



3rd-5th Grade Physical Education Expectations & Syllabus

Meet Your Union Park School Physical Education Team!

Lorie Kennedy

About the Teacher

Hola Toros!

I'm Lorie Kennedy, and I am still so EXCITED about being a Union Park Teacher! This will be my 10th year teaching PE. I came back to teaching about 10 years ago. I was in the classroom before, then took 10 years off to be a mom. When I was ready to return, I got my PE endorsement. I love working out, so PE is a great fit for me! I have been in the Deer Valley district since 2014. I love teaching PE, because it means I get to see all students on campus. I want kids to love being active, and have fun moving!

I've been married for 21 years, and both my husband and I are AZ natives. We have two boys, Cutter and Christian. We are a happy family, who enjoy eating out, hanging out with friends, and traveling.

Contact information: Lorie.Kennedy@dvusd.org

Bradley Land

About the Teacher

Prior to being a PE teacher at Union Park, I had been an Adapted PE Teacher in the district. I'm excited to get moving again at Union Park this school year!

I am originally from St. Louis, MO. I moved to Phoenix, AZ in 2013. I taught K-8 PE at a charter school before becoming an Adapted PE Teacher for DVUSD. I love all sports, but my favorite sport is soccer. I have played the game since I was 5, played in college all 4 years, and further coached club, high school, and collegiately. I have worked closely over the years with the Special Olympics since becoming a member of the DVUSD family. Outside of work, I have a great family which consists of my wife (Annie), my son (Milo), and our little dog (Fuzzy). In my spare time I like spending time with my family and friends, building things, arts and crafts, and of course, anything sports related. Go Toros!

Contact information: Bradley.Land@dvusd.org

Lisl Nixon

About the Teacher

I am Lisl Nixon, and I am excited to be a new member of the PE team here at Union Park! I have a Master's Degree in Physical Education from ASU, am a personal trainer, and love helping kids learn how to take care of themselves. And I have NEVER played on a sports team. I love helping all students succeed and progress from where they are now, based on their own abilities and effort. I love hiking, weightlifting, swimming, camping, landscaping, remodeling, and building stuff! And more than anything, I LOVE teaching.

Contact information: Lisl.Nixon@dvusd.org



Union Park has implemented email office hours and a “curfew” to ensure that we maintain a healthy work-life balance. We will check/respond to emails Monday through Friday from 7:00am to 8:00am, during our scheduled prep times, and again from 3:00-5:00pm.

If you would like to meet with us, please schedule specific times to meet, as we need time to communicate effectively. I often have professional duties directly before and after school hours. Please understand that I will not be able to meet or discuss issues while I am teaching or supervising students. However, we will contact you as soon as we can.

Physical Education Schedule

- Union Park Special Area classes operate on a rotating 6 day schedule. Students have specific days their classroom will attend PE. For example, Mr. Smith’s 3rd grade class attends PE on days 1, 3, & 5, Art on day 2, Spanish on day 4, and Music on day 6.
- **When attending PE, students are expected to be dressed appropriately to participate in physical activity, wear proper footwear, and should bring a water bottle.**
- Union Park Physical Education teaches to the AZ State Standards using a variety of methods to engage students in the learning of physical education, activity, wellness, teamwork, strategy, and sportsmanship/citizenship.

Click on the following link for [Arizona Physical Education Standards](#)

Stay Updated with School Activities, Assignments, and MORE!

Visit Our School Website: <https://www.dvusd.org/Domain/7676>

Visit Our PE Teacher websites by clicking on the names below:

[Coach Kennedy](#)

[Coach Land](#)

