



FUN, NEW FRIENDS, EXERCISE, SELF-CONFIDENCE

ACTIVSTARS After-School Sports Programs: Unlock your child's potential with exciting activities in Karate, Cheerleading, and Soccer!



Martial Arts: Learn blocking, kicking, and self-defense, while building confidence through safety awareness and anti-bullying training. Work towards achieving a black belt through exciting tournaments.

Cheer: Master **jumps**, **dance choreography**, cheer skills and **stunting** with certified coaching staff. Participate in cheer routines, fun **team-building**, motivating practice setting and **competitive competitions**.

Soccer: Enhance your **dribbling**, **shooting**, and **scoring techniques** through structured practices, **games**, and **tournaments** for all skill levels.





Register online, or through our app! | Registrate en línea o por nuestra app!

Activstars.com

ActivStars is the leading US provider of affordable Co-Ed after-school recreation programs for all families and children ages 4-17. Not all sports available in all areas.

FUN. FRIENDS. EXERCISE

Classes start at \$10 per week!



Karate/Cheer Sponsored By: Palomino Intermediate PTO

MARTIAL ARTS/KARATE - BOYS & GIRLS AGES 4 - 17				
LOCATION	CLASS DAY	DATES	CLASS TIMES (Arrive 10 minutes early for check-in)	
Palomino Intermediate Gym 15815 N. 29th Street Phoenix, AZ 85032	Thursdays	1/23 - 5/15 (16 weeks) Start Date: 1/23	Beginners (Ages 4 - 7)	5:00 - 5:45 p.m.
			Beginners (Ages 8+)	5:45 - 6:30 p.m.
			Yellow & Green Belts	6:30 - 7:15 p.m.
			Blue - Purple Belts	7:15 - 8:15 p.m.
		1/25 - 5/10 (13 weeks) Start Date: 1/25	Beginners	9:00 - 9:45 a.m.
Desert Foothills Gym 3333 W. Banff Lane Phoenix, AZ 85023	Saturdays		Yellow & Green Belts	9:45 - 10:30 a.m.
			Black Belts	10:30 a.m 12:00 p.m.

\$10.00 per week for a 45 minute lesson. Extended class fee is \$11.00 per week for a 60 minute lesson. Uniforms are available online (not required) for \$33.00.

CHEERLEADING - BOYS & GIRLS AGES 4 - 17						
LOCATION	CLASS DAY	DATES	PRACTICE TIMES (Arrive 10 minutes early for check-in)			
<u>Lookout Mountain</u> <u>Elementary School (JVA)</u> 15 W. Coral Gables. Phoenix, AZ 85053	Mondays	1/27 - 5/5 (13 weeks) Start Date: 1/27	JV (Ages 4 - 6)	6:00 - 6:45 p.m.		
			Varsity New students	6:45 - 7:30 p.m.		
			(Ages 7 - 9)			
			V-2 Returning students	7:30 - 8:15 p.m.		
			(Ages 7-9)			
			All Stars (Ages 10 +)	8:15 - 9:15 p.m.		
			Pro & Premier Teams meet on			
			Thursday evenings @ starting 1/23.			
			Please refer to our website for details: www.activstars.com			

\$10.00 per week for a 45 minute lesson. JV poms \$27.00 (Inc.ID tags) available online. *All Star class fee \$11.00/week for a 60 min. lesson. Varsity & All Star Team poms \$24.00.

SOCCER - BOYS & GIRLS AGE	S 5 - 15		
LOCATION	CLASS DAY	DATES	Soccer Program
<u>Lookout Mountain El. Soccer Field</u> 15 W. Coral Gables Dr. Phoenix, AZ 85023	Saturdays	1/25 - 5/3 (13 weeks) Start Date: 1/25	Practice times are available to view online. Please Register under your child's age group. "Weekly soccer practice times are subject to change based on enrollment, notification will be sent via email." \$10.00 per week for a 50 minute lesson. Soccer balls (\$15.50) and shin pads (\$12.00/pair) are required by the 2 nd week, available online or you may bring your own.

• Registration only available online: www.activstars.com. • Online registration open the first three weeks.

• Registration fee: \$15.00, non-refundable.• Pay weekly or for the full semester. • Parent/Legal guardian must register student.

• Additional costs may apply. Please see our website for details.

The Paradise Valley Unified School District neither endorses nor sponsors the organization or activity represented in this material. The distribution or display of this material is provided as a community service.

For **Karate** information or registration assistance please call 480-571-7689 Para información de Karate llame 480-571-7689 For **Cheer & Soccer** information or registration assistance please call 480-603-3780 Para información de Porrista y Soccer llame 480-603-3780 Don't wait! Purchase your Karate GI, Cheer Poms or Soccer Gear Now! <u>https://az.activstars.com/shop/</u>

