# **Nutrition Services Bellevue School District**

## High School Lunch Menu December 2024

Lunch includes your choice of milk & a trip through the salad bar featuring a variety of fruits & vegetables.

#### This is an equal opportunity provider. Menus are subject to change.

Burger with Baked Fries: Spicy Chicken, Cheeseburger, Hamburger & Breaded Kickin' Burger (v)

Pizza: Cheese (v) & Meat Lovers (contains pork)

Grab n Go: Deli Turkey Ham & Cheese Sub, Cheese Trio Sub (v), Sunbutter & Jelly SW + String Cheese (v)

Boxed Salad: Chicken Caesar, Mozzarella Caesar (v)

Hand-Wrapped Burrito: Green Chili Bean & Cheese (v) with Baked Fries

(v) indicates	vegetarian	Entree option	wnich may	contain egg	ana/or cneese

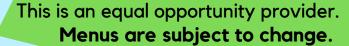
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Monday  02  A. Crispy Chicken Tenders B. Kickin' Nuggets (v) with Baked Fries, Wheat Roll & Honey Mustard	Italian Beef Meatballs with Penne Pasta & Garlic Bread	Chicken Corndog with Baked Fries	Thursday  Turkey Dog topped with  Scratch-made Chili, Cheese & Baked Tater Tots	Friday  Scratch-made!  A. Butter Chicken  B. Butter Chickpeas (v)  over Rice	
<b>09</b> Battered Alaskan Pollock Wedge with Baked Fries, Wheat Roll & Tartar Sauce	Nachos! 10 A. Seasoned Beef & Beans B. Refried Beans (v) with Jalapeno Cheese Sauce & WG Tortilla Chips	11 Deluxe Grilled Chicken Burger with Baked Fries	Gluten Free Teriyaki Chicken with Sticky Brown Rice & Steamed Green Beans	Breaded Chicken Leg & Waffle with Warm Apple Compote	
A. Chicken Alfredo B. Vegetarian Alfredo (v) with Penne Pasta & Garlic Bread	Local! Scratch-made! 17 Washington Coho Salmon Cake with Rice, Steamed Broccoli & Bellevue Sauce	Mozzarella & Beef Pepperoni Stuffed Mini Calzones with Garlic Bread	19 Chef's Choice	<b>20</b> Chef's Choice	
<b>Winter Break</b> No School	<b>24 Winter Break</b> No School	<b>25 Winter Break</b> No School	<b>26 Winter Break</b> No School	<b>27 Winter Break</b> No School	
30	31	Our NEW Salmon Cak	e on Docombor 17th footur	oc Cobo	

Winter Break No School

**Winter Break** No School

Our NEW Salmon Cake on December 17th features Coho Salmon from Muckleshoot Tribe Seafood in Auburn, WA!

Salad Bars will offer local butternut squash from Imperial's Garden in Wapato, WA every Thursday!





## High School Breakfast Menu December 2024

Breakfast Locations: Bellevue High, Interlake, Newport High, Sammamish

Breakfast includes your choice of milk & a trip through the salad bar featuring a variety of fruits.

(v) Indicates vegetarian entrée items which may contain egg and/or cheese

### Monday

Fresh Baked French Toast (v)

## **Tuesday**

Sunrise Calzone with Turkey Sausage, Egg & Cheese

### Wednesday

Strawberry & Cheese Stuffed Mini Bagels (v)

#### Thursday

Cheesy Italian Bagel (v)

#### **Friday**

Sunrise Calzone with Turkey Sausage, Egg & Cheese

**Offered Daily**: Assorted Cereal (v); Banana Bread (v); English Muffin Sandwich with Turkey Sausage, Egg & Cheese; English Muffin Sandwich with Egg & Cheese (v), Fruit-topped Yogurt Parfait & Graham Crackers; and Cinnamon Roll (v)

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your Application for Free or Reduced Priced Meals today!

Available at <a href="https://www.bsd405.org/freeandreduced">www.bsd405.org/freeandreduced</a>
Applications must be renewed annually.

#### How to Pay for Meals:

Nutrition Services uses **PayPams** for online payments. Go to: <a href="https://paypams.com">https://paypams.com</a> for more information.

There is a \$2.95 fee per family for credit card payments.

NEW! PayPams will now accept Direct Withdrawals from a bank account. This option has a \$1.95 transaction fee. You may also pay for meals by check (payable to Bellevue School District) or cash at your child's school.

#### We're Hiring Kitchen Assistants!

- · Work during the school schedule
- Paid holidays!
- \$21.37 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at <a href="https://bsd405.tedk12.com/hire">https://bsd405.tedk12.com/hire</a>