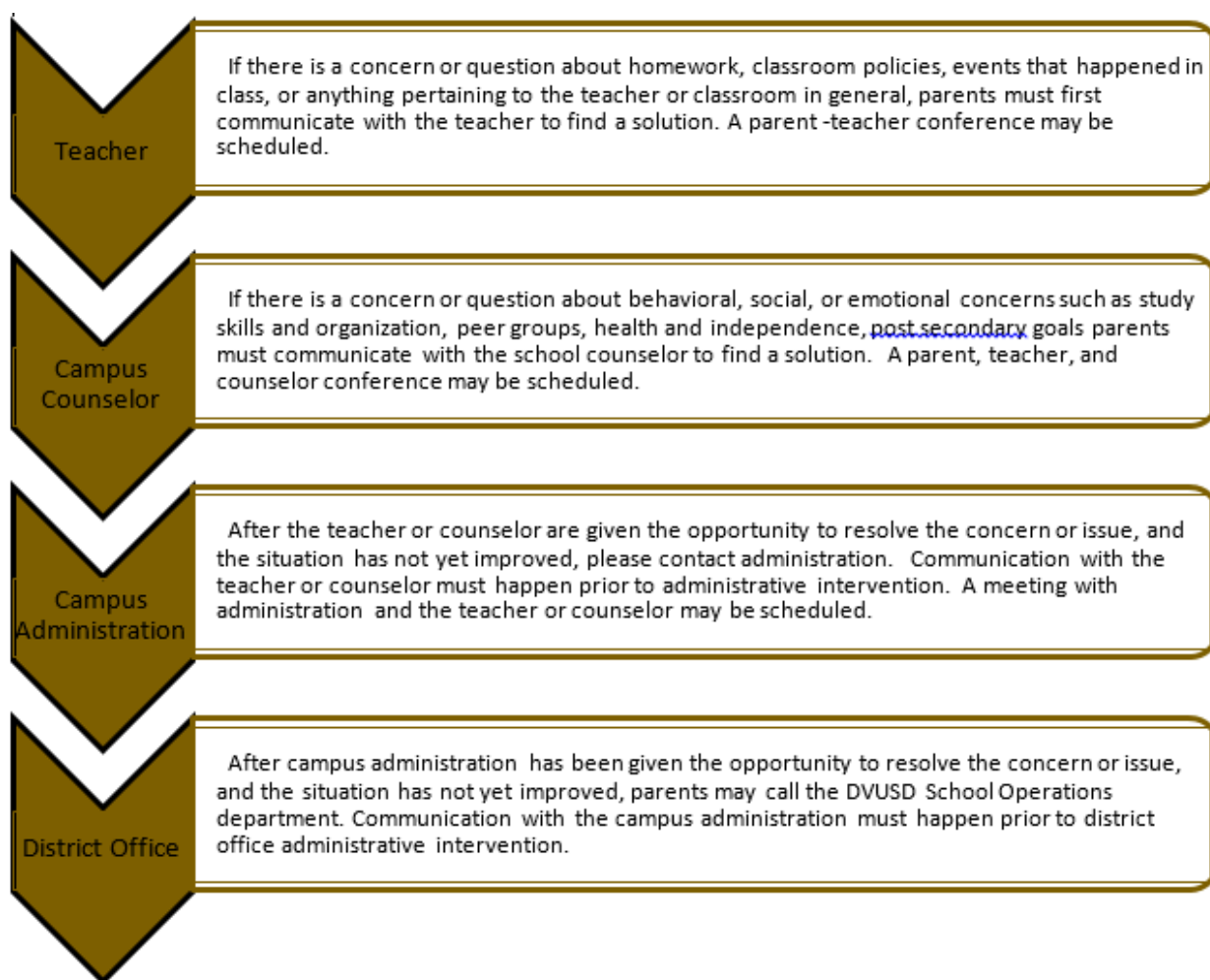
Coach Nixon



Communication

Parent Involvement is all about the children. Participation in your child's education is proven to boost his or her achievement in school. We are committed to treat parents as partners while keeping lines of communication open and focused on the needs of your child. Mutual trust and respect between parents and teachers is required to maintain a positive learning experience at any school. We believe that your trust in Union Park is required to ensure your child's success.

Stakeholder communication plays an important role in the success of a school. Solutions are best found at the level closest to the issue or concern. As such, we have adopted the following protocol.



If a child's safety or school-wide safety is a concern, please contact the front office or a staff member immediately. Administration works diligently to ensure the safety of all students.

Please schedule specific times to meet with your child's teacher, as he or she needs time to communicate effectively. Teachers often have professional duties directly before and after school hours.



Behavioral Expectations

All District Rules will be adhered to at Union Park School. Please refer to the DVUSD Student Rights and Responsibilities Handbook. We believe that students must treat others with the same respect with which they are treated by the adults in our school. We also believe that student's actions, dress, possessions, etc., must not cause a problem for themselves or anyone else.

Every attempt is made to contact parents to discuss school problems before the student arrives home.

Grades

Grades are a reporting tool utilized to reflect what a student knows and is able to do in a content area. We measure achievement of standards in our grading system. Grades will be recorded using an A-F/percentage scale for each standard being taught, and the average of those scores will determine the student's overall grade.

Union Park PE: Union Park physical education uses a standards based mindset. All grades will be based on scoring rubrics matched to assessments, coursework, and practice.

PowerSchool is an essential resource for parents and students. It is not only a tool for communication regarding grades, it is a resource for our students and parents to check progress, missing work, and what is being taught/learned regularly. Please ensure that you and your child have access and even sign up for the app and push notifications or weekly email updates as an option in [PowerSchool](#).

Grading Scale

DEER VALLEY
Unified School District

Grading Guide

Teachers will enter scores for assignments in the gradebook based upon student performance of the standards.

Highly Proficient A 100%-90%			Proficient B 89%-80%		Proficient C 79%-70%	
100%-97%	96%-94%	93%-90%	89%-85%	84%-80%	79%-75%	74%-70%
All 4's on standards	All 4's except for one 3	Mostly 4's with some 3's and/or 2's	Mostly 3's with some 4's All 3's on standards	Mostly 3's and 4's with a 2	Mostly 3's with some 2's	Mostly 2's with 3's and/or 4's

Partially Proficient D 69%-60%		Minimally Proficient F 59%-50%	
69%-65%	64%-60%	59%-56%	55%-50%
Mostly 2's and 3's with a 1	All 2's on standards	Mostly 2's and some 1's	All 1's on standards
No Evidence			
49%-0%			



Example Rubric for a PE Standard

S1. E13 4th Grade Manipulatives Catching (S1.E13.3-5.a) Catching while Moving (S1.E13.3-5.b) Catching Small Game (S1.E13.3-5.c)	
4	Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a non-dynamic environment (closed skills).
3	Catches a thrown ball in 2 out of 3 of the following areas: above the head, at chest or waist level, or below the waist using a mature pattern in a non-dynamic environment (closed skills)
2	Catches a thrown ball in 1 out of 3 of the following areas: above the head, at chest or waist level, or below the waist using a mature pattern in a non-dynamic environment (closed skills)
1	Unable to catch a ball thrown above the head, at chest or waist level, or below the waist.
N/E	No evidence of any attempt to demonstrate this standard.

Gradebook Guidelines

- Teachers are to maintain students' grades and progress on the District's electronic grade book program.
- Teacher grade books are auditable documents and are maintained digitally by network services.
- Every effort is made to record a minimum of one grade per week for each content area. The first week of school, district-wide assessments, and state testing weeks are allowable exceptions.
- Gradebooks are updated on a weekly basis.
- **No "extra credit" will be given at any time.**
- Progress reports will be sent home for students halfway through the quarter.

Student's Role in Learning

Students become self-directed in learning about themselves as a learner. They have to analyze their own study habits to figure out what actually works for them, this helps students retain knowledge.