused on the needs of your child. Mutual trust and respect between parents and teachers is required to maintain a positive learning experience at any school. We believe that your trust in Union Park is required to ensure your child's success.*

Stakeholder communication plays an important role in the success of a school. Solutions are best found at the level closest to the issue or concern. As such, we have adopted the following protocol.



If a child's safety or school-wide safety is a concern, please contact the front office or a staff member immediately. Administration works diligently to ensure the safety of all students.

Please schedule specific times to meet with your child's teacher, as he or she needs time to communicate effectively. Teachers often have professional duties directly before and after school hours.



## Behavioral Expectations

***All District Rules will be adhered to at Union Park School. Please refer to the DVUSD Student Rights and Responsibilities Handbook. We believe that students must treat others with the same respect with which they are treated by the adults in our school. We also believe that student's actions, dress, possessions, etc., must not cause a problem for themselves or anyone else.***

Every attempt is made to contact parents to discuss school problems before the student arrives home.

## Grades

***Grades are a reporting tool utilized to reflect what a student knows and is able to do in a content area. We measure achievement, not effort or behavior, in our grading system. Grades will be recorded using an A-F/percentage scale for each standard being taught, and the average of those scores will determine the student's overall grade.***

***Union Park PE:*** Union Park physical education uses a standards based mindset. All grades will be based on scoring rubrics matched to assessments, coursework, and practice.

***PowerSchool is an essential resource for parents and students. It is not only a tool for communication regarding grades, it is a resource for our students and parents to check progress, missing work, and what is being taught/learned regularly. Please ensure that you and your child have access and even sign up for the app and push notifications or weekly email updates as an option in [PowerSchool](#).***

## Grading Scale

**DEER VALLEY**  
*Unified School District*

## Grading Guide

Teachers will enter scores for assignments in the gradebook based upon student performance of the standards.

Highly Proficient A 100%-90%			Proficient B 89%-80%		Proficient C 79%-70%	
100%-97%	96%-94%	93%-90%	89%-85%	84%-80%	79%-75%	74%-70%
<b>All 4's on standards</b>	All 4's except for one 3	Mostly 4's with some 3's and/or 2's	Mostly 3's with some 4's <b>All 3's on standards</b>	Mostly 3's and 4's with a 2	Mostly 3's with some 2's	Mostly 2's and/or 4's

Partially Proficient D 69%-60%			Minimally Proficient F 59%-50%		
69%-65%	64%-60%	59%-56%	55%-50%		
Mostly 2's and 3's with a 1	<b>All 2's on standards</b>	Mostly 2's and some 1's	<b>All 1's on standards</b>		
			<b>No Evidence</b>		
			49%-0%		



## Example Rubric for a PE Standard

S1. M13 7th Grade Games and Sports: Net/Wall Games <i>Striking</i>	
<b>4</b>	Strikes, with a mature overarm pattern in a dynamic environment for net/wall games such as volleyball, handball, badminton or tennis. Demonstrates correct technique while being able to successfully get the object over the net and in play.
<b>3</b>	Does not fully demonstrate correct technique for a mature overarm strike, and is still able to legally and successfully get the object over the net and in play in a dynamic environment.
<b>2</b>	Does not fully demonstrate correct technique for a mature overarm strike, and is still able to legally get the object over the net but lands out of play in a dynamic environment
<b>1</b>	Does not fully demonstrate correct technique for a mature overarm strike, and is unable to legally get the object over the net in a dynamic environment.
<b>N/E</b>	No evidence of any attempt to demonstrate this standard.

### Gradebook Guidelines

- Teachers are to maintain students' grades and progress on the District's electronic grade book program.
- Teacher grade books are auditable documents and are maintained digitally by network services.
- Every effort is made to record a minimum of one grade per week for each content area. The first week of school, district-wide assessments, and state testing weeks are allowable exceptions.
- Gradebooks are updated on a weekly basis.
- **No "extra credit" will be given at any time.**
- Progress reports will be sent home for students halfway through the quarter.

### Student's Role in Learning

Students become self-directed in learning about themselves as a learner. They have to analyze their own study habits to figure out what actually works for them, this helps students retain knowledge.